

# February 2019

Goodwater Montessori School

FEBRUARY MENU grades 1-7 ONLY				
Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> <b>Combos</b> BREAKFAST FOR LUNCH: PANCAKES AND CHEESE OMELET with pinto beans & baby carrots FIRECRACKER CHICKEN W/ SESAME NOODLES, pinto beans & baby carrots
<b>4</b> <b>Combos</b> BAKED MAC&CHEESE W/ CHICKEN BITES and green peas CHEESE PIZZA PANDA PIE with green peas	<b>5</b> <b>Combos</b> BEAN AND CHEESE QUESADILLA with island glazed carrots HOT DOG with island glazed carrots	<b>6</b> <b>Combos</b> CHEESE PIZZA and coleslaw HONEY MUSTARD CHICKEN WRAP with coleslaw	<b>7</b> <b>Combos</b> BREAKFAST FOR LUNCH: PANCAKES W/ SAUSAGE and broccoli w/ ranch SPAGHETTI MARINARA and broccoli w/ ranch	<b>8</b> <b>Combos</b> CHICKEN AND GUMBO with black eyed peas & grape tomatoes ITALIAN CALZONI with black eyed peas & grape tomatoes
<b>11</b> <b>Combos</b> CHICKEN TACO TRIO with chili citrus corn SPAGHETTI MARINARA and chili citrus corn	<b>12</b> <b>Combos</b> CHEESE RAVIOLI and island glazed carrots KICKIN CHICKEN MELT SANDWICH and island glazed carrots	<b>13</b> <b>Combos</b> PEPPERONI PIZZA with broccoli w/ ranch SOUTHWEST VEGGIE WRAP and broccoli w/ ranch	<b>14</b> <b>Combos</b> BAKED MAC & CHEESE W/ CHICKEN BITES with cucumber & tomato salad BBQ BEEF VEGAN CALZONI with cucumber & tomato salad CHICKEN ALFREDO with cucumber & tomato salad	<b>15</b>
<b>18</b>	<b>19</b> <b>Combos</b> ITALIAN CALZONI and seasoned carrots, corn & peas PEPPER JACK CHEESEBURGER with seasoned carrots, corn & peas	<b>20</b> <b>Combos</b> CHEESE PIZZA and seasoned green beans w/ ranch CHICKEN TACO TRIO and seasoned green beans w/ ranch	<b>21</b> <b>Combos</b> KUNG PAO CHICKEN and broccoli & carrot salad SPAGHETTI MARINARA and broccoli & carrot salad	<b>22</b> <b>Combos</b> BEAN & CHEESE QUESADILLA with pinto beans & grape tomatoes w/ ranch HOT DOG with pinto beans and grape tomatoes w/ ranch
<b>25</b> <b>Combos</b> CHEESE LASAGNA and steamed carrots SPAGHETTI & MEATBALLS with steamed carrots	<b>26</b> <b>Combos</b> CHEESE PIZZA PANDA PIE and seasoned green beans CHICKEN ALFREDO with seasoned green beans	<b>27</b> <b>Combos</b> PEPPERONI PIZZA with chili citrus corn SOUTHWEST VEGGIE WRAP and chili citrus corn	<b>28</b> <b>Combos</b> CHEESY CHICKEN QUESADILLA and broccoli w/ ranch CHEESY RAVIOLI with broccoli w/ ranch	