



# CHARTER LUNCH MENU - OCTOBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
APPLE	JUICE	ORANGE	BANANA	MELON
1	2	3	4	5
<b>CHICKEN BURGER</b> *BREADED CHICKEN PATTY *POTATO WEDGES *SHREDDED LETTUCE *WHEAT BUN *KETCHUP/MUSTARD *FRUIT *MILK	<b>BEEF NACHOS</b> *SEASONED GROUND BEEF REFRIED BEANS SHREDDED CHEESE *TORTILLA CHIPS *TAPATIO *100% FRUIT JUICE *MILK	<b>BEEF &amp; BROCCOLI</b> *SEASONED BEEF BROCCOLI BROWN RICE *TAPATIO *FRUIT *MILK	<b>CHEESE LASAGNA</b> *CHEESE LASAGNA SEASONED CARROT COINS *WHEAT ROLL *FRUIT *MILK	<b>*ITALIAN HOAGIE</b> SALAMI PEPPERONI SWISS CHEESE WHEAT HOAGIE *CELERY STICKS *RANCH DRESSING *MAYONNAISE/ MUSTARD *FRUIT *MILK
8	9	10	11	12
<b>SPAGHETTI W/MEATBALLS</b> *WHOLE WHEAT SPAGHETTI MEATBALLS (3 OZ) TOMATO SAUCE BROCCOLI *FRUIT *MILK	<b>BEAN BURRITO</b> *BEAN AND CHEESE BURRITO *CARROT STICKS *RANCH DRESSING *TAPATIO *100% FRUIT JUICE *MILK	<b>CHIPOTLE CHICKEN</b> *SEASONED BAKED DRUMSTICKS MASHED POTATOES *WHEAT ROLL *TAPATIO *FRUIT *MILK	<b>HAMBURGER</b> *HAMBURGER PATTY *SHREDDED LETTUCE & SLICED TOMATO *BAKED BEANS *WHEAT BUN *KETCHUP/MUSTARD/MAYO *FRUIT *MILK	<b>CHICKEN FAJITA BOWL</b> *CHICKEN FAJITAS SPANISH BROWN RICE PINTO BEANS *TAPATIO *FRUIT *MILK
15	16	17	18	19
<b>BEEF BURRITO</b> *BEEF, BEAN, & RED CHILI BURRITO *CHEESY CAULIFLOWER *TAPATIO *FRUIT *MILK	<b>CHICKEN TENDERS</b> *BAKED CHICKEN TENDERS POTATO WEDGES *WHEAT ROLL *KETCHUP (2) *100% FRUIT JUICE *MILK	<b>CHILI CHEESE BAKED POTATO</b> *BEEF CHILI CHILI BEANS BAKED POTATO CHEESE *WHEAT ROLL *TAPATIO *FRUIT *MILK	<b>TURKEY &amp; CHEESE SANDWICH</b> *DELI TURKEY AMERICAN CHEESE WHEAT BREAD *CARROT STICKS *RANCH DRESSING *MAYO & MUSTARD *FRUIT *MILK	<b>ASIAN CHICKEN SALAD</b> MARINATED CHICKEN ROMAINE LETTUCE CABBAGE & CARROTS CRISPY NOODLES ASIAN DRESSING *WHEAT ROLL *FRUIT *MILK
22	23	24	25	26
<b>HAMBURGER</b> *HAMBURGER PATTY *CARROT STICKS *SHREDDED LETTUCE & SLICED TOMATO *WHEAT BUN *RANCH DRESSING *KETCHUP/ MUSTARD/MAYO *FRUIT *MILK	<b>SOUTHWEST CHICKEN</b> *SEASONED BAKED DRUMSTICKS CORN *WHEAT ROLL *TAPATIO *100% FRUIT JUICE *MILK	<b>PENNE ALFREDO</b> *WHEAT PENNE PASTA CHICKEN ALFREDO SAUCE GREEN BEANS *FRUIT *MILK	<b>BEEF NACHOS</b> *SEASONED GROUND BEEF REFRIED BEANS SHREDDED CHEESE *TORTILLA CHIPS *TAPATIO *FRUIT *MILK	<b>MEAT LASAGNA</b> *BEEF LASAGNA BROCCOLI *WHEAT ROLL *FRUIT *MILK
29	30	31		
<b>BEAN BURRITO</b> *BEAN & CHEESE BURRITO POTATO WEDGES *KETCHUP *TAPATIO *FRUIT *MILK	<b>SPAGHETTI WITH TURKEY SAUCE</b> *GROUND TURKEY WHEAT SPAGHETTI TOMATO SAUCE DICED CARROTS *100% FRUIT JUICE *MILK	<b>TERIYAKI CHICKEN BOWL</b> *TERIYAKI CHICKEN STEAMED BROWN RICE BROCCOLI *TAPATIO *FRUIT *MILK		

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