



San Lorenzo Unified School District Health & Wellness Advisory Council

Date: Tuesday, September 12, 2017

Time: 3:30 p.m. to 5:00 p.m.

Location: District Office Boardroom

Invitees: Aaron Freitas, Rachel Gekas, Sam Medina, and Fred Brill, Thomas Kim and Kyla Sinegal, Amy Capurro, Julie Wolfe, Vee Thomsak, Damion Mitchell, Mimi Dean, Judy Pape, Grecia Gomez, Linda Preminger, Rachel Lerman, Toya Sonnier, Patty Tikotsky, Barbara Wellman, Terri Kaneko-Perry, Don Carpenter, Melinda Stahr, Claudia McDonagh, Doug Spalding, Lorine Bakowsky, Cara Levin, Alan Fishman, Saul (Project Eat), Doug Marr, Shalena Maxwell, Rick Hatcher (HARD)

AGENDA

- I. Amy Capurro, Coordinator of Special Services, as lead for this Council**
 - a. Welcome and Introductions
 - b. Icebreaker
- II. Establish Group Norms**
- III. Review Draft Mission:** *The Health & Wellness Advisory Council recognizes the link between student health and learning, and will collaborate with District and community partners in providing educational programs and promoting healthy eating, physical activity, recycling, gardening and overall health. The Council will recommend policies, practices and accountability systems to ensure students, staff and families live, learn and work in a healthy environment and support wellness throughout our schools and community.*
- IV. Review Draft Board Policy 5030, Student Wellness**
 - a. First Reading on September 5
 - b. Approval on September 19
- V. Determine who else should be on the Council based on Board Policy**
- VI. Determine Areas of Focus for the Council:**
 - a. Safe, Healthy and Nutritious Lunches
 - b. Student Health and Wellness
 - c. Student Fitness and Physical Activity
 - d. Green, Sustainable District-wide practices
 - e. Environmental Education for Students
 - f. Gardening Programs
 - g. Community Involvement and Partnerships
 - h. Communications
- VII. Prioritize Next Steps**
 - a. Establish Desired Outcomes
 - Develop a District Health and Wellness Plan
 - Develop Key Metrics
 - Develop a Resource Bank
 - b. Consider Sub-Committees
 - c. Create a timeline for the work
- VIII. Next Meetings: When and how often?**