

BREAKFAST OCTOBER 2019

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Monday	Tuesday	Wednesday	Thursday	Friday
Available Daily: Assorted Cereal, Fruit, 100% Orange, Apple, Grape & Cranberry Juice, 1% and Skim Milk, Water				
	1 French Toast Sugar Free Syrup Bacon Cinnamon Apples	2 Scrambled Eggs Hash Brown Ketchup Cinnamon Rolls Fruit	3 Pancakes Sugar Free Syrup Sausage Links Fruit	4 Donuts Scrambled Eggs Bacon Yogurt Parfait
7 Waffles Sugar Free Syrup Sausage Links Fruit	8 Egg Patty with Cheese Canadian Bacon on an English Muffin Hash Brown, Butter Fruit	9 Pancakes Sugar Free Syrup Bacon Fruit	10 Scrambled Eggs Sausage Patty Raisin Bread Toast Butter, Jelly Fruit	11 Egg and Cheese Biscuit Sweet Plantain Yogurt
14 SCHOOL CLOSED	15 Egg Patty Bacon Assorted Muffins Fruit	16 Egg Patty with Cheese Canadian Bacon on an English Muffin Oatmeal Hash Brown, Butter Fruit	17 Pancake on a Stick Tater Tots Yogurt Parfait	18 Scrambled Eggs Grits Bacon Raisin Bread Toast Butter, Jelly Fruit
21 Breakfast Burrito Tater Tots Salsa Fruit	22 Waffles Sausage Links Fruit	23 Scrambled Eggs Raisin Bread Toast Oatmeal Fruit	24 Bagel Cream Cheese, Butter, Jelly Bacon Hash Brown Fruit	25 Egg and Sausage Patty on a Biscuit Butter, Jelly Yogurt Fruit
28 Egg and Sausage Patty with Cheese on a Bagel Oatmeal Fruit	29 French Toast Sugar Free Syrup Bacon Cinnamon Apples	30 Scrambled Eggs Hash Brown Ketchup Cinnamon Rolls Fruit	31 Pancakes Sugar Free Syrup Sausage Links Fruit	