



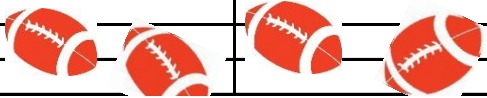
hello october,  
please be good.



Medical Statement for Children with Special Dietary Needs: Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.



MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY
1	2	3	4	5
Grilled Chicken Sandwich	Sloppy Joe	Beef Taco & Chips	<b>Corndog</b>	 <p>GO CATS</p>
Hamburger	Fish Sandwich	Hot Dog	BBQ Sandwich	
<b>Chicken Sandwich</b>	<b>Chicken Sandwich</b>	<b>Chicken Sandwich</b>	<b>Chicken Sandwich</b>	
<b>Spicy Chicken Sandwich</b>	<b>Chicken Chunks Buffalo</b>	<b>Spicy Chicken Sandwich</b>	<b>Spicy Chicken Sandwich</b>	
Pizza	<b>Roll</b>	Pizza	Pizza	
French Fries	Potato Rounds	French Fries	<b>Baked Beans</b>	
Lettuce & <b>Tomato</b>	Green Beans	Lettuce & <b>Tomato</b>	French Fries	
Fruit Cocktail	Rip Tide Slushie	Peach Cup	Peaches	
Applesauce cup	<b>Fresh Fruit</b>	Pineapple	<b>Juice</b>	
		<b>Rice Krispies Treat</b>	<b>Cupcake</b>	
Daily Average	Daily Average	Daily Average	Daily Average	
Calories...816	Calories...673	Calories...744	Calories...829	
Cholesterol...68 mg	Cholesterol...36 mg	Cholesterol...64 mg	Cholesterol...74 mg	
Sodium.1138mg	Sodium.939mg	Sodium.1166 mg	Sodium.1449 mg	
Sugar 43.2 g	Sugar 31.6 g	Sugar 19.9g	Sugar 40.9 g	
Carbohydrates 114.9 g	Carbohydrates 99.0 g	Carbohydrates 99.4 g	Carbohydrates 124.7 g	
8	9	10	11	12
 	Spaghetti	Chicken Teriyaki Nuggets	<b>Oven Baked Chicken</b>	Ham and Cheese Sandwich
	<b>Chicken Chunks</b>	Country Fried Steak	Salisbury Steak	PB&J Sandwich
	Bread Sticks	<b>Chicken Sandwich</b>	<b>Chicken Sandwich</b>	Chips
	<b>Chicken Sandwich</b>	<b>Spicy Chicken Sandwich</b>	<b>Spicy Chicken Sandwich</b>	Carrot Sticks
	Pizza	Pizza	Pizza	Juice
	Lettuce & <b>Tomato</b>	Scalloped Potato	Mashed Potatoes w/Gravy	<b>Fresh Fruit</b>
	Corn	Steamed Broccoli & Cheese	Seasoned Green Beans	
	Diced Pears	<b>Roll</b>	Strawberry Cup	
	<b>Fresh Fruit</b>	<b>Fresh Fruit</b>	<b>Fresh Fruit</b>	<b>Homecoming</b>
		Peaches	<b>Roll</b>	<b>Early Dismissal</b>
	Daily Average	Daily Average	Daily Average	Daily Average
	Calories...372	Calories...615	Calories...676	Calories...1222
	Cholesterol...31 mg	Cholesterol...32 mg	Cholesterol...99 mg	Cholesterol...28 mg
	Sodium 514 mg	Sodium 1176mg	Sodium.874 mg	Sodium.1449 mg
Sugar 18.7 g	Sugar 32.2 g	Sugar 25g	Sugar 40.9 g	
Carbohydrates 54.2 g	Carbohydrates 99.0 g	Carbohydrates 87.4 g	Carbohydrates 124.7 g	
15	16	17	18	19
Grilled Chicken Sandwich	Sloppy Joe	Beef Taco & Chips	Country Fried Steak	<b>Corndog</b>
Hamburger	Fish Sandwich	Hot Dog	Pork Roast w/Gravy	BBQ Sandwich
<b>Chicken Sandwich</b>	<b>Chicken Sandwich</b>	<b>Chicken Sandwich</b>	Combread	<b>Chicken Sandwich</b>
<b>Spicy Chicken Sandwich</b>	<b>Chicken Chunks Buffalo</b>	<b>Spicy Chicken Sandwich</b>	<b>Chicken Sandwich</b>	<b>Spicy Chicken Sandwich</b>

Pizza	Roll	Pizza	Spicy Chicken Sandwich	Pizza
French Fries	Potato Rounds	French Fries	Pizza	Baked Beans
Lettuce & Tomato	Green Beans	Lettuce & Tomato	Mashed Potatoes	French Fries
Fruit Cocktail	Rip Tide Slushie	Peach Cup	Turnips	Peaches
Applesauce cup	Fresh Fruit	Pineapple	Fresh Fruit	Juice
		Rice Krispies Treat	Diced Pears	Cupcake
Daily Average	Daily Average	Daily Average	Daily Average	Daily Average
Calories...816	Calories...673	Calories...744	Calories...744	Calories...829
Cholesterol...68 mg	Cholesterol...36 mg	Cholesterol...64 mg	Cholesterol...64 mg	Cholesterol...74 mg
Sodium.1138mg	Sodium.939mg	Sodium.1166 mg	Sodium.1166 mg	Sodium.1449 mg
Sugar 43.2 g	Sugar 31.6 g	Sugar 19.9g	Sugar 19.9g	Sugar 40.9 g
Carbohydrates114.9 g	Carbohydrates 99.0 g	Carbohydrates 99.4 g	Carbohydrates 99.4 g	Carbohydrates 124.7 g
22	23	24	25	26
Hamburger	Spaghetti	Chicken Teriyaki Nuggets	Oven Baked Chicken	Chicken Sandwich
Hotdog	Chicken Chunks	Country Fried Steak	Salisbury Steak	Ham and Cheese Sandwich
Chicken Chunks Buffalo	Bread Sticks	Chicken Sandwich	Chicken Sandwich	BBQ Sandwich
Chicken Sandwich	Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich	Chicken Sandwich
Pizza	Pizza	Pizza	Pizza	Spicy Chicken Sandwich
Mac & Cheese	Lettuce & Tomato	Scalloped Potato	Mashed Potatoes w/Gravy	Pizza
Roll	Corn	Steamed Broccoli & Cheese	Seasoned Green Beans	Baked Beans
Blackeyed Peas	Diced Pears	Roll	Strawberry Cup	French Fries
Carrots	Fresh Fruit	Fresh Fruit	Fresh Fruit	Peaches
Fruit Cocktail		Peaches	Roll	Juice
Applesauce cup				
Daily Average	Daily Average	Daily Average	Daily Average	Daily Average
Calories...650	Calories...372	Calories...615	Calories...676	Calories...829
Cholesterol...32 mg	Cholesterol...31 mg	Cholesterol...32 mg	Cholesterol...99 mg	Cholesterol...74 mg
Sodium 1180 mg	Sodium 514 mg	Sodium 1176mg	Sodium.874 mg	Sodium.1449 mg
Sugar 32.2 g	Sugar 18.7 g	Sugar 32.2 g	Sugar 25g	Sugar 40.9 g
Carbohydrates 101 g	Carbohydrates54.2 g	Carbohydrates 99.0 g	Carbohydrates 87.4 g	Carbohydrates 124.7 g
29	30	31		
Grilled Chicken Sandwich	Sloppy Joe	Beef Taco & Chips		
Hamburger	Fish Sandwich	Hot Dog		
Chicken Sandwich	Chicken Sandwich	Chicken Sandwich		
Spicy Chicken Sandwich	Chicken Chunks Buffalo	Spicy Chicken Sandwich		
Pizza	Roll	Pizza		
French Fries	Potato Rounds	French Fries		
Lettuce & Tomato	Green Beans	Lettuce & Tomato		
Fruit Cocktail	Rip Tide Slushie	Peach Cup		
Applesauce cup	Fresh Fruit	Pineapple		
		Rice Krispies Treat		
Daily Average	Daily Average	Daily Average		
Calories...816	Calories...673	Calories...744		
Cholesterol...68 mg	Cholesterol...36 mg	Cholesterol...64 mg		
Sodium.1138mg	Sodium.939mg	Sodium.1166 mg		
Sugar 43.2 g	Sugar 31.6 g	Sugar 19.9g		



Carbohydrates 114.9 g	Carbohydrates 99.0 g	Carbohydrates 99.4 g		
Low fat and fat free white, strawberry, lactose free milk and chocolate milk offered daily.				
Georgia Grown	Menu subject to change based on availability.			Locally Grown