

Mental Health Resources/Recursos de Salud Mental

Suicide Prevention Hotline (800) 273-8255

Teen Line (310) 855-4673 or text TEEN to 839863

Trevor Lifeline (866) 488-7386

Didi Hirsch Suicide Prevention Hotline
(877) 727-4747 (24 hours)

Department of Children and Family Services
(800)540-4000 press 2 then press 5 if you are a minor reporting

California Youth Crisis Line (800)843-5200

Alma Family Services
1260 S Soto St # 15, Los Angeles, CA 90023
(323) 264-2596

VIP Community Mental Health Center, Inc.
1721 Griffin Ave, Los Angeles, CA 90031
(323) 221-4134

Enki Health & Research
560 S St Louis St, Los Angeles, CA 90033
(323) 261-4900

Substance Abuse/ Abuso de Sustancia

Clinica Romero
2032 Marengo St, Los Angeles, CA 90033
(213) 989-7700

Domestic Violence/ Violencia Domestica

East LA Women's Center
1431 S. Atlantic Blvd. Los Angeles, CA 90022
(323) 526-5819
Monday - Friday, 9 am - 6 pm
Crisis Hotline (24 Hrs) -(800)585-6231

Food Pantries/Despensas de Comida

Catholic Charities- Brownson House
1307 Warren St. Los Angeles, CA 90033
Centro Maravilla (ONLY if you live in 90022)
4716 E. Cesar E. Chavez Ave. Los Angeles, CA 90022
(323) 260- 2804
Mon/Tues/Fri: 8:30AM -4 P

Legal Services/ Servicios Legales
CHIRLA

2533 W. 3d St #101, Los Angeles, CA 90057

Loyola Immigrant Justice Clinic At Dolores Mission Church:

Please call for an appointment
(323)881-0039

Neighborhood Legal Services of Los Angeles County

1200 N. State St.1014, Los Angeles, CA
(800)433-6251

Medical Resources/ Recursos Medicos

Altamed Health Service Corp/ Altamed Medical Group (Boyle Heights)

1701 Zonal Ave. Los Angeles, CA 90033
(877)-462-2582 Service/Intake
(323)-269-0421 Service/Intake
Mon-Fri: 8AM -5:30PM

Altamed Health Service Corp/ Medical & Dental Group (East LA)

2219 E. 1st St. Los Angeles, CA 90033
(877)-462-2582 Service/Intake
(323)-269-0421 Service/Intake
Mon/Wed/Fri: 8AM-5PM
Tues/Thurs: 9AM-5PM

COMPLETE CARE COMMUNITY HEALTH CENTER

2928 E. Cesar Chavez Ave.
(323)266-6700

LAC+USC

2051 Marengo St. Los Angeles, CA 90033
(323) 409-1000

Universal Health Foundation

2020 E. First St. Los Angeles, CA 90033
(323)-980-9600
Mon-Fri: 9AM-5PM
Sat: 9AM-3PM

Special Education Resources/ Recursos de Educacion Especial

Eastern Los Angeles Regional Center

1000 Fremont Ave # 23, Alhambra, CA 91803
(626) 299-4700

Public Health Information/ Información De Salud Publica
LA County Department of Public Health

313 N Figueroa St, Los Angeles, CA 90012

(213) 974-1234

Case Management/ Manejo De Casos

El Centro De Ayuda- (323)526-9301

2130 East 1st St. Suite 110 Los Angeles, CA 90033

**LA County Department of Public Social
Services (DPSS)**

2855 E. Olympic Blvd. Los Angeles, CA
90023

Online Resources/Recursos En Linea

Didi Hirsch

<http://www.didihirsch.org/>

The Trevor Project

<http://www.thetrevorproject.org/>

Teen Line

<http://teenline.org/>

American Foundation of Suicide Prevention

<http://www.afsp.org/understanding-suicide>

Smartphone Apps/Applicaciones en el Telephono

MY3

Teen Line Youth Yellow Pages

Emergency Contacts/Contactos de Emergencia

211 LA County

911 Police Department

LAPD- Hollenbeck Community Police Station

2111 E 1st St, Los Angeles, CA 90033

(323) 342-4100