

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|---------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Thu - 08/15/2019 | | | | | | | | | | | | | | | | |
| HIGH SCHOOL CYCLE 1-L | Total | 100 | | | | | | | | | | | | | | |
| NACHOS WITH GROUND BEEF | 1/3 cup | 75 | 232 | 29 | 420 | 0.70 | 0.92 | 164.2 | 609 | *0.29 | *1 | 11.99 | 11.04 | 15.51 | 6.34 | *0.30 |
| BEAN & CHEESE BURRITO/KID SMART | 1 EACH | 10 | 26 | 0 | 41 | 0.70 | 0.27 | 10.0 | 10 | 0.12 | *N/A* | 1.2 | 3.7 | 0.9 | 0.20 | 0.00 |
| TAMALES, PORK: LABATT FOOD | 3 EACH | 15 | 60 | 5 | 117 | 1.15 | 0.00 | 0.0 | 44 | 0.0 | *N/A* | 2.39 | 5.76 | 3.26 | 0.73 | 0.03 |
| SPANISH RICE | 1/2 CUP | 85 | 113 | *0 | *78 | *0.84 | *0.61 | *3.2 | *28 | *1.86 | *0 | *2.38 | *19.86 | *3.44 | *0.66 | *0.00 |
| PINTO BEANS: cooked | 1/2 CUP | 85 | 123 | *0 | *22 | *5.43 | *1.77 | *43.5 | *0 | *2.43 | *1 | *7.59 | *22.13 | *0.43 | *0.08 | *0.00 |
| CARROT STICKS | 1/4 CUP | 100 | 15 | 0 | 24 | 0.99 | 0.11 | 11.7 | 5920 | 2.09 | 2 | 0.33 | 3.39 | 0.09 | 0.01 | 0.00 |
| CHERRY TOMATO | 1/4 Cup | 100 | 105 | 0 | 30 | 3.00 | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | 3.0 | 18.0 | 3.0 | 0.00 | *N/A* |
| PICO DE GALLO | 1/4 c | 20 | 3 | *0 | *0 | *0.12 | *0.05 | *1.2 | *77 | *6.62 | *0 | *0.11 | *0.51 | *0.06 | *0.01 | *0.00 |
| PEACHES, SLICED-WORLD H ORIZONS | 1/2 CUP | 85 | 60 | 0 | 9 | 0.85 | 0.31 | 17.0 | 85 | 1.02 | *N/A* | 0.85 | 14.45 | 0.0 | 0.00 | 0.00 |
| FRUIT, FRESH ASSORTED | 1 EACH | 85 | 51 | 0 | 1 | 2.03 | 0.16 | 11.8 | 235 | 15.29 | 10 | 0.61 | 13.26 | 0.18 | 0.04 | 0.00 |
| MILK - Variety | HALF PINT | 85 | 88 | 6 | 133 | 0.00 | 0.05 | 178.5 | 170 | *0.68 | *N/A* | 6.8 | 13.6 | 0.71 | 0.42 | 0.00 |
| PICANTE SAUCE- BRAUN BEF-AMIGO | 2 Tbsp | 15 | 1 | 0 | 24 | 0.00 | *N/A* | *N/A* | 15 | 0.9 | *N/A* | 0.0 | 0.3 | 0.0 | 0.00 | *N/A* |
| RANCH DRESSING | 4 TBSP | 50 | 40 | 4 | 193 | 0.11 | 0.07 | 34.9 | 20 | 0.46 | *2 | 1.12 | 2.55 | 3.03 | 0.54 | *0.01 |
| Weighted Daily Average | | | 916 | *44 | *1092 | *15.91 | *4.30 | *476.0 | *7213 | *31.75 | *15 | *38.36 | *128.55 | *30.60 | *9.04 | *0.35 |
| % of Calories | | | | | | | | | | | *6.5% | *16.7% | *56.1% | *30.1% | *8.9% | *0.3% |
| Nutrient Guideline | | | 750-850 | | 1420 | | | | | | | | | | <10.00 | |

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| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|-----------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Fri - 08/16/2019 | | | | | | | | | | | | | | | | |
| HIGH SCHOOL CYCLE 1-L | Total | 100 | | | | | | | | | | | | | | |
| MAC n CHEESE | 6 OZ | 50 | 140 | 13 | 335 | 1.00 | 0.54 | 200.1 | 375 | 0.0 | *N/A* | 8.5 | 14.51 | 5.5 | 2.50 | 0.00 |
| FISH STICKS NORTH ATLANTIC | 3 EACH | 40 | 72 | 18 | 104 | 0.80 | 0.43 | 8.0 | 0 | 0.0 | *N/A* | 6.0 | 7.2 | 2.4 | 0.20 | 0.00 |
| HOT DOG ON A BUN:turkey hot | 1 EACH | 10 | 26 | 2 | 77 | 0.24 | 0.18 | 10.1 | 0 | *0.0 | *N/A* | 0.98 | 2.1 | 1.5 | 0.49 | 0.00 |
| COLE SLAW | 1/2 CUP | 50 | 86 | 6 | 67 | 1.01 | 0.26 | 19.0 | 1101 | 12.3 | *2 | 0.64 | 3.63 | 7.95 | 0.87 | *0.00 |
| SPINACH: frozen,boiled | 1/2 CUP | 50 | 16 | 0 | 46 | 1.76 | 0.93 | 72.7 | 5729 | 1.05 | 0 | 1.9 | 2.28 | 0.41 | 0.07 | 0.00 |
| SWEET POTATO FRIES STRAI | 1/2 C | 50 | 70 | 0 | 80 | 1.50 | 0.36 | 20.0 | 500 | 0.6 | *N/A* | 0.5 | 10.0 | 3.0 | 0.00 | 0.00 |
| GHT-SI | | | | | | | | | | | | | | | | |
| FRUIT COCKTAIL-WORLD HO | 1/2 CUP | 50 | 63 | 0 | 3 | 0.75 | 0.27 | 0.0 | 75 | 3.6 | *N/A* | 0.75 | 15.75 | 0.75 | 0.00 | 0.00 |
| RIZON | | | | | | | | | | | | | | | | |
| FRUIT,FRESH ASSORTED | 1 EACH | 50 | 30 | 0 | 0 | 1.19 | 0.10 | 6.9 | 138 | 8.99 | 6 | 0.36 | 7.8 | 0.11 | 0.02 | 0.00 |
| MILK - Variety | HALF PINT | 85 | 88 | 6 | 133 | 0.00 | 0.05 | 178.5 | 170 | *0.68 | *N/A* | 6.8 | 13.6 | 0.71 | 0.42 | 0.00 |
| CONDIMENT, KETCHUP PACK | 2 EACH | 35 | 7 | 0 | 70 | 0.00 | 0.00 | 0.0 | 70 | 0.0 | *N/A* | 0.0 | 2.1 | 0.0 | 0.00 | 0.00 |
| ET-SYSC | | | | | | | | | | | | | | | | |
| CONDIMENT,MUSTARD PACK | 1 EACH | 35 | 0 | 0 | 25 | 0.00 | 0.38 | 14.0 | 35 | 0.0 | *N/A* | 0.0 | 0.0 | 0.0 | 0.00 | 0.00 |
| ET-SYSCO | | | | | | | | | | | | | | | | |
| WHOLE WHEAT ROLL* | 1 EACH | 35 | 56 | 4 | 91 | 1.40 | 0.50 | 7.0 | 35 | 0.0 | *N/A* | 1.75 | 9.45 | 1.22 | 0.70 | *N/A* |
| TARTAR SAUCE | 2 TBL SE | 20 | 16 | 1 | 55 | 0.02 | 0.02 | 0.1 | 24 | 0.03 | *1 | 0.01 | 1.23 | 1.19 | 0.13 | *0.00 |
| RVING | | | | | | | | | | | | | | | | |
| Weighted Daily Average | | | 670 | 49 | 1086 | 9.68 | 4.02 | 536.4 | 8252 | *27.25 | *8 | 28.19 | 89.64 | 24.75 | 5.41 | *0.00 |
| % of Calories | | | | | | | | | | | *5.1% | 16.8% | 53.5% | 33.3% | 7.3% | *0.0% |
| Nutrient Guideline | | | 750-850 | | 1420 | | | | | | | | | | <10.00 | |
| | | | | | | | | | | | | | | | | |
| Weighted Average | | | 793 | *47 | *1089 | *12.80 | *4.16 | *506.2 | *7733 | *29.50 | *12 | *33.28 | *109.10 | *27.67 | *7.23 | *0.17 |
| | | | | | | | | | | | *13.3% | *16.8% | *55.0% | *31.4% | *8.2% | *0.2% |

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| Nutrient | Menu AVG | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) | |
|----------------------------|----------|--------------|---------------|--------------|-------------|------------|-----------|--------------------------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|--|
| | | % of Cals | Weekly Target | % of Target* | Miss Data | Shortfall* | Overage* | Error Messages (if any)* | | | | | | | | | | |
| Calories | 793 | | 750 - 850 | | | | | | | | | | | | | | | |
| Cholesterol (mg) | 47 | | | | Missing | | | | | | | | | | | | | |
| Sodium 1 (mg) | 1089 | | 1420 | | Missing | | | | | | | | | | | | | |
| Sodium 2 (mg) | 1089 | | 1080 | | Missing | | | | | | | | | | | | | |
| Fiber (g) | 12.80 | | | | Missing | | | | | | | | | | | | | |
| Iron (mg) | 4.16 | | | | Missing | | | | | | | | | | | | | |
| Calcium (mg) | 506.2 | | | | Missing | | | | | | | | | | | | | |
| Vitamin A (IU) | 7733 | | | | Missing | | | | | | | | | | | | | |
| Sugars (g) | 12 | 5.92% | | | Missing | | | | | | | | | | | | | |
| Vitamin C (mg) | 29.50 | | | | Missing | | | | | | | | | | | | | |
| Protein (g) | 33.28 | 16.79% | | | Missing | | | | | | | | | | | | | |
| Carbohydrate (g) | 109.10 | 55.03% | | | Missing | | | | | | | | | | | | | |
| Total Fat (g) | 27.67 | 31.41% | | | Missing | | | | | | | | | | | | | |
| Saturated Fat (g) | 7.23 | 8.20% | <10.00% | | Missing | | | | | | | | | | | | | |
| Trans Fat ¹ (g) | 0.17 | 0.20% | | | Missing | | | | | | | | | | | | | |

*Data comparisons are not available for one or two day selections

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|---|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Mon - 08/19/2019 | | | | | | | | | | | | | | | | |
| HIGH SCHOOL CYCLE 2-L | Total | 100 | | | | | | | | | | | | | | |
| CHICKEN FRIED STEAK SAND WICH | SANDWIC | 30 | 147 | 14 | 238 | 1.21 | 1.63 | 30.2 | 0 | 0.0 | *N/A* | 6.92 | 16.28 | 6.76 | 2.40 | *0.00 |
| Tangerine Chicken | serv | 20 | 80 | 15 | 182 | *0.40 | 0.58 | 8.0 | 0 | 0.0 | *N/A* | 5.4 | 7.8 | 3.2 | 0.70 | *0.00 |
| WG Chkn Egg Roll | 2 EA | 50 | 150 | 35 | 260 | 2.00 | 1.08 | *N/A* | 501 | *N/A* | *N/A* | 9.02 | 17.03 | 5.01 | 1.50 | 0.00 |
| SEASONED RICE | 1/2 cup | 40 | 27 | 0 | 81 | 0.01 | 0.18 | 0.2 | 25 | 1.52 | *0 | 0.4 | 4.69 | 0.55 | 0.10 | *0.00 |
| MASHED POTATOES-SIMPLOT | 1/2 CUP | 25 | 23 | 0 | 95 | 0.00 | 0.09 | 5.0 | 0 | 7.5 | *N/A* | 0.5 | 4.25 | 0.37 | 0.00 | 0.00 |
| Oriental Vegetable Blend | 1/2 cup | 100 | 0 | 0 | 0 | 0.02 | 0.01 | 0.3 | 4 | 0.16 | *N/A* | *N/A* | 0.06 | 0.0 | 0.00 | 0.00 |
| ORANGES | 1 EACH | 100 | 45 | 0 | 0 | 2.30 | 0.10 | 38.4 | 216 | 51.07 | 9 | 0.9 | 11.28 | 0.12 | 0.01 | 0.00 |
| FRUIT,FRESH ASSORTED | 1 EACH | 100 | 60 | 0 | 1 | 2.39 | 0.19 | 13.8 | 277 | 17.98 | 11 | 0.71 | 15.59 | 0.21 | 0.05 | 0.00 |
| MILK - Variety | HALF PINT | 50 | 52 | 3 | 78 | 0.00 | 0.03 | 105.0 | 100 | *0.4 | *N/A* | 4.0 | 8.0 | 0.42 | 0.25 | 0.00 |
| SWEET AND SOUR SAUCE | 2 TBSP | 20 | 5 | 0 | 14 | 0.03 | 0.03 | 1.1 | 6 | 0.28 | *1 | 0.11 | 1.07 | 0.02 | 0.00 | *0.00 |
| WHEAT ROLL-DOUGH-RICH'S GRAVY, MIX-FAT FREE-MORRI SON | ROLL | 50 | 50 | 0 | 75 | 0.50 | 0.54 | 0.0 | 0 | 0.0 | *N/A* | 2.0 | 9.0 | 0.5 | 0.00 | *N/A* |
| | 2 tbsp | 10 | 6 | 0 | 49 | 0.00 | 0.00 | 4.3 | 0 | 0.0 | *0 | 0.2 | 1.21 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 646 | 67 | 1073 | *8.86 | 4.45 | *206.3 | 1129 | *78.93 | *21 | *30.16 | 96.27 | 17.16 | 5.02 | *0.00 |
| % of Calories | | | | | | | | | | | *13.0% | *18.7% | 59.6% | 23.9% | 7.0% | *0.0% |
| Nutrient Guideline | | | 750-850 | | 1420 | | | | | | | | | | <10.00 | |

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Tue - 08/20/2019 | | | | | | | | | | | | | | | | |
| HIGH SCHOOL CYCLE 2-L | Total | 100 | | | | | | | | | | | | | | |
| CHICKEN SPAGHETTI | 1 CUP | 50 | 130 | 31 | 433 | 0.71 | 0.35 | *109.0 | 199 | *4.2 | *1 | 9.98 | 10.18 | 5.48 | 2.15 | *0.08 |
| PEPPERONI PIZZA | 1SLICE | 25 | 113 | 14 | 300 | 0.63 | 0.70 | 78.3 | *157 | *1.01 | *N/A* | 6.48 | 10.7 | 5.29 | 2.62 | *0.00 |
| BUFFALO CHICKEN PIZZA | 1 EACH | 25 | 70 | 8 | 218 | 0.75 | 0.68 | 87.5 | 75 | 0.3 | *N/A* | 4.75 | 6.75 | 2.75 | 1.25 | 0.00 |
| GREEN BEANS: frozen,boiled | 1/2 CUP | 100 | 19 | 0 | 1 | 2.03 | 0.45 | 28.4 | 283 | 2.77 | 1 | 1.01 | 4.35 | 0.11 | 0.03 | 0.00 |
| CORN: frozen, yellow | 1/2 CUP | 100 | 67 | 0 | 1 | 1.98 | 0.39 | 2.5 | 164 | 2.89 | 3 | 2.1 | 15.92 | 0.55 | 0.08 | 0.00 |
| PEARS WITH CHERRIES | 1/2 CUP | 100 | 35 | 0 | 2 | 0.87 | *0.16 | *0.0 | *0 | *0.52 | *N/A* | *N/A* | 8.72 | 0.0 | 0.00 | *N/A* |
| CHOCOLATE CHIP COOKIES | 1 EACH | 45 | 58 | 6 | 39 | 0.21 | 0.27 | 4.3 | 53 | 0.0 | *4 | 0.65 | 7.28 | 3.04 | 1.05 | *0.00 |
| FRUIT,FRESH ASSORTED | 1 EACH | 100 | 60 | 0 | 1 | 2.39 | 0.19 | 13.8 | 277 | 17.98 | 11 | 0.71 | 15.59 | 0.21 | 0.05 | 0.00 |
| MILK - Variety | HALF PINT | 50 | 52 | 3 | 78 | 0.00 | 0.03 | 105.0 | 100 | *0.4 | *N/A* | 4.0 | 8.0 | 0.42 | 0.25 | 0.00 |
| RANCH DRESSING | 2 TBSP | 10 | 4 | 0 | 19 | 0.01 | 0.01 | 3.5 | 2 | 0.05 | *0 | 0.11 | 0.25 | 0.3 | 0.05 | *0.00 |
| GARLIC BREAD:SYSCO FOOD S:RICH | 1SLICE | 10 | 17 | 1 | 35 | 0.20 | 0.14 | 8.0 | 12 | 0.0 | *0 | 0.4 | 2.78 | 0.58 | 0.24 | *0.02 |
| Weighted Daily Average | | | 625 | 63 | 1126 | 9.78 | *3.36 | *440.3 | *1322 | *30.12 | *20 | *30.20 | 90.55 | 18.75 | 7.78 | *0.10 |
| % of Calories | | | | | | | | | | | *12.8% | *19.3% | 58.0% | 27.0% | 11.2% | *0.1% |
| Nutrient Guideline | | | 750-850 | | 1420 | | | | | | | | | | <10.00 | |

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|------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Wed - 08/21/2019 | | | | | | | | | | | | | | | | |
| HIGH SCHOOL CYCLE 2-L | Total | 100 | | | | | | | | | | | | | | |
| CORN CHIP PIE(GLUTEN FREE) | 1/2 CUP | 20 | 83 | *16 | *208 | *0.23 | *0.36 | *36.0 | *43 | *0.12 | *0 | *4.88 | *3.74 | *5.23 | *1.73 | *0.03 |
| BBQ ON A BUN-BEEF | SERVINGS | 60 | 231 | *38 | 459 | *0.71 | 2.08 | 57.1 | *108 | *0.94 | *5 | 14.37 | 24.69 | 8.08 | 2.88 | *0.00 |
| CHEF SALAD-HAM W/ CROUTONS | SERVING | 20 | 44 | 7 | 192 | 1.04 | 0.69 | 53.8 | 3399 | 8.08 | *1 | 2.79 | 3.31 | 1.93 | 1.28 | *0.00 |
| KIDNEY BEANS: canned,drained | 1/2 CUP | 20 | 22 | 0 | 76 | 1.10 | 0.30 | 8.7 | 0 | 0.31 | 0 | 1.34 | 3.71 | 0.15 | 0.04 | 0.00 |
| CARROTS:frozen, boiled | 1/2 CUP | 100 | 27 | 0 | 43 | 2.41 | 0.39 | 25.5 | 12357 | 1.68 | 3 | 0.42 | 5.64 | 0.5 | 0.09 | 0.00 |
| JUICE-VARIETY | 6 OZ | 100 | 100 | *0 | 21 | *0.00 | 0.21 | 8.0 | *0 | 43.88 | *N/A* | *0.41 | 24.57 | *0.0 | *0.00 | *0.00 |
| FRUIT,FRESH ASSORTED | 1 EACH | 100 | 60 | 0 | 1 | 2.39 | 0.19 | 13.8 | 277 | 17.98 | 11 | 0.71 | 15.59 | 0.21 | 0.05 | 0.00 |
| MILK - Variety | HALF PINT | 40 | 41 | 3 | 63 | 0.00 | 0.02 | 84.0 | 80 | *0.32 | *N/A* | 3.2 | 6.4 | 0.33 | 0.20 | 0.00 |
| RANCH DRESSING | 1/8 CUP | 10 | 4 | *1 | 25 | *0.00 | *0.00 | *1.7 | *3 | *0.0 | *0 | 0.05 | 0.35 | 0.22 | 0.02 | 0.00 |
| APPLESAUCE, ROSY | 1/2 cup | 100 | 96 | 0 | 62 | 1.71 | 0.18 | 7.0 | 9 | 12.78 | *19 | 1.41 | 23.46 | 0.22 | 0.04 | *0.00 |
| CROUTONS | 2 OZ | 20 | 9 | 0 | 16 | 0.12 | 0.06 | 3.3 | 25 | 0.01 | *0 | 0.24 | 0.76 | 0.65 | 0.11 | *0.00 |
| Weighted Daily Average | | | 717 | *65 | *1166 | *9.72 | *4.48 | *299.0 | *16301 | *86.10 | *39 | *29.83 | *112.23 | *17.54 | *6.42 | *0.03 |
| % of Calories | | | | | | | | | | | *21.9% | *16.6% | *62.6% | *22.0% | *8.1% | *0.0% |
| Nutrient Guideline | | | 750-850 | | 1420 | | | | | | | | | | <10.00 | |

| | | | | | | | | | | | | | | | | |
|--------------------------------|-----------|-----|---------|-----|-------|-------|-------|--------|-------|--------|--------|--------|--------|--------|--------|-------|
| Thu - 08/22/2019 | | | | | | | | | | | | | | | | |
| HIGH SCHOOL CYCLE 2-L | Total | 100 | | | | | | | | | | | | | | |
| ENCHILADAS & SAUCE UPPERS | SERVING | 30 | 145 | *20 | *215 | *0.81 | 0.69 | 38.8 | *84 | *0.27 | *0 | 6.94 | *11.71 | 7.69 | 3.08 | *0.00 |
| CHICKEN FAJITAS | 1 EACH | 50 | 194 | 30 | 277 | 1.52 | 1.24 | 45.0 | 175 | 3.32 | *5 | 11.79 | 19.42 | 7.63 | 1.64 | *0.02 |
| TACO SALAD-VISD | SERVINGS | 20 | 83 | *15 | *143 | *0.57 | *0.67 | *45.4 | *506 | *2.49 | *1 | *4.98 | *5.14 | *4.59 | *1.50 | *0.00 |
| SPANISH RICE | .50 CUP | 30 | 40 | *0 | *27 | *0.30 | *0.21 | *1.1 | *10 | *0.65 | *0 | *0.84 | *7.01 | *1.22 | *0.23 | *0.00 |
| REFRIED BEANS | 1/2 CUP | 20 | 48 | 0 | 145 | 2.12 | 0.69 | 31.6 | 5 | 0.32 | *0 | 2.73 | 7.05 | 1.09 | 0.26 | *0.00 |
| MEXICAN PLATE SALAD | 1 CUP | 20 | 4 | 0 | 112 | 0.39 | 0.22 | 93.2 | 455 | 2.31 | *0 | 0.15 | 0.73 | 0.03 | 0.00 | *0.00 |
| PINEAPPLE CHUNKS:canned,lt syr | 1/2 CUP | 100 | 66 | 0 | 1 | 1.01 | 0.49 | 17.6 | 48 | 9.45 | 16 | 0.45 | 16.95 | 0.15 | 0.01 | 0.00 |
| FRUIT,FRESH ASSORTED | 1 EACH | 100 | 60 | 0 | 1 | 2.39 | 0.19 | 13.8 | 277 | 17.98 | 11 | 0.71 | 15.59 | 0.21 | 0.05 | 0.00 |
| MILK - Variety | HALF PINT | 45 | 46 | 3 | 71 | 0.00 | 0.03 | 94.5 | 90 | *0.36 | *N/A* | 3.6 | 7.2 | 0.37 | 0.22 | 0.00 |
| PICANTE SAUCE- BRAUN BEF-AMIGO | 2 Tbsp | 15 | 1 | 0 | 24 | 0.00 | *N/A* | *N/A* | 15 | 0.9 | *N/A* | 0.0 | 0.3 | 0.0 | 0.00 | *N/A* |
| PICO DE GALLO | 1/4 c | 100 | 13 | *0 | *2 | *0.58 | *0.23 | *5.8 | *387 | *33.1 | *2 | *0.53 | *2.55 | *0.3 | *0.04 | *0.00 |
| Weighted Daily Average | | | 700 | *68 | *1017 | *9.69 | *4.67 | *386.9 | *2050 | *71.16 | *36 | *32.72 | *93.64 | *23.28 | *7.03 | *0.02 |
| % of Calories | | | | | | | | | | | *20.5% | *18.7% | *53.5% | *29.9% | *9.0% | *0.0% |
| Nutrient Guideline | | | 750-850 | | 1420 | | | | | | | | | | <10.00 | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|---------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Fri - 08/23/2019 | | | | | | | | | | | | | | | | |
| HIGH SCHOOL CYCLE 2-L | Total | 100 | | | | | | | | | | | | | | |
| BREADED CHICKEN SANDWICH | SANDWIC | 20 | 80 | 6 | 152 | 0.80 | 0.72 | 24.0 | 0 | 0.24 | *N/A* | 3.6 | 7.6 | 3.9 | 1.00 | 0.00 |
| CORN DOG:Turkey Jumbo State F | 1 EACH | 30 | 84 | 9 | 198 | 0.60 | 0.54 | 24.0 | 0 | 5.4 | *N/A* | 2.7 | 9.3 | 3.9 | 1.05 | 0.00 |
| BAKED POTATO EXTRA CHEESE | 1 EACH | 50 | 219 | 25 | 272 | 2.22 | 1.13 | 282.5 | 456 | 9.7 | *1 | 10.73 | 22.42 | 9.56 | 5.29 | *0.00 |
| GRILLED CHEESE SANDWICH | SERVINGS | 50 | 126 | 6 | 261 | 1.00 | 1.10 | 38.7 | 225 | *0.0 | *0 | 3.27 | 14.25 | 5.9 | 2.23 | 0.71 |
| SPINACH SALAD | 1 CUP | 100 | 160 | *0 | *26 | *1.28 | *1.00 | *37.1 | *2817 | *25.35 | *6 | *1.08 | *8.05 | *14.21 | *2.02 | *0.00 |
| SWEET POTATO FRIES-MCCAIN | 4 oz. servin | 50 | 73 | 0 | 20 | 1.33 | 0.24 | 0.0 | 0 | 3.2 | *N/A* | 1.33 | 12.0 | 2.33 | 0.00 | 0.00 |
| FRUIT COCKTAIL-WORLD HO RIZON | 1/2 CUP | 100 | 126 | 0 | 6 | 1.50 | 0.54 | 0.0 | 150 | 7.2 | *N/A* | 1.5 | 31.5 | 1.5 | 0.00 | 0.00 |
| FRUIT,FRESH ASSORTED | 1 EACH | 100 | 60 | 0 | 1 | 2.39 | 0.19 | 13.8 | 277 | 17.98 | 11 | 0.71 | 15.59 | 0.21 | 0.05 | 0.00 |
| MILK - Variety | HALF PINT | 40 | 41 | 3 | 63 | 0.00 | 0.02 | 84.0 | 80 | *0.32 | *N/A* | 3.2 | 6.4 | 0.33 | 0.20 | 0.00 |
| CONDIMENT, KETCHUP PACK ET-SYSC | 2 EACH | 15 | 3 | 0 | 30 | 0.00 | 0.00 | 0.0 | 30 | 0.0 | *N/A* | 0.0 | 0.9 | 0.0 | 0.00 | 0.00 |
| CONDIMENT,MUSTARD PACK ET-SYSCO | 1 EACH | 15 | 0 | 0 | 11 | 0.00 | 0.16 | 6.0 | 15 | 0.0 | *N/A* | 0.0 | 0.0 | 0.0 | 0.00 | 0.00 |
| JELL-O W/ WHIP TOPPING | 1/2 CUP | 45 | 46 | 0 | 54 | 0.00 | *0.00 | *1.2 | *0 | 5.25 | *0 | 0.44 | 8.77 | 0.9 | 0.90 | *0.00 |
| RANCH DRESSING | 2 TBSP | 15 | 6 | 1 | 29 | 0.02 | 0.01 | 5.2 | 3 | 0.07 | *0 | 0.17 | 0.38 | 0.45 | 0.08 | *0.00 |
| Weighted Daily Average | | | 1025 | *50 | *1122 | *11.14 | *5.67 | *516.6 | *4053 | *74.70 | *19 | *28.73 | *137.18 | *43.20 | *12.81 | *0.71 |
| % of Calories | | | | | | | | | | | *7.3% | *11.2% | *53.5% | *37.9% | *11.2% | *0.6% |
| Nutrient Guideline | | | 750-850 | | 1420 | | | | | | | | | | | <10.00 |
| Weighted Average | | | 743 | *63 | *1101 | *9.84 | *4.52 | *369.8 | *4971 | *68.20 | *27 | *30.33 | *105.97 | *23.98 | *7.81 | *0.17 |
| | | | | | | | | | | | *32.7% | *16.3% | *57.1% | *29.1% | *9.5% | *0.2% |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Victoria I.S.D.

Base Menu Spreadsheet

Weighted Values - Detailed

Aug 19, 2019 thru Aug 23, 2019

HIGH SCHOOL CYCLE 2-LUNCH

Generated on: 7/10/2019 6:59:40 AM

| Nutrient | Menu AVG | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|----------------------------|----------|--------------|---------------|-------------|-------------|-----------|-----------|-----------|------------|--|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| | | % of Cals | Weekly Target | | % of Target | Miss Data | Shortfall | | Overage | Error Messages (if any) | | | | | | | |
| Calories | 743 | | 750 - 850 | | 99% | | | 7 | | Correction Required - Calories are Low | | | | | | | |
| Cholesterol (mg) | 63 | | | | | Missing | | | | | | | | | | | |
| Sodium 1 (mg) | 1101 | | | 1420 | | Missing | | | | | | | | | | | |
| Sodium 2 (mg) | 1101 | | | 1080 | | Missing | | | 21 | Correction Required - Sodium too High | | | | | | | |
| Fiber (g) | 9.84 | | | | | Missing | | | | | | | | | | | |
| Iron (mg) | 4.52 | | | | | Missing | | | | | | | | | | | |
| Calcium (mg) | 369.8 | | | | | Missing | | | | | | | | | | | |
| Vitamin A (IU) | 4971 | | | | | Missing | | | | | | | | | | | |
| Sugars (g) | 27 | 14.52% | | | | Missing | | | | | | | | | | | |
| Vitamin C (mg) | 68.20 | | | | | Missing | | | | | | | | | | | |
| Protein (g) | 30.33 | 16.34% | | | | Missing | | | | | | | | | | | |
| Carbohydrate (g) | 105.97 | 57.08% | | | | Missing | | | | | | | | | | | |
| Total Fat (g) | 23.98 | 29.07% | | | | Missing | | | | | | | | | | | |
| Saturated Fat (g) | 7.81 | 9.47% | | <10.00% | | Missing | | | | | | | | | | | |
| Trans Fat ¹ (g) | 0.17 | 0.21% | | | | Missing | | | | | | | | | | | |

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** - denotes combined nutrient totals with either missing or incomplete nutrient data*

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Victoria I.S.D.

Base Menu Spreadsheet

Weighted Values - Detailed

Aug 26, 2019 thru Aug 30, 2019

HIGH SCHOOL CYCLE 3-LUNCH

Generated on: 7/10/2019 7:08:21 AM

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|-------------------------------------|----------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Mon - 08/26/2019 | | | | | | | | | | | | | | | | |
| HIGH SCHOOL CYCLE 3-L PIZZA POCKETS | Total SERVINGS | 100 | | | | | | | | | | | | | | |
| WG MOZZARELLA STICKS (RICH'S) | 5 EA | 30 | 109 | *20 | *125 | *0.66 | *0.98 | *48.7 | *53 | *0.62 | *0 | *8.13 | *8.99 | *4.36 | *1.75 | *0.00 |
| HAM / CHEESE CROISSANT | 1 EACH | 65 | 260 | 16 | 293 | 1.63 | 1.30 | 297.7 | 278 | 297.7 | *N/A* | 13.0 | 22.75 | 13.0 | 4.88 | 0.00 |
| CARROTS,FRESH,RAW | 1/2 CUP | 5 | 16 | 2 | 55 | 0.15 | 0.43 | 10.5 | 38 | 0.0 | *N/A* | 1.02 | 1.77 | 0.67 | 0.36 | 0.00 |
| CORN COBBETTE-BRAUN BEE F-INN/W | 1/2 CUP | 90 | 42 | 0 | 70 | 2.86 | 0.31 | 33.7 | 17050 | 6.02 | 5 | 0.95 | 9.78 | 0.24 | 0.04 | 0.00 |
| PEARS WITH CHERRIES | 1 EACH | 85 | 131 | 0 | 27 | 2.67 | 1.92 | 0.0 | 0 | 6.41 | *N/A* | 4.79 | 30.16 | 1.33 | 0.00 | *N/A* |
| FRUIT,FRESH ASSORTED | 1 EACH | 90 | 31 | 0 | 2 | 0.78 | *0.14 | *0.0 | *0 | *0.47 | *N/A* | *N/A* | 7.85 | 0.0 | 0.00 | *N/A* |
| MILK - Variety | HALF PINT | 90 | 54 | 0 | 1 | 2.15 | 0.17 | 12.5 | 249 | 16.18 | 10 | 0.64 | 14.04 | 0.19 | 0.04 | 0.00 |
| RANCH DRESSING | 2 TBSP | 40 | 41 | 3 | 63 | 0.00 | 0.02 | 84.0 | 80 | *0.32 | *N/A* | 3.2 | 6.4 | 0.33 | 0.20 | 0.00 |
| PIZZA SAUCE; LABATT FOOD SERVI | 1/8 CUP | 20 | 8 | 1 | 39 | 0.02 | 0.01 | 7.0 | 4 | 0.09 | *0 | 0.22 | 0.51 | 0.61 | 0.11 | *0.00 |
| GARLIC BREAD:SYSCO FOOD S:RICH | 1SLICE | 15 | 3 | 0 | 27 | 0.27 | 0.10 | 0.0 | 67 | 1.22 | *N/A* | 0.27 | 0.81 | 0.0 | 0.00 | *N/A* |
| JELL-O W/ WHIP TOPPING | 1/2 CUP | 15 | 26 | 2 | 52 | 0.30 | 0.21 | 12.0 | 18 | 0.0 | *0 | 0.6 | 4.17 | 0.87 | 0.36 | *0.02 |
| BUTTER: individual | PAT | 25 | 26 | 0 | 30 | 0.00 | *0.00 | *0.7 | *0 | 2.91 | *0 | 0.24 | 4.87 | 0.5 | 0.50 | *0.00 |
| Weighted Daily Average | | 75 | 0 | 0 | 0 | 0.00 | 0.00 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0.0 | 0.0 | 0.00 | 0.00 |
| % of Calories | | | 748 | *44 | *783 | *11.49 | *5.60 | *506.7 | *17837 | *331.95 | *15 | *33.07 | *112.09 | *22.11 | *8.23 | *0.03 |
| Nutrient Guideline | | | 750-850 | | 1420 | | | | | | *8.2% | *17.7% | *60.0% | *26.6% | *9.9% | *0.0% |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|-------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Tue - 08/27/2019 | | | | | | | | | | | | | | | | |
| HIGH SCHOOL CYCLE 3-L | Total | 100 | | | | | | | | | | | | | | |
| BEANS & FRANKS | .75 CUP | 20 | 56 | 7 | 221 | 1.00 | 0.87 | 18.7 | 21 | *0.83 | *2 | 2.28 | 5.74 | 2.83 | 0.97 | *0.00 |
| GRILLED CHICKEN SANDWICH | 1 EA | 60 | 168 | 30 | 318 | 1.80 | 1.51 | 60.0 | 0 | 0.0 | *N/A* | 12.6 | 16.8 | 5.7 | 1.50 | 0.00 |
| MEATBALL SUB -ROMANI* | SUB | 20 | 96 | 11 | *137 | 0.61 | 1.00 | 43.9 | 56 | 1.6 | *0 | 4.22 | 9.82 | 4.12 | 1.70 | 0.06 |
| CUCUMBER, WITH PEEL, RAW | 1/2 CUP | 80 | 6 | 0 | 1 | 0.21 | 0.12 | 6.7 | 44 | 1.16 | 1 | 0.27 | 1.51 | 0.05 | 0.02 | 0.00 |
| BLACK-EYED PEAS:from dry,boil | 1/2 CUP | 80 | 79 | 0 | 164 | 4.45 | 1.72 | 16.4 | 10 | 0.27 | 2 | 5.29 | 14.2 | 0.36 | 0.09 | 0.00 |
| CANDIED APPLES | 1/2 cup | 100 | 85 | 0 | 38 | 2.54 | 0.14 | 6.6 | 57 | 4.88 | 18 | 0.89 | 21.72 | 0.18 | 0.03 | *0.00 |
| FRUIT,FRESH ASSORTED | 1 EACH | 100 | 60 | 0 | 1 | 2.39 | 0.19 | 13.8 | 277 | 17.98 | 11 | 0.71 | 15.59 | 0.21 | 0.05 | 0.00 |
| MILK - Variety | HALF PINT | 40 | 41 | 3 | 63 | 0.00 | 0.02 | 84.0 | 80 | *0.32 | *N/A* | 3.2 | 6.4 | 0.33 | 0.20 | 0.00 |
| RANCH DRESSING | 2 TBSP | 10 | 4 | 0 | 19 | 0.01 | 0.01 | 3.5 | 2 | 0.05 | *0 | 0.11 | 0.25 | 0.3 | 0.05 | *0.00 |
| CONDIMENT, KETCHUP PACK | 2 EACH | 15 | 3 | 0 | 30 | 0.00 | 0.00 | 0.0 | 30 | 0.0 | *N/A* | 0.0 | 0.9 | 0.0 | 0.00 | 0.00 |
| ET-SYSC | | | | | | | | | | | | | | | | |
| CONDIMENT,MUSTARD PACK | 1 EACH | 15 | 0 | 0 | 11 | 0.00 | 0.16 | 6.0 | 15 | 0.0 | *N/A* | 0.0 | 0.0 | 0.0 | 0.00 | 0.00 |
| ET-SYSCO | | | | | | | | | | | | | | | | |
| BAKED CHIPS-VARIETY | 1BAG | 20 | 29 | 0 | 45 | 0.40 | 0.11 | 11.0 | 10 | 0.18 | *N/A* | 0.45 | 4.4 | 0.57 | 0.23 | *0.00 |
| WHEAT ROLL-DOUGH-RICH'S | ROLL | 20 | 20 | 0 | 30 | 0.20 | 0.22 | 0.0 | 0 | 0.0 | *N/A* | 0.8 | 3.6 | 0.2 | 0.00 | *N/A* |
| Weighted Daily Average | | | 648 | 51 | *1077 | 13.61 | 6.07 | 270.7 | 602 | *27.27 | *34 | 30.82 | 100.93 | 14.86 | 4.83 | *0.06 |
| % of Calories | | | | | | | | | | | *21.3% | 19.0% | 62.3% | 20.6% | 6.7% | *0.1% |
| Nutrient Guideline | | | 750-850 | | 1420 | | | | | | | | | | <10.00 | |

| | | | | | | | | | | | | | | | | |
|--------------------------------|--------------|-----|-----|----|-----|------|------|-------|------|-------|-------|-------|-------|------|------|-------|
| Wed - 08/28/2019 | | | | | | | | | | | | | | | | |
| HIGH SCHOOL CYCLE 3-L | Total | 100 | | | | | | | | | | | | | | |
| CHEESEBURGER ON A BUN | 1 EACH | 50 | 142 | 24 | 333 | 1.50 | 1.80 | 97.5 | 150 | 0.0 | *N/A* | 11.75 | 14.5 | 4.25 | 1.88 | 0.00 |
| CORN DOG:Turkey Jumbo State F | 1 EACH | 50 | 140 | 16 | 330 | 1.00 | 0.90 | 40.0 | 0 | 9.0 | *N/A* | 4.5 | 15.5 | 6.5 | 1.75 | 0.00 |
| Chef Salad W/Chicken& Crackers | 1 ea | 5 | 26 | 3 | 64 | 0.31 | 0.31 | 13.5 | 1218 | 2.19 | *0 | 1.5 | 3.01 | 0.86 | 0.27 | *0.09 |
| SWEET POTATO FRIES-MCCAIN | 4 oz. servin | 75 | 110 | 0 | 30 | 2.00 | 0.36 | 0.0 | 0 | 4.8 | *N/A* | 2.0 | 18.0 | 3.5 | 0.00 | 0.00 |
| BURGER SALAD | 1/2 cup | 30 | 5 | 0 | 209 | 0.40 | 0.14 | 17.5 | 576 | 1.87 | 0 | 0.26 | 1.0 | 0.1 | 0.02 | 0.00 |
| PINEAPPLE CHUNKS:canned,lt syr | 1/2 CUP | 100 | 66 | 0 | 1 | 1.01 | 0.49 | 17.6 | 48 | 9.45 | 16 | 0.45 | 16.95 | 0.15 | 0.01 | 0.00 |
| FRUIT,FRESH ASSORTED | 1 EACH | 100 | 60 | 0 | 1 | 2.39 | 0.19 | 13.8 | 277 | 17.98 | 11 | 0.71 | 15.59 | 0.21 | 0.05 | 0.00 |
| MILK - Variety | HALF PINT | 55 | 57 | 4 | 86 | 0.00 | 0.03 | 115.5 | 110 | *0.44 | *N/A* | 4.4 | 8.8 | 0.46 | 0.27 | 0.00 |
| CONDIMENT, KETCHUP PACK | 2 EACH | 15 | 3 | 0 | 30 | 0.00 | 0.00 | 0.0 | 30 | 0.0 | *N/A* | 0.0 | 0.9 | 0.0 | 0.00 | 0.00 |
| ET-SYSC | | | | | | | | | | | | | | | | |
| CONDIMENT,MUSTARD PACK | 1 EACH | 10 | 0 | 0 | 7 | 0.00 | 0.11 | 4.0 | 10 | 0.0 | *N/A* | 0.0 | 0.0 | 0.0 | 0.00 | 0.00 |
| ET-SYSCO | | | | | | | | | | | | | | | | |
| RANCH DRESSING | 2 TBSP | 15 | 6 | 1 | 29 | 0.02 | 0.01 | 5.2 | 3 | 0.07 | *0 | 0.17 | 0.38 | 0.45 | 0.08 | *0.00 |
| CRACKERS, WHOLE GRAIN S | 8 CRACK | 5 | 5 | 0 | 11 | 0.10 | 0.04 | 0.0 | 0 | 0.0 | *N/A* | 0.1 | 0.8 | 0.1 | 0.00 | 0.00 |
| ALTINES | ERS | | | | | | | | | | | | | | | |

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Victoria I.S.D.

Base Menu Spreadsheet

Weighted Values - Detailed

Aug 26, 2019 thru Aug 30, 2019

HIGH SCHOOL CYCLE 3-LUNCH

Generated on: 7/10/2019 7:08:22 AM

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|---------------|----------------|----------------|----------------|--------------|-------------------------|
| Weighted Daily Average % of Calories | | | 619 | 47 | 1130 | 8.72 | 4.38 | 324.7 | 2421 | *45.80 | *28 *18.2% | 25.84 16.7% | 95.43 61.6% | 16.59 24.1% | 4.33 6.3% | *0.09 *0.1% |
| Nutrient Guideline | | | 750-850 | | 1420 | | | | | | | | | | | <10.00 |

| Thu - 08/29/2019 | | | | | | | | | | | | | | | | | |
|--------------------------------------|-----------|-----|---------|-----|-------|--------|-------|--------|-------|--------|--------------|------------------|-------------------|------------------|----------------|----------------|--|
| HIGH SCHOOL CYCLE 3-L | Total | 100 | | | | | | | | | | | | | | | |
| TACOS-BEEF | SERVINGS | 50 | 267 | *42 | *241 | *2.16 | *1.82 | *118.5 | *265 | *1.99 | *0 | *13.43 | *19.29 | *15.31 | *5.64 | *0.00 | |
| BEAN & CHEESE BURRITO/KID SMART | 1 EACH | 25 | 65 | 1 | 103 | 1.75 | 0.68 | 25.0 | 25 | 0.3 | *N/A* | 3.0 | 9.25 | 2.25 | 0.50 | 0.00 | |
| TACO SALAD-VISD | SERVINGS | 25 | 103 | *18 | *179 | *0.72 | *0.84 | *56.7 | *633 | *3.11 | *1 | *6.22 | *6.42 | *5.74 | *1.88 | *0.00 | |
| SPANISH RICE | 1/2 CUP | 75 | 100 | *0 | *68 | *0.74 | *0.53 | *2.9 | *24 | *1.64 | *0 | *2.1 | *17.52 | *3.04 | *0.58 | *0.00 | |
| PINTO BEANS: cooked | 1/2 CUP | 75 | 108 | *0 | *20 | *4.79 | *1.56 | *38.4 | *0 | *2.15 | *1 | *6.7 | *19.52 | *0.38 | *0.07 | *0.00 | |
| MEXICAN PLATE SALAD | 1 CUP | 100 | 18 | 0 | 559 | 1.96 | 1.09 | 466.1 | 2276 | 11.53 | *2 | 0.73 | 3.67 | 0.13 | 0.02 | *0.00 | |
| PEACHES, SLICED-WORLD H ORIZONS | 1/2 CUP | 100 | 70 | 0 | 10 | 1.00 | 0.36 | 20.0 | 100 | 1.2 | *N/A* | 1.0 | 17.0 | 0.0 | 0.00 | 0.00 | |
| FRUIT, FRESH ASSORTED | 1 EACH | 100 | 60 | 0 | 1 | 2.39 | 0.19 | 13.8 | 277 | 17.98 | 11 | 0.71 | 15.59 | 0.21 | 0.05 | 0.00 | |
| MILK - Variety | HALF PINT | 45 | 46 | 3 | 71 | 0.00 | 0.03 | 94.5 | 90 | *0.36 | *N/A* | 3.6 | 7.2 | 0.37 | 0.22 | 0.00 | |
| PICANTE SAUCE- BRAUN BEF-AMIGO | 2 Tbsp | 50 | 5 | 0 | 80 | 0.00 | *N/A* | *N/A* | 50 | 3.0 | *N/A* | 0.0 | 1.0 | 0.0 | 0.00 | *N/A* | |
| PICO DE GALLO | 1/4 c | 100 | 13 | *0 | *2 | *0.58 | *0.23 | *5.8 | *387 | *33.1 | *2 | *0.53 | *2.55 | *0.3 | *0.04 | *0.00 | |
| Weighted Daily Average % of Calories | | | 856 | *65 | *1333 | *16.09 | *7.34 | *841.7 | *4125 | *76.36 | *16 *7.5% | *38.02 *17.8% | *119.02 *55.6% | *27.74 *29.2% | *9.01 *9.5% | *0.00 *0.0% | |
| Nutrient Guideline | | | 750-850 | | 1420 | | | | | | | | | | | <10.00 | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
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| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|---------------------------------|---------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Fri - 08/30/2019 | | | | | | | | | | | | | | | | |
| HIGH SCHOOL CYCLE 3-L | Total | 100 | | | | | | | | | | | | | | |
| GRILLED CHEESE SANDWICH | SERVINGS | 50 | 126 | 6 | 261 | 1.00 | 1.10 | 38.7 | 225 | *0.0 | *0 | 3.27 | 14.25 | 5.9 | 2.23 | 0.71 |
| FISH SOFT TACO | 2 EA | 25 | 92 | 15 | 94 | 1.17 | 0.45 | 11.7 | 0 | 0.0 | *N/A* | 5.5 | 12.25 | 2.5 | 0.29 | 0.00 |
| TURKEY WRAP | 1 each | 25 | 94 | 16 | 310 | 0.43 | 0.91 | 67.8 | 129 | 0.78 | *0 | 6.64 | 5.92 | 3.72 | 1.23 | *0.04 |
| SALAD, TOSSED: no dressing | 1 cup | 100 | 45 | 0 | 26 | 3.73 | 1.36 | 54.2 | 11988 | 19.94 | 5 | 2.36 | 9.54 | 0.53 | 0.08 | 0.00 |
| CHERRY TOMATO W/CELERY STICK | 1/2 Cup | 100 | 110 | 0 | 54 | 3.48 | *0.06 | *12.0 | *135 | *0.93 | *0 | 3.21 | 18.89 | 3.05 | 0.01 | *0.00 |
| FRUIT COCKTAIL-WORLD HO RIZON | 1/2 CUP | 100 | 126 | 0 | 6 | 1.50 | 0.54 | 0.0 | 150 | 7.2 | *N/A* | 1.5 | 31.5 | 1.5 | 0.00 | 0.00 |
| FRUIT, FRESH ASSORTED | 1 EACH | 100 | 60 | 0 | 1 | 2.39 | 0.19 | 13.8 | 277 | 17.98 | 11 | 0.71 | 15.59 | 0.21 | 0.05 | 0.00 |
| MILK - Variety | HALF PINT | 45 | 46 | 3 | 71 | 0.00 | 0.03 | 94.5 | 90 | *0.36 | *N/A* | 3.6 | 7.2 | 0.37 | 0.22 | 0.00 |
| CONDIMENT, KETCHUP PACK ET-SYSC | 2 EACH | 15 | 3 | 0 | 30 | 0.00 | 0.00 | 0.0 | 30 | 0.0 | *N/A* | 0.0 | 0.9 | 0.0 | 0.00 | 0.00 |
| RANCH DRESSING | 2 TBSP | 10 | 4 | 0 | 19 | 0.01 | 0.01 | 3.5 | 2 | 0.05 | *0 | 0.11 | 0.25 | 0.3 | 0.05 | *0.00 |
| BAKED CHIPS-VARIETY | 1BAG | 50 | 73 | 0 | 113 | 1.00 | 0.27 | 27.5 | 25 | 0.45 | *N/A* | 1.12 | 11.0 | 1.44 | 0.56 | *0.00 |
| JELL-O W/ WHIP TOPPING | 1/2 CUP | 45 | 46 | 0 | 54 | 0.00 | *0.00 | *1.2 | *0 | 5.25 | *0 | 0.44 | 8.77 | 0.9 | 0.90 | *0.00 |
| TARTAR SAUCE | 2 TBL SERVING | 25 | 20 | 2 | 69 | 0.03 | 0.02 | 0.1 | 30 | 0.04 | *1 | 0.01 | 1.54 | 1.49 | 0.17 | *0.00 |
| Weighted Daily Average | | | 845 | 42 | 1108 | 14.74 | *4.95 | *325.1 | *13081 | *52.98 | *18 | 28.47 | 137.61 | 21.92 | 5.79 | *0.75 |
| % of Calories | | | | | | | | | | | *8.4% | 13.5% | 65.1% | 23.3% | 6.2% | *0.8% |
| Nutrient Guideline | | | 750-850 | | 1420 | | | | | | | | | | <10.00 | |

| | | | | | | | | | | | | | | | | |
|------------------|--|--|-----|-----|-------|--------|-------|--------|-------|---------|--------|--------|---------|--------|-------|-------|
| Weighted Average | | | 743 | *50 | *1086 | *12.93 | *5.67 | *453.8 | *7613 | *106.87 | *22 | *31.24 | *113.02 | *20.64 | *6.44 | *0.18 |
| | | | | | | | | | | | *27.1% | *16.8% | *60.8% | *25.0% | *7.8% | *0.2% |

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Victoria I.S.D.

Base Menu Spreadsheet

Weighted Values - Detailed

Aug 26, 2019 thru Aug 30, 2019

HIGH SCHOOL CYCLE 3-LUNCH

Generated on: 7/10/2019 7:08:22 AM

| Nutrient | Menu AVG | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|----------------------------|----------|--------------|---------------|-------------|-------------|-----------|-----------|-----------|------------|--|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| | | % of Cals | Weekly Target | | % of Target | Miss Data | Shortfall | | Overage | Error Messages (if any) | | | | | | | |
| Calories | 743 | | 750 - 850 | | 99% | | | 7 | | Correction Required - Calories are Low | | | | | | | |
| Cholesterol (mg) | 50 | | | | | Missing | | | | | | | | | | | |
| Sodium 1 (mg) | 1086 | | 1420 | | | Missing | | | | | | | | | | | |
| Sodium 2 (mg) | 1086 | | 1080 | | | Missing | | | 6 | Correction Required - Sodium too High | | | | | | | |
| Fiber (g) | 12.93 | | | | | Missing | | | | | | | | | | | |
| Iron (mg) | 5.67 | | | | | Missing | | | | | | | | | | | |
| Calcium (mg) | 453.8 | | | | | Missing | | | | | | | | | | | |
| Vitamin A (IU) | 7613 | | | | | Missing | | | | | | | | | | | |
| Sugars (g) | 22 | 12.04% | | | | Missing | | | | | | | | | | | |
| Vitamin C (mg) | 106.87 | | | | | Missing | | | | | | | | | | | |
| Protein (g) | 31.24 | 16.81% | | | | Missing | | | | | | | | | | | |
| Carbohydrate (g) | 113.02 | 60.82% | | | | Missing | | | | | | | | | | | |
| Total Fat (g) | 20.64 | 25.00% | | | | Missing | | | | | | | | | | | |
| Saturated Fat (g) | 6.44 | 7.80% | <10.00% | | | Missing | | | | | | | | | | | |
| Trans Fat ¹ (g) | 0.18 | 0.22% | | | | Missing | | | | | | | | | | | |

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