

**Health-e
LIVING**



Lammersville Unified School District

November

2018

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



01
NO SCHOOL
PROFESSIONAL
DEVELOPMENT
DAY

02
Pepperoni Pizza
Or
Uncrustable PB&J*
Fruit Snacks

05
Beef Dippers
w/Rice
Or
Grilled Cheese
Steamed Veggies

06
Corn Dog
Or
Uncrustable PB&J*
Curly Fries

07
Nachos
Or
Cheese Quesadilla
Homemade Chili Beans

08
Rib-E-Que
Or
2-Hot Cheese Sticks
Chips

09
Cheese Pizza
Or
Ham & Cheese
Pretzel Melts
Ice Dog Slushies

12
NO SCHOOL
VETERAN'S
DAY

13
Turkey Hot Dog
Or
Grilled Cheese
Garlic Fries

14
Hamburger
Or
Veggie Burger
Chips

15
Thanksgiving
Dinner
Or
Grilled Cheese
Pumpkin Cheesecake
Frozen Yogurt

16
Pepperoni Pizza
Or
Uncrustable PB&J*
Rice Kristpie Treats

19

20

21

22

23

NO SCHOOL THANKSGIVING BREAK

26
Pizza Crunchers
Or
Uncrustable PB&J
Steamed Veggies

27
Chicken Potato
Bowl
Or
Grilled Cheese

28
Nachos
Or
Cheese Quesadilla
Homemade Chili Beans

29
Chicken Burger
Or
2-Hot Cheese Sticks
Tator Tots

30
Cheese Pizza
Or
Cheeseburger Slider
Frozen Fruit Pops

InSeason! Oranges

The orange is a citrus fruit and is a hybrid of the pomelo and mandarin. There are now over 600 varieties of oranges worldwide.



Ideal conditions for growing oranges are in sub-tropical areas that have good amounts of sunshine yet moderate to warm temperatures (60°F - 84 °F).

Announcements

Available Daily:
Protein Box- (Hummus, Panini Bread, assorted vegetables & Cheese Stick)
Salad Bar Meal- (Includes choice of fruits and vegetables, roll, and cheese stick)

Menu Subject to Change
All Meals include White 1% or Chocolate non-fat Milk

On-Line Payments can be made at
www.EZSchoolPay.com

Meal Prices

Lunch: \$2.60
Reduced Price: \$0.40

Students with negative balances greater than \$5.60 will receive a protein box and milk at no charge until the balance is resolved.

The USDA and the CDE are equal opportunity providers and employers.