



**Breakfast is FREE for all students~ *El desayuno es gratis para todos los estudiantes*

Linden Unified School District Food Service			<h1>August</h1>		WELCOME BACK! 9 <i>Cold Breakfast Options</i> Tyson Crispy Chicken Nuggets (13) Dinner Roll Frozen Strawberry Fruit Cup (22)
Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16	
<i>Choices this week: Breakfast Pizza, French Toast Sticks or Pancakes</i>					
Beef Taco Stick (32) & Salsa Steamed Corn (8)	Meatball Sub Sandwich (29)	Refried Beans (30) With Tortilla Chips (40) Shredded Cheese (2) and Salsa	Yangs Orange Chicken (19) Veggie Fried Rice (54) Fortune Cookie (8)	Tony's French Bread Cheese Pizza (33)	
Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23	
<i>Choices this week: Breakfast Pizza, Pillsbury Mini-Cinnis, or Mini Maple Waffles</i>					
Mihn Teriyaki Chicken (9) and Rice (22) Fortune Cookie (8)	Cheeseburger (1) on a Bun (31) and Shredded Lettuce	MAXStix Cheese Filled (32) Pizza Stick with Marinara Sauce and Steamed Corn (16)	Chicken Nugget Poppers (15) and Mashed Potatoes (9) Dinner Roll (15)	Pepperoni Pizza Wedge (32) Steamed Corn (8)	
Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30	
<i>Choices this week: Breakfast Pizza, Pillsbury Mini-Cinnis, or Mini Maple Waffles</i>					
Beefy (4) Tostito's Chips (28) With Shredded Cheese (2) and Salsa	Chicken Soft Taco (20) With Shredded Lettuce & Shredded Cheese	Bean & Cheese Pupusa (35) and Salsa	Teriyaki Beef Dippers (12) Mashed Potatoes (9) Dinner Roll (15)	Tony's Galaxy Cheese (29) or Pepperoni Pizza (29) Steamed Corn (8)	
BREAKFAST CHOICES ALSO INCLUDE Fat Free or 1% Milk Fresh Seasonal Fruit, Can Fruit and 100% Fruit Juice Whole Grain Cereal (On Package) or Pop Tart (75) Students Must Take a 1/2 Cup Fruit to Complete a Meal		A GARDEN BAR AT EVERY SITE AND INCLUDES A VARIETY OF: Romaine Salad, Spinach, Broccoli, Cauliflower, Jicama, Tomatoes, Cucumbers, Carrots, Beans/Legumes, and additional Seasonal Vegetables Fresh Seasonal Fruit and Canned & Frozen Fruit Students must take 1/2 cup Fruit/Vegetable to complete their meal		Meal Prices Breakfast FREE Lunch \$2.25 Reduced Price Meals ~FREE~	
<u>NEW charge policy!</u> Please make note of the charge policy located on the lindenusd.com website. Signing up your students online at family.titank12.com helps you keep track of meal purchases and ensures payment can be made promptly on their account.					
<u>NUEVA política de cargos!</u> Tome nota de la política de cargos ubicada en el sitio web lindenusd.com. Inscribir a sus estudiantes en línea en family.titank12.com lo ayuda a realizar un seguimiento de las compras de comidas y garantiza que el pago se pueda realizar puntualmente en su cuenta.					

***One free breakfast per student per day *un desayuno gratis por estudiante por día**

The Carbohydrates are now listed on the menu. They are listed daily with (parentheses). Please note Menu is subject to change due to availability. Call the Food Service Office with questions. Los carbohidratos ahora están listados en el menú. Se enumeran a diario con (paréntesis). Tenga en cuenta que el menú está sujeto a cambios debido a la disponibilidad. Llame a la Oficina de Servicios de Alimentos si tiene preguntas.

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