








MAY 2019 - Conover School - Breakfast / Lunch Menu

NEWTON-CONOVER CITY SCHOOLS

Students are offered 5 components which make a regular lunch. Students may decline up to two component, however one of their choices must be a vegetable or a fruit to be considered a regular lunch. **Students taking only 1 or 2 items, or taking 3 items without a vegetable or fruit will be charged a la carte prices.**

Available Daily at Breakfast - × Assorted Cereal × Toast w/Jelly × Cinnamon Grahams × Yogurt × Juice × Fruit × Milk ×

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Dates to Remember!		1	2	3	
<div style="display: flex; justify-content: space-between; align-items: center;">  <div style="text-align: center;"> <p>Friday, May 3rd - School Lunch Hero Day!</p> </div> </div> <div style="display: flex; justify-content: space-between; align-items: center; margin-top: 20px;"> <div style="text-align: center;"> <p>Tuesday, May 28th - National Hamburger Day!</p> </div>  </div>		<p>Breakfast Breakfast Pizza 26</p> <p>Lunch Turkey Tetrizzini w/roll 58 Sloppy Joe 38 Roasted Baby Carrots 7 Seasoned Green Beans 6 <i>Fresh Strawberries 7</i> Baked Apples 28</p>	<p>Breakfast Dutch Waffle 51</p> <p>Lunch Hamburger 29 Hot Ham & Chz Croissant 30 Glazed Carrots 17 Steamed Green Peas 22 Sliced Pears 14 Fruit Punch 14</p>	<p style="color: #4682B4;">School Lunch Hero Day!</p> <p>Breakfast Breakfast Muffin IW 41</p> <p>Lunch Domino's Pizza 29 Beanie Weinies w/roll 48 Scalloped Potatoes 19 Vegetable Medley 4 Applesauce 15 Mixed Fruit 19</p>	
6	7	8	9	10	
<p>Breakfast Pork Biscuit 36</p> <p>Lunch Chicken Fillet Sandwich 43 Chicken Fajitas 26 Glazed Sweet Potatoes 45 Seasoned Green Beans 6 Frozen Fruit Cup 21 Applesauce 15</p>	<p>Breakfast Fr. Tst Sticks w/syrup 52</p> <p>Lunch Soft Taco 22 Pork Chop & Gvy w/roll 39 Turnip Greens 0 Mashed Potatoes 15 Sliced Peaches 14 Raisins 34</p>	<p>Breakfast Breakfast Pizza 26</p> <p>Lunch Corn Dog 30 Stuffed Cheesesticks 30 Gold Rush Juice Box 10 Steamed Green Peas 22 Sliced Pears 14 <i>Fresh Strawberries 7</i></p>	<p>Breakfast WG Breakfast Donut 41</p> <p>Lunch Hamburger 29 Grilled Cheese Sandwich 30 Baked Beans 39 Potato Wedges 18 Applesauce 15 Mixed Fruit 19</p>	<p>Breakfast Flapstick w/syrup 37</p> <p>Lunch Pepperoni Pizza 30 Tst Turkey & Chz Sandwich 30 Glazed Carrots 17 Vegetable Medley 4 Baked Apples 28 Apple Juice 14</p>	
<p>Breakfast Prices 2018-2019</p> <p>Grades K to 12 - \$1.25 Reduced Rate - \$0.00 Entrée Only - \$1.00 Milk Only - \$0.50</p>		<p>Lunch Prices 2018-2019</p> <p>Grades K to 5 - \$2.50 Reduced Rate - \$0.40 Entrée Only - \$1.75 to \$2.00 Milk Only - \$0.50</p>		<p>Cost of Meals for May 2019 - (22 days)</p>	
				<p>Breakfast Grades K to 12 - \$27.50 Reduced Rate - \$0.00</p>	<p>Lunch Grades K to 5 - \$55.00 Reduced Rate - \$8.80</p>

<p>13</p> <p>Breakfast Chicken Biscuit 35</p> <p>Lunch Hotdog 30 Deli Turkey Sandwich 30 Potato Wedges 18 Baked Beans 39 Frozen Fruit Cup 21 Applesauce 15</p>	<p>14</p> <p>Breakfast Cinnamon Roll 53</p> <p>Lunch Spaghetti w/Brdstick 69 Ckn & Chz Quesadilla 24 Steamed Broccoli 5 Pinto Beans 15 Sliced Peaches 14 Raisins 34</p>	<p>15</p> <p>Breakfast Breakfast Pizza 26</p> <p>Lunch Turkey Tetrizzini w/roll 58 Sloppy Joe 38 Roasted Baby Carrots 7 Seasoned Green Beans 6 <i>Fresh Strawberries</i> 7 Baked Apples 28</p> 	<p>16</p> <p>Breakfast Dutch Waffle 51</p> <p>Lunch Hamburger 29 Hot Ham & Chz Croissant 30 Glazed Carrots 17 Steamed Green Peas 22 Sliced Pears 14 Fruit Punch 14</p>	<p>17</p> <p>Breakfast Breakfast Muffin IW 41</p> <p>Lunch Domino's Pizza 29 Beanie Weinies w/roll 48 Scalloped Potatoes 19 Vegetable Medley 4 Applesauce 15 Mixed Fruit 19</p>
<p>20</p> <p>Breakfast Pork Biscuit 36</p> <p>Lunch Chicken Fillet Sandwich 43 Chicken Fajitas 26 Glazed Sweet Potatoes 45 Seasoned Green Beans 6 Frozen Fruit Cup 21 Applesauce 15</p>	<p>21</p> <p>Breakfast Fr. Tst Sticks w/syrup 52</p> <p>Lunch Soft Taco 22 Pork Chop & Gvy w/roll 39 Turnip Greens 0 Mashed Potatoes 15 Sliced Peaches 14 Raisins 34</p>	<p>22</p> <p>Breakfast Breakfast Pizza 26</p> <p>Lunch Corn Dog 30 Stuffed Cheesesticks 30 Gold Rush Juice Box 10 Steamed Green Peas 22 Sliced Pears 14 <i>Fresh Strawberries</i> 7</p> 	<p>23</p> <p>Breakfast WG Breakfast Donut 41</p> <p>Lunch Hamburger 29 Grilled Cheese Sandwich 30 Baked Beans 39 Potato Wedges 18 Applesauce 15 Mixed Fruit 19</p>	<p>24</p> <p>Breakfast Flapstick w/syrup 37</p> <p>Lunch Pepperoni Pizza 30 Tst Turkey & Chz Sandwich 30 Glazed Carrots 17 Vegetable Medley 4 Baked Apples 28 Apple Juice 14</p>
<p>27</p> <p>NO SCHOOL HOLIDAY</p> 	<p>28</p> <p><i>N'l Hamburger Day!</i></p> <p>Breakfast Chicken Biscuit 35</p> <p>Lunch Hamburger 29 Deli Turkey Sandwich 30 Potato Wedges 18 Baked Beans 39 Frozen Fruit Cup 21 Applesauce 15</p> 	<p>29</p> <p>Breakfast Cinnamon Roll 53</p> <p>Lunch Spaghetti w/Brdstick 69 Ckn & Chz Quesadilla 24 Steamed Broccoli 5 Pinto Beans 15 Sliced Peaches 14 Raisins 34</p>	<p>30</p> <p>Breakfast Breakfast Pizza 26</p> <p>Lunch Hotdog 30 Hot Ham & Chz Croissant 30 Glazed Carrots 17 Steamed Green Peas 22 Sliced Pears 14 Fruit Punch 14</p>	<p>31</p> <p>Breakfast Dutch Waffle 51</p> <p>Lunch Domino's Pizza 29 Beanie Weinies w/roll 48 Scalloped Potatoes 19 Vegetable Medley 4 Applesauce 15 Mixed Fruit 19</p>

Menus, Nutrition, and Allergen Information can be found on our system website: www.newton-conover.org - Menus are subject to change - Notice is given when possible

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