



FEBRUARY 2019 9-12 Menu

Fayette County Public Schools

Grab N Go Snack Box
 Will be offered Every Tuesday N Thursday
 Menu includes
 Deli Sandwich on a Hoagie Bun
 Lettuce, tomato, pickle, & Onion

Monday

Tuesday

Wednesday

Thursday

Friday

Grilled Chicken Sandwich **4**
 BBQ Nachos
 Purple Peas
 Whole Kernel Corn
 Mandarin Oranges
 Assorted Fresh Fruit
 Milk

Crispito with Cheese **5**
 Chicken Tetrizzini/Roll
 Glazed Carrots
 Triangle Potatoes
 Chilled Peaches
 Assorted Fresh Fruit
 Milk

Oven Baked Breaded Chicken/Biscuit **6**
 Chili W/Cheese & Crackers
 Whole Baked Potatoes
 Broccoli w/Cheese
 Pineapple Chunks
 Assorted Fresh Fruit
 Milk

Spaghetti/Meat Sauce & Breadstick **7**
 Chicken & Cheese Quesadilla
 Tossed Salad
 Green Beans
 Frozen Fruit Juice Dog
 Assorted Fresh Fruit
 Milk

CheeseorPepperoni Pizza **1**
 Cheeseburger/Bun w/Lett, tom
 Garden Salad
 Green Beans
 Strawberry Applesauce
 Assorted Fresh Fruit
 Milk

Chicken Alfredo w GarlicBreadstick **11**
 Mini Corn Dogs
 Garden Salad
 Baked Potatoes
 Chilled Fruit Cup
 Assorted Fresh Fruit
 Milk

Popcorn Chicken with Roll **12**
 Deli Turkey Sandwich/Lett, Tom
 Glazed Baby Carrots
 Crinkle Cut Fries
 Applesauce
 Assorted Fresh Fruit
 Milk

Pizza Max Sticks/Marinara Sauce **13**
 Meatloaf Minis w/Roll
 Corn on the Cob
 Green Beans
 Chilled Peaches
 Assorted Fresh Fruit
 Milk

Fish Sandwich/Bun w Cheese **14**
 Baked Chicken w/Roll
 Creamy Coleslaw
 Broccoli with Cheese
 Chilled Pears
 Assorted Fresh Fruit
 Milk

CheeseorPepperoni Pizza **8**
 Pulled Pork Barbecue/Bun
 Coleslaw
 Baked Beans
 Strawberry Applesauce
 Assorted Fresh Fruit
 Milk

Cheese or Pepperoni Pizza **15**
 Hot Dog on Bun
 Hash brown Casserole
 Green Peas
 Chilled Fruit Cup
 Assorted Fresh Fruit
 Milk

Vegetable Beef Soup w/ Cheese Toast **18**
 Corn Dog
 Whole Baked Potatoes
 Broccoli w/Cheese
 Pineapple Chunks
 Assorted Fresh Fruit
 Milk

Spaghetti/Meat Sauce & Breadstick **19**
 Chicken Fajitas/ Soft Shell Tortilla
 Tossed Salad
 Green Beans
 Frozen Fruit Juice Dog
 Assorted Fresh Fruit
 Milk

Country Style Steak / Roll **20**
 Hot Dog on a Bun
 Mashed Potatoes with Gravy
 Green Peas
 Assorted Fresh Fruit
 Applesauce
 Milk

Chicken Rings W/ Rolls **21**
 BBQ Nachos
 Purple Hull Peas
 Whole Kernel Corn
 Mandarin Oranges
 Assorted Fresh Fruit
 Milk

Cheese or Pepperoni Pizza **22**
 Deli Turkey Sandwich/Lett, Tom
 Glazed Baby Carrots
 Crinkle Cut Fries
 Chilled Fruit Cup
 Assorted Fresh Fruit
 Milk

Sloppy Joe on Buns **25**
 BBQ Nachos
 Purple Peas
 Whole Kernel Corn
 Mandarin Oranges
 Assorted Fresh Fruit
 Milk

Steak and Gravy/ Roll **26**
 Hot Dog on a Bun
 Mashed Potatoes with Gravy
 Green Peas
 Assorted Fresh Fruit
 Applesauce
 Milk

Fish Scroodles/Hushpuppies **27**
 Cheeseburger/Bun w/Lett, tom
 Sidewinder Potatoes
 Coleslaw
 Assorted Fresh Fruit
 Frozen Fruit Juice Do
 Milk

Chicken Fajitas/ Soft Shell Tortilla **28**
 Cheese, Lettuce, Tomato & Salsa
 Grilled CheeseSandwich
 Green Beans
 Garden Salad
 Assorted Fresh Fruit
 Peach Cup
 Milk

Lunch Meal Pattern

- 3 oz. meat/meat alternate daily 15 oz. minimum per week
- 2 oz. equivalent grain daily (10 oz. eq. minimum per week)
- 1 cup of vegetable daily (5 cups per week)
- 1 cup of fruit daily (5 cups per week)
- 1 cuo milk daily (5 cups per week)

MENUS ARE SUBJECT TO
 CHANGE DUE TO PRODUCT
 AVAILABILITY

This institution is an equal opportunity provider

Milk Choices:

- 1/2 pint lowfat (1%) white milk
- 1/2 pint fat free 0% white milk
- 1/2 pint fat free 0% chocolate milk
- 1/2 pint fat free 0% strawberry milk