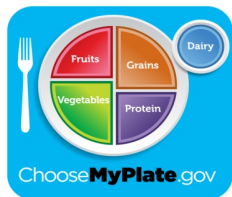


	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B L S	 Labor Day	3 300 Yogurt & Graham Crackers 450 Creamy Chicken Chipotle with Brown Rice Pilaf (1c) & Mixed Vegetables (1c)	4 400 Orange Muffin & WG Crackers 400 Pepperjack Cheeseburger with Tater Tots (1c)	5 350 Bagel with Cream Cheese 400 Chicken Tamal with Pinto Beans (1c)	6 350 Mexican Concha 400 Chicken Teriyaki with Brown Rice Pilaf (1c) & Steamed Carrots (1c)
B L S	9 300 Chocolate Crescent 400 Penne Pasta (1c) & Turkey Meat Sauce (3/4c) with Mixed Vegetables (1c)	10 300 Bean & Cheese Burrito 400 Chicken Parmesan Sandwich with Mashed Potatoes (1c)	11 400 Reduced Sugar Cinnamon Toast Crunch & WG Crackers 350 Ham & Cheese Croissant Sandwich with Green Salad (1 1/2c)	12 300 Mini Bagel with Sunbutter 450 Beef & Cheese Nachos with Pinto Beans (1c)	13 300 Coffee Cake & String Cheese 400 Double Dog Chicken Hot Dogs with Sweet Potato (1c)
B L S	16 375 Yogurt & Graham Crackers 400 Chicken Fettuccine (1c) Alfredo with Mixed Vegetables (1c)	17 300 Banana Muffin & WG Crackers 400 Beef Taquitos (2) with Whole Kernel Corn (1c)	18 450 Lucky Charms & WG Crackers 400 Creamy Chicken Chipotle with Brown Rice Pilaf (1c) & Steamed Broccoli & Carrots (1c)	19 300 Cinnamon French Toast w/Syrup 400 Chicken Tamal with Pinto Beans (1c)	20 125 WG Apple Cinnamon Donut 125 Sunbutter & Graham Crackers 350 Chicken Chow Mein (1c) with Steamed Carrots (1c)
B L S	23 350 String Cheese & Graham Crackers 350 Spaghetti (1c) & Meatballs with Mixed Vegetables (1c)	24 300 Apple Cinnamon Tamal 350 Chicken & Waffles with Mashed Potatoes (1c)	25 300 Multi Grain Cheerios & WG Crackers 375 Caesar Chicken Salad with a Wheat Dinner Roll	26 300 Mini Bagel with Sunbutter 400 Beef & Cheese Nachos with Pinto Beans (1c)	27 300 English Muffin & Jelly 400 Breaded Chicken Patty Sandwich with Sweet Potato (1c)
B L S	30 300 Mini Bagels w/Cinnamon Cream Cheese 325 Mongolian Beef with Brown Rice Pilaf (1c) & Mixed Vegetables (1c)	1 300 Egg & Cheese Burrito 350 Chicken Parmesan Sandwich with Tater Tots (1c)	2 425 Coco Puffs & WG Crackers 375 Caesar Chicken Salad with a Wheat Dinner Roll	3 300 Pancakes (2) with Syrup 350 Beef & Cheese Chimichanga with Pinto Beans (1c)	4 300 Coffee Cake & String Cheese 400 Hawaiian Chicken with Brown Rice Pilaf (1c) & Steamed Carrots (1c)

This institution is an equal opportunity provider.

Breakfast fruit/juice portions: 1 cup & Lunch fruit/juice portions: 1/2 cup (Juice cannot exceed 50% of total weekly servings.) Milk (1 Cup) (1%/Non-fat/Non-fat Choc)

School Notes: PREPACKED & FAMILY STYLE (DEPENDING ON MEAL)// Juice Every Monday and Friday, Cut Fruit on Tuesday and Thursday //



“Eat Right, Be Bright!”

