

JANUARY



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MARTIN

MENU IS SUBJECT TO CHANGE

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

BREAKFAST MENU

Daily Choice for Breakfast Include:

A variety of General Mills Cereals/Toast, Uncrustables, Whole Wheat Pop Tarts, Bagels w/Cream Cheese, Or you may choose the daily Breakfast Entrée. Fresh Fruit or 100% Fruit Juice is served daily with Breakfast.

MONDAY	Biscuit & Gravy Sausage Patty/Hash Brown
TUESDAY	Breakfast Pizza Breakfast Sandwich
WEDNESDAY	Biscuit & Gravy Sausage Patty/Hash Brown
THURSDAY	French Toast Sticks Breakfast Sandwich
FRIDAY	Biscuit & Gravy Sausage Patty/Hash Brown

COMMITMENT

Being True to Your Word

HIGH SCHOOL MENU

LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
All school meals include one of the following: White Skim Milk, White 1% Skim Milk, Chocolate Skim Milk Lunch also includes the "Seasonal Fruit & Vegetable Bar" WOLF MEALS SERVED DAILY (as available)				
7 NO SCHOOL Professional Day Class Resumes tomorrow Jan 8th	8 Beef or Chicken Nachos Refried Beans Corn Banana	9 Oriental Chicken Fried Rice Green Beans Peaches	10 Chicken Strips Mashed Potatoes/Gravy Carrots Apple	11 Pizza or Deli Sub Broccoli Strawberries
14 Pancakes w/Eggs Or French Toast with Eggs & Sausage Peas Pears	15 Beef or Chicken Soft Tacos Corn Banana	16 BBQ Pork Sandwich or Ham/Cheese Wraps Tater Tots Peaches	17 Chicken Nuggets Mashed Potatoes/Gravy Carrots Apple	18 Bosco Sticks/Sauce Or Italian Sub Broccoli Strawberries
21 NO SCHOOL PROFESSIONAL DAY	22 Beef or Pork Tacos Corn Banana	23 Corn Dog or Hot Dog Green Beans Peaches <u>National Pie Day</u>	24 Chicken Patty Mashed Potatoes/Gravy Carrots Apple	25 Pizza or Chicken Bacon Ranch Sub Broccoli Strawberries
28 Spaghetti with Meat Sauce/Breadstick Or Meatball Sub Peas Pears	29 Tamale Pie Or Crisпитos Corn Banana	30 Tomato Soup w/Grilled Cheese Sandwich or Fish Sandwich Green Beans Peaches	31 Chili/Cinnamon Roll Or Baked Potato Bar Carrots Apple	
Free & Reduced Applications are available in all school offices and on our website.			START OUT RIGHT IN 2019 Eat Healthy Breakfasts and Lunches	