

September 2019

Mon	Tues	Wed	Thurs	Fri
<del>K-12</del>	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27

October 2019

Mon	Tues	Wed	Thurs	Fri
30	1	2	3	4
7	8	6-8	6-8	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	

November 2019

Mon	Tues	Wed	Thurs	Fri
4	<del>K-12</del>	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	<del>K-12</del>	<del>K-12</del>	<del>K-12</del>

The choice of fat free white milk chocolate or strawberry are included with every meal.

# Lakeview Public Schools Cycle Menu 6<sup>th</sup>-8<sup>th</sup>

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The color on the calendar indicates each weeks cycle menu.

= No School = 1/2 day Menu subject to change

Breakfast \$1.50 / .30 Lunch \$3.25 / .40

Upon reaching a negative balance of \$8.25 a call will go home to the parent/guardian to make arrangements for payment and lunch for that day.

- Week 1**  
**Monday**  
Hamburger/WG Bun  
Chicken Sticks  
Green Beans  
Pears  
**Tuesday**  
Pizza  
WG Chicken Patty  
WG Bun/Carrots  
Triangle Hash Brown  
Apple Slices  
**Wednesday**  
Chicken & Cheese  
Taqitos  
Quesadilla  
Refried Beans  
Fruit Cup  
**Thursday**  
WG Popcorn Chicken  
Ravioli  
Steamed Corn  
Grapes  
WG Roll  
**Friday**  
Pizza  
Chicken Fried Rice  
Steamed Broccoli  
Sidekick Fruit Bar

- Week 2**  
**Monday**  
Chicken Sticks  
Macaroni & Cheese  
WG Roll/ Green Beans  
Oranges  
**Tuesday**  
Pizza  
WG Chicken Patty  
Triangle Hash Brown  
Carrots/Apple Slices  
**Wednesday**  
Nacho Grande  
Corn Dog Nuggets  
Refried Beans  
Fruit Cup  
**Thursday**  
WG Popcorn Chicken  
Hamburger / WG Bun  
Steamed Corn  
Pears  
**Friday**  
Pizza  
Chicken Fried Rice  
Romaine Salad  
Triangle Hash Brown  
Sidekick Fruit Bar

- Week 3**  
**Monday**  
Hamburger  
WG Chicken Nuggets  
Green Beans  
Grapes  
**Tuesday**  
WG Pizza  
WG Chicken Patty  
Triangle Hash Brown  
Carrots/Apple Slices  
**Wednesday**  
Beef & Cheese  
Burrito  
Quesadilla  
Refried Beans  
Fruit Cup  
**Thursday**  
WG Popcorn Chicken  
Hamburger  
Mash Potato/Corn  
Applesauce  
**Friday**  
Pizza  
Chicken Fried Rice  
Steamed Broccoli  
Sidekick Fruit Bar

**PROTEIN**  
**GRAIN**  
**FRUIT**  
**VEGETABLE**  
**MILK**

**A STUDENT MAY CHOOSE 3, 4 OR ALL 5 OF THE COMPONENTS. ONE ITEM MUST BE A VEGETABLE OR A FRUIT TO RECEIVE MEAL PRICE.**

**Also offered Daily:**  
Assorted Salads  
Cold Sandwiches  
Chips & Cheese  
Fresh Fruit/Fruit Cup  
Cold Vegetables  
Soft Pretzel/Cheese Cup  
Blueberry Muffin with yogurt, string cheese & gold fish crackers  
Chicken pita w/ ranch packet  
Hummus & Pretzels  
Breadsticks  
WG=Whole Grain