

Area Track Meet  
District 19-20  
Monday April 15<sup>th</sup>, 2019

**9:00** Coaches Meeting  
Pole vault weigh in

**10:00 am**-3200m (G, B)

**10:00 am Field Events**

Discus (Boys)  
Shot Put (Girls)  
Long Jump (Boys)  
Triple Jump (Girls)  
High Jump (Girls) "Opening Height 4"  
Pole Vault (Boys) "Opening Height 6-6"

**11:15am**

Discus (Girls)  
Shot Put (Boys)  
Long Jump (Girls)  
Triple Jump (Boys)  
High Jump (Boys) "opening Height 5'2"  
Pole Vault (Girls) "opening Height 6"

**12:30** Lunch Break

**1:30 Running Finals**

1:30 400m Relay  
1:45 800  
2:00 100h/110h  
2:15 100m  
2:25 800m Relay  
2:45 400m  
3:00 300 hurdles  
3:15 200  
3:25 1600  
3:45 1600m Relay

### Workers List

Long Jump- Moran, Bluff Dale  
Triple Jump- Ranger, Three Way  
Discus- Strawn, Gorman  
Shot Put- Baird, Lingleville  
High Jump- Eula, Huckabay  
Pole Vault- Gordon, Rising Star, Lipan

Schools can decide to work together for both 10:00 and 11:15 or they can separate them and each school take boys and girls.

**Timers:** If track timing system fails and we have to workers

Lane 1: Gorman, Gordon  
Lane 2: Lingleville, Eula  
Lane 3 Huckabay, Strawn  
Lane 4: Lipan, Ranger  
Lane 5: Rising Star, Baird  
Lane 6: Three Way, Moran  
Lane 7: Bluff Dale, Baird  
Lane 8: Lipan, Eula

**Exchange Judges:**

4x100- 1- Gordon/Eula                      2- Ranger/ Strawn                      3- Baird/ Moran  
4x200- 1/3- Gorman/Lipan              2- Huckabay, Rising Star  
800m/ 4x400 Break in judge- Baird