

APRIL

2019



I'm the **BOUNDLESS BERRY**

HEALTHY SUMMER MEALS FOR KIDS
No Cost For Kids 18 and Younger

M	T	W	TH	F
Salisbury Steak Scalloped Potatoes Steamed Cabbage Roll Fruit Choices 1	Black "Eyes of Texas" Casserole Toast Corn Side Salad Fruit Choices 2	Grilled Cheese Sandwich Tomato Soup Salad w/ Ranch Fruit Choices 3	Spaghetti in Meat Sauce Green Beans Salad w/Ranch Garlic Toast Fruit Choices 4	Hot Dog Or Chili Dog Potato Wedges Fresh Celery w/Dip M&M Cookie Fruit Choices 5
Orange Chicken or Teriyaki Chicken Brown Rice or Roll Chinese Vegetables Orange Glaze Carrots Fruit Choices 8	Chili Cheese Frito Pie w/Salsa Pinto Beans Salad w/Ranch Fruit Choices 9	Sloppy Joe Sandwich French Fries Broccoli Trees w/Ranch Fruit Choices 10	Chicken & Dumplings Mashed Potatoes Green Beans Roll Fruit Choices 11	Pizza w/Marinara Corn Salad w/Ranch Oatmeal Raisin Cookie Fruit Choices 12
Beef Stroganoff Corn Green Beans Roll Fruit Choices 15	Chicken Quesadilla Spanish Rice Refried Beans Salad w/Ranch Fruit Choices 16	Tuna Salad Croissant Carrots w/Ranch Salad w/Ranch Fruit Choices 17	Chicken Sandwich Sandwich Veggies Ranch Style Beans Sweet Potato Bites Cookie Fruit Choices 18	GOOD FRIDAY <i>NO SCHOOL</i>
EASTER MONDAY <i>NO SCHOOL</i>	Chicken Strips Or Nuggets Mashed Potato w/Gravy Broccoli w/Cheese Texas Toast Fruit Choices 23	Beef Tips w/Gravy Brown Rice Mashed Potatoes Steamed Cabbage Roll Fruit Choices 24	Chicken Alfredo Italian Veggies Salad w/Ranch Garlic Breadsticks Fruit Choices 25	BBQ Pork Sandwich Potato Chips Carrots w/Ranch Chocolate Chip Cookie Fruit Choices 26
Breaded Pork Chops Black-eyed Peas Mashed Potatoes Cornbread Fruit Choices 29	Beef Tamale Pie Spanish Rice Pinto Beans Salad w/Ranch Fruit Choices 30			

GOOD EATS AT

**GARY
ISD
LUNCH**

SPECIAL ANNOUNCEMENTS

LUNCHES SERVED DAILY: Special Entrée, Choice of Vegetables, Fruit, Whole Grain Bread and Milk (Flavored Fat Free, or Unflavored 1%) **YOU MUST SELECT 3** Components for the National Lunch Program. **CHEF SALADS** as whole meals by preorder **ONLY FOR 3RD-6TH Gr Tues-Thurs**. Chef Salads for JH & HS and staff are first come first serve, unless pre-ordered. Questions or Comments: 903-685-2291 ext. 2503 jmiller@garyisd.net

ART CONTEST ENDS

"You **ART** What You Eat"
Art Contest
ENDS APRIL 12TH
SquareMeals.org/artcontest



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



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