

September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Labor Day Holiday	Maple Pancake Wrap or Cereal and Toast Orange Wedges Apple Juice	Ham Links Steamed Rice or Cereal and Toast Peaches Fresh Fruit	Belgian Waffle W/ Syrup or Cereal and Toast Fresh Fruit Grape Juice	Fruit Smoothie Cinnamon Toast or Cereal and Toast Fresh Fruit
	Chicken Tenders Steamed Rice Spinach & Romaine Salad Veggie Sticks W/ Dip Peaches	Pepperoni Pizza Veggie Sticks W/ Dip Edamame Apple Wedges	Meatloaf W/ Gravy Whipped Potatoes Steamed Broccoli & Carrots Apple Wedges	Corn Dog Veggie Sticks W/ Hummus Fries Orange Wedges
9	10	11	12	13
Turkey Egg Sliders or Cereal and Toast Fruit Cocktail Fresh Fruit	Ham and Cheese Roll or Cereal and Toast Pineapple Chunks Fresh Fruit	Banana Bread or Cereal and Toast Fresh Fruit Grape Juice	Cinnamon Roll or Cereal and Toast Orange Wedges Apple Juice	Fried Rice W/ Portuguese Sausage or Cereal and Toast Fresh Fruit Orange Juice
Hot Dog in Bun Veggie Sticks W/ Dip Fries Fruit Slush	Beef Stew Steamed Rice Steamed Broccoli & Corn Apple Wedges	Korean Chicken Steamed Rice Spinach & Romaine Salad Edamame & Carrots Orange Wedges	Chicken Patty Sandwich Veggie Sticks W/ Dip Baked Beans Apple Wedges	Roast Pork Steamed Rice Corn Rainbow Salad Orange Wedges
16	17	18	19	20
Pepperoni Pizza Sticks or Cereal and Toast Peaches Fresh Fruit	Pork Sausage Patty Steamed Rice or Cereal and Toast Pineapple Chunks Fresh Fruit	Fruit Muffin or Cereal and Toast Fresh Fruit Orange Juice	Fried Rice W/ Portuguese Sausage or Cereal and Toast Fresh Fruit Grape Juice	Ham Link in a Bun or Cereal and Toast Fresh Fruit Apple Juice
Hamburger Steak W/ Gravy Whipped Potatoes Steamed Carrots & Corn Apple Wedges	Sweet & Sour Pork Steamed Rice Rainbow Salad Edamame Grape Juice	Vegetarian Pizza Spinach & Romaine Salad Veggie Sticks W/ Dip Orange Wedges	BBQ Pork Sandwich Fries Coleslaw Pineapple Chunks	Oven Baked Chicken W/ Gravy Steamed Rice Carrots & Edamame Apple Wedges
23	24	25	26	27
Plain Bagel W/ Cream Cheese or Cereal and Toast Orange Wedges Apple Juice	Portuguese Sausage with Rice or Cereal and Toast Apple Sauce Fresh Fruit	Cinnamon Roll or Cereal and Toast Apple Wedges Fruit Cocktail	Pizza Bagel or Cereal and Toast Fruit Cocktail Fresh Fruit	Breakfast Chicken Patty W/ Country Gravy Steamed Rice or Cereal and Toast Fresh Fruit Orange Juice
Chicken Patty W/ Gravy Steamed Rice Broccoli & Carrots Mixed Fruit	Creole Macaroni Spinach & Romaine Salad Veggie Sticks W/ Dip Mixed Fruit	Teri Burger Veggie Sticks W/ Hummus Fries Orange Wedges	Chicken Broccoli Steamed Rice Corn & Carrots Peaches	Turkey Pastrami Sandwich Veggie Sticks W/ Dip Edamame Apple Wedges
30	<p align="center">THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER</p> <p align="center">*****</p> <p align="center">Menus subject to change without notice</p> <p align="center">All menus include 1/2 pint of milk</p>			
Southern Pork Links Steamed Rice or Cereal and Toast Fresh Fruit Grape Juice				
Sloppy Joe Veggie Sticks W/ Dip Baked Beans Apple Wedges				