

**PLEASE NOTE NEW DATE!**  
**New sign-up is required!**

**Parents and Students ages 10 and up:  
Join the Westfield High School PTSO  
for a Screening of the Documentary**

## **Angst: Raising Awareness Around Anxiety**

A new documentary that explores anxiety, its causes and effects, and what we can do about it, featuring World Champion Swimmer Michael Phelps!

**Tuesday, May 21 at 6:30 pm  
at Westfield High School  
550 Dorian Road, Westfield**



Post-film panel and discussion following the film moderated by  
Westfield School District's Director of Counseling Services, Maureen Mazzaresse

Panelists Include:

Susan Chan, Behavioral Health Clinician at Atlantic Health System

Tom Fowler, Vice President of Operations at High Focus Centers

Meg Hamilton, Licensed Clinical Social Worker

Tim Hamway, Licensed Psychologist and School Psychologist

**Reserve your ticket now. Admission is free and space is limited!**

**<https://www.showclix.com/event/angst-westfield>**