

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast Pizza **4**
Carrots
Juice

Pancakes & Syrup **5**
Ham
Fruit

Homemade **6**
Strawberry/Blueberry
Muffin Squares
Yogurt
Fruit

Toasted Bagel **7**
With Cream Cheese
Juice

Cereal Choice **1**
String Cheese
Fruit

French Toast Sticks **11**
Sausage
Fruit

Homemade **12**
Blueberry Muffin
Squares
String Cheese
Fruit

Breakfast Sandwich **13**
Choice
Juice

Cereal Choice **14**
Smoothie
Fruit

8

NO SCHOOL
PROFESSIONAL
DAY

Cereal **18**
Yogurt
Fruit

Homemade Biscuits **19**
With Homemade Jam
Sausage
Juice

Homemade Muffin **20**
Scrambled Eggs
Fruit

Fresh Baked **21**
Whole Grain
Donut
Fruit

Waffles **15**
Syrup
Ham
Juice

Cereal **25**
Yogurt
String Cheese

Pancakes **26**
Syrup
Turkey Bacon
Juice

Chef Amy's **27**
Mixed Berry Muffin
String Cheese
Fruit

Breakfast Pizza **28**
Fruit

Breakfast **22**
Sandwich Choice
Juice

Cereal **29**
String Cheese
Juice

All meals are served with Fruit, Salad and/or Vegetable. Ice cold milk served with every meal. All breaded chicken products used are whole grain and whole muscle, real meat. Our ketchup and tomato products do not contain high fructose corn syrup. All breads, pastas and cereals are whole grain. Questions about the menu or a student balance? Contact Linda Mailhot 422- 2017 ext. 119 or lmailhot@rsu24.org During the fall harvest months, we may change the menu to accommodate weekly harvest availability.

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE. USDA is an equal opportunity provider and employer.



PAY FOR MEALS ONLINE
MySchoolBucks.com