

# JANUARY

2019



I'm  
**ORANGE  
STAR**

**GOOD  
EATS AT**

## Diboll Junior High and High School

Students return January 8, 2019  
January 21<sup>st</sup>, Holiday

**Breakfast is FREE to all Diboll  
ISD students. Lunch is \$2.80 per  
meal at Junior High and High  
School.**

## SPECIAL ANNOUNCEMENTS

### Daily Offerings:

#### Breakfast:

Cereal & Toast  
Fresh Fruit or Fruit Juice  
Variety of Milk

#### Lunch:

Basket Line  
Sandwich tray  
Chef Salad  
Variety of Milk

Menu subject to change without  
notice.

M	T	W	TH	F
	HAPPY NEW YEAR 1	2	3	4
Teacher Work Day 7	Scrambled Eggs & Biscuit Steakfingers w/Gravy Texas Toast Mashed Potatoes Mixed Vegetables Fresh Fruit 8	Dutch Waffle Funnel Cake Baked Potato w/Fixings Green Beans Garden Salad Mandarin Oranges Chocolate Chip Cookie 9	Kolache Doritos® Top N Go® Salsa/Lettuce/Tomato Pinto Beans Fresh Fruit 10	Breakfast Pizza Bosco Sticks Marinara Dipping Sauce Steamed Broccoli Carrot Coins Applesauce 11
French Toast Sticks Soft Taco Charro Beans Mexicali Corn Fresh Fruit 14	Pancake & Sausage on a Stick Orange Chicken Steamed Rice Stir Fry Vegetables Tomato Dippers Pineapple Tidbits 15	Yogurt Parfait Chicken Spaghetti Breadstick Green Beans Garden Salad Fresh Fruit 16	Breakfast Quesadilla w/Salsa Super Nachos Salsa/Lettuce/Tomato Refried Beans Fresh Fruit 17	Breakfast Pizza Chicken Strips Mashed Potatoes w/Gravy Steamed Broccoli Sliced Peaches Applesauce 18
Holiday 21	Pancake & Sausage Link Spaghetti & Meatballs Breadsticks Steamed Broccoli Romaine Salad Fresh Fruit 22	Cinnamon Roll Chicken Drumsticks Texas Toast Mashed Potatoes Green Beans Garden Salad Sliced Peaches 23	Sausage Egg & Cheese Biscuit Taco Salad Salsa/Lettuce/Tomato Refried Beans Fresh Fruit 24	Breakfast Pizza Chili Cheese Dog Seasoned Fries Baby Carrots w/Ranch Mandarin Oranges 25
Glazed Donut Chicken & Cheese Crispito Charro Beans Baby Carrots w/Ranch Fresh Fruit 28	Scrambled Eggs & Biscuit Four Meat Pizza Steamed Corn Garden Salad Applesauce 29	Dutch Waffle Funnel Cake Chicken Fried Steak w/Gravy WG Roll Mashed Potatoes Steamed Broccoli Fresh Fruit 30	Kolache Texas Chili Pie Pinto Beans Carrot Coins Fresh Fruit 31	



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER



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# ORANGE STAR

Orange

Orange Star started out as a little orange blossom that hung on a branch in a grove in Healthyville. During his first winter an early frost caused ice crystals to form all around him. Just as he was about to freeze, the sun hit the crystals in a magical way. Two months later he ripened into a nutritious, fully grown orange and wanted to take the world by storm but did not know how.

Then suddenly, as he fell from the top of the tree, a burst of vitamins shot out like bolts of lightning from his hands as he broke his fall. He discovered he could throw bursts of vitamins to all of the young orange blossoms and they could grow up into nutritious snacks for kids around the world. To this day, Orange Star travels the world turning ordinary orange blossoms into flavorful, nutrient rich oranges that are great snacks for kids to enjoy.



## FUN FACTS

Oranges are grown throughout the world in tropical and subtropical areas, but they achieve the best quality under subtropical conditions. For the most part, the warm, humid conditions of South Texas produce a thin-skinned, yellowish orange fruit with yellowish orange flesh that is quite sweet and juicy.

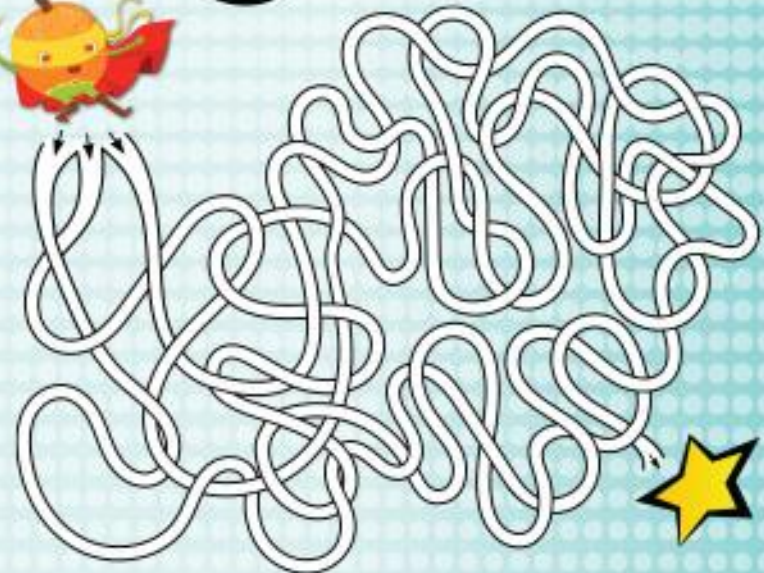


ORANGE STAR'S  
FAVORITE  
ACTIVITIES  
Traveling and  
Swimming



## MAZE

Color the path that will lead the superhero to his missing star.



**POW!**  
ARCH ENEMY  
Fruit Flies

## JOKE OF THE MONTH

Q: Why do oranges wear suntan lotion?

A: Because they peel.

Sources: Texas A&M and Agrilife Extension

Answer: Path #3