

List of Resources:

- **Local Resources in LA County** – A dedicated group of volunteers has been compiling a list of food, housing, health, transportation, and education resources for the coronavirus crisis that is divided into three general categories: children and youth, adults, and elderly. Please view this link: <https://docs.google.com/document/d/1S-WJaMa4q3yNrEBfSFKEdSQArcNc MTI2LiUA63Ycyg/preview>.

Covid19 Los Angeles Community Resources

** All restaurants (sit in), gym, fitness studios, theaters, and bars closed starting MONDAY, MARCH 16 at 12am** (Read more [here](#))

Populations

Categories under this heading include: **food***, **housing**, **health**, **transportation**, and **education** and are separated into four general categories: **children and youth**, **adults**, **elderly** and the **undocumented community**.

* Food for all:

- For the closest food pantry/bank to you, visit: [Los Angeles Food Bank Pantry Locator](#)
- Every table is offering meals to EVERYONE. Food distribution for seniors who need food brought to their homes. Food available for students. Food distribution centers that can distribute food to a group of people. If you need 10-10,000 meals, reach out to Everytable at (323) 458 - 6487. For more info, click [here](#)!

Children and Youth (0-17)

- **Food:** LAUSD is opening 60 sites providing two grab-and-go meals for students and families beginning on Wednesday, March 18th from 7am to 10am (For more information, click [here](#)!)
- **Food:** Free breakfast (8am-10am) provided by Eastside Riders for student in Watts community starting Monday, March 16, 2020 and ending Friday, March 20, 2020 (For more info, click [here](#)!)
- **Food:** Free breakfast (730-930am), lunch (1130-130pm), and dinner (430-630) for all LAUSD students starting Monday, March 16, 2020 from 7:30am to 6:30pm at 2301 Bellevue Ave., Los Angeles 90026 (For more information, click [here](#)!)
- **Food:** Beginning Monday, March 16th, Hugo's kids menu will be free for guests 12 and under throughout the LAUSD closure. (For more information, click [here](#)!)
- **Food:** Los Angelitos Bakery offering 1 free bread to each child, aged 5-13 years old, Monday-Friday from 12pm-2pm (For more information, click [here](#)!)
- **Food:** Starting Monday, March 16, 2020, the city of Lynwood is offering supper meals for kids ages 1-18 (For more information, click [here](#)!)

- Food:** Starting Monday, March 16, 2020, kids 12 and under can eat for free at El Torito Restaurants
(For more information, click [here!](#))
- Food:** Free Breakfast Burritos for children ages 6-12 years old. Pick up Monday-Friday 7am-8am
 - o Toast: 11119 first ave los angeles ca
 - o The Benediction: 17501 Colima Road, City of Industry
 - o The Dylan: 190 S. State College Blvd, Brea
- Food:** Free Meals for Children Ages 5-17. Breakfast, lunch and snacks. Please bring School ID. This is for any child in the community. This will occur from 3/18/20-3/27/20 from 9:30am-12pm. Location will be from TEACH Academy. 10045 S. Western., Los Angeles, CA 90047. If you have any questions, call 562-665-6263.
(For more information, click [here!](#))
- Education:** Free access to Spectrum Broadband and Wi-Fi For 60 Days For New K-12 and College Student Households
(For more information, click [here!](#))
- Education:** Free access to L'il Libros worksheets for kids
(For more information, click [here!](#))
- Education:** Starting Monday, March 16, students in Pre-K through 12th grade will have the opportunity to access free, educational PBS daytime programming designated for each grade level weekdays
(For more information, click [here!](#))
- Education:** [FB Group](#) for parents to get support with home learning
- Education:** MIND Research Institute is offering no cost access to a free math instructional program for students in grades K-8
(For more information, click [here!](#))
- Education:** Scholastic offers free, online learning experiences for kids of all ages
(For more information, click [here!](#))
- Education:** PBS offers free educational daytime programming designated for K-12 each through the following channels:
 - o Pre-K - 3rd grade on PBS SoCal
 - o Pre-K - 12th grade on KLCS
 - o 9th - 12th grade on KCET
 - o (For more info: click [here!](#))

Adults (18-64)

- Housing:** STUDENTS/ FOSTER YOUTH
 - o If you are or know of a foster youth that is staying at a college dorm room that is going to be closed due to the coronavirus, please email info@togetherwerise.org and they will provide or help you find housing during this transition.
- Housing:** The Los Angeles Tenants Union is providing support around evictions. Find your local union at: <https://latenantsunion.org/en/locals/>
- Food/housing:** HOMELESS/LOW-INCOME INDIVIDUALS AND FAMILY
 - o St. Francis Center provides meal services, clothing closets, showers/bathroom services, and rental and utility assistance programs (over the phone) for homeless and low-income individuals in Los Angeles

(For more information, click [here!](#))

Eldery (65+)

Food

- o Elderly Meal Program Map
 - <https://www.google.com/maps/d/viewer?mid=1paBMfsRqsS4r9Px4xiOGYCfxA4-J9y2E&ll=34.029728592186366%2C-118.13568714999201&z=10>
- o Gloria Molina YWCA food distribution
 - 7515 Pacific Blvd, Walnut Park, CA 90255
 - (213) 516-3575
 - Starting Wednesday march 18th
- o Community and Senior Centers Senior Lunch Programs
 - https://wdacs.lacounty.gov/wp-content/uploads/2020/03/CentersUpdate_SeniorLunches_3.13.20.pdf
- o Seniors in Lynwood, Compton, South Gate, Watts who need food delivery
 - Call Greater Emmanuel Temple at 424.296.0400
 - Tuesday - Friday, 9am to 12pm

Grocery Shopping

- ALL 41 Northgate Market shopping locations will be open exclusively for seniors from 7am to 8am starting Tuesday, March 17, 2020.
 - o (For more information, click [here!](#))
- ALL Vallarta supermarkets will be open for seniors, disabled people, and pregnant people from 7am to 8am starting Wednesday, March 18, 2020
 - o (For more information, click [here!](#))
- Senior Shopping Hour at Grocery Outlet in Altadena (located at 2270 Lake Ave., Altadena, CA 91001) offers a shopping slot exclusively for the elderly from 7am to 8am every day starting on Thursday, March 17.
 - o (For more information, click [here!](#))
- ALL Super A Markets will open one hour early to allow Seniors 65 years and up to exclusively shop during the hours of 7:00am- 8:00am before the store opens to the general public.
 - o (For more information, click [here!](#))

Undocumented Community

- Resource guide created by California Immigrant Youth Justice Alliance available at <https://ciyja.org/covid19/>
- Trans/Queer Relief
 - o [Mutual Aid Form](#)

Employment

What employees are entitled to may be confusing. [THIS CHART](#) makes it easier to understand what resources may be available. More information below.

Employment Issues

- Please visit https://www.edd.ca.gov/about_edd/coronavirus-2019.htm for BENEFITS FOR WORKERS IMPACTED BY COVID-19 and also heck out the EDD's Frequently Asked Questions: https://edd.ca.gov/about_edd/coronavirus-2019/faqs.htm

- For a run-down of labor laws in California, please visit: <https://www.latimes.com/business/story/2020-03-12/coronavirus-labor-law-know-your-rights-california-worker>

Paid Family Leave

****Paid family leave** is available for those who stay home because they need to take care of someone who has contracted the virus (Covid-19) or who has been quarantined (must be certified by a medical professional). [Learn how to file a Paid Family Leave Claim HERE.](#)

Disability Benefits/Paid Sick Leave

****Disability benefits /paid sick leave** are available for those who have actually contracted the virus themselves or who have been exposed to it and are quarantined (must be certified by a medical professional in the case of Disability Benefits). [Learn how to file a Disability Insurance Claim HERE.](#)

Unemployment Benefits

****Unemployment benefits** are available to those whose hours have been reduced or who have lost their job due to coronavirus measures (and it also applies to those who choose to stay home due to underlying health issues making them more vulnerable). The Governor has waived the 1 week wait time and the person may not be required to be actively looking for work (as is usually required). [Learn how to file an Unemployment Insurance Claim HERE.](#)

- o Unfortunately though, this benefit is not available to undocumented persons whose hours are reduced or lose their job for reasons related to COVID-19, etc.
- o SCHOOL CLOSURES: If your child's school is closed and you have to miss work to care for them. You might qualify for Unemployment Insurance benefits. [Learn how to file an Unemployment Insurance Claim HERE.](#)

Worker's Compensation

****Worker's comp** is available for those who are unable to do their usual job because they were exposed to and contracted Covid-19 while in the regular course of their job (i.e. healthcare workers)

Tax Assistance

Directly from the [Employment Development Department](#): "Employers experiencing a hardship as a result of COVID-19 may request up to a 60-day extension of time from the EDD to file their state payroll reports and/or deposit state payroll taxes without penalty or interest. A written request for extension must be received within 60 days from the original delinquent date of the payment or return.

For questions, employers may call the EDD Taxpayer Assistance Center.

- Toll-free from the U.S. or Canada: 1-888-745-3886
- Hearing impaired (TTY): 1-800-547-9565
- Outside the U.S. or Canada: 1-916-464-3502"

(For more information, click [here!](#))

Resources Based on Type of Employment

- For resources for **freelance artists**, click [here!](#)
- For resources for **bartenders**, click [here!](#)

Impacted Businesses

- The U.S. Small Business Administration offers up to \$2 Million in Disaster Assistance Loans for Small Businesses Impacted by COVID-19

(For more information, click [here](#), or contact the SBA disaster assistance customer service center at 1-800-659-2955 (TTY: 1-800-877-8339) or disastercustomerservice@sba.gov.)

Service Planning Areas

Categories under this heading include: **food, housing, health, transportation, and education** and are separated into [8 Service Planning Areas](#)

Service Planning Area 1: Antelope Valley (includes Acton, Agua Dulce, Gorman, Lake Hughes, Lake Los Angeles, Lancaster, Littlerock, Palmdale, Quartz Hill, and others.)

- Food
 - o Grace Resource Center, Inc.
 - 45134 N. Sierra Hwy, Lancaster, CA. 93534
 - Phone: 661-940-5272
 - o Shekinah Worship Center
 - 42640 10th Street West, Lancaster, CA. 93534
 - Phone: 661-940-8378
 - o Salvation Army – Lancaster Corp
 - 44517 Sierra Highway, Lancaster, CA. 93534
 - Phone: 661-940-8378
 - o Palmdale Community Foundation-S.A.V.E.S.
 - 1012 East Avenue Q-12, Palmdale, CA. 93550
 - Phone: 661-267-5191
 - o SA-Mountain View Mobile Home Park
 - 3255 E. Avenue R., Palmdale, CA. 93550
 - Main Office in the Mobile Home Park
 - Phone: 661-947-4700
 - o Twin Lakes Community Church
 - 17213 Lake Los Angeles, Los Angeles, CA. 93591
 - Phone: 661-264-1215

Service Planning Area 2: San Fernando Valley (includes Burbank, Calabasas, Canoga Park, Canyon Country, Encino, Glendale, LA Cañada-Flintridge, San Fernando, Sherman Oaks, Sun Valley, Van Nuys, Woodland Hills, and others.)

- Food and care for homeless community
 - o MEND Poverty
 - o 10641 N. San Fernando Rd., Pacoima, CA 91331
 - o Phone: (818) 897-2443 or (818) 896-0246
 - o Fax: (818) 897-0128
 - Homeless care services on Tuesday mornings
 - Food distribution on Thursday and Fridays from 9 to 11 am
- (For more info, click [here](#) and [here](#)!)

- Food
 - o Freedom Church:
 - 9200 Owensmouth, Chatsworth, CA 91311
 - Hosting grab & go FREE grocery pick up on Wednesday, 3/18 from 12pm to 2pm

- o SOVA – Community Food and Resource Program
 - 16439 Vanowen Street, Van Nuys, CA. 91406
 - Phone: 818-988-7682
- o House of Light Church Corporation
 - 19359 Londelius Street, Northridge, CA. 91324
 - Phone: 818-988-2931
- o Congregational Church of Chatsworth
 - 20440 Lassen Street, Chatsworth, CA. 91311
 - Phone: 818-882-2474
- o Burbank – Temporary Aid Center- B-TAC
 - 1304 West Burbank Boulevard, Burbank, CA. 91506
 - Phone: 818-848-2822
- o Loaves & Fishes-Glendale
 - 4322 San Fernando Road, Glendale, CA. 91204
 - Phone: 818-409-3080

Service Planning Area 3: San Gabriel Valley (includes Alhambra, Altadena, Arcadia, Azusa, Baldwin Park, Claremont, Covina, Diamond Bar, Duarte, El Monte, Glendora, Irwindale, Monrovia, Monterey Park, Highland Park, Pasadena, Pomona, San Dimas, San Gabriel, San Marino, Temple City, Walnut, West Covina, and others.)

•□□□□□□□□□□Food

- o Freedom Church
 - 5609 York Blvd., Highland Park, CA 90042
 - Community meals for homeless friends EVERY Saturday
- o Foothill Unity Center
 - 191 North Oak Avenue, Pasadena, CA. 91107
 - Phone: 626-584-7420 / FAX: 626-584-7422
- o Friends In Deed Food Pantry
 - 444 East Washington Boulevard, Pasadena, CA. 91104
 - Pantry Phone: 626-797-6072, email- pantry@ecpac.net
 - Agency Phone: 626-797-2402, Fax: 626-797-7353
- o Foothill Unity Center – Monrovia
 - 415 West Chestnut Avenue, Monrovia, CA. 91016
 - Phone: 626-358-3486
 - Fax: 358-8224
- o El Monte and South El Monte
 - El Monte Emergency Resources – Food Bank
 - 10900 Mulhall Street, El Monte, CA. 91731
 - Phone: 626-444-7269
- o Salvation Army Food Bank – Pomona
 - 490 East LaVerne Avenue, Pomona, CA. 91767
 - Phone: 909- 623-1579 x201

Service Planning Area 4: Metro (includes Boyle Heights, Central City, Downtown LA, Echo Park, El Sereno, Hollywood, Mid-City Wilshire, Monterey Hills, Mount Washington, Silverlake, West Hollywood, and Westlake.)

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- o St. Francis Center
 - 1835 South Hope Street, Los Angeles CA 90015
 - Phone: 213-747-5347

- Services: breakfast service, case management, clothing closet, showers/bathroom services, pantry services, rental and utility assistant program (over the phone)

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- o Wilshire Boulevard Temple
 - 3663 Wilshire Boulevard, Los Angeles, CA. 90005
 - Phone: 213-388-2401
- o Silver Lake Community Church
 - 2930 Hyperion Avenue., Los Angeles, CA. 90010
 - Phone: 323-663-3151
- o Our Lady Queen of Angels Catholic Church
 - 535 North Main Street, (cross street- Cesar Chavez),, Los Angeles, CA. 90012
 - Phone: 213-629-3101
- o Sova- Community Food and Resource Program
 - 1140 North La Brea Avenue, West Hollywood, CA. 90038
 - Phone: 818-988-7682
- o Food Net- Centro Maravilla
 - 4716 East Cesar Chavez Avenue, Los Angeles, CA. 90022
 - Phone: 323-260-2805
- o Sova – Community Food and Resource Program
 - 8846 West Pico Boulevard, Los Angeles, CA. 90035
 - Phone: 818-988-7682

Service Planning Area 5: West (includes Beverly Hills, Brentwood, Culver City, Malibu, Pacific Palisades, Playa del Rey, Santa Monica, and Venice.)

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- o St. Augustine’s SAVES- Saint Augustine’s Volunteer
 - Emergency Services
 - 3820 Jasmine Avenue, Culver City, CA. 90232
 - Phone: 310-838-2702
- o St. Anne’s Church and Social Services
 - 2013 Colorado Avenue, Santa Monica, CA. 90232
 - Phone: 310-829-4411
- o WSFB – St. Joseph’s Center
 - 204 Hampton Drive, Venice, CA. 90291
 - Phone: 310-396-6468

Service Planning Area 6: South (includes Athens, Compton, Crenshaw, Florence, Hyde Park, Lynwood, Paramount, and Watts.)

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- o Food Net - East Rancho Dominguez
 - 15116 S. Atlantic Ave, Compton, CA 90221
 - Food Distribution: Tues- Fri 10am-4pm appointment needed.
 - Call 310-603-7401 for apt.
- o Shields for Families-Social Service Agency–Food Bank
 - 11705 Deputy Yamamoto Place
 - Lynwood, CA. 90262
 - Phone: 323-242-5000 ext. 4200
 - Food Distribution: Thursdays 10am- 2pm
- o Paramount Care Foundation
 - 8303 Alondra Boulevard, Paramount, CA. 90723

- Phone: 562-531-6820
- o LYNWOOD UNIFIED SCHOOL DISTRICT
 - Lynwood High School
 - 4050 E Imperial Hwy, Lynwood, CA 90262
 - In the back of the campus, off of Harris St. Drive up/walk up
 - Firebaugh High School
 - 5246 Martin Luther King Jr. Blvd, Lynwood, CA 90262
 - Front parking lot drive up/walk up
 - Cesar Chavez Middle School
 - 3898 Abbott Rd, Lynwood, CA 90262
 - Front parking lot drive up/walk up
 - Rosa Parks Elementary
 - 3900 Agnes Ave, Lynwood, CA 90262
 - Parking lot drive up/walk up
 - Helen Keller Elementary
 - 3521 Palm Ave, Lynwood, CA 90262
 - Student drop off area drive up/walk up

Service Planning Area 7: East (includes Artesia, Bell, Bellflower, Bell Gardens, Cerritos, City of Commerce, City Terrace, Cudahy, Downey, East Los Angeles, Hawaiian Gardens, Huntington Park, La Habra Heights, Lakewood, La Mirada, Los Nietos, Maywood, Montebello, Norwalk, Pico Rivera, Santa Fe Springs, Signal Hill, South Gate, Vernon, Walnut Park, Whittier, and others.)

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- o Food Pantry – LAX
 - 355 East Beach Street (Between – LaBrea and Centinela Streets), South Gate, CA. 90280
 - Phone: 310-677-5597
- o Hawaiian Gardens Food Bank
 - 21411 Norwalk Boulevard, Hawaiian Gardens, CA. 90716
 - Phone: 562- 860-9097
- o Southeast Churches Service Center
 - 2780 East Gage Avenue, Huntington Park, CA. 90255
 - Phone: 323-585-8254
- o St Mary’s Place
 - 7215 Newlin Avenue, Whittier, CA. 90602
 - Phone: 562-698-0107

Service Planning Area 8: South Bay (includes Athens, Avalon, Carson, Catalina Island, El Segundo, Gardena, Harbor City, Hawthorne, Inglewood, Lawndale, Lennox, Long Beach*, Hermosa Beach, Manhattan Beach, Palos Verdes Estates, Rancho Dominguez, Rancho Palos Verdes, Redondo Beach, Rolling Hills, Rolling Hills Estates, San Pedro, Wilmington, and others.)

* *City of Long Beach has its own Health Department*

•□□□□□□□□□□Food

- o Toberman Neighborhood Center
 - 131 N. Grand Ave., San Pedro CA 90230
- o WSFB –Salvation Army
 - 324 E. Queen Street, Inglewood, CA. 90301
 - Phone: 310-677-3375
- o Christ of Good Shepherd

- Food Distribution Fridays 9:30am- 11:30am
- Corner of 16th and Gundry
- Phone: 562-674-0288
- o St Margaret's Center
 - 10217 Inglewood Avenue, Lennox, CA. 90304
 - Phone: 310-672-2208

Services/Issues/Other

Utilities

- Southern California Edison Responds to COVID-19 Emergency, Suspends Service Disconnections
 - o [Source/More Information](#)
- Southern California Edison Offers Bill Help to Customers
 - o [Source/More Information](#)
- Edison International is giving \$1M to community-based organizations to help [#SoCal](#) communities facing economic hardship because of quarantines, illnesses or school closures, starting with \$150K to support the CA Community Foundation's [#COVID19 #LACounty](#) Response Fund (For more information, click [here!](#))
- SPECTRUM Internet beginning Monday, March 16, 2020 and for the following 60 days:
 - o Offers [secure public wifi hotspots](#)
 - o Offers to continue their [Spectrum Internet Assist](#) program: high-speed broadband program to eligible low-income households
 - o Offers two free months of internet and WiFi services for K-12 and college students affected by the current school closures, in households not already subscribed to Spectrum Internet
 (For more information, click [here!](#))
- Verizon will help customers and small businesses disrupted by impact of coronavirus
<https://www.verizon.com/about/news/verizon-help-customers-and-small-businesses>
- Charter COMCAST - Free Internet Service for Households with Children - to enroll: 844.488.8395
- Los Angeles Department of Water & Power still offering payment plan and suspending utility shut off for March (for now)
[A Message from LADWP Regarding Power and Water Service During Coronavirus/COVID-19 Pandemic](#)

WIC Services

- WIC clinics under **South Los Angeles Health Projects, PHFE, Watts Health Foundation, Pasadena, Long Beach, Antelope Valley, and Northeast Valley Health Corporation** will remain open. WIC offices will remotely be issuing participants food

benefits onto their WIC cards to avoid families from going out. For those families that have not yet gotten the new WIC card and wish to locate the nearest WIC clinic to them please call or visit the following websites for further guidance and assistance:

- o South Los Angeles Health Projects

<http://www.slahp.org/wic-centers-by-city/>

310-661-3080

- o PHFE

<https://www.phfewic.org/>

888-942-2229

- o Watts Health Foundation

<https://www.wattshealth.org/wic-program/>

323-564-4331

- o Pasadena

https://www.cityofpasadena.net/public-health/wic/?gclid=Cj0KQCQjwx7zzBRCCARIsABPRscPNVndmcMPfCt-2boLex6qoP0uvyd45EMPsy2dKITghITKPR8glwOcaAvQhEALw_wcB

626-744-6520

- o Long Beach

<http://www.longbeach.gov/health/healthy-living/individual/wic/>

562-570-4242

- o Antelope Valley

https://www.wicprograms.org/li/antelope_valley_lancaster_wic_93534

949-5805

661-

- o Northeast Valley Health Corporation

<https://nevhc.org/wic/>

818-340-3570

Mental Health

- Los Angeles County Department of Mental Health

- o Access Center 24/7 Helpline

(800) 854-7771

(562) 651-2549 TDD/TTY

- o <https://dmh.lacounty.gov>

- Sliding scale clinics that provide low fee psychotherapy:

- Wright Institute Los Angeles (West LA)

11845 W Olympic Blvd #505W, Los Angeles, CA 90064

424-371-5191

Wila.org

- Maple Center- Beverly Hills (They see kids and adults)

9107 Wilshire Blvd, Beverly Hills, CA 90210

[\(310\) 271-9999](tel:(310)271-9999)

- Southern California Counseling Center (mid city)
5615 W Pico Blvd, Los Angeles, CA 90019
[\(323\) 937-1344](tel:3239371344)

- Rose City Counseling Center (Pasadena)
595 E Colorado Blvd #418, Pasadena, CA 91101
[\(626\) 793-8609](tel:6267938609)

Domestic Violence

If you are concerned about being quarantined in an unsafe home situation or need help, all DV shelter resources are generally available on: domesticshelters.org. The National Domestic Violence Hotline is also available 24/7 at 1-800-799-7233 (SAFE) or 1-800-787-3223 (TTY)

- Sojourn Domestic Violence Services: A shelter on the Westside of LA. While support groups are not available at this time, their hotline is always open 24/7 for safety planning and peer counseling. They are also still accepting clients into our shelters. Their hotline number is 310-264-6644.
(For more information, click [here!](#))

Child Support Services

All Los Angeles County Child Support Services (CSS) locations are closed to the public effective Monday, March 16th until further notice.

(For more information, click [here](#) for English and click [here](#) for Spanish!)

- Court Dates: All court cases will be continued to a new date. If you have an upcoming court date, you will receive a letter informing you of your new court date. If you have questions please call our Customer Contact Center at (866) 901-3212 or check our website (cssd.lacounty.gov) for more information.

Alcoholics Anonymous

- [AA Online Meetings](#)
- [Online Alcoholics Anonymous Intergroup Meetings](#)

Other Resources

- [Low Cost Auto Insurance](#): CA Low Cost Auto is a state-sponsored program, passed by the CA legislature and managed by the CA Department of Insurance. The program provides affordable, low cost liability insurance to eligible California drivers whose income is 250% or below the Federal Poverty Guidelines and benefits not just low-income drivers, many middle-class households may qualify.
(For more information, click the link above or click [here!](#))

- [Mutual Aid and Advocacy Resources Google Doc](#)

- [Mutual Aid Application \(Volunteers\)](#)

- [Toolkit to deal with anxiety/stress from impacts of virus](#)

Mental Health Services Coordinator II
Outreach and Engagement
Department of Mental Health, Service Area 2
6800 Owensmouth Ave., Suite #160 Canoga Park, CA 91303
818-610-6723
Every Friday is my RDO