



Belleville RISE and Shine Breakfast Menu

Breakfast is complimentary to all K-8 Belleville Students

Access your child's meal account online by going to www.payschoolscentral.com

Monday	Tuesday	Wednesday	Thursday	Friday
1 Cheerios <i>Whole Fresh Fruit Choice of Milk</i>	2 Apple Cinnamon Muffin <i>Cinnamon Goldfish Whole Fresh Fruit 100% Fruit Juice Choice of Milk</i>	3 Fruity Cheerios <i>Whole Fresh Fruit Choice of Milk</i>	4 Bagel with Cream Cheese <i>Whole Fresh Fruit 100% Fruit Juice Choice of Milk</i>	5 Apple Cinnamon Cereal Bar <i>Cinnamon Goldfish Whole Fresh Fruit Choice of Milk</i>
8  <i>Columbus Day</i>	9 Cinnamon Toast Cereal <i>Whole Fresh Fruit 100% Fruit Juice Choice of Milk</i>	10 Blueberry Muffin <i>Cinnamon Goldfish Whole Fresh Fruit 100% Fruit Juice Choice of Milk</i>	11 Bagel with Cream Cheese <i>Whole Fresh Fruit 100% Fruit Juice Choice of Milk</i>	12 Strawberry Banana Yogurt <i>Cinnamon Goldfish Whole Fresh Fruit Choice of Milk</i>
15 Golden Graham Cereal <i>Whole Fresh Fruit Choice of Milk</i>	16 Banana Muffin <i>Cinnamon Goldfish Whole Fresh Fruit 100% Fruit Juice Choice of Milk</i>	17 Apple Cinnamon Cheerios <i>Whole Fresh Fruit Choice of Milk</i>	18 Bagel with Cream Cheese <i>Whole Fresh Fruit 100% Fruit Juice Choice of Milk</i>	19 Golden Graham Cereal Bar <i>Cinnamon Goldfish Whole Fresh Fruit Choice of Milk</i>
22 Cheerios <i>Whole Fresh Fruit Choice of Milk</i>	23 Apple Cinnamon Muffin <i>Cinnamon Goldfish Whole Fresh Fruit 100% Fruit Juice Choice of Milk</i>	24 Cinnamon Toast Cereal Bar <i>Whole Fresh Fruit Choice of Milk</i>	25 Bagel with Cream Cheese <i>Whole Fresh Fruit 100% Fruit Juice Choice of Milk</i>	26 Strawberry Banana Yogurt <i>Cinnamon Goldfish Whole Fresh Fruit Choice of Milk</i>
29 Fruity Cheerios <i>Whole Fresh Fruit Choice of Milk</i>	30 Blueberry Muffin <i>Cinnamon Goldfish Whole Fresh Fruit 100% Fruit Juice Choice of Milk</i>	31 Golden Graham Cereal <i>Whole Fresh Fruit Choice of Milk</i>		

USDA is an equal opportunity employer and provider

* Menu is subject to change

A full student breakfast includes choice of entrée supplying grain and/or protein, 1/2 cup of fruit and choice of milk.

Any Questions Call: Meaghan Harlan, Director of Dining Services @ 973-450-3500 ext.1623
meaghan.harlan@belleville.k12.nj.us

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Belleville Elementary October Lunch Menu

Lunch \$3.10 Reduced \$0.40

****Access your child's meal account online by going to www.payschoolscentral.com****

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Chicken Nuggets <i>Pretzel Nuggets/Cheese</i> <i>Tator Tots</i> <i>Applesauce</i> <i>Choice of Milk</i>	Turkey Macho Nachos <i>Mexicali Corn/Black Beans</i> <i>Shredded Cheese/Salsa</i> <i>Pineapple Chunks</i> <i>Choice of Milk</i>	Cheese Stuffed Breadsticks <i>Marinara Sauce</i> <i>Mandarin Oranges</i> <i>Choice of Milk</i>	Italian Meatball Sub <i>Seasoned Spinach</i> <i>Chilled Peaches</i> <i>Choice of Milk</i>	Cheesy Pizza <i>Spring Mix Side Salad</i> <i>Sliced Pears</i> <i>Choice of Milk</i>
8	9	10	11	12
 <i>Columbus Day</i>	Beef Hot Dog <i>Boston Baked Beans</i> <i>Chilled Pears</i> <i>Choice of Milk</i>	French Toast Sticks <i>Pork Sausage Patty</i> <i>Hashbrown</i> <i>Fruit Cocktail</i> <i>Choice of Milk</i>	Popcorn Chicken Bowl <i>Mashed Potatoes & Gravy</i> <i>Seasoned Corn; Dinner Roll</i> <i>Mandarin Oranges</i> <i>Choice of Milk</i>	Cheesy Pizza <i>Fresh Carrot Sticks</i> <i>Applesauce</i> <i>Choice of Milk</i>
15	*LUCKY TRAY DAY* 16	17	18	19
Toasted Cheese Sandwich <i>Tomato Soup</i> <i>Mandarin Oranges</i> <i>Choice of Milk</i>	Taco Tuesday <i>Fiesta Brown Rice</i> <i>Seasoned Black Beans</i> <i>Lettuce & Tomato</i> <i>Pineapple Cubes</i> <i>Choice of Milk</i>	Cheesy Baked Pasta <i>Seasoned Spinach</i> <i>Breadstick</i> <i>Chilled Pears</i> <i>Choice of Milk</i>	Crispy Fish Sticks <i>Seasoned Carrots</i> <i>Whole Grain Dinner Roll</i> <i>Fruit Cocktail</i> <i>Choice of Milk</i>	Cheesy Pizza <i>Broccoli Ranch Side Salad</i> <i>Chilled Peaches</i> <i>Choice of Milk</i>
22	23	24	25	26
Cheeseburger <i>Crinkle Cut Fries</i> <i>Applesauce</i> <i>Choice of Milk</i>	Turkey Macho Nachos <i>Seasoned Black Beans</i> <i>Shredded Cheese/Salsa</i> <i>Pineapple Tidbits</i> <i>Choice of Milk</i>	Waffles <i>Pork Sausage Patty</i> <i>Smile Potatoes</i> <i>Fruit Cocktail</i> <i>Choice of Milk</i>	Macaroni & Cheese <i>Roasted Broccoli</i> <i>Chilled Peaches</i> <i>Choice of Milk</i>	Cheesy Pizza <i>Fresh Celery Sticks</i> <i>Mandarin Oranges</i> <i>Choice of Milk</i>
29	30	31		
Classic Chicken Sandwich <i>Sweet Potato Puffs</i> <i>Chilled Peaches</i> <i>Choice of Milk</i>	Cheese Quesadilla <i>Mexicali Corn/Black Beans</i> <i>Fruit Cocktail</i> <i>Choice of Milk</i>	Baked Mozzarella Sticks <i>Marinara Sauce</i> <i>Applesauce</i> <i>Choice of Milk</i>		
Snack Items for sale during lunch service. Students can pay using either money applied to their account or in the form of cash. Bottled Water \$1.25 Fruit Snacks \$0.75 Cookie \$0.50 Chips \$1.00				
Turkey & Cheese Sub Yogurt & Graham Cracker Fun Lunch	Chicken Caesar Salad Cereal Fun Lunch	Tuna Salad Sub Nacho Fun Lunch	Berry Parfait with Granola Cereal Fun Lunch	Ham & Turkey Chef Salad Bagel and Egg Fun Lunch
<i>Assorted fresh fruit and vegetables offered daily with all meals.</i>				

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ELEMENTARY: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, two (2) fruit side dishes, and a choice of milk. Milk choices include 1% white and skim white, or chocolate.

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