

**January
2019**

Monday	Tuesday	Wednesday	Thursday	Friday
WINTER BREAK	1  WINTER BREAK 	WINTER BREAK	WINTER BREAK	WINTER BREAK
7 NO STUDENTS TEACHERS' WORK DAY	8 BREAKFAST Cinnamon Bagel w/cream cheese or Applesauce Muffin , Grape Juice & Pineapples WIKI Cinnamon Bagel w/cream cheese or Applesauce Muffin , Grape Juice & Pineapples LUNCH Teri Cheese Burger or Corndog, Baked Beans, Garden Salad, Baby Carrots, Fresh Fruits & Grape Juice	9 BREAKFAST Greek Yogurt Cinnamon Toast Orange Juice & Pineapples WIKI Greek Yogurt Cinnamon Toast Orange Juice & Pineapples LUNCH Breaded Popcorn Chicken w/ gravy, Whipped Potatoes or Veggie Lasagna, Mixed Veggies, Apple, Peaches & Muffin	10 BREAKFAST Pizza Bagel or Yogurt w/Toast, Mixed Fruit & Craisins WIKI Pizza Bagel or Yogurt w/Toast, Mixed Fruit & Craisins LUNCH Kalua Pork & Cabbage, , Rice, Lomi Tomato, Strawberries, Pineapple Chunks, & Portuguese Sweet Roll	11 BREAKFAST Portuguese Sausage w/ Rice, Apple Juice & Peaches WIKI Portuguese Sausage w/ Rice, Apple Juice & Peaches LUNCH Chicken Patty Sandwich w/Curly Fries, Lettuce & Tomato, Peaches & Fresh Fruit
14 BREAKFAST Pancake on a Stick or Pork Patty w/Biscuit & Gravy, Peaches & Craisins WIKI Pancake on a Stick or Pork Patty w/Biscuit & Gravy, Peaches & Craisins LUNCH Chili/Frank, Rice w/ Mixed Veggie, Pineapple Chunks, Strawberries and Roll	15 BREAKFAST Banana Bread or Pancake, Pineapples & Apple Juice WIKI Banana Bread or Pancake, Pineapples & Apple Juice LUNCH Spaghetti w/Meat sauce or Tuna Sandwich & Potato Wedges, Mixed Green Salad, Oranges, Pears & French Bread	16 BREAKFAST Chicken Fried Steak w/ Cream Sauce & Rice or Waffles, Mixed Fruit & Grape Juice WIKI Chicken Fried Steak w/ Cream Sauce, Rice or Waffles, Mixed Fruit & Grape Juice LUNCH Beef Stew or Chicken Tenders w/ Rice, Mixed Fruits, Fresh Fruits & Roll	17 BREAKFAST Cinnamon Roll or Breakfast Quesadilla w/ Pineapples, Orange, WIKI Cinnamon Roll or Breakfast Quesadilla w/ Pineapples, Orange, LUNCH Oven Baked Chix Thighs w/ gravy or Roast Turkey w/Mashed Potatoes, Garden Salad, Strawberries, Oranges & Roll	18 BREAKFAST Portuguese Sausage & w/ Rice, Strawberries & Apple Juice WIKI Portuguese Sausage & w/ Rice, Strawberries & Apple Juice LUNCH Wiener In Roll or Sloppy Joe w/Potato Rounds, Tossed Salad, Apples & Grape Juice
21 NO SCHOOL MARTIN LUTHER KING DAY 	22 BREAKFAST Teri Hotdog w/ Rice or Breakfast Sliders & Peaches & Grape Juice WIKI Teri Hotdog w/ Rice or Breakfast Sliders & Peaches & Grape Juice LUNCH Cheeseburger w/ Potato Wedges, Garden Salad, Fresh Fruits, Pears	23 BREAKFAST Waffles or Yogurt, Apples and Fresh Cantaloupe WIKI Waffles or Yogurt, Apples and Fresh Cantaloupe LUNCH Orange sauce-Popcorn Chicken w/Rice or Hotdog on Bun, Tossed Salad, Baked Beans, Fruit Juice & Fresh Fruit	24 BREAKFAST Fried Rice or Coffee Cake, Mixed Fruit &Grape Juice WIKI Fried Rice or Coffee Cake, Mixed Fruit &Grape Juice LUNCH Breaded Chicken Strips w/ Rice, Broccoli & Carrots, Pineapples, Oranges & Roll	25 Ham & Cheese Sand or Rice & Ham Links, Pineapples and Craisins WIKI Ham & Cheese Sand or Rice & Ham Links, Pineapples and Craisins LUNCH Oriental Seasoned Chicken Thighs w/Rice or Cheese Pizza, Cole Slaw, Fresh Broccoli & Carrots, Pineapples, Peaches & Roll
28 Pancakes or Breakfast Quesadilla, Apples & Apple Juice WIKI Pancakes or Breakfast Quesadilla, Apples & Apple Juice LUNCH Turkey Pastrami Sand or Creamy baked Pasta w/Chicken, House Salad, Fruit Cocktail and Fresh Fruit	29 BREAKFAST Cinnamon Bagel w/cream cheese or Applesauce Muffin , Grape Juice & Pineapples WIKI Cinnamon Bagel w/cream cheese or Applesauce Muffin , Grape Juice & Pineapples LUNCH Teri Cheese Burger or Corndog, Baked Beans, Garden Salad, Baby Carrots, Fresh Fruits & Grape Juice	30 BREAKFAST Greek Yogurt Cinnamon Toast Orange Juice & Pineapples WIKI Greek Yogurt Cinnamon Toast Orange Juice & Pineapples LUNCH Breaded Popcorn Chicken w/ gravy, Whipped Potatoes or Veggie Lasagna, Mixed Veggies, Apple, Peaches & Muffin	31 BREAKFAST Pizza Bagel or Yogurt w/Toast, Mixed Fruit & Craisins WIKI Pizza Bagel or Yogurt w/Toast, Mixed Fruit & Craisins LUNCH Kalua Pork & Cabbage /gravy, Rice, Lomi Tomato, Strawberries, Pineapple Chunks, & Portuguese Sweet Roll	

All Menus include Milk
Menu Subject To Change Without Notice

"This institution is an equal opportunity provider."