

Base Menu Spreadsheet

Weighted Values

Apr 1, 2019 thru Apr 30, 2019

Menu Name: GLOBAL HIGH LUNCH

Include Cost: No

Site:

Report Style: Detailed

Monday - 04/01/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
990042 Sloppy Joe	Sandwich	70	184	608	8	21.54	12.79
990067 Frank's Spicy Sandwich	Sandwich	30	66	315	1	6.82	6.08
990072 Tater Gems	10 Tots	100	172	233	0	19.24	2.02
001477 Baked Beans	1/2 cup	70	98	259	8	21.00	4.20
000526 Pears, fresh	each	68	64	1	11	17.19	0.41
001331 Apple Slices in Bag	2oz bag	46	14	0	3	3.13	*N/A*
000874 Strawberries, Fresh	1/2 cup	40	11	0	2	2.65	0.23
000588 Chocolate Milk	each	70	77	70	13	13.30	5.60
000589 White Milk	each	30	30	38	4	3.60	2.40
Weighted Daily Average			717	1524	50	108.47	*33.73
% of Calories					27.9%	60.5%	*18.8%
Weekly Nutrient Guideline			750 - 850	1420			

Tuesday - 04/02/2019

Reimbursable Meal Total 100

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
000958 Beef Tacos	2 Tacos	80	375	490	*2	26.88	20.19
000993 Chicken Fajita Taco	2 Tacos	20	79	126	*0	6.60	5.20
000718 Lettuce & Tomato	3/4 cup	65	11	4	1	2.50	0.96
000914 Salsa Cup	each	45	13	92	1	2.64	0.00
000115 Pineapple Tidbits	1/2 cup	80	60	8	12	14.31	0.80
990037 Blue Raspberry Applesauce	4.5oz cup	80	72	12	15	17.35	*N/A*
000542 Jello Cup	1/2 Cup	90	95	99	18	18.01	0.90
000588 Chocolate Milk	each	80	88	80	14	15.20	6.40
000589 White Milk	each	20	20	25	2	2.40	1.60
Weighted Daily Average			813	936	*66	105.89	*36.05
% of Calories					*32.5%	52.1%	*17.7%
Weekly Nutrient Guideline			750 - 850	1420			

Wednesday - 04/03/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
000646 Chicken Nuggets	5 nuggets	100	263	405	1	16.20	16.20
000392 Mashed Potatoes	1/2 cup	100	64	251	*1	13.62	1.60
000498 Country Gravy	1/4 cup	100	6	35	*0	0.80	0.00
000957 Honey Wheat Roll	each	100	140	170	2	26.00	4.00

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000426 Steamed Green Beans	1/2 cup	60	18	2	*0	3.06	1.23
000566 Peach Cup	Each	75	60	0	12	14.25	0.75
001331 Apple Slices in Bag	2oz bag	60	18	0	4	4.08	*N/A*
001502 BBQ Sauce	2 Tbsp	80	35	56	7	8.67	0.00
000588 Chocolate Milk	each	80	88	80	14	15.20	6.40
000589 White Milk	each	10	10	12	1	1.20	0.80
Weighted Daily Average			703	1013	*42	103.08	*30.98
% of Calories					*23.9%	58.7%	*17.6%
Weekly Nutrient Guideline			750 - 850	1420			

Thursday - 04/04/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
990081 Cheese Pizza Slice	Slice	40	120	192	3	14.00	6.40
990080 Stuffed Crust Pepperoni Pizza	Slice	60	222	378	6	24.00	10.20
000581 Carrot / Cucumbers	1/2 Cup	60	11	17	1	2.55	0.28
000521 Steamed Spinach	1/2 cup	40	24	96	*1	2.40	1.60
000103 Mandarin Oranges	1/2 cup	60	56	6	13	14.06	0.59
990040 Watermelon Applesauce Cup	4.5oz. cup	60	54	0	11	13.20	0.00
001503 Ranch Dressing	2 Tbsp	60	30	180	1	4.80	0.60

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000542 Jello Cup	1/2 Cup	90	95	99	18	18.01	0.90
000588 Chocolate Milk	each	70	77	70	13	13.30	5.60
000589 White Milk	each	20	20	25	2	2.40	1.60
Weighted Daily Average			708	1063	*70	108.73	27.77
% of Calories					*39.5%	61.4%	15.7%
Weekly Nutrient Guideline			750 - 850	1420			

Friday - 04/05/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
000362 Steak on Bun	each	60	228	234	3	22.65	12.15
001463 Catfish Strips	servings	40	136	250	1	15.60	9.20
001523 Seasoned Fries	1/2 Cup	100	120	135	0	20.06	1.00
001057 Lettuce & Tomato	1/2 cup	50	5	4	1	1.11	0.33
000771 Kiwi Strawberry Sidekick	each	75	60	34	*N/A*	15.00	0.00
001331 Apple Slices in Bag	2oz bag	75	23	0	5	5.10	*N/A*
001501 Mustard	Tbsp.	30	0	58	0	0.00	0.00
001504 Ketchup	2 Tbsp	80	24	72	5	6.40	0.00
000588 Chocolate Milk	each	80	88	80	14	15.20	6.40

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
000589 White Milk	each	20	20	25	2	2.40	1.60
Weighted Daily Average			704	893	*31	103.52	*30.69
% of Calories					*17.6%	58.8%	*17.4%
Weekly Nutrient Guideline			750 - 850	1420			

Monday - 04/08/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
990062 Spicy Brisket Nachos	each	100	291	593	4	34.75	8.09
001098 Refried Beans w/cheese	1/2 cup	95	139	187	1	19.32	8.87
990076 Salsa Packets	2 PC	90	8	260	1	1.51	0.28
000863 Mexicali Corn	1/2 CUP	80	55	29	*3	13.17	1.70
990037 Blue Raspberry Applesauce	4.5oz cup	60	54	9	11	13.01	*N/A*
000115 Pineapple Tidbits	1/2 cup	60	45	6	9	10.73	0.60
000588 Chocolate Milk	each	70	77	70	13	13.30	5.60
000589 White Milk	each	30	30	38	4	3.60	2.40
Weighted Daily Average			700	1191	*45	109.39	*27.53
% of Calories					*25.7%	62.5%	*15.7%
Weekly Nutrient Guideline			750 - 850	1420			

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Tuesday - 04/09/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
001421 Sriracha Chicken	Bowl	60	238	303	*7	38.83	9.87
001389 Teriyaki Rice Bowl	Serving	40	135	202	*6	22.29	7.78
000945 Steamed Broccoli	1/2 cup	40	11	9	*N/A*	2.03	1.17
001312 Steamed Carrots	1/2 Cup Serving	60	21	33	*2	4.56	0.00
001331 Apple Slices in Bag	2oz bag	60	18	0	4	4.08	*N/A*
000103 Mandarin Oranges	1/2 cup	75	70	7	16	17.58	0.73
001419 Carnival Cookie	1 oz Cookie	100	111	86	8	18.22	1.01
000588 Chocolate Milk	each	70	77	70	13	13.30	5.60
000589 White Milk	each	30	30	38	4	3.60	2.40
Weighted Daily Average			710	748	*59	124.50	*28.57
% of Calories					*33.2%	70.1%	*16.1%
Weekly Nutrient Guideline			750 - 850	1420			

Wednesday - 04/10/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
000123 Popcorn Chicken	serving(4.3oz)	100	293	487	0	17.00	18.00
000957 Honey Wheat Roll	each	100	140	170	2	26.00	4.00

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000392 Mashed Potatoes	1/2 cup	100	64	251	*1	13.62	1.60
000498 Country Gravy	1/4 cup	100	6	35	*0	0.80	0.00
000426 Steamed Green Beans	1/2 cup	60	18	2	*0	3.06	1.23
990040 Watermelon Applesauce Cup	4.5oz. cup	60	54	0	11	13.20	0.00
001036 Diced Pears	1/2 cup	50	41	7	7	9.65	0.00
000588 Chocolate Milk	each	60	66	60	11	11.40	4.80
000589 White Milk	each	30	30	38	4	3.60	2.40
Weighted Daily Average			713	1051	*36	98.34	32.03
% of Calories					*20.2%	55.2%	18.0%
Weekly Nutrient Guideline			750 - 850	1420			

Thursday - 04/11/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
990065 French Bread Pepperoni Pizza	Slice	60	180	336	2	19.80	10.80
990066 French Bread Cheese Pizza	Slice	40	128	232	1	12.00	7.20
000581 Carrot / Cucumbers	1/2 Cup	75	13	21	2	3.19	0.35
990050 Marinara Dipping Sauce	1/2 cup	65	26	130	3	4.55	0.65
001043 Peaches, Diced Ex Lt Syrup	1/2cup	75	49	4	9	11.25	0.00
001331 Apple Slices in Bag	2oz bag	60	18	0	4	4.08	*N/A*
000542 Jello Cup	1/2 Cup	90	95	99	18	18.01	0.90

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001503 Ranch Dressing	2 Tbsp	75	38	225	1	6.00	0.75
000588 Chocolate Milk	each	80	88	80	14	15.20	6.40
000589 White Milk	each	20	20	25	2	2.40	1.60
Weighted Daily Average			654	1152	57	96.48	*28.65
% of Calories					34.9%	59.0%	*17.5%
Weekly Nutrient Guideline			750 - 850	1420			

Friday - 04/12/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
000143 Spicy Chicken Sandwich	each	60	234	366	3	23.25	12.15
001463 Catfish Strips	servings	40	136	250	1	15.60	9.20
001523 Seasoned Fries	1/2 Cup	100	120	135	0	20.06	1.00
001057 Lettuce & Tomato	1/2 cup	60	6	5	1	1.33	0.40
990037 Blue Raspberry Applesauce	4.5oz cup	80	72	12	15	17.35	*N/A*
000771 Kiwi Strawberry Sidekick	each	60	48	27	*N/A*	12.00	0.00
001504 Ketchup	2 Tbsp	80	24	72	5	6.40	0.00
001501 Mustard	Tbsp.	40	0	78	0	0.00	0.00
000588 Chocolate Milk	each	60	66	60	11	11.40	4.80

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
000589 White Milk	each	20	20	25	2	2.40	1.60
Weighted Daily Average			727	1031	*38	109.79	*29.15
% of Calories					*20.9%	60.4%	*16.0%
Weekly Nutrient Guideline			750 - 850	1420			

Monday - 04/15/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
990059 Spicy Twisters	Serving	75	280	612	2	36.39	15.50
000987 Frito Pie	serving	25	96	131	0	8.25	4.08
001477 Baked Beans	1/2 cup	79	111	292	9	23.70	4.74
001312 Steamed Carrots	1/2 Cup Serving	40	14	22	*2	3.04	0.00
000115 Pineapple Tidbits	1/2 cup	75	56	7	11	13.42	0.75
001331 Apple Slices in Bag	2oz bag	60	18	0	4	4.08	*N/A*
000588 Chocolate Milk	each	80	88	80	14	15.20	6.40
000589 White Milk	each	20	20	25	2	2.40	1.60
Weighted Daily Average			683	1169	*45	106.48	*33.06
% of Calories					*26.4%	62.4%	*19.4%
Weekly Nutrient Guideline			750 - 850	1420			

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Tuesday - 04/16/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
990094 Spaghetti w/Max Stick	servings	60	190	282	*3	17.85	12.94
000513 Chef Salad w/ Egg	4.2 oz	40	145	183	*2	15.26	8.40
000581 Carrot / Cucumbers	1/2 Cup	60	11	17	1	2.55	0.28
001505 Garden Salad	each	45	6	6	*0	1.17	0.41
000526 Pears, fresh	each	60	57	1	10	15.17	0.36
990037 Blue Raspberry Applesauce	4.5oz cup	75	68	11	14	16.27	*N/A*
001503 Ranch Dressing	2 Tbsp	60	30	180	1	4.80	0.60
000542 Jello Cup	1/2 Cup	90	95	99	18	18.01	0.90
000588 Chocolate Milk	each	70	77	70	13	13.30	5.60
000589 White Milk	each	30	30	38	4	3.60	2.40
Weighted Daily Average			708	887	*65	107.98	*31.89
% of Calories					*36.7%	61.0%	*18.0%
Weekly Nutrient Guideline			750 - 850	1420			

Wednesday - 04/17/2019

Reimbursable Meal Total 100

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Weighted Values

Apr 1, 2019 thru Apr 30, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
000646 Chicken Nuggets	5 nuggets	100	263	405	1	16.20	16.20
000392 Mashed Potatoes	1/2 cup	100	64	251	*1	13.62	1.60
000498 Country Gravy	1/4 cup	100	6	35	*0	0.80	0.00
000957 Honey Wheat Roll	each	100	140	170	2	26.00	4.00
000426 Steamed Green Beans	1/2 cup	60	18	2	*0	3.06	1.23
001043 Peaches, Diced Ex Lt Syrup	1/2cup	50	32	2	6	7.50	0.00
001331 Apple Slices in Bag	2oz bag	60	18	0	4	4.08	*N/A*
001502 BBQ Sauce	2 Tbsp	60	26	42	5	6.50	0.00
000588 Chocolate Milk	each	90	99	90	16	17.10	7.20
000589 White Milk	each	10	10	12	1	1.20	0.80
Weighted Daily Average			678	1011	*36	96.07	*31.03
% of Calories					*21.2%	56.7%	*18.3%
Weekly Nutrient Guideline			750 - 850	1420			

Thursday - 04/18/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
990081 Cheese Pizza Slice	Slice	30	90	144	2	10.50	4.80
990080 Stuffed Crust Pepperoni Pizza	Slice	70	259	441	7	28.00	11.90
000581 Carrot /	1/2 Cup	75	13	21	2	3.19	0.35

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Cucumbers							
000521 Steamed Spinach	1/2 cup	20	12	48	*0	1.20	0.80
000103 Mandarin Oranges	1/2 cup	60	56	6	13	14.06	0.59
990040 Watermelon Applesauce Cup	4.5oz. cup	60	54	0	11	13.20	0.00
001503 Ranch Dressing	2 Tbsp	75	38	225	1	6.00	0.75
000542 Jello Cup	1/2 Cup	90	95	99	18	18.01	0.90
000588 Chocolate Milk	each	80	88	80	14	15.20	6.40
000589 White Milk	each	20	20	25	2	2.40	1.60
Weighted Daily Average			724	1089	*72	111.77	28.09
% of Calories					*39.8%	61.8%	15.5%
Weekly Nutrient Guideline			750 - 850	1420			

Monday - 04/22/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
001255 Chili Con Carne Enchiladas	2 enchiladas	60	281	361	*0	19.10	15.34
001345 Queso Enchiladas	2 enchiladas	40	142	302	1	14.71	5.71
000007 Ranchero Beans	1/2 cup	60	70	164	1	12.75	3.53
000914 Salsa Cup	each	75	22	154	2	4.40	0.00
990040 Watermelon Applesauce Cup	4.5oz. cup	60	54	0	11	13.20	0.00
000115 Pineapple Tidbits	1/2 cup	70	52	7	10	12.52	0.70

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001419 Carnival Cookie	1 oz Cookie	100	111	86	8	18.22	1.01
000588 Chocolate Milk	each	70	77	70	13	13.30	5.60
000589 White Milk	each	30	30	38	4	3.60	2.40
Weighted Daily Average			839	1182	*50	111.81	34.30
% of Calories					*23.8%	53.3%	16.4%
Weekly Nutrient Guideline			750 - 850	1420			

Tuesday - 04/23/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
001347 Lasagna Roll w/Max Stix	serving	60	256	693	*6	28.24	15.39
000513 Chef Salad w/ Egg	4.2 oz	40	145	183	*2	15.26	8.40
001505 Garden Salad	each	75	10	10	*0	1.95	0.68
001074 California Vegetables	1/2 cup	40	12	14	*0	2.01	0.81
000103 Mandarin Oranges	1/2 cup	60	56	6	13	14.06	0.59
001331 Apple Slices in Bag	2oz bag	60	18	0	4	4.08	*N/A*
001503 Ranch Dressing	2 Tbsp	75	38	225	1	6.00	0.75
000588 Chocolate Milk	each	70	77	70	13	13.30	5.60

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
000589 White Milk	each	30	30	38	4	3.60	2.40
Weighted Daily Average			641	1238	*41	88.51	*34.60
% of Calories					*25.6%	55.2%	*21.6%
Weekly Nutrient Guideline			750 - 850	1420			

Wednesday - 04/24/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
001408 Chicken Strip Basket	Basket	60	265	445	1	33.66	14.64
001481 Steak Finger Basket	Basket	40	201	213	1	24.45	8.04
000581 Carrot / Cucumbers	1/2 Cup	75	13	21	2	3.19	0.35
001036 Diced Pears	1/2 cup	40	33	6	6	7.72	0.00
990037 Blue Raspberry Applesauce	4.5oz cup	60	54	9	11	13.01	*N/A*
001504 Ketchup	2 Tbsp	60	18	54	4	4.80	0.00
001502 BBQ Sauce	2 Tbsp	26	11	18	2	2.82	0.00
001503 Ranch Dressing	2 Tbsp	75	38	225	1	6.00	0.75
000588 Chocolate Milk	each	60	66	60	11	11.40	4.80

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
000589 White Milk	each	30	30	38	4	3.60	2.40
Weighted Daily Average			729	1089	43	110.65	*30.98
% of Calories					23.6%	60.7%	*17.0%
Weekly Nutrient Guideline			750 - 850	1420			

Thursday - 04/25/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
990065 French Bread Pepperoni Pizza	Slice	60	180	336	2	19.80	10.80
990066 French Bread Cheese Pizza	Slice	40	128	232	1	12.00	7.20
990000 Steamed Corn	1/2 cup	60	40	1	*2	9.54	1.19
990050 Marinara Dipping Sauce	1/2 cup	75	30	150	3	5.25	0.75
001043 Peaches, Diced Ex Lt Syrup	1/2cup	75	49	4	9	11.25	0.00
001331 Apple Slices in Bag	2oz bag	75	23	0	5	5.10	*N/A*
000542 Jello Cup	1/2 Cup	90	95	99	18	18.01	0.90
000588 Chocolate Milk	each	80	88	80	14	15.20	6.40

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
000589 White Milk	each	20	20	25	2	2.40	1.60
Weighted Daily Average			652	926	*57	98.55	*28.84
% of Calories					*35.0%	60.5%	*17.7%
Weekly Nutrient Guideline			750 - 850	1420			

Friday - 04/26/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
001396 Bacon Cheeseburger	each	80	236	685	3	19.27	19.13
000149 Cheeseburger on Bun	each	20	53	130	1	4.85	4.34
001061 Curly Fries	1/2 Cup	100	101	151	0	17.14	1.01
001057 Lettuce & Tomato	1/2 cup	60	6	5	1	1.33	0.40
000874 Strawberries, Fresh	1/2 cup	20	6	0	1	1.33	0.12
000770 Strawberry Mango Sidekick	each	80	64	36	*N/A*	16.00	0.00
990040 Watermelon Applesauce Cup	4.5oz. cup	60	54	0	11	13.20	0.00
001501 Mustard	Tbsp.	30	0	58	0	0.00	0.00
001504 Ketchup	2 Tbsp	80	24	72	5	6.40	0.00
000588 Chocolate Milk	each	80	88	80	14	15.20	6.40

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Weighted Values

Apr 1, 2019 thru Apr 30, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
000589 White Milk	each	20	20	25	2	2.40	1.60
Weighted Daily Average			651	1243	*39	97.10	33.00
% of Calories					*24.0%	59.7%	20.3%
Weekly Nutrient Guideline			750 - 850	1420			

Monday - 04/29/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
990042 Sloppy Joe	Sandwich	60	158	521	7	18.46	10.96
990067 Frank's Spicy Sandwich	Sandwich	40	88	419	2	9.10	8.10
990072 Tater Gems	10 Tots	100	172	233	0	19.24	2.02
001477 Baked Beans	1/2 cup	75	105	278	9	22.50	4.50
000526 Pears, fresh	each	68	64	1	11	17.19	0.41
001331 Apple Slices in Bag	2oz bag	46	14	0	3	3.13	*N/A*
000874 Strawberries, Fresh	1/2 cup	40	11	0	2	2.65	0.23
000588 Chocolate Milk	each	70	77	70	13	13.30	5.60

Base Menu Spreadsheet

Weighted Values

Apr 1, 2019 thru Apr 30, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
000589 White Milk	each	30	30	38	4	3.60	2.40
Weighted Daily Average			719	1560	49	109.17	*34.23
% of Calories					27.3%	60.7%	*19.0%
Weekly Nutrient Guideline			750 - 850	1420			

Tuesday - 04/30/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
000958 Beef Tacos	2 Tacos	75	351	459	*2	25.20	18.93
000993 Chicken Fajita Taco	2 Tacos	25	99	157	*0	8.25	6.50
000718 Lettuce & Tomato	3/4 cup	65	11	4	1	2.50	0.96
000914 Salsa Cup	each	45	13	92	1	2.64	0.00
000648 Orange	each	68	31	0	6	7.67	0.61
990037 Blue Raspberry Applesauce	4.5oz cup	60	54	9	11	13.01	*N/A*
000542 Jello Cup	1/2 Cup	90	95	99	18	18.01	0.90
000588 Chocolate Milk	each	80	88	80	14	15.20	6.40

Base Menu Spreadsheet

Weighted Values

Apr 1, 2019 thru Apr 30, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
000589 White Milk	each	20	20	25	2	2.40	1.60
Weighted Daily Average			762	926	*57	94.88	*35.90
% of Calories					*29.9%	49.8%	*18.8%
Weekly Nutrient Guideline			750 - 850	1420			

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.