



# SYNERGY QUANTUM ACADEMY

## Brag-Sheet

Student Name: \_\_\_\_\_ Date: \_\_\_\_\_

Email Address: \_\_\_\_\_ Cell Number: \_\_\_\_\_

All students must complete their brag-sheet in a timely manner. It is your responsibility to make sure that you turn in your brag-sheet to your recommender/s by December 1st. If Brag-sheets are not handed or emailed to your recommender by December 1<sup>st</sup>, they can go ahead and decline to write you a letter of recommendation. Complete all the information below thoroughly. Please note, that you have to give a brag-sheet to each recommender. If you have any questions please do not hesitate to ask Ms. Aboli in person or via email ([maboli@wearesynergy.org](mailto:maboli@wearesynergy.org)).

**List ALL colleges, programs or scholarships (that interest you) along with deadlines:**

1. \_\_\_\_\_ Deadline Date: \_\_\_\_\_
2. \_\_\_\_\_ Deadline Date: \_\_\_\_\_
3. \_\_\_\_\_ Deadline Date: \_\_\_\_\_
4. \_\_\_\_\_ Deadline Date: \_\_\_\_\_
5. \_\_\_\_\_ Deadline Date: \_\_\_\_\_
6. \_\_\_\_\_ Deadline Date: \_\_\_\_\_

**List ACT and/or SAT Scores:**

Standardized EXAM ACT or SAT	Month/ Year Taken:	OVERALL Score	ACT -OR- SAT MATH Score	ACT -OR- SAT READING Score	ACT -OR- SAT WRITING Score	ACT SCIENCE Score

Period 1: \_\_\_\_\_

Academic GPA: \_\_\_\_\_

Period 2: \_\_\_\_\_

UC/CSU (10<sup>th</sup> - 12<sup>th</sup>) GPA: \_\_\_\_\_

Period 3: \_\_\_\_\_

Total GPA: \_\_\_\_\_

Period 4: \_\_\_\_\_

Period 5: \_\_\_\_\_

Period 6: \_\_\_\_\_

**Additional Information:**

Did you qualify for the SAT or ACT fee waiver?  Yes  No

Are you a first generation college student?  Yes  No

(Parent/legal guardian(s) have not completed a bachelor's degree at a four-year college or university)

**1. WHY do you want to attend this/these particular school(s) -OR- why are you applying to this scholarship?**

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**2. WHAT do you plan to major or study in college? WHAT career field interests you?**

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**3. Have you had any DIFFICULTIES you have had to overcome? How has it AFFECTED your life? How did you OVERCOME it or deal with the situation?**

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**4. WHAT do you think you are good at doing? Describe why? List any of strengths?**

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5. What **THREE** adjectives would you use to describe yourself? Explain **WHY** these three fit you.

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6. How do you believe you **MEET THE CRITERIA** of the school(s) that you are applying to **-OR-** the scholarship that you are applying for?

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7. What **STRENGTHS** as a student (positive qualities about yourself in the context of school) **do you bring to your STUDIES and SCHOOL CULTURE/ENVIRONMENT?** What are your **greatest weaknesses and why?**

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8. What do you think people who know you would be **SURPRISED** to learn about you?

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9. How would your **TEACHERS** describe you (the type of student you are)?

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**10. What EXPERIENCES (extra-curricular activities, work experience, hobbies, volunteer work in the community, leisure time interests) have been MEANINGFUL to you? How do those experiences RELATE TO YOUR STRENGTHS as a student and a person? Please elaborate and provide details and examples.**

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**11. What COMMUNITY SERVICE have you done? What has it meant to you? What have you LEARNED? Why did you CHOOSE this community service?**

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**12. List THREE achievements in your life of which you are most proud and why:**

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**13. Please describe the QUALITIES AND ACCOMPLISHMENT(S) you would bring to a college campus?**

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**14. Is there ANY other information you would like to share with me so that I can make an honest appraisal of you for the colleges? Any specific things about yourself that you would like me to emphasize??**

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## **Additional Questions for EOP**

**1. What QUALITIES best describe who you are?**

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2. Do you feel you have a *DISADVANTAGED* background (i.e.) low income for several years, first generation college student, and inner-city or migrant family? Yes, no, why?

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3. Why do you believe you QUALIFY for EOP, and what services or assistance would you use to succeed in college?

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4. Please discuss any barriers you have experienced that might have hindered your achievement. Do you believe they will continue to affect your performance in college?