



Medical Statement for Children with Special Dietary Needs: Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.

GO CATS



MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY
			1	2
Grilled Chicken Sandwich	Sloppy Joe	Beef Taco & Chips	Country Fried Steak	<b>Corndog</b>
Hamburger	Fish Sandwich	Hot Dog	Pork Roast w/Gravy	BBQ Sandwich
<b>Chicken</b> Sandwich	<b>Chicken</b> Sandwich	<b>Chicken</b> Sandwich	Combread	<b>Chicken</b> Sandwich
<b>Spicy Chicken</b> Sandwich	<b>Chicken Chunks Buffalo</b>	<b>Spicy Chicken</b> Sandwich	<b>Chicken</b> Sandwich	<b>Spicy Chicken</b> Sandwich
Pizza	<b>Roll</b>	Pizza	<b>Spicy Chicken</b> Sandwich	Pizza
French Fries	Potato Rounds	French Fries	Pizza	<b>Baked Beans</b>
Lettuce & <b>Tomato</b>	Green Beans	Lettuce & <b>Tomato</b>	Mashed Potatoes	French Fries
Fruit Cocktail	Rip Tide Slushie	Peach Cup	Turnips	Peaches
Applesauce cup	<b>Fresh Fruit</b>	Pineapple	<b>Fresh Fruit</b>	<b>Pudding</b>
		<b>Rice Krispies Treat</b>	Diced Pears	
Daily Average	Daily Average	Daily Average	Daily Average	Daily Average
Calories...816	Calories...673	Calories...744	Calories...744	Calories...829
Cholesterol...68 mg	Cholesterol...36 mg	Cholesterol...64 mg	Cholesterol...64 mg	Cholesterol...74 mg
Sodium.1138mg	Sodium.939mg	Sodium.1166 mg	Sodium.1166 mg	Sodium.1449 mg
Sugar 43.2 g	Sugar 31.6 g	Sugar 19.9g	Sugar 19.9g	Sugar 40.9 g
Carbohydrates114.9 g	Carbohydrates 99.0 g	Carbohydrates 99.4 g	Carbohydrates 99.4 g	Carbohydrates 124.7 g
5	6	7	8	9
Hamburger	Spaghetti	Chicken Teriyaki Nuggets	<b>Turkey</b>	<b>Corndog</b>
Hotdog	Bread Sticks	Country Fried Steak	Dressing w/ Giblet Gravy	BBQ Sandwich
<b>Chicken Chunks Buffalo</b>	<b>Chicken</b> Spicy Sandwich	<b>Chicken</b> Sandwich	<b>Chicken</b> Sandwich	<b>Chicken</b> Sandwich
<b>Chicken</b> Sandwich	<b>Chicken</b> Sandwich	<b>Spicy Chicken</b> Sandwich	Country Fried Steak	<b>Spicy Chicken</b> Sandwich
Pizza	Pizza	Pizza	Pizza	Pizza
Mac & Cheese	Lettuce & <b>Tomato</b>	Scalloped Potato	Sweet Potatoes	Baked Beans
<b>Roll</b>	Corn	Steamed Broccoli & Cheese	Seasoned Green Beans	French Fries
Blackeyed Peas	Diced Pears	<b>Roll</b>	Strawberry Cup	Diced Peaches
Carrots	Applesauce Cup	<b>Fresh Fruit</b>	<b>Fresh Fruit</b>	Cookie
Fruit Cocktail		Peaches		
Applesauce cup	Daily Average	Daily Average	Daily Average	Daily Average
Daily Average	Calories...372	Calories...615	Calories...676	Calories...1222
Calories...650	Cholesterol...31 mg	Cholesterol...32 mg	Cholesterol...99 mg	Cholesterol...28 mg
Cholesterol...32 mg	Sodium 514 mg	Sodium 1176mg	Sodium.874 mg	Sodium.1449 mg
Sodium 1180 mg	Sugar 18.7 g	Sugar 32.2 g	Sugar 25g	Sugar 40.9 g
Sugar 32.2 g	Carbohydrates54.2 g	Carbohydrates 99.0 g	Carbohydrates 87.4 g	Carbohydrates 124.7 g
12	13	14	15	16
Grilled Chicken Sandwich	Chili	Beef Taco & Chips	Country Fried Steak	<b>Corndog</b>
Hamburger	Fish Sandwich	Hot Dog	Pork Roast w/Gravy	Ham & Cheese Sandwich
<b>Chicken</b> Sandwich	<b>Chicken</b> Sandwich	<b>Chicken</b> Sandwich	Combread	<b>Chicken</b> Sandwich
<b>Spicy Chicken</b> Sandwich	<b>Chicken Chunks Buffalo</b>	<b>Chicken Buffalo Chunks</b>	<b>Chicken</b> Sandwich	<b>Spicy Chicken</b> Sandwich
Pizza	<b>Roll</b>	Pizza	<b>Chicken</b> Chunks	Pizza

French Fries	Potato Rounds	French Fries	Pizza	<b>Baked Beans</b>
Lettuce & <b>Tomato</b>	Green Beans	Lettuce & <b>Tomato</b>	Mashed Potatoes	French Fries
Fruit Cocktail	Rip Tide Slushie	Corn	Turnips	Peaches
Applesauce cup	<b>Fresh Fruit</b>	Peach Cup - Pineapple	<b>Fresh Fruit</b>	Pudding
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Sugar 43.2 g	Sugar 31.6 g	Sugar 19.9g	Sugar 19.9g	Sugar 40.9 g
Carbohydrates114.9 g	Carbohydrates 99.0 g	Carbohydrates 99.4 g	Carbohydrates 99.4 g	Carbohydrates 124.7 g

19 20 21 22 23



26 27 28 29 30

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<b>Chicken Sandwich</b>	<b>Chicken Sandwich</b>	<b>Chicken Sandwich</b>	Combread	<b>Chicken Sandwich</b>
<b>Spicy Chicken Sandwich</b>	<b>Chicken Spicy Sandwich</b>	<b>Chicken Buffalo Chunks</b>	<b>Chicken Sandwich</b>	<b>Spicy Chicken Sandwich</b>
Pizza	Pizza	Pizza	<b>Chicken Chunks</b>	Pizza
French Fries	Potato Rounds	French Fries	Pizza	<b>Baked Beans</b>
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Low fat and fat free white, strawberry, lactose free milk and chocolate milk offered daily.

Georgia Grown

Menu subject to change based on availability.

Locally Grown