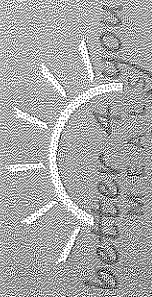


# Lunch Menu

December 2018

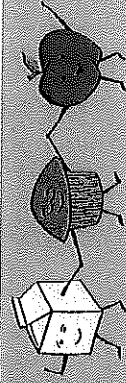
## Watts Learning Center MS



Monday	Tuesday	Wednesday	Thursday	Friday
<b>9</b> Chicken BRC Burrito (280) Mexican Chicken Salad, Popped Corn Chips, Hot Sauce (50) Fat Free Chocolate Milk (248) 1% White Milk (17)	<b>4</b> -Chicken Patty Burger, Oven Baked Fries (285) Tuna Salad, Wheat Crackers, Dressing (50) Fat Free Chocolate Milk (251) 1% White Milk (17)	<b>5</b> Turkey Chili, Popped Corn Chips (110) Chicken Taco Salad, Popped Corn Chips, Dressing (30) Lunch Special- Carnitas Nachos, Tortilla Chips (200)	<b>6</b> Chicken Tamal, Mixed Vegetables (295) Buffalo Chicken Salad, Dinner Roll, Dressing (40) 1% White Milk (17) Fat Free Chocolate Milk (251)	<b>7</b> Baked Ziti w/Meat Sauce (280) Southwest Chicken Salad, Dinner Roll, Dressing (50) Fat Free Chocolate Milk (248) 1% White Milk (17)
<b>10</b> Chicken Teriyaki Bowl (285) Mexican Chicken Salad, Popped Corn Chips, Hot Sauce (50) 1% White Milk (17) Fat Free Chocolate Milk (251)	<b>11</b> -BBQ Meatball Sandwich, Cheesy Mashed Potatoes, Hoagie Roll (200) Tuna Salad, Wheat Crackers, Dressing (30) Lunch Special- BBQ Chicken	<b>12</b> Cheese Ravioli w/Marinara Sauce (280) Chicken Taco Salad, Popped Corn Chips, Dressing (50) Fat Free Chocolate Milk (248) 1% White Milk (17)	<b>13</b> Beef Hot Dog w/ Oven Baked Fries (285) Buffalo Chicken Salad, Dinner Roll, Dressing (50) Fat Free Chocolate Milk (248) 1% White Milk (17)	<b>14</b> Green Chicken Enchiladas (285) Southwest Chicken Salad, Dinner Roll, Dressing (50) Fat Free Chocolate Milk (251) 1% White Milk (17)
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>Winter Break</b>				
<b>Winter Break</b>				
<b>Winter Break</b>				
<b>31</b>				

### MENU SUBJECT TO CHANGE WITHOUT NOTICE

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk. This institution is an equal opportunity provider.



# Breakfast Menu

December 2018

## Watts Learning Center MS



Monday	Tuesday	Wednesday	Thursday	Friday
3 *Blueberry Muffin (395) 1% White Milk (198) Fat Free White Milk (197)	4 *French Toast Stix (395) 1% White Milk (198) Fat Free White Milk (197)	5 Bagel Bar w/Strawberry Cream Cheese (395) 1% White Milk (198) Fat Free White Milk (197)	6 *Whole Grain Cereal, Whole Grain Bites (395) 1% White Milk (198) Fat Free White Milk (197)	7 *Bean & Cheese Burrito (395) 1% White Milk (198) Fat Free White Milk (197)
10 *Mini Wovbutter & Jelly Sandwich (395) 1% White Milk (198) Fat Free White Milk (197)	11 Egg Sausage Burrito (CONTAINS PORK) (395) 1% White Milk (198) Fat Free White Milk (197)	12 *Whole Grain Muffin (395) 1% White Milk (198) Fat Free White Milk (197)	13 *Whole Grain Cereal, Whole Grain Bites (395) 1% White Milk (198) Fat Free White Milk (197)	14 Mango Breakfast Bar (395) 1% White Milk (198) Fat Free White Milk (197)
17	18	19	20	21
<b>Winter Break</b>				
24	25	26	27	28
<b>Winter Break</b>				
31				
<b>Winter Break</b>				

### MENU SUBJECT TO CHANGE WITHOUT NOTICE

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.

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