

OTSEGO Jr High B Lunch 2018 -2019

MONDAY							TUESDAY							WEDNESDAY							Thursday							Friday														
Bonless Wings Boston Baked Beans Cauliflower Pear or Applesauce Cup Milk							Nacho's w/Creamy Cheese Refried Beans Baby Carrots Peach Cup or Craisins Milk							Cheese Filled Breadsticks Marinara Sauce Side Salad Grapes Milk							Burger Bar Cheeseburger Crinkle Fries Broccoll Florets Juice or Apple Milk							Big Daddy Pizza Green Beans Sidekick Frozen Juice Milk														
Chicken Patty on WG Bun Cauliflower & Broccoll Frozen Strawberries Milk							Chicken or Beef Taco Flour or Corn Shells Refried Beans Apple Slices or Sidekick Frozen Juice Milk							Cheese Filled Breadsticks Marinara Sauce Far East Vegetable Pineapple Tidbits or Peach Cup Milk							Burger Bar Cheeseburger Crinkle Fries Grapes or Juice Milk							French Bread Pizza Side Salad Frozen Peaches Milk														
Chicken Tender Wrap Crinkle Fries Broccoll Florets Pears Milk							Walking Doritos Taco Refried Beans Cauliflower Juice or Grapes Milk							Cheese Filled Breadsticks Marinara Sauce California Blend Vegetable Apple Slice Milk							Burger Bar Cheeseburger Tator Tots Broccoll Florets Side Kick Frozen Juice Milk							Big Daddy Pizza Fresh Veggie Mix Mandarin Oranges Milk														
Bonless Wings Crinkle Fries Carrots & Celery Craisins Milk							Nacho's w/Creamy Cheese Refried Beans Baby Carrots Frozen Strawberries or Pears Milk							Cheese Filled Breadsticks Marinara Sauce Side Salad Fruit Cocktail or Juice Milk							Burger Bar Cheeseburger Crinkle Fries Banana's or Craisins Milk							Big Daddy Pizza Side Salad Apples Milk														
Grilled Chicken on WG Bun Peas & Carrots Cauliflower Applesauce Milk							Chicken or Beef Taco Flour or Corn Shells Refried Beans Broccoll Florets Grapes Milk							Cheese Filled Breadsticks Marinara Sauce Key West Veggie Blend Pineapple Tidbits or Mandarin Oranges Milk							Burger Bar Cheeseburger Tator Tots Juice or Craisins Milk							Big Daddy Pizza Side Salad Sidekick Frozen Juice or Pears Milk														
August 18							September 18							October 18							November 18							December 18														
Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa								
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12	13	14	15	16	17	18	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	11	12	13	14	15	16	17	8	9	10	11	12	13	14	15		
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							30																				30	31														

January 19							February 19							March 19							April 19							May 19								
Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa		
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27	28	29	30	31			24	25	26	27	28			24	25	26	27	28	29	30	28	29	30					26	27	28	29	30	31			
														31																						

News
 Students: \$3.00
 Reduced: \$.40
 Free: No Cost
 Adults: \$3.00

Lunch Options:
 B: As Listed by week
 C: Chef Salad

Otsego Local Schools participate in the Nation School Lunch Program. The meal consists of 5 components: a protein, a grain (bread), a fruit a vegetable and a fat-free or low fat milk. Students must select 3 of the 5, one of which must be a fruit or a vegetable.

Follow the menu with its calendar day. each week is represented by a color and represents a five week cycle.

Menu's are subject to change.

Free and reduced applications available online or at the school office.

USDA is an equal opportunity provider

Any questions or concerns, please call Jeanne Jeffers at 419-823-4381 ext 1104 or email jjeffers@ostegoknights.org