



TRINITY HALL

Educating and Empowering Young Women in the Catholic Tradition

101 Corregidor Road | Tinton Falls, NJ | 07724 | www.TrinityHallNJ.org

June 2018

Dear Parents and Guardians:

In compliance with New Jersey State Law, the New Jersey State Interscholastic Athletic Association (NJSIAA) and Trinity Hall school policy, a physical examination and up-to-date immunization record of all students will be required every 365 days. The health packet is distributed every spring. We anticipate many students will participate in athletics; thus, we are requesting all paperwork by the first week of fall pre-season practices: **Wednesday August 1**. In addition, class trips scheduled for the first week of school will require updated medical health forms.

Health Office Paperwork for All Students:

- 1) [HIPAA rules / Student health insurance](#)
- 2) [NJDOE Pre-Participation Physical Evaluation History and Physical Form](#) - It is highly recommended to get your daughters physical between June 10 and August 1, 2018 to be assured that it will not expire during the middle of a sport season. This form must be filled out by a parent and physician. This physical exam paperwork is required every 365 days.

Health Office Paperwork for Student Athletes: MUST BE COMPLETED AND RETURNED TO HEALTH OFFICE BY AUGUST 1, 2018 NO EXCEPTIONS

- 1) Sudden Cardiac death pamphlet sign off form.
- 2) Concussion consent sign off form.
- 3) Sports related eye injury form
- 4) Steroid testing policy form
- 5) Opioid sign off form

Any student-athlete who does not turn in her physical examination paperwork before August 1, will not be allowed to participate in any practices or games until all of her paperwork is completed and turned in. Students who participate in more than one sport are required to fill out a medical update form every season. (All forms can be found online)

***If your child has asthma, food/insect allergies, diabetes, or other medical conditions please contact the school nurse directly to develop an action plan to meet your daughter's health needs.**

***If your daughter will need any medication during the school day such as; Tylenol, Motrin, Tums, etc, you must hand in the medication along with a doctor's note to the health office.**

Please mail all forms to Trinity Hall Health Office at 101 Corregidor Road Tinton Falls NJ 07724. Make copies of the immunization record and physical examination form for your own records in the event that future circumstances require additional copies.

If you have any questions regarding this letter and the enclosed forms, please do not hesitate to contact me via email: salmeida@trinityhallnj.org. Have a safe and healthy summer.

Sincerely,

Susan Almeida, RN, MSN

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