



# November 2018

## Desert View Elementary Breakfast & Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

**Breakfast**

- Scrambled Egg Cheese & Ham w/ Buttery Toast

**Lunch**

- Orange Chicken w/ Brown Rice
- Pepperoni Pizza
- Beefy Taco Salad
- Seasoned Peas & Carrots

2

**Breakfast**

- Blueberry Banana Smoothie

**Lunch**

- Cheesy Nachos with Homemade Cheese Sauce
- Classic Cheeseburger
- Peanut Butter & Grape Jelly Sandwich with Mozzarella Cheesestick & Crackers
- Sun Butter & Jelly Sandwich W/ String Cheese & Crackers
- Mexican Refried Beans
- Crinkle Cut Fries

5

**Breakfast**

- Banana Muffin, 2oz

**Lunch**

- Chicken Nuggets W/ Roll
- Bean & Cheese Tostada W/ Rice
- Whole Grain Turkey & Cheese Sandwich with Saltine Crackers
- Seasoned Broccoli

6

**Breakfast**

- Sausage Breakfast Pizza

**Lunch**

- Spaghetti Meatsauce W/ Roll
- Savory Pulled Pork Whole Grain Sandwich
- Chicken Taco Salad W/ Tortilla Chips
- Buttered Green Beans

7

**Breakfast**

- Whole Grain Golden Pancake
- Homemade Strawberry Banana & Graham Crackers Yogurt Parfait

**Lunch**

- Oven Roasted Chicken with Wheat Roll & Seasoned Brown Rice
- Savory Turkey Hot Dog
- Chilled Ham & Cheese Sandwich with Saltine Crackers
- Creamy Mashed Potatoes
- Seasoned Corn
- Homestyle Chicken Gravy

8

**Breakfast**

- Spicy Scrambled Egg Chorizo with Tortilla

**Lunch**

- Tangy Chicken Teriyaki W/ Rice
- Pepperoni Pizza
- Chef Salad W/ Crackers
- Seasoned Peas & Carrots

9

**Breakfast**

- Warm Cinnamon Oatmeal

**Lunch**

- Homemade Cheese Enchilada with Spanish Rice
- Breaded Beef Fingers W/ Roll
- Whole Wheat Tuna Fish Sandwich
- Mexican Refried Beans

12



13

**Breakfast**

- Sausage Biscuit Sandwich

**Lunch**

- Macaroni & Cheese w/Roll
- Golden Chicken Corn Dog
- Ham & Cheese Power Pack w/Pretzels & M&Ms
- Buttered Green Beans

14

**Breakfast**

- Golden French Toast Sticks
- Pancake Syrup Cup

**Lunch**

- Whole Grain Grilled Chicken Patty Sandwich
- Homemade Seasoned Beef & Bean Whole Grain Burrito with Spanish Rice
- Ham & Cheese Sandwich W/ Crackers
- Crinkle Cut Fries
- Seasoned Corn

15

**Breakfast**

- Scrambled Eggs w/Turkey Bacon & Buttery Toast

**Lunch**

- Thanksgiving Herb Roasted Turkey with Roll & Stuffing
- Thanksgiving Garlic Mashed Potatoes
- Thanksgiving Green Bean Casserole
- Thanksgiving Pumpkin Bars
- Thanksgiving Gravy
- Thanksgiving Cranberry Sauce
- Seasoned Peas & Carrots

16

**Breakfast**

- Scratch-Made Whole Grain Pancakes with Strawberry Compote
- Pancake Syrup Cup

**Lunch**

- Crispy Chicken Tenders with Wheat Dinner Roll
- Homemade Chili -Cheese Baked Potato & Biscuit
- Whole Grain Turkey & Cheese Sandwich with Saltine Crackers
- Seasoned 4 Way Mixed Vegetables
- Vegetarian Baked Beans in Tomato Sauce

19

**Breakfast**

- Fluffy Waffles
- Pancake Syrup Cup

**Lunch**

- Classic Cheeseburger
- Crispy Chicken Ranch Wrap
- Ham & Cheese Sandwich W/ Crackers
- Crinkle Cut Fries

20

**Breakfast**

- Scrambled Eggs w/Hash Brown & Buttery Toast

**Lunch**

- Macaroni & Cheese w/Roll
- Chicken Nuggets W/ Roll
- Chef Salad W/ Crackers
- Buttered Green Beans
- Creamy Mashed Potatoes
- Homestyle Chicken Gravy

21

22



23

**26****Breakfast**

- Fluffy Waffles
- Pancake Syrup Cup

**Lunch**

- Breaded Chicken Sandwich
- Cheese Quesadilla
- Whole Grain Turkey & Cheese Sandwich with Saltine Crackers
- Seasoned Broccoli
- Mexican Refried Beans

**27****Breakfast**

- Biscuits & Gravy W/ Sausage

**Lunch**

- Baked Seasoned Beefy Rotini with Wheat Roll
- Grilled Cheese Sandwich W/ Crackers
- Crispy Popcorn Chicken Salad W/ Crackers
- Buttered Green Beans
- Crispy Tater Tots

**28****Breakfast**

- Goopy Cinnamon Rolls

**Lunch**

- Chicken Pozole with Whole Grain Roll
- Cheesy Nachos with Homemade Cheese Sauce
- Ham & Cheese Sandwich W/ Crackers
- Seasoned Corn
- Mexican Refried Beans

**29****Breakfast**

- Homemade Scrambled Eggs & Cheese with Whole Grain Tortilla

**Lunch**

- Orange Chicken w/ Brown Rice
- Pepperoni Pizza
- Beefy Taco Salad
- Seasoned Peas & Carrots
- Fortune Cookie

**30****Breakfast**

- Blueberry Banana Smoothie

**Lunch**

- Juicy Hamburger
- Popcorn Chicken W/ Roll
- Peanut Butter & Grape Jelly Sandwich with Mozzarella Cheesestick & Crackers
- Sun Butter & Jelly Sandwich W/ String Cheese & Crackers
- Crinkle Cut Fries

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**Milk Options:** Low Fat White Milk 1%, Fat Free Milk, Fat Free Chocolate Milk

**Daily Items:** Water Pouch, Frosted Flakes Cereal, Froot Loops Cereal Bowl, Apple Jacks Cereal Bowl, Cocoa Puff Cereal Bowl, Fresh Lettuce/Spinach Mix, Fresh Celery Sticks, Fresh Baby Carrots, Fresh Broccoli, Fresh Tomatoes, Fresh Orange, Fresh Apple, Fresh Banana

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More Details: [gesd32.nutrislice.com/menu/desert-view-elementary/breakfast-lunch/](https://gesd32.nutrislice.com/menu/desert-view-elementary/breakfast-lunch/)  
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