

Two fruit options and milk are offered daily at lunch.
Menu is subject to change.
This institution is an equal opportunity

OCTOBER 2019

Columbia County Middle Schools

Breakfast Choices
Hot Entrée, Cereal,
Cereal Bar or Poptart
Grits or Oatmeal
Fruit and Fruit Juice
Milk

Monday

Tuesday

Wednesday

Thursday

Friday

Classic Pancakes **1**

Boneless Wings w/Garlic Breadstick
Fish Tacos
Special Yogurt Snack Pack
Warm Waffle Fries
Garden Fresh Salad

Scrambled Eggs w/Toast **2**

Mini Corn Dogs
Hot Italian Sub
Deluxe Chicken Sandwich
Crispy Crinkle Cut Fries
Steamed Broccoli Florets

Golden Waffle **3**

Sweet & Sour Chicken w/Rice
Deluxe Chicken Sandwich
Special Yogurt Snack Pack
Sweet Potato Tots
Oriental Blend Vegetables

Scrambled Eggs w/Sausage & Toast **4**

Assorted Pizza
Chicken Nachos
Ultimate Uncrustable
Garden Fresh Salad
Cheesy Bean Dip

Sizzling Steak Biscuit **7**

Chicken Nuggets w/Garlic Breadstick
Crispy Corn Dog
Ultimate Uncrustable
Creamy Mashed Potatoes
Steamed Carrots

Smoothie w/Donut Hole **8**

Tasty Soft Taco w/Chips
Boneless Wings w/Roll
Garden Fresh Featured Salads
Steamed Corn
Cheesy Bean Dip

Scrambled Eggs w/Toast **9**

Classic Cheeseburger
Deluxe Chicken Sandwich
Ultimate Uncrustable
Crispy Crinkle Cut Fries
Steamed Broccoli

Fresh Baked Cinnamon Roll **10**

Crispy Chicken Tenders w/Dutch Waffle
Special Yogurt Snack Pack
Garden Fresh Featured Salads
Steamed Corn
Seasoned Green Beans

Mini Flapsticks **11**

Assorted Pizza
Oven Roasted Chicken Wings w/Roll
Ultimate Uncrustable
Crisp Potato Wedges
Steamed Carrots

School Holiday **14**

Teacher Professional Learning Day **15**

Scrambled Eggs w/Toast **16**

Juicy Hamburger
Deluxe Chicken Sandwich
Ultimate Uncrustable
Crispy Crinkle Cut Fries
Home-Style Baked Beans

Flavorful Flapstick **17**

Zesty Orange Chicken w/ Rice
Oven Roasted Chicken Wings w/Garlic Toast
Special Yogurt Snack Pack
Breakfast Bowl
Steamed Broccoli Florets
Sweet Potato Tots

French-Toast Sticks **18**

Assorted Pizza
Deluxe Chicken Sandwich
Ultimate Uncrustable
Garden Fresh Salad
Tender Green Peas

Chicken Biscuit **21**

Popcorn Chicken w/Garlic Breadstick
Sloppy Joe Sandwich
The Ultimate Uncrustable
Baby Carrots w/Dip
Oven-Roasted Potato Smiles

Classic Pancakes **22**

Boneless Wings w/Garlic Breadstick
Fish Tacos
Special Yogurt Snack Pack
Warm Waffle Fries
Garden Fresh Salad

Scrambled Eggs w/Toast **23**

Mini Corn Dogs
Hot Italian Sub
Deluxe Chicken Sandwich
Crispy Crinkle Cut Fries
Steamed Broccoli Florets

Golden Waffle **24**

Sweet & Sour Chicken w/Rice
Deluxe Chicken Sandwich
Special Yogurt Snack Pack
Sweet Potato Tots
Oriental Blend Vegetables

Scrambled Eggs w/Sausage & Toast **25**

Assorted Pizza
Chicken Nachos
Ultimate Uncrustable
Garden Fresh Salad
Cheesy Bean Dip

Sizzling Steak Biscuit **28**

Chicken Nuggets w/Garlic Breadstick
Crispy Corn Dog
Ultimate Uncrustable
Creamy Mashed Potatoes
Steamed Carrots

Smoothie w/Donut Hole **29**

Walking Tacos
Boneless Wings w/Roll
Cobb Salad
Steamed Corn
Cheesy Bean Dip

Scrambled Eggs w/Toast **30**

Classic Cheeseburger
Ultimate Uncrustable
Deluxe Chicken Sandwich
Crispy Crinkle Cut Fries
Steamed Broccoli

Fresh Baked Cinnamon Roll **31**

Crispy Chicken Tenders w/Dutch Waffle
Special Yogurt Snack Pack
Southwestern Salad
Steamed Corn
Seasoned Green Beans

Lunch Price

Student Full Price	\$2.50
Reduced Price	\$2.00
Adult Price	\$3.00
Jumbo	\$1.75
Extra Milk	\$0.50

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National School Lunch Week Oct. 16-18th

Special Features:
Breakfast Bowl and Walking Tacos