

September 2019

MONROE COUNTY SCHOOLS

K-8 LUNCH MENU

SALAD BAR AND LOWFAT & FAT FREE MILK OFFERED
DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
No School Labor Day	Baked Ziti Garlic Breadstick Green Beans Fruit/Milk/Salad Bar	Wild Mikes Cheese or Pepperoni Pizza Steamed Corn Fresh Veggies W/Dip Fruit/Milk/Salad Bar	Corndog Nuggets Pinto Beans /Okra Sliced Potatoes Cornbread Fruit/Milk/Salad Bar	Chicken Patty Whole Grain Bun Fries/ Lettuce & Tomato Fruit/Milk/Salad Bar
9	10	11	12	13
Fish Seasoned Fries / Slaw Hushpuppies Fruit/Milk/Salad Bar	Chicken Casserole Mashed Potatoes/Peas Wholegrain Roll Fruit/Milk/Salad Bar	Wild Mikes Cheesy Bites Marinara Sauce / Corn Fresh Veggies W/Dip Fruit/Milk/Salad Bar	Chicken and Waffles W/ Syrup Waffle Fries Glazed Carrots Fruit/Milk/Salad Bar	Taco Salad W/Beef Cheese / Refried Beans Lettuce & Tomato Fruit/Milk/Salad Bar
16	17	18	19	20
Hamburger W/ Bun Curly Fries Lettuce & Tomato Fruit/Milk/Salad Bar	Spaghetti W/Meat Sauce Garlic Breadstick Green Beans Fruit/Milk/Salad Bar	Cheese or Chicken Quesadilla Pizza Corn /Fresh Veggies & Dip Fruit/Milk/Salad Bar	Breakfast for Lunch Sausage / Eggs Biscuit / Gravy /Tri-Tators Fruit/Milk/Salad Bar	Chicken Nuggets Mashed Potatoes Glazed Carrots / Roll Fruit/Milk/Salad Bar
23	24	25	26	27
Chicken Alfredo Steamed Broccoli Garlic Bread Fruit/Milk/Salad Bar	Home-style Chili Grilled Cheese Potato Smiles Fruit/Milk/Salad Bar	Wild Mikes Cheese or Pepperoni Pizza Steamed Corn Fresh Veggies W/Dip Fruit/Milk/Salad Bar	Chicken Casserole Mashed Potatoes Green Beans Wholegrain Roll Fruit/Milk/Salad Bar	Hotdog W/Bun Tator Tots Chili / Slaw Fruit/Milk/Salad Bar
30	1	2	3	4
Chicken Patty Whole Grain Bun Fries/ Lettuce & Tomato Fruit/Milk/Salad Bar	Salisbury Steak & Gravy Mashed Potatoes Peas Wholegrain Roll Fruit/Milk/Salad Bar	Wild Mikes Cheesy Bites Marinara Sauce / Corn Fresh Veggies W/Dip Fruit/Milk/Salad Bar	Hamburger W/ Bun Curly Fries Lettuce & Tomato Fruit/Milk/Salad Bar	Chicken and Waffles W/ Syrup Waffle Fries Glazed Carrots Fruit/Milk/Salad Bar

USDA is an equal opportunity provider and employer.

To view your child's meal account balance or pay for meals visit our new meal payment website at www.mypaymentsplus.com