



# Physical Education

## Physical Education Exemption Request Form 2017-2018

Physical Education exemption is made available to students who participate in out-of-school athletic pursuits and/or training when that commitment **exceeds 8 hours per week**. Please complete the form below and return to Mrs. Alejandre in room 41 C. **You MUST attach a business card and/or proof of enrollment in activity.** If your request for P.E. exemption is approved you will be notified by receiving an approval letter via mail, along with a log sheet. **Until that time you will be expected to attend the regular P.E. class.**

*Please make sure everything is complete before submitting.*

Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Advisor: \_\_\_\_\_

Name of Alternative Activity: \_\_\_\_\_ Team Name: \_\_\_\_\_

Will you get picked up from school at 2:30? \_\_\_\_\_ If no, why not? \_\_\_\_\_

Does the sport exceed 8 hours a week or more? \_\_\_\_\_

Total number of hours participating in the given activity (including games): \_\_\_\_\_

Circle Trimester(s) you will be PE exempt:

Trimester 1, Trimester 2, Trimester 3

Circle the day(s) you will you be exempt from PE: (meaning you will NOT be in PE)

Monday--- Tuesday—Wednesday---Thursday

By initialing each box you acknowledge and accept the Physical Education exemption requirements. The following items will need to be completed prior to the end of **each trimester** and presented to the physical education classes and teachers a week prior to finals week.

1. A signed and completed log form with coach/instructor signature

2. A video of you participating/performing or Poster board of the given

activity (varies per trimester)

- 3. A 2 page essay (prompts vary per trimester)
- 4. 3-5 minute oral presentation to physical education classes

I acknowledge all the information above is true. I understand a grade of a "Fail" for the trimester will be earned if all 5 requirements are NOT met; as well as denial for future exemption.

\* Please note Coach Knigin (Athletic Director) will contact the respective coach/instructor throughout the trimester.

Student signature: \_\_\_\_\_

Parent signature: \_\_\_\_\_ Home telephone number: \_\_\_\_\_

Coach/instructor signature: \_\_\_\_\_ Phone number: \_\_\_\_\_

\*\* Students MUST sign out in the Administration Office at 2:30 pm. If student is staying on campus, student MUST wait in the front tables NO EXCEPTIONS.

**Exemption request deadlines.** Any requests turned in after the dates below, will automatically be denied.

Trimester 1: Friday, September 8, 2017

Trimester 2: Friday, January 12, 2018

Trimester 3: Friday, April 20, 2018

Log form due dates.

Trimester 1: Monday, December 4, 2017

Trimester 2: Monday, March 12, 2018

Trimester 3: Tuesday, May 29, 2018

Presentation Dates.

Trimester 1: Week of December 4, 2017

Trimester 2: Week of March 12, 2018

Trimester 3: Week of May 29, 2018