

JANUARY BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>NEW YEAR'S DAY!</p> <p>1</p> <p>No School</p>	<p>2</p> <ul style="list-style-type: none"> • cheerios & educational snacks (shelf stable) 	<p>3</p> <ul style="list-style-type: none"> • HOT buttermilk pancakes (vg) 	<p>4</p> <ul style="list-style-type: none"> • lemon muffin
<p>7</p> <ul style="list-style-type: none"> • cinnamon chex & educational snacks 	<p>8</p> <ul style="list-style-type: none"> • HOT french toast sticks (vg) 	<p>9</p> <ul style="list-style-type: none"> • string cheese & cinnamon grahams 	<p>10</p> <ul style="list-style-type: none"> • mini french toast muffin & string cheese 	<p>11</p> <ul style="list-style-type: none"> • mini dipperdoodle bar & string cheese
<p>14</p> <ul style="list-style-type: none"> • multigrain cheerios & mini dipperdoodle bar (df) 	<p>15</p> <ul style="list-style-type: none"> • blueberry muffin 	<p>16</p> <ul style="list-style-type: none"> • string cheese & cinnamon grahams 	<p>17</p> <ul style="list-style-type: none"> • HOT buttermilk pancakes (vg) 	<p>18</p> <ul style="list-style-type: none"> • banana muffin
<p>21</p> <p>No School</p>	<p>22</p> <p>No School</p>	<p>23</p> <ul style="list-style-type: none"> • string cheese & cinnamon grahams 	<p>24</p> <ul style="list-style-type: none"> • HOT cinnamon toast bagel (vg) 	<p>25</p> <ul style="list-style-type: none"> • cinnamon crumble
<p>28</p> <ul style="list-style-type: none"> • string cheese & cinnamon grahams 	<p>29</p> <ul style="list-style-type: none"> • HOT cheesy omelet (vg) 	<p>30</p> <ul style="list-style-type: none"> • cinnamon "dipperdoodle" bar (df) 	<p>31</p> <ul style="list-style-type: none"> • blueberry muffin 	

DID YOU KNOW?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein!



Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

Breakfast: choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered.

JANUARY LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>NEW YEAR'S DAY!</p> <p>1</p> <p>No School</p>	<p>2</p> <ul style="list-style-type: none"> • chicken bites ○ seasoned green beans with ranch 	<p>3</p> <ul style="list-style-type: none"> • beef cheeseburger ○ sliced carrots 	<p>4</p> <ul style="list-style-type: none"> • cheese pizza (vg) ○ green peas
<p>7</p> <ul style="list-style-type: none"> • chicken bites ○ steamed corn 	<p>8</p> <ul style="list-style-type: none"> • beef burger (df) ○ seasoned green beans (chilled) 	<p>9</p> <ul style="list-style-type: none"> • rainbow veggie pizza (vg) ○ pinto beans (chilled) ○ diced carrots 	<p>10</p> <ul style="list-style-type: none"> • oven roasted chicken sandwich (df) ○ lettuce & tomatoes with ranch 	<p>11</p> <ul style="list-style-type: none"> • five cheese lasagna (vg) ○ sweet potatoes
<p>14</p> <ul style="list-style-type: none"> • grilled chicken bites with bbq bean sauce ○ steamed corn 	<p>15</p> <ul style="list-style-type: none"> • bfast for lunch: pancakes with omelet (vg) ○ glazed carrots 	<p>16</p> <ul style="list-style-type: none"> • cheese enchiladas (vg) ○ pinto beans (chilled) ○ diced carrots 	<p>17</p> <ul style="list-style-type: none"> • chicken taco trio ○ lettuce & tomatoes with ranch 	<p>18</p> <ul style="list-style-type: none"> • cheese pizza (vg) ○ seasoned green beans (chilled)
<p>21</p> <p>No School</p>	<p>22</p> <p>No School</p>	<p>23</p> <ul style="list-style-type: none"> • buffalo chicken pizza ○ green peas 	<p>24</p> <ul style="list-style-type: none"> • turkey & cheese flatbread melt ○ lettuce & tomatoes with ranch 	<p>25</p> <ul style="list-style-type: none"> • spaghetti marinara (df) ○ sweet potatoes
<p>28</p> <ul style="list-style-type: none"> • grilled chicken bites with bbq bean sauce ○ seasoned green beans (chilled) 	<p>29</p> <ul style="list-style-type: none"> • cheese pizza (vg) ○ island glazed carrots 	<p>30</p> <ul style="list-style-type: none"> • bbq chicken with cheesy rice ○ pinto beans (chilled) ○ tomatoes 	<p>31</p> <ul style="list-style-type: none"> • cheesy pizza bites ○ lettuce & tomatoes with ranch 	

HAPPY NEW YEAR!

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

○ **Vegetable** of the day

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>NEW YEAR'S DAY!</p> <p>1</p> <p>No School</p>	<p>2</p> <ul style="list-style-type: none"> • chicken bites • egg salad sandwich (df)(vg) ○ seasoned green beans with ranch 	<p>3</p> <ul style="list-style-type: none"> • the revolution dog (df) • cheddar cheese sandwich (vg) ○ sliced carrots 	<p>4</p> <ul style="list-style-type: none"> • cheese pizza (vg) ○ green peas
<p>7</p> <ul style="list-style-type: none"> • chicken bites • egg salad sandwich (df)(vg) ○ steamed corn 	<p>8</p> <ul style="list-style-type: none"> • beef burger (df) • taco dippers kit (vg) ○ seasoned green beans (chilled) 	<p>9</p> <ul style="list-style-type: none"> • mongolian beef • rainbow veggie pizza (vg) ○ edamame beans (chilled) ○ baby carrots 	<p>10</p> <ul style="list-style-type: none"> • the revolution dog (df) • sunny sandwich kit (sunbutter and jelly) (vg) ○ lettuce & tomatoes with ranch 	<p>11</p> <ul style="list-style-type: none"> • five cheese lasagna (vg) • sweet potatoes
<p>14</p> <ul style="list-style-type: none"> • popcorn chicken bites with bbq bean sauce • egg salad sandwich (df) (vg) ○ steamed corn 	<p>15</p> <ul style="list-style-type: none"> • meatless "sausage" calzoni (vg) ○ fresh salad bar 	<p>16</p> <ul style="list-style-type: none"> • pasta with zesty beef • taco dippers kit (vg) ○ pinto beans (chilled) ○ baby carrots 	<p>17</p> <ul style="list-style-type: none"> • chicken taco trio • cheddar cheese sandwich (vg) ○ lettuce & tomatoes with ranch 	<p>18</p> <ul style="list-style-type: none"> • cheese pizza (vg) ○ seasoned green beans (chilled)
<p>21</p> <p>No School</p>	<p>22</p> <p>No School</p>	<p>23</p> <ul style="list-style-type: none"> • buffalo chicken pizza • taco dippers kits (vg) ○ green peas 	<p>24</p> <ul style="list-style-type: none"> • turkey & cheese flatbread melt • cheddar cheese sandwich (vg) ○ lettuce & tomatoes with ranch 	<p>25</p> <ul style="list-style-type: none"> • spaghetti & meatballs (df) • egg salad sandwich (vg) (df) ○ sweet potatoes
<p>28</p> <ul style="list-style-type: none"> • popcorn chicken bites with bbq bean sauce • sunny sandwich kit (sunbutter & jelly) (vg) ○ seasoned green beans (chilled) 	<p>29</p> <ul style="list-style-type: none"> • buffalo chicken "crunchadilla" • egg salad sandwich (vg) (df) ○ island glazed carrots 	<p>30</p> <ul style="list-style-type: none"> • turkey & cheddar sandwich • cheddar cheese sandwich (vg) ○ edamame beans (chilled) ○ grape tomatoes 	<p>31</p> <ul style="list-style-type: none"> • cheesy pizza bites • southwest veggie wrap (vg) ○ lettuce & tomatoes with ranch 	

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○ **Vegetable** of the day