

HEALTH SERVICES AND DRUGS, TOBACCO AND ALCOHOL

The District shall maintain a program of health instruction for all students in the District. This program shall be carried out in appropriate units from approved instructional materials at appropriate grade levels by teachers, nurses and physicians.

It is the intention of the governing Board that every student have a thorough knowledge of health practices that will enable him/her to take care of his/her own body, form good habits and enjoy a long life of good health.

In additional to general health instruction, the Board affirms its belief in the efficacy of specific instruction in the deleterious effects of narcotics, tobacco and alcohol as required by the Health and Safety Code and the Education Code.

Since the use of narcotics, tobacco and alcohol is detrimental to good physical and mental health, the Board believes that every effort should be made by all members of the District staff to reduce the chances that students will use these harmful substances.

The Board expects that under the direction of the Superintendent, the administrative staff will provide in-service training for both the certificated and classified staff to make them aware of the problem and to make them knowledgeable in recognition of symptoms or behavior of users.

The law requires that students be made aware of the penalties for use of possession of any of these harmful substances (see Health and Safety Code 11357 and Education Code 4890)

Prenatal Substances Use Prevention Education

In compliance with the Education Code 51203, the District will provide instruction on the effects of alcohol, narcotics, tobacco, restricted dangerous drugs and other dangerous substances upon prenatal development as determined by science (Health and Safety Code 11032), as part of the comprehensive substances use prevention educational program.

The governing Board has determined that such instruction shall be provided as follows:

- Science classes: grades 7 and 8
- Health classes: high school

Legal Reference: (see next page)

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Legal Reference:

EDUCATION CODE

- 233.5 *Duty concerning instruction of students*
- 8850.5 *Family relationships and parenting education*
- 38085 *Sale of specified food items*
- 49413 *First aid training*
- 49490 *Child nutrition needs*
- 49500 *Meals for students*
- 49530 *Legislative intent*
- 51201.5 *Instruction on AIDS and AIDS prevention*
- 51202 *Instruction in personal and public health and safety*
- 51203 *Instruction on alcohol, narcotics and dangerous drugs*
- 51210 *Areas of study*
- 51220.5 *Parenting skills; areas of instruction*
- 51240 *Excuse from instruction due to religious beliefs*
- 51260 *Appropriately trained instructors*
- 51262 *Use of anabolic steroids;*
- 51265 *Gang violence and drug and alcohol abuse prevention in-service*
- 51513 *Personal beliefs*
- 51550 *Sex education courses*
- 51553 *Sex education classes; course criteria*
- 51820 *Venereal disease instruction; notifications; inspection of materials*
- 51890 *Comprehensive health education programs*

HEALTH AND SAFETY CODE

- 11032 *Narcotics, restricted dangerous drugs, and marijuana*
- 11357 *Marijuana possession*

CODE OF REGULATIONS TITLE 5

- 11800-11801 *Comprehensive health education plan*

Management Resources:

CDE PUBLICATIONS

- Health Framework for California Public Schools, 1994*