





| Waffles are Offered Daily.<br>Fresh - Canned fruits and<br>vegetables served daily.  | <b>Lucerne Valley Usd Elementary School / Eagle Afterschool Program / State Preschool</b>   |                             |                           |                                       |   |  |                 |        |                 |      |
|--|---|-----------------------------|---------------------------|---------------------------------------|---|--|-----------------|--------|-----------------|------|
|  | <b>MENU ~ MARCH 2018</b>  |                             |                           |                                       |   |  |                 |        |                 |      |
| Salad Bar Is Offered <u>Tuesday -<br/>Wednesday -Thursday</u> With All<br>Entrees. Daily Fruit / Vegetable<br>serving size are Fruit 1/2 cup -<br>Vegetables 3/4 total Unless<br>otherwise noted.  | Milk is included with all meals (Except snack). Your choice of 1% White or Non Fat Choclate. All bread/grains served are whole grain.<br>Menu is subject to change without notice.  |                             |                           |                                       |   |  |                 |        |                 |      |
|  | Breakfast is the same every week.   |                             |                           |                                       |   |  |                 |        |                 |      |
|  | COFFE CAKE  | 2 G/GB                      | MUFFIN                    | 2G/GB                                 | BAGEL W/ CREAM CHEESE 2G/GB                                       | HONEY BUN  | 2 G/GB          | DONUTS | 2 G/GB          |      |
|  | ASSORTED FRUITS   | 4 OZ                        | ASSORTED FRUITS           | 4 OZ                                  | ASSORTED FRUITS   | 4 OZ   | ASSORTED FRUITS | 4 OZ   | ASSORTED FRUITS | 4 OZ |
| <u>Tuesday</u>   | LUNCH   |                             |                           |                                       |   |  |                 |        |                 |      |
| Romaine -<br>Edamame - Olives <sup>2</sup> - Assorted<br>Fruit   |   |                             |                           |                                       | 1   | 2  |                 |        |                 |      |
|  |   |                             |                           |                                       | BOSCO BREADSTICK W/<br>MARINARA SAUCE                             | MINI CORNDOGS W/ TATOR TOTS-<br>CELERY STICKS-APPLE SLICES |                 |        |                 |      |
| <u>Wednesday</u>   | 5   | 6                           | 7                         | 8                                     | 9   |  |                 |        |                 |      |
| Pickle Chips <sup>2</sup> -<br>Sliced Tomatoes <sup>2</sup> - Better Burger<br>Lettuce - Assorted Fruit  | LUNCH BOWL STACKER W/ ROLL<br>W/ COOKED CARROTS - GREEN<br>BEANS - ASSORTED FRUIT   | FRENCH BREAD PIZZA          | CHICKEN PATTY             | PULLED PORK SUB                       | CHICKEN NUGGETS W/ TATOR<br>TOTS - CELERY STICKS -APPLE<br>SLICES |  |                 |        |                 |      |
| <u>Thursday</u>  | 12  | 13                          | 14                        | 15                                    | 16  |  |                 |        |                 |      |
| Assorted Vegetables 1/4 cup -<br>Assorted Vegetables 1/2 cup -<br>Assorted Fruit   | COOK'S CHOICE W/ ROLL W/<br>COOKED CARROTS - GREEN<br>BEANS - ASSORTED FRUIT  | FRENCH BREAD PIZZA          | CHEESEBURGER              | BOSCO BREADSTICK W/<br>MARINARA SAUCE | MINI CORNDOGS W/ TATOR TOTS-<br>CELERY STICKS-APPLE SLICES        |  |                 |        |                 |      |
|  | 19  | 20                          | 21                        | 22                                    | 23  |  |                 |        |                 |      |
|  | LUNCH BOWL STACKER W/ ROLL<br>W/ COOKED CARROTS - GREEN<br>BEANS - ASSORTED FRUIT   | FRENCH BREAD PIZZA          | CHICKEN PATTY             | PULLED PORK SUB                       | CHICKEN NUGGETS W/ TATOR<br>TOTS - CELERY STICKS -APPLE<br>SLICES |  |                 |        |                 |      |
| Up to 5 components may be<br>chosen at the complete lunch<br>price. A 1/2 cup of fruit or<br>vegetable <b>MUST</b> be taken with<br><b>LUNCH</b> and <b>BREAKFAST</b><br><b>DAILY.</b><br><br><sup>1</sup> =1/2 cup <sup>2</sup> =1/4 cup<br><sup>3</sup> =3/4 cup <sup>4</sup> =1/8 cup |   <b>SPRING BREAK</b>   |                             |                           |                                       |   |  |                 |        |                 |      |
|  | AFTERSCHOOL SUPPER  |                             |                           |                                       |   |  |                 |        |                 |      |
|  | PIZZA   | TACO NADA                   | BOSCO BREAD STICKS        | CORNDOG                               | PB& J   |  |                 |        |                 |      |
|  | GREEN BEANS      4 OZ   | REFRIED BEANS      4 OZ     | COOKED CARROTS      4 OZ  | PEAS      4 OZ                        | CARROT STICKS      4 OZ   |  |                 |        |                 |      |
|  | ASSORTED FRUIT      2 OZ  | ASSORTED FRUIT      2 OZ    | ASSORTED FRUIT      2 OZ  | ASSORTED FRUIT      2 OZ              | ASSORTED FRUIT      2 OZ  |  |                 |        |                 |      |
|  | AFTER SCHOOL PROGRAM SNACK  |                             |                           |                                       |   |  |                 |        |                 |      |
| This institution is an equal<br>opportunity provider.  | MINI MUFFIN      1.9 OZ   | BAKED CHEETOHS      .875 OZ | WILD BERRY LOAF      2 OZ | CHEEZ ITS      1 OZ                   | STRING CHEESE      1 OZ   |  |                 |        |                 |      |
|  | MILK      8 OZ  | JUICE      6 OZ             | MILK      8 OZ            | JUICE      6 OZ                       | GOLDFISH      1 OZ  |  |                 |        |                 |      |





