

# OLG 1<sup>st</sup> and 2<sup>nd</sup> Grade Physical Education

**Teacher: Andrea Fisher**

**Objective:** To promote the importance of physical activity, refine basic motor skills and improve skills at playing games.

Every class takes place on the blacktop so for safety reasons it's very important that each child has on a **sturdy pair of athletic shoes!** Athletic shoes may only be white, black or gray. Socks may be white, black or navy blue. The children are required to wear the OLG PE uniform. The PE uniform consists of the blue OLG athletic shorts, the grey PE T-shirt and a supportive pair of athletic shoes. The students wear their PE uniform to school on PE days. School sweats may be worn on cold days. A brimmed hat may also be worn for PE on sunny days. Girls with long hair should wear hair back in a ponytail for class.

**Grading** will be based on whether or not the children come to class to participate (e.g. correct PE uniform), attitude/behavior and effort. The children are not expected to excel at each activity but they are expected to participate in and **try** each activity.

A **note** from the parent/guardian is needed if your child is to miss a class due to illness or injury. If several classes are to be missed for medical reasons, a doctor's note is required.

If you have any questions or concerns, please contact me.  
818-344-4126 ext.#333 or [afisher@ourladyofgrace.co](mailto:afisher@ourladyofgrace.co)

## **PE days**

**1<sup>st</sup> grade Tues. & Thurs.**

**2<sup>nd</sup> grade Mons. & Thurs.**

**BE A GOOD LISTENER**

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**FOLLOW DIRECTIONS**

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**GOOD SPORTSMANSHIP**

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**USE EQUIPMENT CORRECTLY**

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**ALWAYS TRY YOUR BEST**

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**HAVE FUN!!**

