

DEMOPOLIS CITY SCHOOLS MENUS

March-20

DEMOPOLIS MIDDLE SCHOOL

BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 SAUSAGE DOG BREAKFAST PIZZA CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	3 WAFFLE/SYRUP HAM CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	4 BISCUIT/JELLY SAUSAGE PATTY CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	5 BUTTER TOAST/JELLY GRITS & HAM CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	6 CINNAMON TOAST SAUSAGE PATTY CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK
9 MUFFIN HAM CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	10 FRENCH TOAST STICKS LINK SAUSAGE CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	11 BUTTER TOAST/JELLY GRITS & EGG CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	12 BISCUIT/JELLY HAM CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	13 CROISSANT/JELLY SAUSAGE & CHEESE CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK
16 BISCUIT/JELLY SAUSAGE PATTY CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	17 STRUDEL HAM CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	18 PANCAKES/SYRUP LINK SAUSAGE CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	19 EGG OMELET GRITS, TOAST, JELLY CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	20 WAFFLE/SYRUP SAUSAGE PATTY CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK
23 SAUSAGE DOG BREAKFAST PIZZA CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	24 WARM POP TART HAM YOGURT CEREAL FRUIT JUICE FRUIT CHOICE OF MILK	25 BISCUIT/JELLY SAUSAGE PATTY CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	26 PANCAKES/SYRUP LINK SAUSAGE CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	27 CINNAMON TOAST HAM CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK
30	31	1 SPRING BREAK MARCH 30-APRIL 3, 2020	2	3

This menu is subject to change.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

DEMOPOLIS CITY SCHOOLS MENUS

March-20

DEMOPOLIS MIDDLE SCHOOL

LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 BAKED FISH CHICKEN PATTY TURNIP GREENS BLACK-EYED PEAS SQUASH CORNBREAD FRUIT COCKTAIL CHOICE OF MILK	3 PANCAKES/LINK SAUSAGE HASHBROWN TOMATO SLICES EGG SQUARE GRITS FRESH FRUIT FRUIT JUICE CHOICE OF MILK	4 HOT WINGS SPAGHETTI CORN TOSSED SALAD SWEET PEAS CINNAMON ROLL PEACHES CHOICE OF MILK	5 BISCUIT SAUSAGE EGGS POTATO WEDGES CHEESE GRITS FRESH FRUIT FRUIT JUICE CHOICE OF MILK	6 CHICKEN NUGGETS HOT DOG BAKED BEANS FRENCH FRIES CARROTS APPLE CHOICE OF MILK
9 CHICKEN BITES BAKED HAM PEAS & CARROTS TOSSED SALAD OKRA ROLL PEACHES CHOICE OF MILK	10 OVEN FRIED CHICKEN BREADED BEEF PATTY POTATO SALAD GREEN BEANS BROCCOLI & CHEESE ROLL PINEAPPLE CHOICE OF MILK	11 HAMBURGER STEAK/GRAVY BAKED TURKEY LIMA BEANS YAMS TURNIP GREENS RICE/CORNBREAD PEARS CHOICE OF MILK	12 MANDARIN CHICKEN/RICE STEAK NUGGETS CARROTS STIR FRY CREAMED POTATOES ROLL FRUIT COCKTAIL CHOICE OF MILK	13 TACO TURKEY & CHEESE WRAP LETTUCE, TOMATO, CHEESE CORN MEXICAN BEANS FRUIT CUP CHOICE OF MILK
16 HAM & CHEESE ROLL SPICY CHICKEN PATTY ROMAINE SALAD YAMS GREEN BEANS ROLL PINEAPPLE CHOICE OF MILK	17 GRILLED CHICKEN SANDWICH BBQ SANDWICH BAKED BEANS COLE SLAW HASHBROWN FRUIT COCKTAIL CHOICE OF MILK	18 SALISBURY STEAK SLICED PORK/GRAVY CREAMED POTATOES SWEET PEAS CARROTS ROLL PEACHED CHOICE OF MILK	19 CHILI/CHEESE BREAD CORN DOG BAKED POTATO BROCCOLI & CHEESE CORN APPLE CHOICE OF MILK	20 POLISH SAUSAGE DOG CHICKEN SALAD/CRACKERS GRILLED PEPPER & ONION FRENCH FRIES GREEN SALAD ORANGE CHOICE OF MILK
23 FISH NUGGETS QUESADILLA COLE SLAW BAKED BEANS ORKA & TOMATOES HUSHPUPIES PEACHES CHOICE OF MILK	24 BEEF NACHOS BURRITO TOSSED SALAD PINTO BEANS CORN PINEAPPLE CHOICE OF MILK	25 CHEESEBURGER HOT DOG COWBOY BEANS FRENCH FRIES LETTUCE, TOMATO, PICKLE APPLE CHOICE OF MILK	26 LASAGNA TURKEY WRAP GARDEN SALAD STEAMED BROCCOLI CARROTS ROLL PEACHES MILK	27 HOT HAM MELT TUNA SALAD/CRACKERS VEGETABLE SOUP TOSSED SALAD CHIPS FRUIT CUP CHOICE OF MILK
30	31	1 SPRING BREAK MARCH 30-APRIL 3, 2020	2	3

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