

Cold cereal is offered daily as an alternate to the breakfast entrée.

ALL MEALS INCLUDES ½ PINT MILK.

# September 2019 Breakfast and Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2  No School Labor Day Holiday	3 Kalua Quesadilla Dried Cranberries Oranges ***** Chili Steamed Rice Corn Peaches	4 Ham Links Steamed Rice, Oranges Pineapple Chunks ***** Chicken Tenders Steamed Rice Rainbow Salad Mixed Fruit, Veggie Sticks	5 Waffles Apple 100% Fruit Juice ***** Corn Dog Tater Tots Orange Veggie Sticks	6  Pancake Wrap Oranges ***** Pepperoni Pizza Apple Veggie Sticks
9 Turkey Egg Slider Pineapple Chunks Oranges ***** Korean Chicken Steamed Rice Mixed Fruit Rainbow Salad	10 Ham & Cheese Sandwich Dried Cranberries Apples ***** Hot Dog Wedge Fries Veggie Sticks Fruit Slushy	11 Cinnamon Roll Orange 100% Fruit Juice ***** Beef Stew Steamed Rice Steamed Vegetables Oranges	12 Portuguese Sausage Fried Rice, Apple 100% Fruit Juice ***** Chicken Patty Sandwich Apples Veggie Sticks Baked Beans	13 Fruited Muffin 100% Fruit Juice Orange ***** Roast Pork with Gravy Steamed Rice Rainbow Salad Apples
16 Pepperoni Sticks Orange Mixed Fruit ***** Oven-baked Chicken Steamed Rice Steamed Carrots Edamame, Apple	17 Pork Sausage Patty Steamed Rice, Apple Pineapple Chunks ***** Hamburger Steak & Gravy Steamed Rice Corn, Steamed Carrots Orange	18 Ham Link-in-a-Bun Orange 100% Fruit Juice ***** Vegetarian Pizza House Salad Veggie Sticks with Dip Apple	19 Fruited Muffin Apple 100% Fruit Juice ***** Sweet and Sour Pork Steamed Rice Rainbow Salad, Edamame 100% Fruit Juice	20 Portuguese Sausage Fried Rice, Apple 100% Fruit Juice ***** BBQ Pork Sandwich Fries Coleslaw Pineapple Chunks
23 Pizza Bagel Pineapple Chunks Apple ***** Chicken Patty with Gravy Steamed Rice Steamed Vegetables Apple	24 Plain Bagel Cream Cheese, Orange 100% Fruit Juice ***** Chicken Broccoli Steamed Rice Corn Pineapple Chunks	25 Chicken Patty with Gravy Steamed Rice, Apple 100% Fruit Juice ***** Creole Macaroni House Salad Veggie Sticks with Dip Mixed Fruit	26 Portuguese Sausage Steamed Rice, Orange Apple Sauce ***** Hamburger Veggie Sticks with Hummus Tater Tots Apple	27 Cinnamon Roll Pineapple Chunks Apple ***** Green Papaya & Chicken Soup Orange Veggie Sticks Lettuce and Tomato
30 Pepperoni Pizza Sticks Orange 100% Fruit Juice ***** Tuna Salad Sandwich Veggie Sticks with Dip Curly Fries Fruit Slushy				

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER."

Menu is subject to change without notice.