



Lunch Menu

April 2019

MIDDLE SCHOOL LUNCH MENU

<p>1</p> <p>Crispy Chicken Drumstick Pepperoni Pizza Wedge Cheese Pizza Wedge Yummy Yogurt Plate Turkey & Cheese Sandwich Chicken Breast Chef Salad</p> <p>Freshly Baked Whole Wheat Roll Peas and Carrots Mashed Potatoes Baby Carrots Garden Salad</p>	<p>2</p> <p>Spaghetti and Meatballs with Garlic Toast Crispy Chicken Tenders Yummy Yogurt Plate Ham & Cheese Sandwich Chef Salad with Ham</p> <p>Garden Salad Green Beans Baby Carrots</p>	<p>3</p> <p>Tacomale Combo (Taco and Pork Tamales) Beef, Bean, & Cheese Burrito Yummy Yogurt Plate Turkey & Cheese Sandwich Chicken Breast Chef Salad</p> <p>Fiesta Salad Charro Beans Golden Corn Baby Carrots Pico de Gallo</p>	<p>4</p> <p>General Tso's Chicken over Fried Brown Rice Spicy Chicken Wrap Cheeseburger Hamburger Yummy Yogurt Plate Ham & Cheese Sandwich Chef Salad with Ham</p> <p>Lettuce, Tomato, & Pickle Roasted Ginger Garlic Broccoli Peas and Carrots Baby Carrots Garden Salad</p>	<p>5</p> <p>Corndog Pepperoni Pizza Cheese Pizza Yummy Yogurt Plate Chef Salad with Tuna Salad Tuna Salad with Crackers</p> <p>Tater Gems Rainbow Veggies Baby Carrots Under the Sea Jello</p>
<p>8</p> <p>Mega Minis Chicken Chunks Pepperoni Pizza Wedge Cheese Pizza Wedge Yummy Yogurt Plate Turkey & Cheese Sandwich Chicken Breast Chef Salad</p> <p>Freshly Baked Whole Wheat Roll Peas and Carrots Mashed Potatoes Baby Carrots Garden Salad</p>	<p>9</p> <p>Chicken Parmesan with Garlic Toast Crispy Chicken Tenders Yummy Yogurt Plate Ham & Cheese Sandwich Chef Salad with Ham</p> <p>Green Beans Garden Salad Baby Carrots</p>	<p>10</p> <p>Macho Nacho Beef, Bean & Cheese Burrito Yummy Yogurt Plate Turkey & Cheese Sandwich Chicken Breast Chef Salad</p> <p>Fiesta Salad Charro Beans Golden Corn Baby Carrots Pico de Gallo</p>	<p>11</p> <p>Mandarin Orange Chicken over Fried Brown Rice Spicy Chicken Wrap Cheeseburger Hamburger Yummy Yogurt Plate Ham & Cheese Sandwich Chef Salad with Ham</p> <p>Lettuce, Tomato, & Pickle Roasted Ginger Garlic Broccoli Peas and Carrots Baby Carrots</p>	<p>12</p> <p>Pepperoni Pizza Cheese Pizza Meatloaf Sandwich Yummy Yogurt Plate Chef Salad with Tuna Salad Tuna Salad with Crackers</p> <p>Tater Gems Rainbow Veggies Baby Carrots Under the Sea Jello</p>
<p>15</p> <p>Crispy Chicken Drumstick Pepperoni Pizza Wedge Cheese Pizza Wedge Yummy Yogurt Plate Turkey & Cheese Sandwich Chicken Breast Chef Salad</p> <p>Freshly Baked Whole Wheat Roll Peas and Carrots Mashed Potatoes Baby Carrots Garden Salad</p>	<p>16</p> <p>Spaghetti and Meatballs with Garlic Toast Cheesy Chicken Burger Yummy Yogurt Plate Ham & Cheese Sandwich Chef Salad with Ham</p> <p>Potato Spudsters Garden Salad Green Beans Baby Carrots</p>	<p>17</p> <p>Tacomale Combo (Taco and Pork Tamales) Beef, Bean, & Cheese Burrito Yummy Yogurt Plate Turkey & Cheese Sandwich Chicken Breast Chef Salad</p> <p>Fiesta Salad Charro Beans Golden Corn Baby Carrots Pico de Gallo</p>	<p>18</p> <p>General Tso's Chicken over Fried Brown Rice Spicy Chicken Wrap Cheeseburger Hamburger Yummy Yogurt Plate Ham & Cheese Sandwich Chef Salad with Ham</p> <p>Lettuce, Tomato, & Pickle Roasted Ginger Garlic Broccoli Baby Carrots Garden Salad</p>	<p>19</p> <p>No School</p>
<p>22</p> <p>No School</p>	<p>23</p> <p>Guajillo Chicken Tenders Crispy Chicken Tenders Yummy Yogurt Plate Ham & Cheese Sandwich Chef Salad with Ham</p> <p>Garlic Toast Potato Spudsters Green Beans Garden Salad Baby Carrots</p>	<p>24</p> <p>Macho Nacho Beef, Bean & Cheese Burrito Yummy Yogurt Plate Turkey & Cheese Sandwich Chicken Breast Chef Salad</p> <p>Fiesta Salad Charro Beans Golden Corn Baby Carrots Pico de Gallo</p>	<p>25</p> <p>Mandarin Orange Chicken over Fried Brown Rice Spicy Chicken Wrap Cheeseburger Hamburger Yummy Yogurt Plate Ham & Cheese Sandwich Chef Salad with Ham</p> <p>Lettuce, Tomato, & Pickle Roasted Ginger Garlic Broccoli Baby Carrots</p>	<p>26</p> <p>Pepperoni Pizza Cheese Pizza Meatloaf Sandwich Yummy Yogurt Plate Turkey & Cheese Sandwich Chicken Breast Chef Salad</p> <p>Tater Gems Rainbow Veggies Baby Carrots Under the Sea Jello</p>
<p>29</p> <p>Chili Cheese Tots Crispy Chicken Drumstick Turkey & Cheese Sandwich Chicken Breast Chef Salad</p> <p>Freshly Baked Whole Wheat Roll Peas and Carrots Tater Gems Baby Carrots Garden Salad</p>	<p>30</p> <p>Spaghetti and Meatballs Chicken Tenders Ham & Cheese Sandwich Chef Salad with Turkey</p> <p>Whole Wheat Roll Garden Salad Potato Spudsters Green Beans Baby Carrots</p>	<p>1</p> <p>Tacomale Combo (Taco and Pork Tamales) BBQ Beef Sandwich Turkey & Cheese Sandwich Chicken Breast Chef Salad</p> <p>Fiesta Salad Charro Beans Golden Corn Baby Carrots Pico de Gallo</p>	<p>2</p> <p>Guajillo Chicken Tenders Cheeseburger Hamburger Ham & Cheese Sandwich Chef Salad with Turkey</p> <p>Mashed Potatoes Peas & Carrots Lettuce, Tomato, & Pickle Baby Carrots Garden Salad</p>	<p>3</p> <p>Pepperoni Pizza Cheese Pizza Manager's Choice Turkey & Cheese Sandwich Chicken Breast Chef Salad</p> <p>Tater Gems Rainbow Veggies Baby Carrots Under the Sea Jello</p>

MENU INFORMATION

Offered Daily:

- Variety of Fresh Fruit
- Canned Fruit of the Day
- Variety of Milk Choices

New Menu Item

Vegetarian Entree or
Vegetarian Accomodation Available.

All breads and grains are whole grain rich

All Menus are subject to change

Breakfast Menu

Offered Daily:

- Fresh Fruit, 100% Fruit Juice, Assorted Milk

- Breadbasket (Select 1 or 2)
 - Poptart
 - Assorted Cereal
 - Muffin
 - Cheese Stick

Monday

- Breakfast Bar
- Kolache
- Yogurt Parfait
- Marranito

Tuesday

- PB&J Sandwich
- Marranito
- Yogurt Parfait

Wednesday

- Eggo Mini Pancakes
- Strawberry Bagels
- Cinnamon Roll
- Yogurt Parfait
- Marranito

Thursday

- Egg and Cheese Biscuit
- Concha
- Marranito
- Yogurt Parfait

Friday

- Sausage Biscuit
- Marranito
- Yogurt Parfait

- A complete breakfast consists of at least 3 components.
- Students must take a FRUIT or FRUIT JUICE.
- Students must be able to select their own items.

Contact Us

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