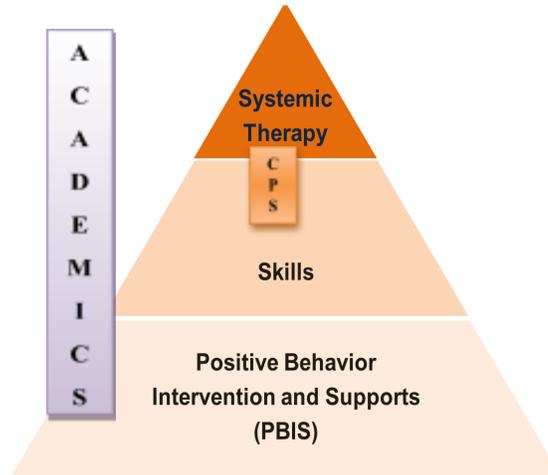


# Integrated Intervention

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All sites implement Integrated Intervention, a model that weaves together evidence based academic, behavioral, skills based, and therapeutic supports.

## *Academics*

Oak Grove Academy uses an integrated approach to academics where each student's educational goals include an understanding of the student's behavioral and mental health treatment goals. Utilizing the core academic program based on state standards, instruction designed for the individual student using a variety of district adopted curriculum and evidenced based intervention curriculum and strategies. This instruction is based on individual needs of students including individual specially designed instruction and small groups. Students working towards a standard or modified high school diploma have access to district online curriculum overseen by Highly Qualified Certified teachers. All students take Oregon State Assessments as identified on their Individual Education Plan. Grading is done using a proficiency-based model, allowing for specially designed instruction and individual accommodations. All specially designed instruction is guided by the student's individual education plan (IEP).

## ***Positive Behavioral Interventions and Supports (PBIS)***

*Builds foundation, consistency, external motivation and safety for skills work.*

PBIS is an evidence based behavioral program for creating and sustaining safe and effective schools. The Oak Grove behavior support and management strategies serve as a program wide system that includes student behavior development, support, and intervention components designed to establish appropriate behavioral expectations. Strategies are designed to teach and reinforce appropriate behavior and establish consequences for inappropriate behavior. The goal is to develop and maintain a positive learning environment for all students where expectations are common knowledge, taught regularly, and enhanced through the use of positive reinforcement.

### **Oak Grove PBIS Expectations:**

- **Be Safe (free from harm of any kind, physical or emotional)**
- **Be Respectful (polite and cooperative with others)**

- **Be Responsible (dependable and trustworthy at all times)**

## ***Skills***

*Builds knowledge, creates common therapeutic language and develops basic skills.*

Oak Grove Academy utilizes evidence based curricula matched with student lagging skills and level of functioning. Skills are taught both in both the group and individual setting and are tailored to students' specific treatment plan goals and objectives. Examples of skill areas that may be taught include distress tolerance, emotion regulation, mindfulness and interpersonal effectiveness. Skills groups are designed to teach and enhance understanding of a wide range of skills while individual skill coaching is designed to help students target specific goals. Examples of evidence based curricula that a student may be exposed to while at Oak Grove Academy include Dialectical Behavior Therapy, Skills System, Skills Streaming and Zones of Regulation.

## ***Systemic Therapy***

*Builds internal motivation and addresses therapeutic needs in a systemic manner*

Systemic therapeutic approaches are optimal to build internal motivation in a student. All students have a Mental Health Specialist assigned to them to develop a relationship and hold the understanding of past and present contextual factors that shape their identity. Once informed consent is obtained, therapy is provided to address classroom behaviors, social and emotional goals, as well as any related mental health issues that may arise. Mental Health Specialists are able to keep confidentiality for the client and their experiences while helping staff understand how to work with them most effectively in the present. Mental Health Specialists also coordinate services between home and school environments to provide the most collaborative and cohesive support possible. In cases where more intensive services would be beneficial, the therapist will work with families to enroll students in community-based programs.

## ***Collaborative Problem Solving***

Collaborative Problem Solving (CPS) is a skills based and relational model with two central beliefs: children do well if they can, and problem patterns of behavior are the result of lagging skills. Like PBIS and interpersonal approaches, CPS also believes that behavior is functional and communicative. CPS addresses lagging skills and also encourages understanding a student's context. Because of the focus on skill building and interpersonal collaboration, CPS is a model that bridges the gap between skills based and systemic approaches. At Oak Grove Academy all staff are trained in collaborative approaches and students participate in CPS on a regular basis during both scheduled and as needed sessions.

