

Quaker Valley Secondary Menu

Lunch Prices for the
2018-2019 school year:



A complete lunch is \$2.90

An a la carte lunch entrée is \$3.00

A complete **Premium** lunch is \$3.75

Premium a la carte is \$3.85

*A complete meal includes choice of 2 fruits and 2 veggies and choice of low fat milk.

MEATLESS MONDAY

JOIN THE MILLIONS **Meatless Mondays:**

QVSD is joining the global movement to make **positive changes** for a **healthier lifestyle**. Look for the **V**.

Additional items are available for an extra charge of:

A la carte lunch items:

Side of Fruit or Veggies - \$.75

Side of Grain - \$.85 (rice, pasta, bread, or roll as side)

Beverages:

Milk - \$.85

100% Fruit Juice - \$.75

Nestle Bottled Water - \$1.00

Naked Juice - \$2.25

Switch 100% Fruit Juice - \$1.50

Wellness Friendly Snacks:

Yoplait Light Yogurt - \$1.25

Yogurt Parfait - \$1.50

String Cheese Stick - \$.85

Small Snack - \$.75

Large Snack - \$1.00

Special Treats:

Cookie - \$.50




Ice Cream or Dessert - \$1.00

Parents can access their child's café balance, deposit funds, and set up recurring payments at www.myschoolbucks.com.

Reference our updated Food Policy at: www.qvsd.org

USDA is an equal opportunity provider and employer.

February

Meatless Monday	Tuesday	Wednesday	Thursday	Friday
celebrate BLACK history MONTH				
February 4	February 5	February 6	February 7	February 8
V French Toast Sticks Go Big Yogurt & String Cheese Potato Tots Sunshine Carrots Choice of Fresh Fruit Choice of Milk	Italian Chicken Parmesan Wrap Golden Corn Choice of Fresh Fruit Choice of Milk	*Premium Meal* Chicken and Cheese Enchilada Black Bean Salsa Asian Mixed Veggies Choice of Fresh Fruit Choice of Milk	*Premium Meal* Super Nacho Supreme Seasoned Broccoli Choice of Fresh Fruit Choice of Milk	 *Super Bowl Meal* Touch Down Nuggets Super Star Soft Pretzel Off Sides Oven Fries Penalty Peas Choice of Fumble Fruit Choice of Interception Milk *Football Cookie*
February 11	February 12	February 13	February 14	February 15
V Cheese Ravioli w/Marinara Sauce Garlic Breadstick Sunshine Carrots Choice of Fresh Fruit Choice of Milk	*Premium Meal* Rock-N-Roll BBQ Chicken Wrap BBQ Baked Beans Golden Corn Choice of Fresh Fruit Choice of Milk	Famous Philly Cheese steak Mixed Veggies Choice of Fresh Fruit Choice of Milk	*Valentine's Day Meal* Love Me Tenders Sweet Heart Soft Pretzel Melt My Heart Mashed Potatoes with Gravy Sweet Peas Choice of Forget Me Not Fruit Choice of Valentine Milk *Cupid Cookie*	*Premium Meal* Sweet Beef Ramen Noodle Bowl Surf's Up Veggies Waffle Fries Choice of Fresh Fruit Choice of Milk
February 18	February 19	February 20	February 21	February 22
NO SCHOOL 	*Premium Meal* Fire It Up Buffalo Chicken Wrap Black Bean Salsa Golden Corn Choice of Fresh Fruit Choice of Milk	*Premium Meal* Grilled Chicken Alfredo Garlic Breadstick Seasoned Broccoli Choice of Fresh Fruit Choice of Milk	*Premium Meal* Mongolian Beef Nachos Sunshine Carrots Choice of Fresh Fruit Choice of Milk	*Premium Meal* Turkey BLT on Warm Ciabatta Bread Emoji Smiley Fries Choice of Fresh Fruit Choice of Milk
February 25	February 26	February 27	February 28	
V Mrs. T's Pittsburgh Pierogies Warm Breadstick Oven Roasted Veggies Choice of Fresh Fruit Choice of Milk	Mashed Potato Bowl Breadstick (Crispy Chicken, Cheese, over Mashed Potatoes & Gravy) Golden Corn Choice of Fresh Fruit Choice of Milk	*Premium Meal* Teriyaki Steak Rice Bowl Sunshine Carrots Choice of Fresh Fruit Choice of Milk	*Premium Meal* BBQ Chicken Nacho Supreme Seasoned Broccoli Choice of Fresh Fruit Choice of Milk	



- If you have any lunch questions or to restrict your child's account for beverages, snacks, or a la carte items please contact: Carla Escribano 412-475-6296.
- The café is looking for energetic people who love working with kids! Please call Carla Escribano at 412-749-3610 to inquire about open positions in our café!

