

## **FOOTBALL INFORMATION – FALL 2019**

### **Registration is Open!**

We are excited to announce the opening of registration for the 2019 Season of the Northwest Catholic Saints Fall Football Season. Football in our opinion is the greatest sport to teach your child important life lessons including hard work, discipline, physical fitness, persistence, team work any many more qualities that will serve them well in life. CYO football is the only league that provides quality football instruction in a Christian based environment. If your looking for an activity for your child to get them off the couch or out from behind the video games, football is a wonderful alternative.

[Click Here to Register Online](#)

<http://nwcatholicfootball.com/site/>

### **TD Madness Event!**

This year we are having our annual off-season skills night, in conjunction with the opening of registration. We are calling this event TD Madness. We want our past players, new players and those that are interested in learning if football might be a fit for them. Please come out and bring a friend who might be interested in playing. This year we will be giving out TD Madness tee-shirts to those who have registered for football online before the event or if they register at the event. This is a free event. We hope to have a lot of kids out to support. This event will be held at Total Sports West Bloomfield, 6343 Farmington Rd, West Bloomfield, MI 48322 from 5pm-7pm. PLEASE RSVP for this event to [info@nwcatholicfootball.com](mailto:info@nwcatholicfootball.com) – email the participant name, and grade who will be attending.

### **Safety!**

Northwest Catholic puts safety at the foremost of everything we do. We have newer helmets and equipment with the latest safety technology. All coaches that have been certified in Heads-up Concussion training and Protecting God's Children. We have been teaching "rugby style" tackling which is the safest form of tackling for several years. This in conjunction with the CYO rules that only allow 2 days of full contact on 2 days a week after the first game of the season. All these safety pre-cautions have proven to reduce any risk of injury greatly. Football has taken many precautions that other sports have not.

### **Early Registration Discount!**

To provide the best possible experience for your child, it is very important that we know how many participants that we will have so we can do our best to plan the number of teams and negotiate with the CYO what divisional level of competition we would be best suited for. To that end, we offer a substantial \$30 early registration discount. This year's fee will be \$230 per participant, if you register before March 31<sup>st</sup>, 2019 the fee is \$200. We really encourage you to register by March 31<sup>st</sup>, 2019. As always, if something changes in your life after you register we will refund your fees. Your fees include all your equipment except for your girdle, cup, socks and spikes.

**Conditioning Camp!**

We will again this year have an optional conditioning camp the week before the season. This is held at Our Lady of Sorrows Field in the evenings. This is open to all sports participants. The cost is \$40 for the week. If you are registered before July 1, 2019 this includes a camp tee-shirt. You can register at the same time you register for football to make things easy.

**Great Volunteer Coaches!**

One of thing that leads to a good experience for child is the dedicated volunteer coaches that have been in the program for several years and buy in to the philosophy that Northwest Catholic promotes. We are always looking for more volunteers to help make this program the best program in the area. If you are interested in volunteering, please reach out to Jim Harrington at [info@nwcatholicfootball.com](mailto:info@nwcatholicfootball.com)

Most of our coaches from last year are returning.

Freshman – Jim Harrington, Mike Bojaj

JV – Nick Kallas, Jerrod Johnson, Steven Arnold

Varsity – Dave Tartoni, Rick Genrich, Scott Truman, Chris Filliatraut

The Football Committee at Northwest Catholic is working hard every day to improve the program and experience for the players and parents. We hope you choose to get involved and help make this a great season for all. All we ask of you right now is that if you are planning on registering, please register before the early registration discount expires March 31, 2019.

Also, if you know anyone in the following parishes, who might be interested please pass this information along.

Our Lady of Sorrows	Our Lady of Victory	St. Fabian	St. Williams
St. Gerald	St. James	St Joe	Holy Family

**2019 Northwest Catholic Football Key Dates**

- January 14th, 2019 - Registration Opens-On-line
- February 10th, 2019 - TD Madness Skills Night and Early Registration Event
- March 31st, 2019 - Early Registration Discount Ends (\$200 early vs \$230 late)
- May 1st, 2019 - Official Registration Closes
- July 29th-August 2nd, 2019 - Optional Conditioning Camp & Equipment Distribution
- August 5th, 2019 - Practice Begins
- August 17th, 2019 - Pre-season Scrimmage
- August 24th, 2019 - First Game
- October 12th, 2019 - Last Regular Season Game
- October 19th, 2019 - CYO Championship and Exhibition Games Ford Field (Varsity Only)

Sincerely,

Jim Harrington

Northwest Catholic Football Committee Chair