







MARCH WEEHAWKEN

2019

Webster Elementary School
Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Locally Grown Onions	 Locally Grown Empire Apples		Fruits & vegetables from The Farm Stand are included with lunch.	
			Weekly Alternate: Chicken Patty on a Bun	
4 Baked Chicken Nuggets with a Dinner Roll & Sweet Potatoes	5 TACO TUESDAY Nachos Grande with Turkey Taco Meat, Rice & Scoops Chips	6 Cheesesteak on a Bun with Oven Potatoes	7 Chicken Patty on a Roll	8 Big Daddy's Pizza
National School Breakfast Week – I Love School Breakfast		Weekly Alternate: Baked Macaroni & Cheese with a Dinner Roll		
11 Pancakes with Syrup & an Egg Patty	12 Grilled Chicken Fillet on a Bun with Oven Fries	13 Lasagna Roll-Up with Garlic Bread & Marinara Sauce	14 Hamburger on a Bun with Sweet Potatoes	15 Square Pizza
Weekly Alternate: Popcorn Chicken with Dip & a Roll				
18 Chicken Sliders on Buns	19 Pasta & Meatballs with Garlic Bread	20 French Toast Sticks with an Egg Patty	21 Baked Chicken Nuggets with a Roll & Mashed Potatoes	22 Personal Pizza
Weekly Alternate: Mozzarella Sticks with Marinara Sauce				
25 Beacon Street Stuffed Cheese Sticks with Marinara Sauce	26 TACO TUESDAY Nachos Grande with Turkey Taco Meat, Rice & Scoops Chips with Corn	27 Meatball Parmesan on a Roll	28 Baked Macaroni & Cheese with a Dinner Roll	29 Square Pizza
Weekly Alternate: Baked Chicken Nuggets with a Roll				

March is National Nutrition Month



ALSO AVAILABLE DAILY

SALAD LUNCH (each salad includes a Whole Grain Roll)

Chef's Salad: Tossed Greens with Turkey, Ham & Cheese

BAGEL MEAL

Bagel with Cream Cheese, Low-Fat Cheese Sticks & a Trip to The Farm Stand

YOGURT LUNCH

4 oz. Yogurt, Cheese Stick, a Dinner Roll & a Trip to The Farm Stand

GRILLED CHEESE SANDWICH

HAM, TURKEY, OR BOLOGNA SANDWICH

A Complete Lunch Includes:

- Entrée (with Protein/Grain)
- Trip to The Farm Stand** (students must select at least a serving of fruit or vegetable)
- Milk Choice: 1% White, Skim, or Non-Fat Chocolate
- Menu Subject to Change**

Your comments are important to us. Please e-mail us at comments@pomptonian.com

Pre-paid lunch available. Send cash or check made payable to Weehawken BOE Cafeteria Account, or use [Payforit.net](https://www.payforit.net).

Payforit parent support phone number is 800-572-6642.

Payforit email is pfadmin@payforit.net.



At least 50% of All Grains served w/ your meal are Whole Grain Rich

All items baked, not fried

"This institution is an equal opportunity provider."