

DLISD School Health Advisory Council (SHAC)

Vision, Mission Statement, & Bylaws

2018-19

Vision Statement

All DLSISD students will reach their full personal, health, and academic potential.

Mission Statement

The mission of the DLSISD SHAC is to ensure that all children grades PreK-12, will have healthy bodies and minds through sequential health education, practices, and modeling of good health behaviors.

Goal

The goal of the DLSISD SHAC is to advise DLSISD decision-makers regarding students' needs and assets related to health knowledge and skills, regarding policies and procedures that impact student health, and regarding the health of the school environment. See TAC Education Code 28.004(a) for specific objectives and duties assigned.

***Accountability-** The SHAC will report their recommendations to the DLSISD Board of Trustees annually. The Chairman of the SHAC must be a parent and can Co-chair with the Coordinated School Health Leadership team.*

***Purpose -** The purpose of the SHAC is to assist the district in ensuring that local community values are reflected in the district's health education instruction. Per Senate Bill 19, the district must consider the recommendations of the SHAC before making changes in the district's health education curriculum or instruction.*

Specifically, in compliance with SB 19, SHAC will advise the Board of Trustees on the number of hours of instruction to be provided in health education; health education curriculum appropriate for specific grade levels that may include a coordinated health education program designed to prevent obesity, cardiovascular disease, and Type II diabetes through coordination of:

- (A) Health education;
- (B) Physical education;
- (C) Nutritional services;
- (D) Parental involvement; and
- (E) Instruction to prevent the use of tobacco; and appropriate grade levels and methods of instruction for human sexuality instruction.
- (F) Other areas of concern as identified in SB 19.

The SHAC will make recommendations to the district on topics relating to health and the health education of DLSISD students and D-LSISD employees. In advising the district, the SHAC will be guided by the **10 components** of coordinated school health as identified by the Centers for Disease Control and Prevention, the National Association of State Boards of Education, the National Association of School Boards, and the American Cancer Society. These include **1. Health Education, 2. PE and Physical Activity 3. Nutrition, Environment, and Food Services 4. School Health Services 5. Counseling, Psychology, and Social Services 6. Social and Emotional Climate 7. Physical Environment 8. Employee Wellness 9. Family Engagement, 10. Community Involvement.**

Membership and Composition

In compliance with SB 19, the majority of the Council will be parents of students currently enrolled in DLSISD, who are not employed by DLSISD. The members should be a representation of the views of the community, parents, students, members from the medical community, and other interested citizens. Membership of the SHAC will reflect the demographic, ethnic, and economic diversity of the school district. It will include both males and females. The length of term is determined by the person's willingness to serve.

Trustees may also appoint one or more persons to chair the SHAC. The SHAC Chair will co-chair with the Coordinated School Health Chairman. Minutes are completed with the assistance of the speaker and sent to members. If the group feels it is necessary, other officers can be appointed.

The Coordinated School Health (CSH) Leadership team is composed of representatives from administrators, the school nurse, counselors, PE, food services, campus crisis teams, and classroom teachers involved in integrating health on each campus.

These groups meet together to plan and implement goals and objectives to strengthen to overall school health program, but it is the SHAC who reports to the Board.

Meetings, Minutes, and Sign In Sheets

The SHAC/CSH will meet a minimum of four times a year. The dates of the meetings and the minutes will be discussed at the first meeting. Currently, meetings are on the second Tuesday at 12 noon at Church On The Rock except Dec. and May.

Minutes and special events may be posted on the school web site or on the Ounce of Prevention Facebook page. Copies of the Minutes and sign in sheets should be kept by the Superintendent or designee after the meetings

Amendments to Bylaws

These by-laws may be amended on approval by two thirds of the council members present and voting and officially constituting a quorum.

Five year plans- Goals should be stated at the first meeting and state strategies and action to achieve long-term goals.