

January 2019 Menu Breakfast & After Care Snack

	Tuesday, 1st	Wednesday, 2nd	Thursday, 3rd	Friday, 4th
<p><u>Student Daily Breakfast</u> Prices: Reduced \$3.30 Paid \$2.00 Daily Adult Price \$3.00</p> <p><u>Payment Options:</u> Cash Money Order www.ezschoollpay.com</p>	<p>No School Semester Break</p>	<p>No School Semester Break</p>	<p>No School Semester Break</p>	<p>No School Semester Break</p>
Monday, 7th	Tuesday, 8th	Wednesday, 9th	Thursday, 10th	Friday, 11th
<p><u>Breakfast</u> *Frosted Flakes Cereal (1/3 Less Sugar) *Buttered Toast Chilled Applesauce Choice of Milk</p> <p><u>After Care Snack</u> *Chex Mix Choice of Milk</p>	<p><u>Breakfast</u> *Apple Cinnamon Cheerios Cereal *Buttered Toast OR Chicken *Biscuit</p> <p>Fresh Apple Slices Choice of Milk</p> <p><u>After Care Snack</u> *Pop Tart Choice of Milk</p>	<p><u>Breakfast</u> *Cinnamon Toast Crunch Cereal *Buttered Toast OR *Breakfast Pizza</p> <p>Chilled Sliced Pears 100% Fruit Juice Choice of Milk</p> <p><u>After Care Snack</u> Cinnamon Toast Crunch (Cereal On the Go) Choice of Milk</p>	<p><u>Breakfast</u> *Cocoa Puffs Cereal *Buttered Toast OR *Waffle w/ Syrup Sausage Link (Turkey)</p> <p>Chilled Fruit Cocktail Choice of Milk</p> <p><u>After Care Snack</u> Fresh Apple Slices Choice of Milk</p>	<p><u>Breakfast</u> *Assorted Cereal *Buttered Toast OR Sausage *Biscuit w/ Jelly</p> <p>*Chilled Fruit 100% Fruit Juice Choice of Milk</p> <p><u>After Care Snack</u> *Chex Mix 100% Fruit Juice</p>
Monday, 14th	Tuesday, 15th	Wednesday, 16th	Thursday, 17th	Friday, 18th
<p><u>Breakfast</u> *Frosted Flakes Cereal (1/3 Less Sugar) *Buttered Toast OR *Chicken Biscuit w/ Jelly</p> <p>Chilled Applesauce 100% Fruit Juice Choice of Milk</p> <p><u>After Care Snack</u> Cheez-It Crackers 100% Fruit Juice</p>	<p><u>Breakfast</u> *Apple Cinnamon Cheerios Cereal *Buttered Toast OR *Pancakes w/ Syrup Sausage Link (Turkey)</p> <p>Chilled Sliced Peaches Choice of Milk</p> <p><u>After Care Snack</u> *Cinnamon Toast Cereal Bar Choice of Milk</p>	<p><u>Breakfast</u> *Cinnamon Toast Crunch Cereal *Buttered Toast OR Scrambled Eggs Cheese Grits</p> <p>Chilled Fruit Cocktail 100% Fruit Juice Choice of Milk</p> <p><u>After Care Snack</u> *Rice Krispie Treat 100% Fruit Juice</p>	<p><u>Breakfast</u> *Cocoa Puffs Cereal *Buttered Toast OR *Grilled Cheese Hash Browns</p> <p>Fresh Apple Slices Choice of Milk</p> <p><u>After Care Snack</u> Fresh Grapes Choice of Milk</p>	<p><u>Breakfast</u> *Assorted Cereal *Buttered Toast OR *Pop Tart Turkey Sausage Link</p> <p>Chilled Fruit 100% Fruit Juice Choice of Milk</p> <p><u>After Care Snack</u> *Sun Chips 100% Fruit Juice</p>

September 2018 Menu - Breakfast & After Care Snack

Monday, 21st	Tuesday, 25th	Wednesday, 26th	Thursday, 27th	Friday, 28th
<p><i>No School M.L. King, Jr. Day</i></p>	<p><u>Breakfast</u> *Apple Cinnamon Cheerios Cereal *Buttered Toast OR Chicken *Biscuit</p> <p>Fresh Apple Slices Choice of Milk</p> <p><u>After Care Snack</u> *Pop Tart Choice of Milk</p>	<p><u>Breakfast</u> *Cinnamon Toast Crunch Cereal *Buttered Toast OR Scrambled Eggs *Grits</p> <p>Chilled Sliced Pears 100% Fruit Juice Choice of Milk</p> <p><u>After Care Snack</u> Cinnamon Toast Crunch (Cereal On the Go) Choice of Milk</p>	<p><u>Breakfast</u> *Cocoa Puffs Cereal *Buttered Toast OR *Waffle w/ Syrup Sausage Link (Turkey)</p> <p>Chilled Fruit Cocktail Choice of Milk</p> <p><u>After Care Snack</u> Fresh Apple Slices Choice of Milk</p>	<p><u>Breakfast</u> *Assorted Cereal *Buttered Toast OR Sausage *Biscuit w/ Jelly</p> <p>*Chilled Fruit 100% Fruit Juice Choice of Milk</p> <p><u>After Care Snack</u> *Chex Mix 100% Fruit Juice</p>
Monday, 28th	Tuesday, 29th	Wednesday, 30th	Thursday, 31st	<p><u>Daily Milk Choices:</u> 1% Non-Flavored Fat Free Chocolate Fat Free Strawberry Fat Free Vanilla</p> <p>*Whole Grain</p>
<p><u>Breakfast</u> *Frosted Flakes Cereal (1/3 Less Sugar) *Buttered Toast OR *Chicken Biscuit w/ Jelly</p> <p>Chilled Applesauce 100% Fruit Juice Choice of Milk</p> <p><u>After Care Snack</u> Cheez-It Crackers 100% Fruit Juice</p>	<p><u>Breakfast</u> *Apple Cinnamon Cheerios Cereal *Buttered Toast OR *Pancakes w/ Syrup Sausage Link (Turkey)</p> <p>Chilled Sliced Peaches Choice of Milk</p> <p><u>After Care Snack</u> *Cinnamon Toast Cereal Bar Choice of Milk</p>	<p><u>Breakfast</u> *Cinnamon Toast Crunch Cereal *Buttered Toast OR Scrambled Eggs Cheese Grits</p> <p>Chilled Fruit Cocktail 100% Fruit Juice Choice of Milk</p> <p><u>After Care Snack</u> *Rice Krispie Treat 100% Fruit Juice</p>	<p><u>Breakfast</u> *Cocoa Puffs Cereal *Buttered Toast OR *Grilled Cheese Hash Browns</p> <p>Fresh Apple Slices Choice of Milk</p> <p><u>After Care Snack</u> Fresh Grapes Choice of Milk</p>	
<p>"This Institution is an Equal Opportunity Provider and Employer"</p>				