



SEPTEMBER MENU 2019



Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Paid \$0.00 K-6 Lunch Paid \$2.40 7&8 Lunch Paid \$2.65 Free & Reduced \$0.00 Adult Paid \$3.80 Milk \$0.35	3 Blueberry Muffin, Yogurt, Canned Fruit & 100% Fruit Juice ***** Cheese Burger	4 Breakfast Pizza Seasonal Fruit ***** Chicken Nuggets	5 Biscuits –Country Gravy 100% Fruit Juice ***** Beef Tacos	6 French Toast Seasonal Fruit ***** Pizza Sticks
Breakfast Weekly Alternate: Cereal, Cracker and Fruit				
9 Belgian Waffles Seasonal Fruit ***** Hot Dog Baked Beans	10 Bagel & Cream Cheese 100% Fruit Juice ***** Mac & Cheese Roll	11 Cinni Mini Seasonal Fruit ***** Pepperoni & Cheese Pizza	12 Biscuits –Country Gravy 100% Fruit Juice ***** Beef Nacho’s	13 Breakfast Sandwich Seasonal Fruit ***** BBQ Pork Riblet
Breakfast Weekly Alternate: Cereal, Cracker and Fruit				
16 Berry French Toast Seasonal Fruit ***** Sweet & Sour Meatballs Rice	17 Blueberry Muffin, Yogurt, 100% Fruit Juice ***** Home-made Chili Cornbread	18 Cherry Frudel Seasonal Fruit ***** Chicken Nuggets	19 Biscuits –Country Gravy 100% Fruit Juice ***** Chili Cheese Fries	20 Breakfast Pizza Seasonal Fruit ***** Hamburgers
Breakfast Weekly Alternate: Cereal, Cracker and Fruit				
24 Belgian Waffles Seasonal Fruit ***** Chicken Burger	25 Bagel & Cream Cheese 100% Fruit Juice ***** Orange Chicken Brown Rice	26 Pancake on a Stick Seasonal Fruit ***** Pepperoni & Cheese Pizza	27 Biscuits –Country Gravy 100% Fruit Juice ***** Bean & Cheese Burrito	28 Strawberry Parfait Seasonal Fruit ***** Corn Dog
Breakfast Weekly Alternate: Cereal, Cracker and Fruit				
30 Berry French Toast Seasonal Fruit ***** Chili Dog				
Daily Lunch Alternates				
Turkey & Cheese Chef Salad	Ham & Cheese Sub	Turkey & Cheese Chef Salad	Ham & Cheese Sub	Turkey & Cheese Chef Salad
5th, 6th, 7th, 8th Grade Alternate Choice				
	Pizza	Chicken Tenders	Cheese Burger	
Fresh Fruit & Vegetable Bar (Available Daily)				
Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad
Fresh Carrots	Fresh Celery	Fresh Broccoli	Black Beans	Fresh Carrots
Potato Salad	Coleslaw	Corn & Pepper Salad	Fresh Tomatoes	Sliced Cucumbers
Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit
Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit