



Monday	Tuesday	Wednesday	Thursday	Friday
<p>CONTACT US: Director: Vincent Palmiero Phone-732-972-2100 ext-6730 Email-vpalmiero@mtps.org</p>		<p>2 Tyson Chicken Nuggets Or Classic Burger</p> <p>Sides for all Meals: Baked Fries Lettuce & Tomato Green Beans</p>	<p>3 French Toast Or Tony's Cheese Pizza</p> <p>Sides for all Meals: Tater Tot Cheese Omelet Sausage Link</p>	<p>4 Pizzeria Style Pizza Or Chicken Sandwich</p> <p>Sides for all Meals: Sweet Peas Sweet Potato Fries Romaine Tossed Salad</p>
<p>7 Grilled Cheese Or Hot Dog</p> <p>Sides for all Meals: Smile Fries Baked Beans Tomato Soup</p>	<p>8 Twin Tacos Or Chicken Quesadilla</p> <p>Sides for all Meals: Cheddar Cheese Salsa Lettuce & Tomato Steamed Rice</p>	<p>9 Creamy Mac & Cheese Or Tyson Chicken Nuggets</p> <p>Sides for all Meals: Garlic Bread Sweet Mashed Potato Tomato & Cucumber Salad</p>	<p>10 Baked Fish Sticks Or Tony's Pepperoni Pizza</p> <p>Sides for all Meals: Sliced Carrots Three Bean Salad Potato Wedges</p>	<p>11 Pizzeria Style Pizza Or Baked Pasta</p> <p>Sides for all Meals: Side Meatballs Celery Sticks Chopped Salad</p>
<p>14 Cheesy Breadstick Or Tyson Chicken Nuggets</p> <p>Sides for all Meals: Marinara Sauce Green Beans Waffle Fries</p>	<p>15 Nachos Supreme Or French Bread Pizza</p> <p>Sides for all Meals: Steamed Rice Corn, Salsa Cheddar Cheese Lettuce & Tomato</p>	<p>16 Meatball Sub Or Chicken Sandwich</p> <p>Sides for all Meals: Baked Fries Sweet Peas Romaine Salad</p>	<p>17 Pizzeria Style Pizza Or Buttermilk Waffles</p> <p>Sides for all Meals: Cheese Omelet Sausage Link Carrot sticks w/ Ranch Dip</p>	<p>18 One Session Day No Lunch Served</p>
<p>21 M. L. King Jr.'s Birthday School Closed</p>	<p>22 Classic Burger Or Chicken Parm. Sub</p> <p>Sides for all Meals: Seasoned Vegetables Lettuce & Tomato Potato Wedges</p>	<p>23 Pancakes Or Grilled Cheese</p> <p>Sides for all Meals: Sweet Potato Pie Sausage Link Scrambled Eggs</p>	<p>24 Tyson Chicken Nuggets Or Philly Cheese Steak</p> <p>Sides for all Meals: Peppers & Onions Pasta Salad Green Beans</p>	<p>25 Macaroni & Cheese Or Mini Cheese Pizza Bagel</p> <p>Sides for all Meals: Three Bean Salad Mixed Vegetables Soft Baked Pretzel</p>
<p>28 Cheesy Breadsticks Or Tony's Cheese Pizza</p> <p>Sides for all Meals: Side Marinara Glazed Carrots Tomato & Cucumber</p>	<p>29 Hot Dog Or Cheese Quesadilla</p> <p>Sides for all Meals: Lettuce & Tomato Potato Wedges Salsa & Cheese</p>	<p>30 Tyson Chicken Nuggets Or Buttermilk Waffles</p> <p>Sides for all Meals: Celery Sticks Breadstick Sausage Links</p>	<p>31 Chicken Fajitas Or Mini Corn dogs</p> <p>Sides for all Meals: Side Pasta Peppers & Onions Smile Fries</p>	<p>USDA is an equal Opportunity employer and provider.</p>
Daily Alternates				
Turkey & Cheese Italian Hero Garden Salad w/ Tuna	Turkey & Cheese Salami & Cheese Garden Salad w/ Tuna	Turkey & Cheese Italian Hero Garden Salad w/ Tuna	Turkey & Cheese Chicken Salad Wrap Garden Salad w/ Tuna	Turkey & Cheese Italian Hero Garden Salad w/ Tuna
Fresh Fruit and Vegetable Bar (Available Daily)				
Fresh Baby Carrots Fresh Whole Fruit Assorted Chilled Fruit Skim Chocolate or 1% White or 1% Strawberry	Fresh Baby Carrots Fresh Whole Fruit Assorted Chilled Fruit Skim Chocolate or 1% White or 1% Strawberry	Fresh Baby Carrots Fresh Whole Fruit Assorted Chilled Fruit Skim Chocolate or 1% White or 1% Strawberry	Fresh Baby Carrots Fresh Whole Fruit Assorted Chilled Fruit Skim Chocolate or 1% White or 1% Strawberry	Fresh Baby Carrots Fresh Whole Fruit Assorted Chilled Fruit Skim Chocolate or 1% White Or 1% Strawberry