

Menu Item Nutrient Report

Generated on: 8/29/2018 3:21:37 PM by Ken Bristow

Item Name (Serving Size)	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Chipotle Turkey Torta - SR1323 (1 portion)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	395.20	12.99	3.86	0.00	69.82	787.35	44.18	6.52	10.20	25.88	3.57	107.79	1103.46	19.97	69.71(M)	0.79(M)
Crispy Chicken Salad - SR1962 (1 salad)Contains Milk, Wheat, Soy, Gluten.	335.79	18.99	5.17	0.00	36.00	539.52	24.95	6.76	6.34	19.88	3.40	153.59	15935.80	53.89	268.84(M)	1.84(M)
100% Apple Juice - SR1204 (4 fl oz cup)	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
100% Grape Juice - SR1607 (4 fl oz cup)	80.00	0.00	0.00	0.00	0.00	10.00	19.00	0.00	18.00	0.00	0.00	0.00	0.00	60.00	(M)	(M)
100% Orange Juice - SR1295 (4 fl oz cup)	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	42.00	(M)	(M)
8-inch Taco Salad Bowl - SR1656 (1 bowl)Contains Wheat, Gluten.	140.00	4.00	0.50	0.00	0.00	200.00	24.00	2.00	2.00	4.00	1.44	100.00	0.00	0.00	(M)	(M)
Alaskan Pollock Banh Mi - SR1940 (1 sandwich)May contain Milk. Contains Egg, Fish, Wheat, Soy, Gluten.	421.02	11.11	0.28	0.00	55.01	935.38	58.05	5.33	14.88(M)	22.12	2.85	77.52	960.19	12.53	87.66(M)	0.56(M)
Alaskan Pollock Breaded Fish Patty - SR1985 (1 patty)Contains Fish, Wheat, Gluten.	170.00	6.00	0.00	0.00	55.00	390.00	14.00	1.00	0.00	15.00	1.08	40.00	0.00	0.00	(M)	(M)
Alaskan Pollock Nuggets - SR1045 (4 nuggets)Contains Fish, Wheat, Gluten.	202.50	6.75	0.00	0.00	54.00	458.99	17.55	1.35	0.00	14.85	1.46	54.00	0.00	0.00	(M)	(M)
Alfredo Macaroni - SR1422 (2/3 c.)Contains Milk. Processed in a facility that also processes Egg, Wheat, Gluten.	232.38	7.31	3.37	0.01	19.37	683.34	33.87	3.93	4.62	11.03	1.83	217.55	237.11	0.00	30.09(M)	0.93(M)
Alfredo Macaroni - SR1923 (1 c.)Contains Milk. Processed in a facility that also processes Egg, Wheat, Gluten.	408.57	15.46	7.68	0.02	40.31	1152.50	51.56	5.89	6.92	22.55	2.74	476.33	505.66	0.00	61.85(M)	1.40(M)
American Breakfast Bagel Sandwich - SR1645 (1 sandwich)Contains Milk, Egg, Wheat, Soy, Gluten.	283.33	8.83	3.75	0.00	112.50	570.00	36.17	4.00	3.00	14.83	1.92	115.00	150.00	2.60	(M)	(M)
American Breakfast Biscuit Sandwich - SR1750 (1 sandwich)Contains Milk, Egg, Wheat, Soy, Gluten.	321.67	17.67	11.00	0.00	122.50	890.00	28.33	2.00	2.00	14.17	1.32	245.00	150.00	0.40	(M)	(M)
American Breakfast Sandwich - SR1745 (1 sandwich)Contains Milk, Egg, Wheat, Soy, Gluten.	243.33	8.83	3.75	0.00	112.50	570.00	29.17	3.00	2.00	12.83	1.56	155.00	150.00	0.20	(M)	(M)
American Cheese Slice - SR1988 (1/2 oz.)Contains Milk, Soy.	50.00	4.50	2.50	0.00	12.50	255.00	0.00	0.00	0.00	2.50	0.00	75.00	150.00	0.00	(M)	(M)
American Cheese Slices - SR1535 (1 oz.)Contains Milk, Soy.	100.00	9.00	5.00	0.00	25.00	509.99	0.00	0.00	0.00	5.00	0.00	150.00	300.00	0.00	(M)	(M)

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American Cheese Triangles - SR1987 (1/2 oz.)Contains Milk, Soy.	50.00	4.50	2.50	0.00	12.50	255.00	0.00	0.00	0.00	2.50	0.00	75.00	150.00	0.00	(M)	(M)
American Sub Sandwich - SR1063 (1 sandwich)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	343.33	15.17	5.83	0.00	60.00	973.33	29.33	3.00	4.00	21.33	1.79	163.37	300.20	0.41	(M)	(M)
American-style Combo Meat - SR1533 (1 portion)	36.67	1.58	0.42	0.00	17.50	141.67	0.17	0.00	0.00	5.17	0.18	0.00	0.00	0.20	(M)	(M)
American-style Deli Sandwich - SR1064 (1 sandwich)Contains Milk, Wheat, Soy, Gluten.	303.33	14.17	5.83	0.00	60.00	1053.33	25.33	4.00	3.00	21.33	1.80	190.00	300.00	0.40	(M)	(M)
Ancho Barbecue Turkey - SR1261 (4 1/8 oz.)	163.76	6.62	1.87	0.00	64.38	884.76	8.67	0.45	5.13(M)	17.76	2.26	3.48	517.18	0.11	19.79(M)	0.15(M)
Ancho Sugar Seasoning - SR1539 (1/2 tsp.)	7.22	0.02	0.00	0.00	0.00	0.57	1.80	0.05	1.69	0.03	0.04	1.55	43.17	0.00	(M)	0.01(M)
Ancho Sugar Submarine Roll - SR1538 (1 roll (small submarine, hoagie roll))May contain Milk, Egg. Contains Wheat, Soy, Gluten.	177.22	3.02	0.00	0.00	0.00	180.57	30.79	3.05	5.69	6.03	1.47	14.93	43.38	0.01	(M)	0.01(M)
Apple Cinnamon BeneFIT Bar - SR1751 (1 Bar)Contains Milk, Egg, Wheat, Soy, Gluten.	290.00	9.00	2.50	0.00	20.00	250.00	48.00	3.00	23.00	5.00	1.80	20.00	0.00	0.00	(M)	(M)
Apple Cinnamon Cheerios - SR1327 (1 bowl)	110.00	1.50	0.00	0.00	0.00	110.00	22.00	2.00	10.00	2.00	3.60	100.00	500.00	6.00	(M)	(M)
Apple Cinnamon Cheerios Cereal Bar - SR1596 (1 Bar)Contains Wheat, Soy, Gluten.	150.00	3.50	0.00	0.00	0.00	95.00	30.00	3.00	9.00	2.00	1.44	200.00	100.00	0.00	(M)	(M)
Apple Cinnamon Mini Muffin - SR1165 (1 muffin)Contains Egg, Wheat, Soy, Gluten.	190.00	6.00	2.00	0.00	40.00	130.00	30.00	2.00	16.00	3.00	1.08	40.00	100.00	0.00	(M)	(M)
Apple Cinnamon Nutrigrain Breakfast Bar - SR1352 (1 Bar)Contains Milk, Wheat, Soy, Gluten.	160.00	4.00	0.50	0.00	0.00	130.00	30.00	3.00	14.00	2.00	1.80	200.00	750.00	0.00	(M)	(M)
Apple Crisp - SR1661 (1 slice)Contains Milk, Egg, Wheat, Soy, Gluten.	392.45	11.27	4.65	0.00	8.75(M)	224.60	70.22	4.03	48.52	3.06	1.04	30.26	340.24	0.44	3.70(M)	0.28(M)
Apple Frudel Stick - SR1747 (1 pkg.)Contains Milk, Wheat, Gluten.	210.00	6.00	1.00	0.00	0.00	260.00	36.00	2.00	11.00	5.00	1.08	0.00	0.00	0.00	(M)	(M)
Apple Jacks Cereal - SR1360 (1 bowl)Contains Wheat. May contain Soy, Gluten.	110.00	1.00	0.50	0.00	0.00	160.00	24.00	2.00	8.00	2.00	4.50	0.00	500.00	15.00	(M)	(M)
Apple Pie Overnight Oats - SR1942 (10 Ounce serving)Contains Milk.	239.73	2.56	0.93	0.00	4.09	69.54	48.77	3.39	27.44	7.53	1.25	157.07	598.61	1.24	1.91(M)	0.39(M)
Apple Poppy Seed Dressing - SR1926 (1 tbsp.)	26.85	1.88	0.17	0.01	0.00	21.18	2.67	0.15	2.34	0.07	0.05	4.52	2.62	0.21	1.78(M)	0.01(M)

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Apple Slices - SR1493 (1/2 c.)	43.80	0.00	0.00	0.00	0.00	8.76	10.51	1.75	7.88	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Applesauce - SR1195 (1/2 c.)	53.58	0.13	0.01	0.00	0.00	2.55	14.38	1.40	11.98	0.22	0.29	5.10	37.00	1.28	(M)	(M)
Asian Bok Choy Salad - SR1680 (1/2 c.) Processed in a facility that also processes Milk, Egg, Tree nuts. Contains Wheat, Peanuts, Soy, Gluten.	219.72	18.63	1.66	0.14	0.00	675.85	10.82	0.65	8.30	2.04	0.45	34.29	1211.80	12.61	21.50(M)	0.11(M)
Asian Chicken Salad - SR1099 (1 salad) Contains Wheat, Gluten.	267.43	7.84	1.26	0.00	56.03	362.25	29.09	4.79	5.61	23.04	3.85	80.46	13023.93	35.65	161.90(M)	1.21(M)
Asian Chicken Salad, Small - SR1100 (1 salad) Contains Wheat, Gluten.	66.11	1.46	0.16	0.00	0.00	93.08	12.52	2.28	5.08	2.18	1.27	36.87	7578.63	27.91	94.81(M)	0.70(M)
Asian Cucumber Salsa - SR1642 (2 tbsp.) Contains Wheat, Gluten.	15.48	0.23	0.13	0.00	0.00	37.58	3.21	0.39	2.75	0.34	0.10	4.77	187.31	2.41	20.99(M)	0.11(M)
Asian Ginger Sauce - SR1789 (1 tbsp.) Contains Egg, Wheat, Soy, Gluten.	52.06	4.51	0.50	0.00	5.00	136.56	3.35	0.04	1.01	0.14	0.04	0.35	0.03	0.00	0.64(M)	0.02(M)
Asian Ginger Seasoning - SR1543 (1/4 tsp.) Contains Wheat, Soy, Gluten.	0.00	0.00	0.00	0.00	0.00	55.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Asian Ginger Submarine Roll - SR1775 (1 roll (small submarine, hoagie roll)) May contain Milk, Egg. Contains Wheat, Soy, Gluten.	170.00	3.00	0.00	0.00	0.00	290.00	29.00	3.00	4.00	6.00	1.43	13.37	0.20	0.01	(M)	(M)
Asian Meatball Sub - SR1857 (1 roll (small submarine, hoagie roll)) Contains Milk, Egg, Wheat, Soy, Gluten.	378.35	13.89	4.05	0.00	24.59	644.53	48.30	3.80	18.86	16.31	2.44	49.72	146.24	1.46	15.75(M)	0.33(M)
Asian Meatballs - SR1856 (5 Meatballs) Contains Milk, Wheat, Soy, Gluten.	283.61	14.22	6.08	0.00	35.44	513.16	26.25	1.09	21.07	15.23	1.51	43.04	126.28	1.69	2.26(M)	0.02(M)
Asian Sweet Chili Barbecue Sauce - SR1242 (1 tbsp.) Contains Wheat, Soy, Gluten.	36.45	0.00	0.00	0.00	0.00	164.66	9.14	0.01	8.26	0.14	0.03	2.93	9.97	0.00	0.24(M)	0.03(M)
Asian Sweet Chili BBQ Chicken Strips - SR1247 (3 strips) Contains Egg, Wheat, Soy, Gluten.	303.32	12.03	2.50	0.00	55.10	760.11	34.31	2.03	16.51	16.30	1.86	25.91	120.12	1.20	0.47(M)	0.06(M)
Austin-style Hot Dog - SR2001 (1 serving (1 hot dog)) Contains Milk, Egg, Wheat, Gluten.	304.24	14.42	3.38	0.00	65.63	876.98	29.90	3.55	6.74	15.54	3.03	169.03	316.78	7.12	21.52(M)	0.15(M)
Avocado Crema - SR1258 (1 tbsp.) Contains Milk.	28.53	2.43	1.27	0.00	6.67	54.77	0.83	0.34	0.36	0.45	0.11	8.46	75.26	0.46	3.87(M)	0.22(M)
Aztec Corn - SR1434 (1/2 c.)	80.16	1.58	0.16	0.01	0.00	35.98	15.64	2.68	2.27	2.85	0.67	15.75	163.88	8.37	47.44(M)	0.32(M)
Baby Spinach - SR1980 (1/2 c.)	8.15	0.14	0.02	0.00	0.00	28.00	1.29	0.78	0.15	1.01	0.96	35.08	3322.92	9.96	32.39	0.61

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Bacon Cheeseburger - SR1574 (1 ea.)Contains Milk, Wheat, Soy, Gluten.	350.00	16.17	6.50	0.00	42.50	821.67	28.00	4.00	3.00	22.17	3.04	144.30	151.00	0.50	(M)	(M)
Bacon Crumble - SR1799 (1 tsp.)	86.40	7.56	2.16	0.00	21.60	270.00	0.00	0.00	0.00	4.32	0.00	0.00	0.00	0.00	(M)	(M)
Bahama Burger - SR1608 (1 burger)Contains Wheat, Soy, Gluten.	323.98	9.42	3.06	0.00	25.00	488.78	40.55	6.60	11.78	19.84	3.64	94.58	1560.57	33.21	176.94(M)	1.09(M)
Bahama Chicken Burger - SR1391 (1 burger)Contains Egg, Wheat, Soy, Gluten.	364.28	13.09	2.51	0.00	55.00	670.53	42.13	5.62	7.44	22.39	3.40	68.78	285.12	11.31	20.98(M)	0.27(M)
Baja Fish Tacos - SR1611 (2 tacos)Contains Fish, Wheat, Gluten.	401.44	10.82	0.01	0.00	54.00	744.19	52.15	4.22	5.28	21.39	3.11	184.03	221.94	9.79	37.70(M)	0.29(M)
Baked Bean & Cheese Enchilada - SR1134 (1 enchilada)Contains Milk, Wheat, Soy, Gluten.	365.26	12.44	4.77	0.00	20.63	1028.86	49.13	9.90	2.73	16.07	3.07	271.89	305.00	0.29	93.38(M)	0.10(M)
Baked Biscuit - SR1598 (1 biscuit)Contains Milk, Wheat, Gluten.	200.00	9.00	7.00	0.00	0.00	440.00	27.00	2.00	2.00	4.00	1.08	150.00	0.00	0.00	(M)	(M)
Baked Biscuit & Sausage Gravy - SR1480 (1 ea.)Contains Milk, Wheat, Soy, Gluten.	341.98	20.19	10.52	0.75	12.75	1004.98	33.88	1.89	1.97	6.33	1.20	142.05	25.50	0.15	118.28(M)	0.12(M)
Baked Biscuit with Grape Jelly - SR1470 (1 ea.)Contains Milk, Wheat, Gluten.	235.00	9.00	7.00	0.00	0.00	440.00	36.00	2.00	10.00	4.00	1.08	150.00	0.00	0.00	(M)	(M)
Baked Cinnamon Raisin Apples - SR1238 (3/8 c.)Contains Milk, Soy.	121.88	1.89	0.76	0.00	0.00	29.02	26.93	2.20	22.04	0.37	0.35	23.21	86.13	0.27	-4.56(M)	0.23(M)
Baked French Fries - SR1444 (1/2 c.)	102.93	3.56	0.40	0.00	0.00	126.68	17.42	1.58	0.00	1.58	0.57	0.00	0.00	2.85	(M)	(M)
Baked Penne Pasta - SR1133 (2 #8 scoop)Contains Milk. Processed in a facility that also processes Egg, Wheat, Gluten.	399.96	14.64	7.46	0.01	36.40	1651.29	50.44	7.33	9.32	22.64	3.04	445.81	532.66(M)	2.72(M)	210.28(M)	2.23(M)
Baked Potato - SR1562 (1 potato)	173.82	4.66	0.43	0.04	0.00	19.32	29.59	3.17	1.49	3.63	1.48	24.84	13.80	11.45	102.74(M)	1.86(M)
Balsamic Vinaigrette - SR1233 (1 tbsp.)	30.00	2.50	0.50	0.00	0.00	125.00	1.50	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Banana - SR1166 (1 medium (7" to 7-7/8" long))	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	1.29	0.31	5.90	75.52	10.27	(M)	(M)
Banana Chocolate Chunk BeneFIT Bar - SR1753 (1 Bar)Contains Milk, Egg, Wheat, Soy, Gluten.	280.00	8.00	3.00	0.00	15.00	220.00	48.00	3.00	23.00	5.00	1.80	20.00	0.00	0.00	(M)	(M)
Banana Mini Muffin - SR1591 (1 muffin)Contains Egg, Wheat, Soy, Gluten.	190.00	6.00	2.00	0.00	40.00	130.00	30.00	2.00	17.00	3.00	0.72	20.00	100.00	0.00	(M)	(M)
Banana Pepper Sauce - SR1759 (1 tbsp.)Contains Milk, Egg.	17.43	1.22	0.17	0.00	1.74	173.30	1.74	0.00	0.70	0.00	0.00	0.00	0.00	0.00	0.00(M)	0.00(M)

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Banana Pepper Slices - SR2009 (2 tbsp.)	0.00	0.00	0.00	0.00	0.00	207.86	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Barbecue Chicken - SR1211 (1/4 c.)	136.98	2.69	0.77	0.00	61.57	635.42	7.38	0.00	6.15	20.47	1.72	15.39	200.04	0.00	-32.32 (M)	(M)
Barbecue Chicken Flatbread Pizza - SR1569 (1 ea.)Contains Milk, Wheat. May contain Soy, Gluten.	339.79	12.17	4.84	0.00	41.68	1066.83	37.33	3.06	7.99	23.54	2.97	241.69	350.31	0.33	3.19(M)	0.01(M)
Barbecue Chicken Pizza - SR1506 (1 slice)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	347.36	10.31	4.62	0.00	49.60	975.93	39.48	3.18	11.13	24.70	2.95	198.70	289.74	0.81	-6.39(M)	0.04(M)
Barbecue Chicken Pizza - SR1959 (1 slice)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	360.54	12.05	5.21	0.01	50.85	811.78	38.41	4.07	8.54	26.98	2.65	262.23	461.38	9.76	-6.91(M)	0.11(M)
Barbecue Pulled Pork Sandwich - SR1368 (1 sandwich)Contains Wheat, Soy, Gluten.	298.85	8.00	2.10	0.00	43.96	826.49	37.99	6.00	11.99	22.98	2.44	77.97	378.66	5.00	(M)	(M)
Barbecue Pulled Pork Sandwich - SR1839 (1 sandwich)Contains Wheat, Soy, Gluten.	392.48	16.59	5.11	0.00	77.71	1149.28	33.95	4.00	12.69	26.67	3.53	63.96	168.68	0.49	-35.52 (M)	(M)
Barbecue Pulled Turkey - SR1212 (3/8 c.)	172.63	7.13	2.04	0.00	71.32	908.28	8.04	0.00	5.00	19.34	2.19	0.00	100.00	0.00	-62.12 (M)	(M)
Barbecue Sauce - SR1008 (1 tbsp.)	15.00	0.00	0.00	0.00	0.00	230.00	3.00	0.00	2.50	0.50	0.36	0.00	50.00	0.00	(M)	(M)
BBQ Meatloaf Chipotle Sandwich - SR1617 (1 sandwich)Contains Egg, Wheat, Soy, Gluten.	345.11	10.54	3.54	0.00	66.93	968.81	43.01	6.57	11.32	21.96	4.59	77.61	3378.03	5.74	44.33(M)	0.22(M)
BBQ Turkey Sandwich - SR1122 (1 sandwich)Contains Wheat, Gluten.	318.46	9.79	2.23	0.00	77.85	1251.53	33.77	4.00	8.46	27.11	3.83	40.00	109.17	0.00	-67.81 (M)	(M)
Bean & Cheese Burrito - SR1077 (1 burrito)Contains Milk, Wheat, Gluten.	397.68	10.62	3.71	0.00	12.50	1045.50	59.08	13.63	2.68	18.50	4.11	236.33	45.40	1.29	138.90 (M)	0.21(M)
Bean & Cheese Nachos - SR1471 (1 nacho)Contains Milk.	395.02	17.77	6.53	0.00	29.30	900.25	44.76	7.61	1.05	14.94	1.07	265.35	410.25	0.00	61.32(M)	0.06(M)
Bean, Rice & Cheese Burrito - SR1076 (1 burrito)Contains Milk, Wheat, Gluten.	509.28	11.48	3.60	0.00	12.50	954.15	84.15	13.93	2.00(M)	20.30	4.44	228.21	0.00	0.00	175.21 (M)	0.18(M)
Beef Bolognese - SR1197 (1 #6 scoop)Contains Soy.	182.48	7.59	3.25	0.00	32.52	660.20	12.65	2.62	6.99	13.67	2.89	39.15	262.08	5.24	(M)	(M)
Beef Enchilada - SR1345 (1 enchilada)Contains Milk, Wheat, Soy, Gluten.	348.95	14.79	5.60	0.00	44.86	826.87	36.82	5.01	4.03	18.82	3.08	261.25	762.57	5.50	1.29(M)	0.01(M)
Beef Enchiladas - SR1346 (1 enchilada)Contains Milk, Wheat, Soy, Gluten.	310.25	13.94	5.46	0.00	42.17	754.04	30.49	3.87	3.87	16.84	2.60	259.01	712.10	3.70	1.40(M)	0.01(M)
Beef Patties - SR1652 (1 patty)Contains Soy.	140.00	7.00	3.00	0.00	25.00	180.00	3.00	0.00	0.00	12.00	1.60	29.30	1.00	0.50	(M)	(M)
Beef Picadillo - SR1260 (6 1/8 oz.)Contains Soy.	154.05	5.34	1.98	0.00	35.91	344.78	11.70	2.84	3.02(M)	13.96	2.12	49.77	754.48 (M)	9.77(M)	21.47(M)	0.08(M)

Menu Item Nutrient Report

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Item Name (Serving Size)	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Beef Shepherd's Pie - SR1842 (1 1/2 c.) Contains Milk, Wheat, Soy, Gluten.	214.24	9.68	4.00	0.00	37.15	461.94	15.39	1.31	1.34	15.30	2.50	40.20	2175.15	4.14	156.95 (M)	0.37(M)
Beef Southwest - SR1439 (3/8 c.) Contains Soy.	111.81	4.30	1.71	0.00	32.40	277.90	5.60	2.08	2.43	12.14	1.77	41.11	860.74	19.80	49.18(M)	0.09(M)
Beef Taco Filling - SR1528 (3/8 c.) Contains Soy.	112.49	4.54	1.81	0.00	34.47	294.83	4.54	1.81	1.81	12.70	1.81	40.82	651.36	5.44	-0.85(M)	(M)
Beef, Beans & Cheese Burrito - SR1711 (1 burrito) Contains Milk, Wheat, Soy, Gluten.	349.19	13.12	4.74	0.00	34.88	730.24	40.57	6.63	4.20	18.73	3.53	244.31	436.53	4.71	39.61(M)	0.12(M)
Beefy Mac - SR1479 (2/3 c.) Contains Milk. Processed in a facility that also processes Egg, Wheat, Soy, Gluten.	357.61	12.56	5.08	0.01	40.96	973.39	40.84	6.75	8.46	20.70	4.78	103.54	235.87 (M)	4.72(M)	39.86(M)	0.90(M)
Beefy Nachos - SR1487 (1 nacho) Contains Milk, Soy.	384.25	20.11	7.55	0.00	48.85	761.79	33.99	3.86	2.04	17.22	0.92	278.04	765.64	2.75	-1.68(M)	(M)
Biscuit & Country Gravy - SR1339 (1 ea.) Contains Milk, Wheat, Soy, Gluten.	248.60	12.40	8.46	0.00	0.00	645.74	31.86	2.00	2.00	4.00	1.08	151.62	0.00	0.00	54.07(M)	0.05(M)
Bistro Box - SR1561 (1 ea.) Contains Milk, Egg, Wheat. May contain Soy, Gluten.	442.61	11.89	4.87	0.00	113.40	503.42	68.92	5.98	11.09(M)	17.13	3.21	250.11	906.93	0.52	1.38(M)	0.57(M)
Black Bean & Corn Salsa - SR1279 (2 tbsp.)	17.85	0.08	0.01	0.00	0.00	43.32	3.90	0.90	1.02	0.81	0.27	4.57	89.69	3.34	10.26(M)	0.11(M)
Black Beans - SR2006 (1/2 c.)	84.79	0.35	0.00	0.00	0.00	98.92	16.25	4.24	0.71	4.95	1.27	42.39	0.00	0.00	(M)	(M)
Blue Cheese Dressing - SR1544 (1 tbsp.) Contains Milk, Egg.	70.00	7.50	1.50	0.00	7.50	135.00	1.00	0.00	0.50	0.50	0.00	10.00	0.00	0.00	(M)	(M)
Blue Ribbon Slaw - SR1254 (1/2 c.)	43.68	0.14	0.03	0.00	0.00	113.75	10.38	1.50	8.08	0.75	0.43	27.95	1700.79	15.39	58.98(M)	0.67(M)
Blue Ribbon Slaw Topping - SR1605 (2 tbsp.)	13.87	0.05	0.01	0.00	0.00	30.56	3.28	0.67	2.40	0.34	0.16	11.71	436.73	8.17	25.63(M)	0.24(M)
Blueberry Mini Muffin - SR1454 (1 muffin) Contains Egg, Wheat, Soy, Gluten.	190.00	6.00	2.00	0.00	40.00	130.00	30.00	2.00	16.00	3.00	1.08	20.00	100.00	0.00	(M)	(M)
Blueberry Mini Pancake Bites - SR1190 (1 pkg.) Contains Milk, Egg, Wheat, Soy, Gluten.	210.00	6.00	1.00	0.00	10.00	310.00	35.00	4.00	11.00	4.00	2.70	60.00	500.00	0.00	(M)	(M)
Blueberry Muffin - SR1186 (1 muffin) Contains Egg, Wheat, Soy, Gluten.	350.00	11.00	3.50	0.00	85.00	240.00	58.00	4.00	29.00	5.00	1.80	300.00	100.00	0.00	(M)	(M)
Blueberry Patch Parfait - SR1384 (1 parfait) Contains Milk, Wheat, Soy, Gluten.	222.27	4.24	0.87	0.00	2.50	116.60	41.46	3.06	25.45	5.15	0.50	106.11	535.12	1.91	66.11(M)	0.14(M)
Blueberry Patch Parfait - SR1733 (1 parfait) Contains Milk, Wheat, Soy, Gluten.	405.60	7.99	1.71	0.00	5.00	232.43	73.62	4.06	44.45	9.99	0.86	206.11	1035.12	1.91	66.11(M)	0.14(M)
Bologna & Cheese Sandwich - SR1717 (1 sandwich) Contains Milk, Wheat, Soy, Gluten.	285.00	15.50	6.25	0.00	47.50	1105.00	26.00	4.00	3.00	15.00	1.80	210.00	350.00	0.60	(M)	(M)

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Item Name (Serving Size)	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Boston-style Hot Dog - SR2002 (1 serving (1 hot dog))Contains Milk, Wheat, Gluten.	366.17	11.55	2.57	0.00	60.00	809.65	51.51	5.85	18.27	18.04	3.95	183.93	0.07	0.27	4.72(M)	0.24(M)
Breaded Chicken Patty - SR1653 (1 patty)Contains Egg, Wheat, Soy, Gluten.	210.00	11.00	2.50	0.00	55.00	370.00	11.00	1.00	0.00	16.00	1.80	20.00	100.00	1.20	(M)	(M)
Breakfast Bagel Sandwich - SR1644 (1 sandwich)Contains Milk, Egg, Wheat, Soy, Gluten.	265.00	8.00	3.50	0.00	102.50	490.00	36.00	4.00	3.00	12.50	1.80	115.00	150.00	2.40	(M)	(M)
Breakfast Biscuit Sandwich - SR1744 (1 sandwich)Contains Milk, Egg, Wheat, Soy, Gluten.	285.00	16.00	10.50	0.00	102.50	730.00	28.00	2.00	2.00	9.50	1.08	245.00	150.00	0.00	(M)	(M)
Breakfast Jalapeno Torta - SR1315 (1 portion)Contains Milk, Egg, Wheat. May contain Soy, Gluten.	165.06	9.70	4.55	0.00	125.33	374.57	6.92	1.92	0.66	13.69	0.72	137.30	206.07	1.55	7.58(M)	0.24(M)
Breakfast on a Stick - SR1187 (1 serving)Contains Egg, Wheat, Soy, Gluten.	168.44	7.93	1.98	0.00	29.73	297.25	17.84	2.97	5.95	7.93	1.78	19.82	0.00	0.00	(M)	(M)
Breakfast Tacos - SR1646 (2 tacos)Contains Milk, Egg, Wheat, Gluten.	445.80	19.64	5.99	0.00	122.11	900.94	47.62	4.66	3.20	19.01	1.91	216.77	89.44	6.25	6.52(M)	0.12(M)
Breakfast Torta - SR1316 (1 portion)Contains Milk, Egg, Wheat. May contain Soy, Gluten.	335.96	12.72	4.55	0.00	125.33	555.53	36.07	4.93	4.68	19.73	2.16	150.74	206.27	1.56	7.58(M)	0.24(M)
Broccoli and Cheese Baked Potato - SR1328 (1 potato)Contains Milk.	239.46	17.67	9.96	0.00	55.13(M)	628.98	4.68	1.42	1.77	15.00	0.29	383.36	899.58	18.95	41.22(M)	0.35(M)
Broccoli Lime Salad - SR1274 (1/2 c.)	66.98	4.93	0.43	0.04	0.00	23.02	5.20	1.72	1.20	1.90	0.51	34.00	429.33	57.51	79.58(M)	0.62(M)
Broccoli Ranch Pizza - SR1507 (1 slice)Contains Milk, Egg, Wheat. May contain Soy, Gluten.	426.23	19.44	8.88	0.00	43.75(M)	808.54	42.05	4.58	6.73	23.34	2.05	377.74	550.57	13.84	31.30(M)	0.25(M)
Broccoli Trees - SR1272 (1/2 c.)	10.84	0.12	0.01	0.00	0.00	10.75	2.12	0.83	0.54	0.90	0.23	15.21	198.70	28.45	35.87	0.28
Brown Gravy - SR1113 (1 fl. oz.)Contains Milk, Wheat, Soy, Gluten.	12.66	0.25	0.00	0.00	0.00	66.70	2.53	0.00	0.00	0.35	0.00	0.89	0.00	0.00	29.57(M)	0.03(M)
Bruschetta Topping - SR1627 (1/2 c.)	89.34	2.07	0.37	0.00	0.00	82.60	16.80	4.87	10.88	3.67	1.20	47.94	3423.29	54.89	375.65 (M)	2.04(M)
Bryce's Apple Quesadilla - SR1930 (1 quesadilla 8-10 inch diameter)Contains Milk, Wheat, Gluten.	293.80	13.00	5.50	0.00	25.00	388.76	34.51	3.75	9.88	10.00	1.44	250.00	0.00	0.00	(M)	(M)
Buffalo BBQ Chicken Nachos - SR1637 (1 nacho)Contains Milk, Soy.	439.22	19.80	7.29	0.00	85.25	1754.36	37.22	3.05	5.88	28.25	1.57	249.10	1578.89	0.54	-23.87 (M)	0.06(M)
Buffalo Calzone - SR1456 (1 slice)Contains Milk, Egg, Wheat. May contain Soy, Gluten.	389.67	14.84	5.48	0.00(M)	50.69	1305.60	40.30	3.59	6.26(M)	24.46	2.75	192.97	117.35	0.29	36.53(M)	1.29(M)

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Buffalo Chicken - SR1214 (1/2 c.) Contains Wheat, Soy, Gluten.	0.00	0.00	0.00	0.00	0.00	1200.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Buffalo Chicken Pizza - SR1440 (1 slice) Contains Milk, Egg, Wheat, Soy, Gluten.	322.07	11.90	4.63	0.00	23.75	2535.85	39.81	3.59	6.26	15.30	1.87	192.48	117.35	0.29	1.40(M)	0.01(M)
Buffalo Chicken Pizza - SR1957 (1 slice) Contains Milk, Egg, Wheat, Soy, Gluten.	386.54	16.32	5.80	0.00	31.30	1111.66	40.52	5.09	5.55	22.76	2.45	254.96	864.47	1.95	6.39(M)	0.06(M)
Buffalo Chicken Salad - SR1148 (1 salad) Contains Milk, Egg, Wheat, Soy, Gluten.	321.29	15.38	4.56	0.00	56.50	1845.53	27.46	6.23	3.07	19.99	4.17	186.09	15712.60	19.12	190.22(M)	1.54(M)
Buffalo Chicken Salad - SR1149 (1 salad) Contains Milk, Egg, Wheat, Soy, Gluten.	260.14	12.66	4.04	0.00	45.50	1114.40	21.77	4.85	2.54	15.73	2.91	152.52	10317.34	11.14	123.13(M)	1.03(M)
Buffalo Chicken Salad - SR1956 (1 salad) Contains Milk, Wheat, Soy, Gluten.	329.53	17.72	4.69	0.00	33.38	1459.08	27.02	7.36	7.93	19.64	3.60	163.33	14476.74	44.02	342.10(M)	2.17(M)
Buffalo Chicken Wrap - SR1153 (1 wrap) Contains Milk, Egg, Wheat, Soy, Gluten.	241.45	10.41	3.28	0.00	15.00	4127.87	31.29	3.43	5.08	7.98	1.97	203.68	7453.55	6.34	85.57(M)	0.64(M)
Buffalo Chicken Wrap - SR1953 (1 wrap) Contains Milk, Wheat, Soy, Gluten.	441.11	21.58	5.10	0.00	33.38	1652.63	45.03	5.98	3.64	20.75	3.38	182.98	2064.55	1.16	19.89(M)	0.15(M)
Buffalo Popcorn Chicken - SR1955 (12 piece) Contains Wheat, Soy, Gluten.	255.19	15.31	2.55	0.00	25.52	1587.89	16.33	3.06	1.02	15.31	1.84	0.00	102.08	0.00	(M)	(M)
Buffalo Ranch Sauce - SR1453 (1 tbsp.) Contains Milk, Egg.	16.79	1.17	0.17	0.00	1.67	323.36	1.69	0.01	0.67	0.01	0.00	0.07	17.31	0.04	0.03(M)	0.00(M)
Buffalo Turkey Filling - SR1560 (7/8 c.)	139.10	6.05	1.76	0.00(M)	55.44	1390.12	1.01	0.00	0.00(M)	18.85	1.81	1.01	0.00	0.00	72.27(M)	2.62(M)
Buffalo Wrap - SR1152 (1 wrap) Contains Milk, Egg, Wheat, Soy, Gluten.	277.02	10.97	3.29	0.00	15.00	4141.79	38.33	4.92	5.35	9.51	2.69	218.47	10141.18	10.20	119.11(M)	0.89(M)
Built-to-Order Alaskan Pollock - SR2008 (1 serving)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Built-to-Order Beale Street BBQ - SR2015 (1 serving)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Built-to-Order Canal Street Mac Attack - SR2020 (1 serving)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Built-to-Order Chopsticks - SR2027 (1 serving)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Built-to-Order Fiesta - SR2028 (1 serving)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Built-to-Order International Burger - SR1990 (1 serving)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Built-to-Order Mac is Back - SR2005 (1 serving)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Built-to-Order Nacho Usual Nachos - SR1993 (1 serving)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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Item Name (Serving Size)	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Built-to-Order Overslept - SR2029 (1 serving)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Built-to-Order Strutters - SR2012 (1 serving)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Built-to-Order Sub Culture - SR1996 (1 serving)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Built-to-Order Sunset Strips - SR2014 (1 serving)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Buttermilk Pancakes - SR2010 (2 pancake)Contains Milk, Egg, Wheat, Soy, Gluten.	160.00	2.00	0.33	0.00	10.00	406.67	30.67	4.00	5.33	4.00	1.20	26.67	0.00	0.00	(M)	(M)
Buttery Wheat Toast - SR1159 (1 slice)Contains Milk, Wheat, Soy, Gluten.	89.05	3.10	0.86	0.00	0.00	160.95	14.00	2.00	1.00	3.00	0.72	20.00	95.24	0.00	(M)	(M)
Caesar Dressing - SR1551 (2 tbsp.)Contains Milk, Egg, Fish.	130.00	14.00	2.50	0.00	15.00	210.00	1.00	0.00	0.00	1.00	0.00	20.00	0.00	0.00	(M)	(M)
Caesar Side Salad - SR1428 (1/2 c.)Contains Milk, Egg, Fish.	84.91	7.90	1.64	0.00	9.38	175.05	2.43	0.60	0.34	1.85	0.37	34.35	2469.24	1.13	26.82(M)	0.16(M)
California Grilled Cheese Sandwich - SR1228 (1 sandwich)Contains Milk, Wheat, Soy, Gluten.	380.01	22.10	10.21	0.02	50.00	1302.99	33.10	5.20	4.00	16.84	1.70	350.66	748.85	33.05	29.94(M)	0.30(M)
Caramelized Onions - SR1210 (1/4 c.)	66.38	2.90	0.29	0.02	0.00	4.14	9.67	1.76	4.39	1.14	0.22	23.80	2.07	7.66	92.23(M)	0.36(M)
Carnitas Cole Slaw - SR1290 (1/2 c.)	54.02	0.15	0.04	0.00	0.00	151.29	12.79	2.58	9.60(M)	1.29	0.54	42.02	1851.10	32.94	103.06(M)	0.96(M)
Carnitas Jalapeno Torta - SR1317 (1 portion)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	274.91	14.38	5.00	0.02	73.18	916.30	16.77	3.97	6.60(M)	21.96	2.40	151.85	1412.08	20.48	44.03(M)	1.62(M)
Carnitas Torta - SR1318 (1 portion)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	445.81	17.40	5.00	0.02	73.18	1097.25	45.92	6.99	10.62(M)	27.99	3.84	165.29	1412.28	20.49	44.03(M)	1.62(M)
Carolina Slaw - SR1633 (1/3 c.)Contains Egg.	94.64	6.12	0.69	0.00	6.67	126.04	10.41	1.46	5.96	0.76	0.40	27.43	711.41	18.97	57.40(M)	0.39(M)
Carolinian Barbecue Sauce - SR1309 (1 tbsp.)Contains Fish, Crustacean Shellfish, Soy.	18.29	0.01	0.00	0.00	0.00	128.25	4.60	0.03	4.46	0.02	0.07	4.57	0.52	0.00	2.99(M)	0.04(M)
Carrot & Cauliflower Escabeche - SR1547 (1/2 c.)	27.81	0.20	0.07	0.00	0.00	153.99	6.17	1.94	2.82	1.16	0.29	22.43	6314.90	20.98	74.55(M)	0.68(M)
Carrot Slaw - SR1675 (3/8 c.)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Carrot Sticks - SR1606 (6 stick.)	24.80	0.14	0.02	0.00	0.00	41.73	5.79	1.69	2.87	0.56	0.18	19.96	10103.62	3.57	53.40	0.59
Carrots Escabeche - SR1270 (1/2 c.)	18.36	0.10	0.02	0.00	0.00	142.65	4.29	1.18	2.10	0.43	0.13	14.12	6314.90	2.76	39.75(M)	0.39(M)
Cheddar Macaroni - SR1549 (3/4 c.)Contains Milk. Processed in a facility that also processes Egg, Wheat, Gluten.	326.68	16.15	8.37	0.01	49.13	1015.03	31.59	3.80	3.50	17.14	1.77	381.96	699.95	0.00	28.81(M)	0.90(M)

Menu Item Nutrient Report

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Item Name (Serving Size)	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Cheerios Cereal - SR1160 (1 bowl)	100.00	2.00	0.50	0.00	0.00	140.00	20.00	3.00	1.00	3.00	8.10	100.00	500.00	6.00	(M)	(M)
Cheese Calzone - SR1718 (1 slice)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	356.56	13.77	7.00	0.00	30.00	584.74	38.95	4.04	5.23	24.52	1.93	416.35	476.77	0.90	(M)	(M)
Cheese Pizza Square - SR1024 (1 slice)Contains Milk, Wheat, Soy, Gluten.	310.00	11.00	4.00	0.00	15.00	480.00	35.00	4.00	8.00	16.00	2.70	250.00	500.00	0.00	(M)	(M)
Cheese Quesadilla - SR1054 (1 each quesadilla)Contains Milk, Wheat, Gluten.	390.00	22.50	10.50	0.00	50.00	609.99	30.00	3.00	2.00	17.00	1.80	400.00	0.00	0.00	(M)	(M)
Cheese Ravioli - SR1337 (7 ea.)Contains Milk, Egg, Wheat, Gluten.	148.12	3.10	1.55	0.00	25.82	416.22	20.33	2.24	4.26	9.07	1.55	111.34	327.51	6.14	(M)	(M)
Cheese Stuffed Breadstick - SR1407 (1 breadstick)Contains Milk, Wheat, Gluten.	150.00	5.00	2.50	0.00	15.00	220.00	17.00	2.00	1.00	10.00	1.08	150.00	0.00	0.00	(M)	(M)
Cheeseburger - SR1056 (1 burger)Contains Milk, Wheat, Soy, Gluten.	282.80	11.80	4.60	0.00	30.40	648.30	26.90	4.10	3.30	17.20	2.64	137.00	150.70	0.30	(M)	(M)
Cheeseburger Mac - SR1628 (2/3 c.)Contains Milk. Processed in a facility that also processes Egg, Wheat, Soy, Gluten.	400.07	17.90	8.86	0.01	57.35	1435.09	41.53	5.39	8.57	21.64	2.81	353.95	2114.26 (M)	9.80(M)	70.07(M)	1.12(M)
Cheesy Eggs - SR1192 (1/4 c.)Contains Milk, Egg.	102.50	6.75	2.42	0.00	228.75	101.67	0.00	0.00	0.00	8.50	0.96	39.17	266.67	0.00	-15.90 (M)	(M)
Cheesy Grits - SR1362 (2/3 c.)Contains Milk.	212.85	7.55	3.92	0.00	19.61	168.80	28.24	1.95	0.00(M)	7.63	1.40	122.17	0.00	0.00	150.31 (M)	0.21(M)
Cheesy Omelet - SR1482 (1 ea.)Contains Milk, Egg. May contain Soy.	4.33	0.33	0.12	0.00	5.50	10.00	0.03	0.00	0.00	0.23	0.02	2.67	10.00	0.00	(M)	(M)
Cheesy Quesadilla - SR1050 (1 each quesadilla)Contains Milk, Wheat, Gluten.	250.00	13.00	5.50	0.00	25.00	380.00	24.00	2.00	2.00	10.00	1.44	250.00	0.00	0.00	(M)	(M)
Cheesy Rainbow Chili - SR1217 (1 c.)Contains Milk.	265.59	7.83	3.79	0.00	18.75	546.73	34.57	9.39	6.50	13.41	3.21	192.24	3745.55	41.05	208.23 (M)	0.47(M)
Cherry Frudel Stick - SR1491 (1 pkg.)Contains Milk, Wheat, Gluten.	210.00	6.00	1.00	0.00	0.00	260.00	37.00	2.00	11.00	5.00	1.08	0.00	0.00	0.00	(M)	(M)
Chicago-style Hot Dog - SR1118 (1 serving (1 hot dog))Contains Wheat, Gluten.	255.77	11.10	2.51	0.00	60.00	701.63	26.17	3.30	4.62	14.24	2.69	147.12	129.34	2.54	19.11(M)	0.10(M)
Chicken & Waffle Stacker - SR1851 (1 waffle)Contains Milk, Egg, Wheat, Soy, Gluten.	397.81	10.31	1.47	0.00	29.18	739.42	61.22	3.47	23.13	13.67	1.05	20.00	0.00	1.17	(M)	(M)
Chicken & Waffles - SR1425 (1 serving)Contains Milk, Egg, Wheat, Soy, Gluten.	355.00	16.50	3.00	0.00	55.00	715.00	34.50	4.50	3.50	18.00	2.70	40.00	100.00	1.20	(M)	(M)

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Item Name (Serving Size)	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Chicken Alfredo Macaroni - SR1128 (1 c.)Contains Milk. Processed in a facility that also processes Egg, Wheat, Gluten.	313.60	10.92	5.34	0.01	43.92(M)	883.91	37.66	5.27	6.36	20.43	2.26	342.23	868.38	19.68	84.37(M)	1.25(M)
Chicken Bacon & Ranch Flatbread - SR1570 (1 ea.)Contains Milk, Egg, Wheat. May contain Soy, Gluten.	452.45	27.35	8.17	0.00	53.35	946.98	31.54	3.15	3.23	25.75	2.21	257.16	251.01	2.87	6.11(M)	0.04(M)
Chicken Bacon & Ranch Pizza - SR1395 (1 slice)Contains Milk, Egg, Wheat. May contain Soy, Gluten.	439.09	21.98	7.50	0.00	48.76	705.60	37.70	3.54	5.48	28.11	2.11	321.36	326.79	0.00	(M)	(M)
Chicken Bacon & Ranch Wrap - SR1564 (1 wrap)Contains Milk, Egg, Wheat, Gluten.	413.13	21.85	4.26	0.00	70.03	705.77	32.04	3.49	3.27	26.96	2.97	129.80	2762.68	3.87	33.54(M)	0.26(M)
Chicken Biscuit - SR1743 (1 sandwich)Contains Milk, Egg, Wheat, Gluten.	320.00	17.00	9.00	0.00	50.00	650.00	32.00	2.00	2.00	10.00	1.44	170.00	100.00	0.00	(M)	(M)
Chicken Bruschetta Pizza - SR1438 (1 slice)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	340.45	10.77	4.83	0.00	47.10	516.36	37.89	5.05	7.47	27.19	2.42	284.77	1274.31	15.13	94.25(M)	0.53(M)
Chicken Bruschetta Pizza, Taste4, 8-cut Richs 16-inch, Koch diced - SR1947 (1 slice)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	356.60	10.70	4.73	0.00	39.60	535.11	43.16	5.52	8.20	26.09	2.57	284.14	1263.63	15.13	94.22(M)	0.52(M)
Chicken Buffalo Burger - SR1616 (1 burger)Contains Milk, Egg, Wheat, Soy, Gluten.	373.58	15.35	2.84	0.00	58.33	1276.71	39.38	5.02	4.34	22.01	3.25	60.14	134.63	1.27	0.05(M)	0.00(M)
Chicken Caesar Salad - SR1094 (1 salad)Contains Milk.	168.09	6.93	2.05	0.00	53.78	440.50	8.68	2.39	1.36	19.84	2.44	105.97	9982.02	4.56	120.57(M)	0.66(M)
Chicken Caesar Salad - SR1095 (1 salad)Contains Milk.	163.25	6.85	2.04	0.00	53.78	438.22	8.01	1.79	1.02	19.49	2.16	96.57	7501.11	3.42	93.62(M)	0.50(M)
Chicken Caesar Wrap - SR1530 (1 wrap)Contains Milk, Egg, Fish, Wheat, Gluten.	420.74	22.62	4.72	0.00	76.03	647.59	32.34	4.20	2.68	26.21	3.11	192.81	5031.87	2.28	53.90(M)	0.33(M)
Chicken Caesar Wrap - SR1724 (1 wrap)Contains Milk, Egg, Fish, Wheat, Gluten.	387.08	21.74	4.45	0.00	75.91	564.14	26.34	3.20	2.68	25.05	2.77	181.49	5033.53	2.28	53.90(M)	0.33(M)
Chicken Cordon Bleu Burger - SR1866 (1 burger)Contains Milk, Egg, Wheat, Soy, Gluten.	408.60	18.37	5.28	0.00	77.46	966.62	36.16	5.00	3.00	26.82	3.36	135.94	251.88	1.40	(M)	(M)
Chicken Fajitas - SR1476 (1 fajita)Contains Milk, Wheat, Gluten.	273.42	9.58	1.70	0.02	70.04	792.21	28.61	2.93	3.73	20.54	2.32	128.46	218.49	27.33	50.31(M)	0.22(M)
Chicken Fried Steak Sandwich - SR1486 (1 sandwich)Contains Wheat, Soy, Gluten.	430.00	20.00	4.50	0.00	35.00	580.00	44.00	6.00	4.00	21.00	4.14	80.00	0.00	0.00	(M)	(M)

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Chicken Gravy - SR1589 (1 fl. oz.)Contains Milk, Wheat, Soy, Gluten.	15.19	0.51	0.00	0.00	0.00	66.70	2.02	0.00	0.35	0.00	0.00	0.89	0.00	0.00	29.57(M)	0.03(M)
Chicken Nuggets - SR1031 (5 nugget)Contains Egg, Wheat, Soy, Gluten.	249.50	12.97	2.50	0.00	54.89	538.93	17.96	2.00	0.00	15.97	2.69	19.96	99.80	1.20	(M)	(M)
Chicken Parmesan Pasta - SR1481 (1 serving)Contains Milk, Egg, Wheat, Soy, Gluten.	508.80	21.43	7.71	0.01	76.11	1418.81	50.23	7.60	9.45	33.61	4.54	339.65	692.13	7.41	44.98(M)	0.83(M)
Chicken Pomodoro - SR1406 (1/3 c.)	117.99	5.63	1.93	0.00	39.30	193.90	5.28	1.58	3.62	12.39	0.82	20.78	1136.51	18.00	124.19(M)	0.66(M)
Chicken Pot Pie Filling - SR1558 (3/4 c.)Contains Milk, Wheat, Soy, Gluten.	175.02	4.45	1.11	0.00	62.44	386.31	13.03	2.06	2.11	21.28	1.29	32.02	3679.48	3.04	65.32(M)	0.43(M)
Chicken Quesadilla - SR1467 (1 each quesadilla)Contains Milk, Wheat, Gluten.	311.75	14.81	6.52	0.00	61.23	685.33	24.52	2.00	2.00	18.28	1.81	260.35	51.75	0.00	-1.47(M)	(M)
Chicken Salad Mix - SR1215 (1/2 c.)Contains Egg.	187.66	10.58	1.74	0.00	58.37	338.67	4.53	0.28	0.22(M)	18.36	0.83	21.29	145.92	0.52	15.52(M)	0.12(M)
Chicken Salad Sandwich - SR1138 (1 sandwich)Contains Egg, Wheat, Gluten.	317.67	12.58	1.74	0.00	58.37	598.67	29.53	4.28	3.22(M)	24.36	2.27	61.29	145.92	0.52	15.52(M)	0.12(M)
Chicken Salad Sub Sandwich - SR1200 (1 sandwich)May contain Milk. Contains Egg, Wheat, Soy, Gluten.	341.87	12.69	1.59	0.00	53.46	490.17	33.15	3.26	4.20(M)	22.82	2.19	32.87	133.85	0.49	14.21(M)	0.11(M)
Chicken Soup Broth - SR1909 (1 c.)Contains Wheat, Soy, Gluten.	14.18	0.47	0.00	0.00	0.00	678.04	0.95	0.00	0.00	0.95	0.00	7.10	0.00	0.00	236.56(M)	0.24(M)
Chicken Strips w/ Maple Mustard - SR1374 (3 strip)Contains Egg, Wheat, Soy, Gluten.	253.15	12.02	2.50	0.00	55.10	704.67	21.73	2.00	4.41	16.03	1.82	21.57	100.18	1.20	(M)	(M)
Chicken Strips w/Tangy Orange Sauce - SR1555 (3 strip)Contains Egg, Wheat, Soy, Gluten.	300.60	12.02	2.50	0.00	55.10	565.79	34.07	2.01	17.04	16.03	1.90	22.29	108.53	1.77	0.33(M)	0.00(M)
Chicken Tacos - SR1415 (2 tacos)Contains Milk, Wheat, Gluten.	349.39	14.35	5.38	0.00	55.50	551.20	32.20	2.50	2.91	21.87	2.03	278.97	127.25	1.73	4.97(M)	0.10(M)
Chicken Tender Burger - SR1845 (1 burger)Contains Egg, Wheat, Soy, Gluten.	360.00	14.00	2.50	0.00	55.00	690.00	41.00	6.00	3.00	22.00	3.24	60.00	100.00	1.20	(M)	(M)
Chicken Tenders - SR1248 (3 strips)Contains Egg, Wheat, Soy, Gluten.	230.42	12.02	2.50	0.00	55.10	430.79	16.03	2.00	0.00	16.03	1.80	20.04	100.18	1.20	(M)	(M)
Chili con Carne - SR1379 (1 c.)Contains Soy.	223.74	5.37	1.94	0.00	19.09	475.68	29.26	7.04	4.88(M)	14.07	3.83	71.33	2496.40	38.22	179.03(M)	0.32(M)
Chili Dog - SR1120 (1 serving (1 hot dog))Contains Milk, Wheat, Gluten.	300.70	14.23	4.22	0.00	68.59	603.34	27.32	4.17	2.81	17.18	2.92	201.53	468.19	5.13	26.03(M)	0.06(M)

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Chili Frito Pie - SR1115 (1 ea.)Contains Milk.	631.59	26.73	9.57	0.00	37.50	1025.98	75.07	13.44	6.50	21.96	3.94	345.24	3745.55	41.05	208.23 (M)	0.47(M)
Chili Lime Veggie Sticks - SR1654 (8 stick.)	30.16	0.16	0.03	0.00	0.00	73.58	6.93	2.69	2.71	0.71	0.32	25.42	6918.46	8.22	81.70(M)	0.64(M)
Chili Lime Watermelon Salad - SR1548 (1/2 c.)	28.25	0.16	0.02	0.00	0.00	151.71	7.11	0.41	5.74	0.58	0.25	7.07	558.35	7.55	85.54	0.63
Chili Relleno - SR1376 (1 ea.)Contains Milk, Egg, Wheat. May contain Soy, Gluten.	192.42	11.45	5.57	0.00	147.88	425.89	9.04	0.75	2.46	12.09	0.68	206.29	798.18 (M)	21.02(M)	9.03(M)	0.04(M)
Chilled Corn - SR1033 (1/2 c.)	68.89	0.57	0.09	0.00	0.00	0.85	16.41	2.04	2.61	2.17	0.35	3.40	2.55	5.36	63.79	0.41
Chilly Philly Pizza - SR1895 (1 slice)Contains Milk, Egg, Wheat. May contain Soy, Gluten.	328.74	11.84	4.87	0.01	35.84	635.48	34.96	4.07	5.35	23.95	1.91	267.33	408.96	9.76	8.63(M)	0.11(M)
Chilly Philly Salad - SR1816 (1 salad)Contains Milk.	247.26	11.73	4.46	0.02	45.00	517.37	17.10	5.47	8.26	23.83	2.45	290.08	12756.46	75.86	353.86 (M)	2.38(M)
Chilly Philly Sub - SR1777 (1 sandwich)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	358.84	14.09	4.37	0.02	45.00	640.92	34.12	4.09	5.97	25.94	1.86	223.10	344.47	33.02	31.65(M)	0.36(M)
Chipotle Barbecue Meatloaf - SR1619 (1 meatloaf)Contains Egg, Wheat, Soy, Gluten.	215.11	8.54	3.54	0.00	66.93	708.81	18.01	2.57	8.32	15.96	3.15	37.61	3378.03	5.74	44.33(M)	0.22(M)
Chipotle Barbecue Sauce - SR1620 (1 tbsp.)	13.14	0.00	0.00	0.00	0.00	207.67	2.63	0.07	2.20	0.42	0.32	0.59	56.93	0.72	5.01(M)	0.01(M)
Chipotle Cinnamon Pull Pork Sub - SR1819 (1 roll (small submarine, hoagie roll))May contain Milk, Egg. Contains Wheat, Soy, Gluten.	421.72	16.75	4.20	0.02(M)	60.64	958.31	43.14	3.67	18.07	22.33	3.10	41.37	187.89	8.00	-13.26 (M)	0.21(M)
Chipotle Cole Slaw - SR1291 (1/2 c.)	55.04	0.13	0.04	0.00	0.00	156.37	13.02	2.64	9.85	1.29	0.57	42.22	1805.87	33.83	103.07 (M)	0.96(M)
Chipotle Lime Mayonnaise - SR1294 (1 tbsp.)Contains Egg.	39.66	3.10	0.34	0.00(M)	3.44	104.92	3.36	0.12	1.80	0.04	0.05	0.35	22.02	1.19	0.89(M)	0.01(M)
Chipotle Lime Southwest Wrap - SR1150 (1 wrap)Contains Milk, Egg, Wheat, Gluten.	386.28	15.10	3.72	0.00(M)	42.63	725.08	47.30	7.02	7.97	20.09	3.99	232.15	6201.98	22.71	178.41 (M)	1.03(M)
Chipotle Peppers in Adobo Sauce - SR1971 (2 tbsp.)	15.00	0.00	0.00	0.00	0.00	410.10	3.00	1.00	3.00	0.00	0.36	0.00	200.05	12.00	(M)	(M)
Chipotle Ranch Dressing - SR1460 (1 tbsp.)Contains Milk, Egg.	21.42	1.46	0.21	0.00	2.08	162.93	2.23	0.03	0.91	0.00	0.01	0.18	7.18	0.34	1.22(M)	0.00(M)
Chipotle Turkey Jalapeno Torta - SR1322 (1 portion)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	224.30	9.97	3.86	0.00	69.82	606.39	15.03	3.50	6.17	19.84	2.13	94.35	1103.26	19.96	69.71(M)	0.79(M)
Chocolate Chip French Toast Minis - SR1593 (1 pkg.)Contains Milk, Egg, Wheat, Soy, Gluten.	210.00	6.00	1.50	0.00	0.00	260.00	35.00	4.00	11.00	5.00	3.60	260.00	1000.00	0.00	(M)	(M)
Chocolate Skim Milk - SR1000 (1 Half Pint)Contains Milk.	151.96	0.00	0.00	0.00	4.54	249.48	30.53	0.00	21.14	7.69	0.61	288.04	514.84	2.27	(M)	(M)

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Chorizo Burrito - SR1191 (1 burrito)Contains Wheat, Gluten.	260.06	10.76	2.24	0.02	41.18	438.43	25.87	2.37	2.54(M)	17.69	2.58	132.96	195.91	2.54	14.97(M)	0.12(M)
Chorizo Sausage Pizza - SR1833 (1 slice)Contains Milk, Egg, Wheat. May contain Soy, Gluten.	342.78	13.57	5.53	0.01(M)	37.56	582.77	35.77	4.23	5.93(M)	22.20	2.23	266.28	764.07	17.38	12.45(M)	0.12(M)
Cilantro Lime Crema - SR1790 (1 tbsp.)Contains Milk, Egg.	37.89	2.93	0.33	0.00	3.45	59.34	2.48	0.01	1.05	0.90	0.01	10.53	10.47	0.19	2.27(M)	0.01(M)
Cilantro Lime Dressing - SR1273 (1 tbsp.)	45.47	4.69	0.41	0.04	0.00	1.70	1.00	0.08	0.12	0.12	0.05	3.82	35.10	1.07	8.40(M)	0.05(M)
Cilantro Lime Ranch - SR1769 (1 tbsp.)Contains Milk, Egg.	14.82	0.78	0.11	0.00	1.25	85.02	1.48	0.01	0.72	0.62	0.01	7.19	4.02	0.12	1.63(M)	0.01(M)
Cilantro Lime Rice - SR1232 (2/3 c.)	155.51	2.93	0.20	0.02	0.00	184.96	29.87	1.92	0.88(M)	3.27	0.62	9.60	12.64	1.86	55.45(M)	0.64(M)
Cinnamon Breakfast Round - SR1976 (1 pkg.)Contains Milk, Egg, Wheat, Soy, Gluten.	280.00	8.00	3.00	0.00	5.00	190.00	44.00	6.29	19.00	5.00	0.68	29.80	8.00	0.00	(M)	(M)
Cinnamon Chipotle Barbecue Sauce - SR1781 (1 tbsp.)	23.23	0.00	0.00	0.00(M)	0.00	251.81	5.40	0.01	4.98	0.43	0.32	0.21	41.67	0.02	0.60(M)	0.01(M)
Cinnamon Chipotle Pulled Pork - SR1818 (3/8 c.)Contains Soy.	264.46	13.67	4.78	0.00(M)	72.78	882.22	13.82	0.02	14.70	19.19	1.85	22.92	139.10	0.50	-34.47(M)	0.02(M)
Cinnamon Chipotle Pulled Turkey - SR1938 (3/8 c.)	206.00	7.13	2.04	0.00(M)	71.32	1135.03	16.77	0.02	13.59	19.50	2.33	0.58	113.64	0.05	-72.74(M)	0.02(M)
Cinnamon Creamy Cheese Mini Bagels - SR1162 (1 pkg.)Contains Milk, Wheat. May contain Soy, Gluten.	240.00	6.00	2.50	0.00	10.00	180.00	41.00	2.00	13.00	6.00	1.44	20.00	100.00	0.00	(M)	(M)
Cinnamon Mini Waffles - SR1594 (1 pkg.)Contains Milk, Egg, Wheat, Soy, Gluten.	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	4.00	2.70	60.00	500.00	0.00	(M)	(M)
Cinnamon Pinwheel - SR1455 (1 roll.)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	93.38	1.69	0.28	0.00	0.00	107.38	15.88	1.67	3.67	3.01	0.76	11.27	31.97	0.01	0.03(M)	0.01(M)
Cinnamon Roll Smoothie - SR1396 (1 ea.)Contains Milk.	161.52	0.84	0.51	0.00	2.50	56.42	35.24	1.74	26.02	3.68	0.31	122.00	523.80	0.71	0.21(M)	0.07(M)
Cinnamon Swirled Apple - SR1492 (1/2 c.)	44.61	0.00	0.00	0.00	0.00	8.79	10.78	1.93	7.89	0.01	0.03	3.26	0.96	0.01	0.03(M)	0.01(M)
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)Contains Wheat, Soy, Gluten.	110.00	3.00	0.50	0.00	0.00	160.00	22.00	3.00	6.00	1.00	3.60	200.00	400.00	4.80	(M)	(M)
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)Contains Wheat, Soy, Gluten.	150.00	3.50	0.00	0.00	0.00	115.00	30.00	3.00	9.00	2.00	1.80	200.00	0.00	0.00	(M)	(M)
Citrus Glazed Carrots - SR1131 (1/2 c.)	60.46	0.78	0.14	0.00	0.00	67.68	13.35	3.81	8.63	0.68	0.65	43.03	19196.68	7.86	102.46(M)	0.79(M)
Classic Barbecue Chicken Strips - SR1371 (3 strips)Contains Egg, Wheat, Soy, Gluten.	265.34	12.02	2.51	0.00	55.10	841.24	23.41	2.00	6.44	16.91	2.45	21.82	187.68	1.20	2.02(M)	0.00(M)
Classic Barbecue Sauce - SR1243 (1 tbsp.)	17.46	0.00	0.00	0.00	0.00	205.22	3.69	0.00	3.22	0.44	0.32	0.89	43.75	0.00	1.01(M)	0.00(M)

Menu Item Nutrient Report

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Item Name (Serving Size)	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Classic Chef Salad - SR1082 (1 salad)Contains Milk, Egg.	142.93	8.58	3.66	0.00	111.64	281.73	3.91	1.28	1.56	12.23	1.27	120.72	5642.37	10.69	103.14 (M)	0.67(M)
Classic Chef Salad - SR1083 (1 salad)Contains Milk, Egg, Soy.	225.85	12.66	4.82	0.00	210.79	638.77	7.77	2.63	3.19	20.97	2.53	165.34	11517.82	22.58	203.84 (M)	1.35(M)
Classic Gardenburger - SR1796 (1 burger)Contains Milk, Wheat, Soy, Gluten.	210.00	5.00	0.00	0.00	0.00	660.00	32.00	9.00	3.00	17.00	3.24	100.00	0.00	0.00	(M)	(M)
Classic Tomato Soup - SR1114 (1/2 c.)Contains Wheat, Gluten.	36.58	0.46	0.23	0.00	0.00	189.25	7.32	0.46	4.57	0.46	0.17	1.78	182.90	2.74	59.14(M)	0.06(M)
Cocoa Puffs Cereal - SR1170 (1 bowl)Contains Wheat. May contain Gluten.	110.00	1.50	0.00	0.00	0.00	120.00	25.00	2.00	8.00	2.00	4.50	100.00	500.00	6.00	(M)	(M)
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)Contains Wheat, Soy, Gluten.	150.00	3.00	0.00	0.00	0.00	100.00	30.00	3.00	9.00	3.00	1.80	200.00	100.00	1.20	(M)	(M)
Colby Cheese Omelet - SR1599 (1 patty)Contains Milk, Egg. May contain Soy.	130.00	10.00	3.50	0.00	165.00	300.00	1.00	0.00	0.00	7.00	0.72	80.00	300.00	0.00	(M)	(M)
Corn Dog - SR1023 (1 corn dog)Contains Egg, Wheat, Soy, Gluten.	240.00	8.00	2.50	0.00	40.00	390.00	30.00	5.00	5.00	9.00	1.80	80.00	(M)	(M)	(M)	(M)
Country Breakfast Sausage Patty - SR1157 (1 patty)	60.00	4.50	1.50	0.00	35.00	80.00	0.00	0.00	0.00	6.00	0.36	20.00	0.00	0.00	(M)	(M)
Country Fried Steak - SR1020 (1 patty)Contains Milk, Wheat, Soy, Gluten.	306.07	18.43	4.68	0.00	35.00	345.72	19.61	2.00	1.00	15.00	2.70	40.20	0.00	0.00	6.76(M)	0.01(M)
Country Style Potato Wedges - SR1029 (1/2 c.)	90.43	2.51	0.00	0.00	0.00	30.14	15.07	2.01	0.00	2.01	0.72	0.00	0.00	3.62	(M)	(M)
Cranberry Mayonnaise - SR1951 (1 tbsp.)Contains Egg.	38.37	2.12	0.24	0.00(M)	2.35	46.05	4.87	0.12	3.57	0.00	0.00	0.04	0.00	0.00	0.11(M)	0.00(M)
Cranberry Pear Coffee Cake - SR1727 (1 square)Contains Milk, Egg, Wheat, Soy, Gluten.	344.32	9.15	4.57	0.00	27.26	420.99	59.31	2.54	30.44	3.74	0.75	3.92	2.14	0.45	0.01(M)	0.01(M)
Cranberry Slaw - SR1889 (1/2 c.)	66.14	0.21	0.03	0.00	0.00	579.07	16.62	1.72	13.93	0.64	0.38	24.10	1001.66	14.32	51.03(M)	1.80(M)
Cranked Up Tandoori Chicken - SR1878 (1/2 c.)Contains Milk.	107.62	4.95	0.92	0.02	48.27(M)	614.27	3.05	0.60	0.91	13.16	0.78	40.31	326.81	0.56	2.54(M)	0.61(M)
Cranked Up Tandoori Chicken Salad - SR1897 (1 salad)Contains Milk.	183.82	5.52	1.00	0.02	48.27(M)	955.55	20.11	4.71	11.87	16.61	2.76	124.81	12442.13	37.35	274.85 (M)	3.10(M)
Cranked Up Tandoori Chicken Sub - SR1896 (1 sandwich)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	331.45	8.28	0.97	0.02	48.27(M)	1249.13	44.92	5.74	14.80	20.48	2.73	78.81	1669.37	21.79	140.37 (M)	2.08(M)
Creamy Cheddar Cheese Sauce - SR1293 (1/4 c.)Contains Milk.	110.40	8.18	4.70	0.00	28.62	421.15	2.04	0.00	1.02	7.16	0.00	206.49	400.71	0.00	-1.13(M)	(M)
Creamy Sriracha Chicken - SR1825 (12 piece)Contains Milk, Egg, Wheat, Soy, Gluten.	434.63	25.91	4.08	0.04	32.69(M)	1277.88	36.34	5.73	13.79	17.75	2.34	21.90	1724.59	54.81	77.09(M)	0.91(M)

Menu Item Nutrient Report

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Item Name (Serving Size)	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Creamy Sriracha Sauce - SR1822 (1 tbsp.)Contains Milk, Egg, Wheat, Soy, Gluten.	35.79	1.79	0.35	0.00	2.30	276.75	4.86	0.16	3.39	0.20	0.02	0.31	78.58	0.00	1.02(M)	0.12(M)
Crispy Chicken Burger - SR1057 (1 burger)Contains Egg, Wheat, Soy, Gluten.	340.00	13.00	2.50	0.00	55.00	630.00	36.00	5.00	3.00	22.00	3.24	60.00	100.00	1.20	(M)	(M)
Crispy Chicken Nuggets - SR1367 (5 nugget)Contains Wheat, Soy, Gluten.	260.00	15.00	2.50	0.00	25.00	400.00	16.00	3.00	1.00	16.00	1.80	0.00	100.00	0.00	(M)	(M)
Crispy Chicken Ranch Wrap - SR1089 (1 wrap)Contains Milk, Egg, Wheat, Soy, Gluten.	496.92	23.13	5.54	0.00	61.50	1167.40	53.90	6.40	5.96	22.35	4.86	226.24	5796.31	35.38	120.50(M)	0.77(M)
Crispy Chicken Salad - SR1129 (1 salad)Contains Milk, Egg, Wheat, Soy, Gluten.	257.31	12.53	4.04	0.00	45.50	474.52	20.88	5.03	2.77	15.92	2.98	142.46	5800.47	35.14	122.58(M)	0.79(M)
Crispy Chicken Salad - SR1130 (1 salad)Contains Milk, Egg, Wheat, Soy, Gluten.	316.59	15.24	4.55	0.00	56.50	605.37	26.14	6.25	3.07	20.10	4.21	175.11	11161.32	35.64	180.94(M)	1.25(M)
Crispy Chicken Wrap - SR1088 (1 wrap)Contains Milk, Egg, Wheat, Soy, Gluten.	441.35	22.72	7.28	0.00	60.50	902.83	40.76	4.51	4.69	20.62	3.60	282.46	3088.68	31.27	86.96(M)	0.52(M)
Crispy Panko Broccoli & Cauliflower - SR1227 (1 #8 scoop)Contains Milk, Wheat, Gluten.	107.91	8.00	1.18	0.06	2.50	82.37	6.90	2.12	1.82	2.83	1.10	62.19	195.41(M)	34.31(M)	46.27(M)	0.53(M)
Crispy Round Tortilla Chips - SR1065 (1 1/2 oz.)	206.18	8.84	1.47	0.00	0.00	169.36	29.45	2.94	0.00	2.94	0.00	29.45	0.00	0.00	(M)	(M)
Crispy Whole Apple - SR1161 (1 extra small (2-1/2" dia))	47.79	0.16	0.03	0.00	0.00	0.92	12.69	2.21	9.55	0.24	0.11	5.51	49.63	4.23	78.64	0.18
Crumb Topping - SR1311 (1 tbsp.)Contains Wheat, Gluten.	25.61	1.17	0.10	0.01	0.00	4.46	3.35	0.16	0.41	0.41	0.05	1.07	0.08	0.31	0.02(M)	0.01(M)
Cuban Style Sandwich - SR1621 (1 sandwich)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	310.43	11.77	3.76	0.00	60.22	1407.83	30.00	3.00	4.00	20.06	2.15	88.37	150.20	0.61	(M)	(M)
Cubana Turkey - SR1292 (3 1/3 oz.)	154.00	6.48	1.85	0.00	64.38	476.72	7.67	0.42	4.24	16.94	1.50	6.10	15.38	2.29	7.48(M)	0.08(M)
Cubano Slaw - SR1297 (1/2 c.)	66.79	0.16	0.04	0.00	0.01	137.85	16.02	2.75	12.57	1.41	0.62	44.60	1874.44	34.33	103.31(M)	0.94(M)
Cucumber Coins - SR1013 (1/2 c.)	9.22	0.07	0.02	0.00	0.00	1.23	2.23	0.31	1.03	0.40	0.17	9.84	64.54	1.72	58.54	0.23
Cucumbers - SR1968 (1/2 c.)	12.12	0.09	0.03	0.00	0.00	1.62	2.93	0.40	1.35	0.53	0.23	12.93	84.86	2.26	76.97	0.31
Curry Chicken - SR1890 (1/2 c.)Contains Milk.	136.45	7.22	1.33	0.03	70.04	591.27	1.89	0.85	0.05	16.24	1.03	28.45	117.19	0.08	-5.16(M)	0.00(M)
Curry Chicken Pizza - SR1893 (1 slice)Contains Milk, Egg, Wheat, Soy, Gluten.	334.42	12.75	4.98	0.01	45.64	790.25	34.90	4.14	4.94	23.55	2.14	276.34	441.52	1.75	-0.20(M)	0.03(M)
Curry Chicken Salad - SR1892 (1 salad)Contains Milk.	184.70	7.56	1.38	0.03	70.09	1117.33	12.53	3.54	6.40	18.67	2.68	99.05	11288.20	21.57	151.15(M)	1.73(M)

Menu Item Nutrient Report

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Item Name (Serving Size)	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Curry Chicken Sub - SR1891 (1 sandwich)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	332.40	10.31	1.34	0.03	70.09	1186.65	37.36	4.58	9.34	22.55	2.65	53.27	537.87	6.10	16.98(M)	0.71(M)
Curry Side Vegetables - SR1935 (1/4 c.)	25.85	0.09	0.01	0.00	0.00	304.95	6.47	0.73	5.30	0.30	0.19	11.43	420.40	6.01	22.14(M)	0.70(M)
Curtido Slaw - SR1224 (1 #16 scoop)	12.09	0.06	0.02	0.00	0.00	65.89	2.72	0.80	1.46(M)	0.38	0.18	13.27	834.43	7.45	30.47(M)	0.36(M)
Deli Sliced Turkey Ham - SR1287 (1 slice)	18.38	0.84	0.25	0.00	10.02	80.18	0.17	0.00	0.00	2.34	0.12	0.00	0.00	0.20	(M)	(M)
Deluxe Cheeseburger - SR1055 (1 burger)Contains Milk, Wheat, Soy, Gluten.	320.00	13.50	5.50	0.00	37.50	695.00	28.00	4.00	3.00	20.50	3.04	144.30	151.00	0.50	(M)	(M)
Diced Bartlett Pears - SR1194 (1/2 c.)	49.27	0.07	0.00	0.00	0.00	3.94	12.75	1.58	9.56	0.34	0.29	8.87	5.91	1.58	(M)	(M)
Diced Peaches - SR1196 (1/2 c.)	57.95	0.04	0.00	0.00	0.00	5.27	15.24	1.71	13.53	0.83	0.36	7.90	501.75	4.74	-4.25(M)	(M)
Diced Red Tomatoes - SR1012 (2 tbsp.)	17.73	0.20	0.03	0.00	0.00	4.92	3.83	1.18	2.59	0.87	0.27	9.85	820.32	13.49	93.08	0.49
Dill Pickle Chips - SR1399 (2 tbsp.)	0.00	0.00	0.00	0.00	0.00	255.73	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Dinner Roll - SR1009 (1 roll.)May contain Milk, Egg. Contains Wheat, Soy, Gluten.	85.01	1.50	0.00	0.00	0.00	70.01	14.50	1.50	2.00	3.50	0.72	7.05	0.00	0.01	(M)	(M)
Dinner Roll - SR1010 (1 roll.)May contain Milk, Egg. Contains Wheat, Soy, Gluten.	79.99	1.50	0.00	0.00	0.00	70.00	14.00	2.00	2.00	3.00	0.51	6.40	0.00	0.00	(M)	(M)
Double Berry Breakfast Parfait - SR1174 (1 parfait)Contains Milk, Wheat, Soy, Gluten.	264.24	4.08	0.86	0.00	2.50	118.22	53.40	3.25	37.59	5.33	0.81	110.09	532.92	27.45	33.05(M)	0.07(M)
Double Berry Parfait - SR1602 (1 parfait)Contains Milk, Wheat, Soy, Gluten.	447.57	7.83	1.69	0.00	5.00	234.05	85.57	4.25	56.59	10.17	1.17	210.09	1032.92	27.45	33.05(M)	0.07(M)
Double Chocolate Chip Mini Muffin - SR1592 (1 muffin)Contains Milk, Egg, Wheat, Soy, Gluten.	200.00	6.00	2.00	0.00	40.00	130.00	32.00	2.00	17.00	4.00	1.44	40.00	100.00	0.00	(M)	(M)
Dreamy Peach Smoothie - SR1739 (1 ea.)Contains Milk.	157.85	0.79	0.50	0.00	2.50	57.72	34.72	1.71	27.51	4.33	0.36	107.81	1001.30	4.74	-4.25(M)	(M)
Ecuadorian Banana Salsa - SR1666 (1/4 c.)	66.71	0.33	0.07	0.00	0.00	97.48	16.02	3.92	7.13	2.57	1.94	93.13	1338.47	28.75	116.70(M)	1.19(M)
Edamame - SR1041 (1/2 c.)Contains Soy.	99.79	4.29	0.51	0.01	0.00	4.95	7.35	4.29	1.80	9.82	1.87	51.96	245.76	5.03	60.01	1.00
Edamame - SR1046 (1/2 c.)Contains Soy.	99.79	4.29	0.51	0.01	0.00	4.95	7.35	4.29	1.80	9.82	1.87	51.96	245.76	5.03	60.01	1.00
Egg Muffin Breakfast Sandwich - SR1193 (1 sandwich)Contains Milk, Egg, Wheat, Soy, Gluten.	225.00	8.00	3.50	0.00	102.50	490.00	29.00	3.00	2.00	10.50	1.44	155.00	150.00	0.00	(M)	(M)
Egg Patty - SR1288 (1 patty)Contains Milk, Egg.	35.00	2.50	1.00	0.00	90.00	35.00	1.00	0.00	0.00	3.00	0.00	20.00	0.00	0.00	(M)	(M)

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Item Name (Serving Size)	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Egg Salad Mix - SR1218 (1 #12 scoop)Contains Egg.	160.36	12.18	2.63	0.00	212.57	284.11	4.21	0.26	0.81(M)	7.30	0.73	34.12	352.73	0.43	11.84(M)	0.10(M)
Egg Salad Sandwich - SR1139 (1 sandwich)Contains Egg, Wheat, Gluten.	290.36	14.18	2.63	0.00	212.57	544.11	29.21	4.26	3.81(M)	13.30	2.17	74.12	352.73	0.43	11.84(M)	0.10(M)
Egg Salad Sub Sandwich - SR1140 (1 sandwich)May contain Milk. Contains Egg, Wheat, Soy, Gluten.	330.36	15.18	2.63	0.00	212.57	464.10	33.21	3.26	4.81(M)	13.30	2.16	47.49	352.93	0.44	11.84(M)	0.10(M)
Ellena's Lettuce Wrap - SR1927 (1 bowl)Contains Wheat, Soy, Gluten.	256.46	5.43	1.56	0.00	41.18	577.02	36.13	2.28	9.07(M)	17.41	1.62	43.37	473.35	3.52	122.42(M)	0.34(M)
Enchilada Suiza - SR1559 (2 enchilada)Contains Milk, Wheat, Soy, Gluten.	385.63	14.06	4.35	0.00	59.48	745.15	38.91	2.96	4.43	24.51	2.41	264.90	264.22	3.46	63.51(M)	0.25(M)
Escabeche Tuna Salad - SR1827 (1/3 c.)Contains Fish. May contain Soy.	139.03	4.49	0.33	0.03(M)	46.67(M)	505.41	3.43	0.21	2.73	20.34	1.16	2.98	448.94	1.67	14.34(M)	0.12(M)
Fajita Chicken Pizza - SR1869 (1 slice)Contains Milk, Egg, Wheat. May contain Soy, Gluten.	340.51	12.78	5.33	0.01	49.38	758.09	35.71	4.01	5.63	23.27	2.06	261.99	398.38	8.40	12.43(M)	0.07(M)
Fajita Chicken Quesadilla - SR1803 (1 each quesadilla)Contains Milk, Wheat, Gluten.	341.75	15.31	7.02	0.00	61.23	735.34	29.52	3.00	2.00	19.28	1.81	310.35	61.75	0.00	-1.47(M)	(M)
Fajita Chicken Salad - SR1817 (1 salad)Contains Milk.	215.75	9.20	3.55	0.01	72.88	656.09	14.51	4.80	7.11	20.92	2.69	175.54	12559.07	56.21	343.35(M)	2.12(M)
Fajita Chicken Strips - SR1524 (2/3 c.)Contains Milk.	100.06	3.50	1.00	0.00	70.04	590.34	1.00	0.00	0.00	16.01	0.72	20.01	100.06	0.00	-2.83(M)	(M)
Fajita Chicken Sub - SR1778 (1 sandwich)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	351.25	13.09	3.86	0.02	74.12	911.16	33.56	3.93	5.74	23.99	2.21	130.68	221.50	27.34	47.86(M)	0.22(M)
Fajita Green Chili Queso - SR1840 (3 oz.)Contains Milk, Soy.	488.67	37.04	20.90	0.01	120.00	1660.91	9.81	0.47	0.87	28.26	0.08	816.21	1659.19	13.66	25.15(M)	0.11(M)
Fajita Vegetable Quesadilla - SR1475 (1 each quesadilla)Contains Milk, Wheat, Gluten.	423.36	24.58	10.70	0.02	50.00	611.87	33.62	3.93	3.73	17.53	1.96	408.44	118.44	27.33	50.31(M)	0.22(M)
Fiesta Bean & Cheese Burrito - SR1030 (1 burrito)Contains Milk, Wheat, Soy, Gluten.	296.33	8.30	3.62	0.00	15.33	509.85	42.15	8.30	1.95	15.83	3.45	171.92	336.19	2.71	3.38(M)	0.06(M)
Fiesta Beef Salad - SR1110 (1 salad)Contains Milk, Soy.	164.81	6.96	3.35	0.00	27.82	657.41	13.71	4.82	3.46	12.73	2.79	172.82	13240.32	22.83	173.36(M)	1.29(M)
Fiesta Beef Salad - SR1111 (1 salad)Contains Milk, Soy.	153.19	6.84	3.33	0.00	27.82	285.31	11.53	3.81	2.86	11.65	2.05	142.98	7842.98	14.73	103.77(M)	0.77(M)
Fiesta Chicken Burrito - SR1712 (1 burrito)Contains Milk, Wheat, Gluten.	318.10	14.42	5.90	0.00	57.02	541.30	27.63	2.90	3.64	20.61	2.20	260.43	178.97	3.10	8.94(M)	0.17(M)

Menu Item Nutrient Report

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Item Name (Serving Size)	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Fiesta Potatoes - SR1519 (1/2 c.)	148.28	2.99	0.43	0.00	0.00	124.54	28.72	2.95	1.87	2.85	0.80	4.63	35.67(M)	12.54(M)	41.11(M)	0.25(M)
Fire Roasted Red Peppers - SR1655 (2 tbsp.)	8.13	0.00	0.00	0.00	0.00	83.96	1.35	0.27	1.08	0.27	0.20	5.42	54.17	16.25	(M)	(M)
Fire Roasted Salsa - SR1331 (2 tbsp.)	9.42	0.01	0.00	0.00	0.00	22.93	1.99	0.60	1.09	0.34	0.17	3.34	59.41(M)	1.89(M)	6.17(M)	0.03(M)
Fishwich - SR1105 (1 sandwich)Contains Fish, Wheat, Gluten.	300.00	8.00	0.00	0.00	55.00	650.00	39.00	5.00	3.00	21.00	2.52	80.00	0.00	0.00	(M)	(M)
Flamin' Hot Buffalo Sauce - SR1244 (1 tbsp.)	13.59	0.05	0.00	0.00	0.04	318.15	2.86	0.29	2.40	0.23	0.12	2.30	271.02	0.42	10.09(M)	0.76(M)
Flaming Buffalo Chicken Strips - SR1278 (3 strip)Contains Egg, Wheat, Soy, Gluten.	257.17	12.10	2.50	0.00	55.08	1066.30	21.71	2.59	4.81	16.47	2.04	24.60	642.04	2.03	20.17(M)	1.51(M)
Flaming Buffalo Chicken Strips - SR1372 (3 strips)Contains Egg, Wheat, Soy, Gluten.	257.59	12.12	2.51	0.00	55.18	1067.09	21.74	2.59	4.81	16.50	2.04	24.64	642.23	2.03	20.17(M)	1.51(M)
Fluffy Pancakes - SR1182 (1 pancake)Contains Egg, Wheat, Soy, Gluten.	76.67	2.00	0.33	0.00	3.33	110.00	13.67	1.00	1.67	1.67	0.60	0.00	0.00	0.00	(M)	(M)
Food Court Smoothie - SR1397 (1 ea.)Contains Milk.	156.70	0.81	0.51	0.00	2.50	53.73	33.67	0.70	25.98	3.61	0.15	102.46	518.05	21.64	(M)	(M)
French Toast Sticks - SR1910 (3 stick.)Contains Wheat, Soy, Gluten.	190.92	7.34	1.47	0.00	0.00	220.29	27.90	2.20	6.61	4.41	1.34	24.97	16.16	0.00	(M)	(M)
Fresh Baby Carrots - SR1016 (1/2 c.)	24.81	0.09	0.02	0.00	0.00	55.28	5.84	2.06	3.37	0.45	0.63	22.68	9773.50	1.84	(M)	(M)
Fresh Basil - SR1972 (1 tsp.)	0.08	0.00	0.00	0.00	0.00	0.01	0.01	0.01	0.00	0.01	0.01	0.59	17.54	0.06	0.31	0.01
Fresh Blueberries - SR1545 (1/2 c.)	42.18	0.24	0.02	0.00	0.00	0.74	10.72	1.78	7.37	0.55	0.21	4.44	39.96	7.18	62.31	0.18
Fresh Broccoli Florets - SR1027 (1/2 c.)	10.84	0.12	0.01	0.00	0.00	10.53	2.12	0.83	0.54	0.90	0.23	14.99	198.70	28.45	28.48	0.28
Fresh Celery Sticks - SR1014 (6 stick.)	10.34	0.11	0.03	0.00	0.00	51.71	1.92	1.03	0.87	0.45	0.13	25.86	290.23	2.00	61.68	0.49
Fresh Cilantro - SR1265 (1 tsp.)	0.08	0.00	0.00	0.00	0.00	0.15	0.01	0.01	0.00	0.01	0.01	0.22	22.44	0.09	0.31	0.01
Fresh Pears - SR1585 (1 medium)	101.46	0.25	0.04	0.00	0.00	1.78	27.11	5.52	17.36	0.64	0.32	16.02	44.50	7.65	149.45	0.57
Fresh Strawberries - SR1546 (1/2 c.)	23.04	0.22	0.01	0.00	0.00	0.72	5.53	1.44	3.52	0.48	0.30	11.52	8.64	42.34	65.48	0.29
Fresh Tomato & Olive Salad - SR1964 (1/4 c.)	33.65	1.00	0.04	0.00	0.00	66.20	6.22	1.77	3.88	1.30	0.57	14.77	1230.47	20.24	146.01(M)	0.74(M)
Fresh Tomato and Cucumber Mix - SR1969 (1/2 c.)	41.51	0.44	0.07	0.00	0.00	10.66	9.13	2.57	5.86	2.00	0.65	26.16	1683.06	28.11	224.65	1.14
Fresh Tomato Wedges - SR1974 (1/2 c.)	15.39	0.17	0.02	0.00	0.00	4.27	3.33	1.03	2.25	0.75	0.23	8.55	712.09	11.71	80.80	0.43
Fresh Whole Oranges - SR1171 (1 small (2-3/8" dia))	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.90	0.10	38.40	216.00	51.07	83.28	0.42

Menu Item Nutrient Report

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Item Name (Serving Size)	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Fried Rice - SR1382 (2/3 c.) Contains Milk, Egg, Wheat, Soy, Gluten.	151.25	1.31	0.24	0.00	19.29	357.71	30.63	2.50	1.80(M)	4.92	0.78	16.73	1642.74	4.17	86.68(M)	0.32(M)
Frijoles ala Charro - SR1271 (1/2 c.)	102.92	0.58	0.17	0.00	6.30	172.98	17.05	6.30	1.22	6.74	1.51	36.78	124.64	2.82	14.85(M)	0.08(M)
Frosted Brown Sugar Cinnamon Pop-Tart - SR1463 (1 pkg.) Contains Wheat, Soy, Gluten.	180.00	2.50	1.00	0.00	0.00	190.00	37.00	3.00	15.00	2.00	1.80	100.00	500.00	0.00	(M)	(M)
Frosted Flakes Cereal - SR1185 (1 bowl) Contains Wheat. May contain Soy, Gluten.	100.00	0.00	0.00	0.00	0.00	160.00	24.00	3.00	7.00	2.00	4.50	0.00	500.00	15.00	(M)	(M)
Frosted Strawberry Pop-Tart - SR1465 (1 pkg.) Contains Wheat, Soy, Gluten.	180.00	2.50	1.00	0.00	0.00	180.00	38.00	3.00	15.00	2.00	1.80	100.00	500.00	0.00	(M)	(M)
Fruit Samurai Smoothie - SR1740 (1 ea.) Contains Milk.	149.91	0.76	0.50	0.00	2.50	56.80	32.37	1.09	25.79	4.00	0.23	108.61	831.04	2.93	-3.68(M)	(M)
Fruity Cheerios Cereal Bar - SR1181 (1 Bar) Contains Wheat, Soy, Gluten.	150.00	3.50	0.50	0.00	0.00	95.00	29.00	3.00	9.00	3.00	1.80	200.00	200.00	1.20	(M)	(M)
Fun Size Apple - SR1216 (1 kiddie (<2-1/2" dia))	47.62	0.16	0.03	0.00	0.00	0.92	12.65	2.20	9.51	0.24	0.11	5.49	49.45	4.21	78.35	0.17
Garbanzo Beans - SR1048 (1/2 cup, drained)	148.57	2.48	0.00	0.00	0.00	173.33	24.76	6.19	0.00	9.90	2.23	49.52	0.00	0.00	(M)	(M)
Garden Alfredo Pizza - SR1400 (1 slice) Contains Milk. May contain Egg, Wheat, Soy, Gluten.	394.12	15.95	8.13	0.00	37.87	770.15	41.15	4.33	6.48	27.10	2.69	502.91	3102.50	17.24	37.40(M)	0.50(M)
Garden Side Salad - SR1429 (1 c.)	18.89	0.18	0.03	0.00	0.00	31.03	3.96	1.40	1.69	1.15	0.72	32.12	6523.89	9.79	81.68	0.69
Garden Vegetable Sub - SR1812 (1 sandwich) Contains Milk, Egg, Wheat, Soy, Gluten.	385.05	19.03	8.24	0.00	116.60	988.71	36.11	5.04	8.00	17.81	2.36	278.57	4069.14	18.96	145.75(M)	0.82(M)
Garlic Herbed Bread - SR1921 (2 pizza whole) May contain Milk, Egg. Contains Wheat, Soy, Gluten.	3104.08	35.99	0.68	0.06	0.00	2838.03	569.64	57.12	75.71	132.89	29.89	269.60	46.06	0.19	0.22(M)	0.14(M)
Garlic Knot Breadstick - SR1255 (1 roll.) May contain Milk, Egg. Contains Wheat, Soy, Gluten.	111.78	4.05	0.27	0.02	0.00	100.84	15.02	1.71	2.03	3.23	0.89	10.61	7.08	0.08	0.09(M)	0.06(M)
Garlic Mustard Mayonnaise - SR1219 (2 tbsp.) Contains Egg.	61.34	5.34	0.67	0.00	0.00	283.58	2.96	0.04	0.01(M)	0.07	0.02	0.32	0.00	0.01	0.03(M)	0.01(M)
Garlic Parmesan Mayonnaise - SR1610 (1 tbsp.) Contains Milk, Egg.	30.60	2.35	0.32	0.00	2.97	63.23	1.90	0.04	0.79	0.84	0.06	11.76	4.42	0.04	0.01(M)	0.01(M)
Garlic Seasoned Oil - SR1624 (2 tbsp.)	79.01	7.63	0.68	0.06	0.00	2.03	2.44	0.40	0.08	0.54	0.40	7.93	17.70	0.19	0.22(M)	0.14(M)
General Tso Chicken - SR1815 (5 nugget) Contains Egg, Wheat, Soy, Gluten.	319.50	12.97	2.50	0.00	54.89	898.93	33.96	2.00	16.00	15.97	2.69	19.96	179.80	3.60	(M)	(M)

Menu Item Nutrient Report

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Item Name (Serving Size)	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
General Tso Chicken - SR1824 (12 piece)Contains Wheat, Soy, Gluten.	404.88	20.40	3.04	0.03	25.33(M)	494.86	42.40	4.84	23.78(M)	17.02	2.54	44.40	1612.61	18.98	46.24(M)	0.46(M)
General Tso Sauce - SR1823 (1 tbsp.)Contains Wheat, Soy, Gluten.	55.46	0.03	0.01	0.00	0.00	62.93	14.25	0.04	13.64(M)	0.03	0.10	6.26	65.81	0.28	(M)	(M)
Giant Bean Taco - SR1710 (1 taco)Contains Milk, Wheat, Gluten.	281.74	9.43	3.31	0.00	12.50	607.76	38.87	6.96	2.00	11.96	2.56	201.57	0.00	0.00	63.66(M)	0.06(M)
Giant Beef Taco - SR1078 (1 each taco)Contains Milk, Wheat, Soy, Gluten.	280.17	11.93	4.37	0.00	38.60	513.23	27.43	3.37	3.37	16.62	2.81	205.91	493.16	4.12	-0.65(M)	(M)
Giant Chicken Taco - SR1485 (1 tacos)Contains Milk, Wheat, Gluten.	329.18	14.80	6.01	0.00	65.67	541.59	26.93	2.67	3.22	23.16	2.23	261.96	169.66	2.30	6.62(M)	0.13(M)
Ginger Carrot Salad - SR1540 (1/2 c.)	69.86	0.15	0.03	0.00	0.00	36.79	17.36	1.70	14.09	0.65	0.24	21.32	8702.83	5.13	58.01(M)	0.57(M)
Glorious Grilled Cheese Sandwich Bar - SR2031 (1 serving)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Golden Crispy Popcorn Chicken - SR1413 (12 piece)Contains Wheat, Soy, Gluten.	253.34	15.20	2.53	0.00	25.33	385.07	16.21	3.04	1.01	15.20	1.82	0.00	101.33	0.00	(M)	(M)
Golden Grahams Cereal Bar - SR1597 (1 Bar)Contains Wheat, Soy, Gluten.	150.00	3.00	0.00	0.00	0.00	110.00	30.00	3.00	9.00	2.00	1.44	200.00	100.00	0.00	(M)	(M)
Golden Hash Brown Rounds - SR1984 (2 piece)Contains Soy.	100.00	3.50	0.00	0.00	0.00	105.00	16.00	1.00	0.00	1.00	0.36	0.00	0.00	3.60	(M)	(M)
Graham Crackers - SR1163 (1 pkg.)Contains Wheat, Soy, Gluten.	90.00	2.50	0.00	0.00	0.00	100.00	16.00	1.00	4.00	2.00	0.72	100.00	500.00	0.00	(M)	(M)
Grated Parmesan Cheese - SR1553 (1/2 tsp.)Contains Milk.	3.33	0.25	0.17	0.00	0.83	20.00	0.00	0.00	0.00	0.33	0.00	6.67	0.00	0.00	(M)	(M)
Grecian Style Flatbread - SR1490 (1 ea.)Contains Milk, Wheat, Soy, Gluten.	388.95	22.74	6.70	0.00	15.00	822.91	31.72	5.60	4.59	17.45	3.42	231.95	1070.43	28.52	99.47(M)	0.49(M)
Greek Turkey - SR1854 (1/2 c.)	324.92	20.46	3.07	0.11(M)	64.38(M)	426.96	21.32	0.31	17.89	16.84	1.48	4.97	11.87	5.11	-37.97(M)	0.13(M)
Green Bell Peppers - SR1966 (2 tbsp.)	4.53	0.04	0.01	0.00	0.00	0.68	1.05	0.39	0.54	0.20	0.08	2.26	83.74	18.20	21.25	0.10
Green Chili Chicken Fajita - SR1860 (1/2 c.)Contains Milk.	108.68	3.54	1.01	0.00	70.04	600.25	3.03	0.40	0.78	16.24	0.80	24.24	207.59	12.37	-4.09(M)	0.10(M)
Green Chili Chicken Pizza - SR1862 (1 slice)Contains Milk, Egg, Wheat. May contain Soy, Gluten.	339.19	12.37	5.27	0.00	49.48	731.62	36.01	4.16	5.78	23.64	2.10	265.56	513.54	8.08	10.55(M)	0.14(M)
Green Chili Chicken Salad - SR1863 (1 salad)Contains Milk.	171.33	7.57	3.33	0.00	67.24	638.00	8.59	2.89	2.73	18.25	2.30	160.75	11193.50	29.95	159.60(M)	1.32(M)

Menu Item Nutrient Report

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Item Name (Serving Size)	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Green Chili Chicken Sub - SR1861 (1 sandwich)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	330.62	10.86	3.60	0.00	68.48	932.47	34.61	4.21	6.44	22.99	2.30	129.75	570.53	16.75	42.16(M)	0.42(M)
Green Grapes - SR1601 (1/2 c.)	62.60	0.14	0.05	0.00	0.00	1.81	16.42	0.82	14.04	0.65	0.33	9.07	59.87	2.90	73.06	0.44
Green Onions - SR1946 (1 tbsp.)	2.01	0.01	0.00	0.00	0.00	1.00	0.46	0.16	0.15	0.12	0.09	4.52	62.56	1.18	5.64	0.05
Green Pepper Strips - SR1658 (1/4 c.)	4.93	0.04	0.01	0.00	0.00	0.74	1.14	0.42	0.59	0.21	0.08	2.46	91.13	19.80	23.13	0.11
Grilled Cheese Sandwich - SR1108 (1 sandwich)Contains Milk, Wheat, Soy, Gluten.	340.00	20.00	10.00	0.00	50.00	1299.98	28.00	4.00	2.00	16.00	1.44	340.00	599.99	0.00	(M)	(M)
Grilled Ham & Cheese Sandwich - SR1797 (1 sandwich)Contains Milk, Wheat, Soy, Gluten.	411.89	23.27	10.98	0.00	89.21	1613.70	28.65	4.00	2.00	25.15	1.91	340.00	599.99	0.78	(M)	(M)
Ham & Cheese Sandwich - SR1096 (1 sandwich)Contains Milk, Wheat, Soy, Gluten.	303.33	14.33	6.00	0.00	65.00	1090.00	25.67	4.00	3.00	20.33	1.92	190.00	300.00	0.80	(M)	(M)
Ham & Cheese Stromboli - SR1132 (1 slice)Contains Milk, Egg, Wheat, Soy, Gluten.	333.95	15.95	6.86	0.00	44.98	738.53	29.77	2.85	3.79(M)	16.90	1.65	200.71	136.42	0.28	0.01(M)	0.01(M)
Ham & Cheese Sub Sandwich - SR1097 (1 sandwich)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	341.89	15.27	5.98	0.00	64.22	1003.72	29.65	3.00	4.00	20.15	1.90	163.37	300.20	0.79	(M)	(M)
Ham & Cheese Wrap - SR1722 (1 wrap)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Ham & Pineapple Flatbread Pizza - SR1571 (1 ea.)Contains Milk, Wheat. May contain Soy, Gluten.	359.65	15.68	6.75	0.00	42.50	866.66	36.01	4.03	5.18	23.18	2.21	336.41	441.22	3.58	-1.63(M)	(M)
Hamburger - SR1106 (1 burger)Contains Wheat, Soy, Gluten.	232.80	7.30	2.10	0.00	17.90	393.30	26.90	4.10	3.30	14.70	2.64	62.00	0.70	0.30	(M)	(M)
Hand Tossed Barbecue Chicken Pizza - SR1330 (1 slice)Contains Milk, Wheat, Soy, Gluten.	385.66	15.90	7.26	0.00	55.52	881.81	38.46	4.00	8.05	24.82	2.37	355.13	466.68	0.00	-10.77(M)	(M)
Hand Tossed Barbecue Chicken Pizza - SR1912 (1 slice)Contains Milk, Wheat, Soy, Gluten.	308.53	12.72	5.81	0.00	44.42	705.45	30.77	3.20	6.44	19.86	1.90	284.11	373.35	0.00	-8.62(M)	(M)
Hand Tossed Buffalo Chicken Pizza - SR1052 (1 slice)Contains Milk, Wheat, Soy, Gluten.	341.00	15.01	7.00	0.00	35.00	1742.56	36.23	4.08	6.07	18.06	1.85	352.25	431.16	0.59	2.81(M)	0.03(M)
Hand Tossed Buffalo Chicken Pizza - SR1920 (1 slice)Contains Milk, Wheat, Soy, Gluten.	272.80	12.01	5.60	0.00	28.00	1394.05	28.98	3.27	4.86	14.45	1.48	281.80	344.93	0.47	2.25(M)	0.02(M)
Hand Tossed Cheese Pizza - SR1018 (1 slice)Contains Milk, Wheat, Soy, Gluten.	340.00	15.00	7.00	0.00	35.00	670.00	36.00	4.00	6.00	18.00	1.80	350.00	400.00	0.00	(M)	(M)

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Item Name (Serving Size)	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Hand Tossed Cheese Pizza - SR1913 (1 slice)Contains Milk, Wheat, Soy, Gluten.	272.00	12.00	5.60	0.00	28.00	536.00	28.80	3.20	4.80	14.40	1.44	280.00	320.00	0.00	(M)	(M)
Hand Tossed Hawaiian Pizza - SR1529 (1 slice)Contains Milk, Wheat, Soy, Gluten.	385.92	16.25	7.37	0.00	49.71	787.96	41.21	4.25	10.57	21.56	2.06	354.42	412.01	3.30	-3.26(M)	(M)
Hand Tossed Hawaiian Pizza - SR1914 (1 slice)Contains Milk, Wheat, Soy, Gluten.	308.74	13.00	5.90	0.00	39.77	630.37	32.97	3.40	8.45	17.25	1.65	283.54	329.61	2.64	-2.61(M)	(M)
Hand Tossed Italian Sausage Pizza - SR1090 (1 slice)Contains Milk, Wheat, Soy, Gluten.	409.00	20.25	8.50	0.75	47.75	858.25	36.75	4.22	6.30	21.00	2.10	363.50	425.50	0.15	(M)	(M)
Hand Tossed Italian Sausage Pizza - SR1916 (1 slice)Contains Milk, Wheat, Soy, Gluten.	327.20	16.20	6.80	0.60	38.20	686.60	29.40	3.38	5.04	16.80	1.68	290.80	340.40	0.12	(M)	(M)
Hand Tossed Pepperoni Pizza - SR1019 (1 slice)Contains Milk, Wheat, Soy, Gluten.	372.81	17.92	8.09	0.00	41.68	780.57	36.12	4.00	6.12	19.34	1.84	350.00	400.61	0.00	(M)	(M)
Hand Tossed Pepperoni Pizza - SR1915 (1 slice)Contains Milk, Wheat, Soy, Gluten.	298.24	14.33	6.47	0.00	33.35	624.45	28.90	3.20	4.90	15.47	1.48	280.00	320.49	0.00	(M)	(M)
Hand Tossed Supreme Pizza - SR1109 (1 slice)Contains Milk, Wheat, Soy, Gluten.	409.33	20.35	8.69	0.50	47.68	865.10	37.15	4.35	6.59	21.05	2.08	360.06	451.84	7.68	12.79(M)	0.08(M)
Hand Tossed Supreme Pizza - SR1917 (1 slice)Contains Milk, Wheat, Soy, Gluten.	327.46	16.28	6.95	0.40	38.14	692.08	29.72	3.48	5.27	16.84	1.67	288.05	361.47	6.14	10.23(M)	0.06(M)
Hand Tossed Taco Pizza - SR1116 (1 slice)Contains Milk, Wheat, Soy, Gluten.	383.82	16.61	7.50	0.00	42.54	775.96	40.18	4.93	7.00	21.20	2.32	361.84	582.21	2.32	3.26(M)	0.06(M)
Hand Tossed Taco Pizza - SR1918 (1 slice)Contains Milk, Wheat, Soy, Gluten.	307.06	13.29	6.00	0.00	34.03	620.76	32.14	3.94	5.60	16.96	1.85	289.47	465.77	1.86	2.61(M)	0.05(M)
Handmade Bean & Cheese Burrito - SR1356 (1 burrito)Contains Milk, Wheat, Gluten.	350.31	10.34	3.45	0.00	12.50	799.09	51.48	10.16	2.00	15.16	3.41	213.39	0.00	0.00	91.98(M)	0.09(M)
Hard Boiled Egg - SR1837 (1 egg)Contains Egg.	78.00	5.30	1.63	0.00	186.00	62.00	0.56	0.00	0.56	6.29	0.59	25.00	260.00	0.00	(M)	(M)
Harvest Chicken Salad - SR1828 (1/2 c.)Contains Egg.	206.00	10.97	1.64	0.00	64.34	231.65	11.57	0.56	6.88	17.27	0.80	19.39	125.46	0.38	0.01(M)	0.00(M)
Hawaiian Ketchup - SR2004 (1 tbsp.)Contains Wheat, Soy, Gluten.	19.68	0.00	0.00	0.00	0.00	89.17	4.98	0.00	4.44	0.00	0.02	0.39	1.43	0.98	0.04(M)	0.00(M)
Hawaiian Pizza - SR1423 (1 slice)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	355.44	10.35	4.27	0.00	45.64	693.91	44.17	4.55	10.04	23.93	2.44	220.78	326.28	4.96	-3.26(M)	(M)
Hawaiian Pizza - SR1963 (1 slice)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	335.84	11.34	4.97	0.00	40.81	640.79	39.04	4.05	9.34	22.70	2.08	269.32	384.90	4.95	-2.54(M)	0.02(M)

Menu Item Nutrient Report

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Item Name (Serving Size)	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Homemade Beef Taco Meat - SR1071 (1/2 c.)Contains Wheat, Soy, Gluten.	162.65	8.54	3.66	0.00	36.58	529.69	5.77	0.13	0.20	13.55	2.22	26.40	213.33	0.24	67.03(M)	0.07(M)
Homemade Chicken Pot Pie - SR1464 (1 serving)Contains Milk, Wheat, Soy, Gluten.	375.02	13.45	8.11	0.00	62.44	826.32	40.03	4.06	4.11	25.28	2.37	182.02	3679.48	3.04	65.32(M)	0.43(M)
Homemade Marinara Sauce - SR1430 (1/2 c.)	50.04	0.03	0.01	0.00	0.00	119.93	11.42	3.06	6.24	2.12	1.05	7.76	302.74	9.69	2.53(M)	0.34(M)
Homemade Peach Cobbler Breakfast Square - SR1355 (1 square)Contains Milk, Egg, Wheat, Soy, Gluten.	333.09	9.25	4.56	0.00	27.19	418.32	56.66	2.73	26.99	4.19	0.90	8.04	126.88	1.20	-0.78(M)	0.06(M)
Homemade Pickle Relish - SR1403 (2 tbsp.)	5.64	0.05	0.01	0.00	0.00	128.99	1.22	0.35	0.74	0.23	0.07	2.89	255.09	7.33	22.18(M)	0.11(M)
Homemade Pickled Jalapeno Peppers - SR1285 (2 tbsp.)	8.71	0.05	0.01	0.00	0.00	1.55	1.09	0.38	0.65	0.12	0.08	3.22	145.53	16.01	33.82	0.11
Homemade Pico de Gallo - SR1073 (2 tbsp.)	7.02	0.05	0.01	0.00	0.00	31.50	1.58	0.45	0.92	0.32	0.12	2.92	195.75	3.54	22.68(M)	0.17(M)
Homemade Salsa - SR1007 (2 tbsp.)	10.08	0.02	0.00	0.00	0.00	59.63	2.32	0.66	1.20	0.44	0.24	1.77	79.44	2.26	6.52(M)	0.13(M)
Homemade Strawberry Jam - SR1234 (1 #8 scoop)	293.69	0.23	0.02	0.00	0.00(M)	6.97	77.85	3.28	74.32	0.93	1.03	19.56	42.61	71.49	4.68(M)	0.01(M)
Honduran Bean & Queso Blanco Quesadilla - SR1221 (2 each quesadilla)Contains Milk, Wheat, Gluten.	416.29	12.07	3.89	0.01	15.00	894.42	59.77	8.41	3.98(M)	20.47	2.96	363.85	1120.15	15.68	119.56 (M)	0.69(M)
Honey & Lime Peach Salsa - SR1693 (2 tbsp.)	15.03	0.02	0.00	0.00(M)	0.00	12.46	3.96	0.42	3.41	0.21	0.09	2.30	139.49	2.35	2.38(M)	0.01(M)
Honey BBQ Chicken Sandwich - SR1121 (1 sandwich)Contains Wheat, Gluten.	259.67	4.55	0.73	0.00	58.29	861.51	31.99	4.00	8.83	25.38	3.06	54.57	189.37	0.00	-30.59 (M)	(M)
Honey Nut Cheerios Cereal - SR1361 (1 bowl)Contains Tree nuts.	110.00	1.50	0.00	0.00	0.00	160.00	22.00	2.00	9.00	2.00	4.50	100.00	500.00	6.00	(M)	(M)
Honey Oat Submarine Roll - SR1511 (1 roll (small submarine, hoagie roll))May contain Milk, Egg. Contains Wheat, Soy, Gluten.	192.12	3.09	0.02	0.00(M)	0.00	180.26	34.55	3.14	8.66	6.20	1.52	14.34	0.20	0.04	1.09(M)	0.04(M)
Honey Pear Cranberry Parfait - SR1502 (1 parfait)Contains Milk, Wheat, Soy, Gluten.	297.73	3.97	0.85	0.00(M)	2.50	120.77	62.45	3.34	44.64	5.21	0.73	110.57	512.43	1.64	1.21(M)	0.01(M)
Honey Pear Cranberry Parfait - SR1734 (1 parfait)Contains Milk, Wheat, Soy, Gluten.	500.09	7.84	1.69	0.00(M)	5.00	235.34	99.98	4.30	69.15	9.90	1.00	207.41	1016.00	0.88	1.21(M)	0.01(M)
Honey Sriracha Sauce - SR1756 (1 tbsp.)	49.35	0.01	0.00	0.00(M)	0.01	48.10	13.27	0.08	13.07	0.09	0.09	1.57	43.94	0.26	6.24	0.16
Honeydew Melon Cubes - SR1365 (1/2 c.)	57.60	0.22	0.06	0.00	0.00	28.80	14.54	1.28	12.99	0.86	0.27	9.60	80.00	28.80	143.71	0.66

Menu Item Nutrient Report

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Hot Creamy Grits - SR1363 (1/2 c.) Contains Milk, Soy.	113.37	1.76	0.56	0.00	0.00	17.35	22.50	1.55	0.00(M)	2.33	1.12	3.60	62.50	0.00	119.78 (M)	0.12(M)
Hot Grits - SR1364 (1/2 c.)	100.87	0.39	0.00	0.00	0.00	3.60	22.50	1.55	0.00(M)	2.33	1.12	3.60	0.00	0.00	119.78 (M)	0.12(M)
Hot Ham & Cheese Sandwich - SR1123 (1 sandwich) Contains Milk, Wheat, Gluten.	279.21	10.48	3.75	0.00	64.40	878.52	26.92	4.00	3.55	21.28	2.03	150.99	215.38	0.98	(M)	(M)
Hot Mustard Sauce - SR1758 (1 tbsp.) Contains Wheat, Soy, Gluten.	14.66	1.18	0.18	0.00	0.00	73.40	0.83	0.07	0.62	0.22	0.05	1.45	10.12	0.04	1.80(M)	0.05(M)
Hot Oatmeal - SR1483 (1/2 c.)	125.58	2.33	0.38	0.00	0.00	5.26	23.08	3.18	0.48	4.64	1.57	20.15	0.00	0.00	144.40	0.77
Huevos Rancheros Pizza - SR1870 (1 slice) Contains Milk, Egg, Wheat. May contain Soy, Gluten.	354.34	12.63	5.54	0.00	67.21	693.39	42.67	6.26	5.93	20.94	2.44	276.85	363.82	3.37	38.71(M)	0.18(M)
Huevos Rancheros Salad - SR1865 (1 salad) Contains Milk, Egg.	208.52	8.18	3.84	0.00	102.50	563.40	22.29	7.58	2.52	13.41	2.86	183.72	10960.35	19.10	205.20 (M)	1.24(M)
Huevos Rancheros Wrap - SR1864 (1 wrap) Contains Milk, Egg, Wheat, Gluten.	355.38	12.43	4.30	0.00	102.50	766.43	47.94	8.54	3.41	16.24	3.16	222.53	135.12	3.02	68.42(M)	0.20(M)
Hummus - SR1412 (2/3 c.)	233.83	13.84	1.03	0.09	0.00(M)	392.95	21.87	5.38	0.10	8.53	2.04	47.61	101.22	1.26	6.23(M)	0.70(M)
Italian Dressing - SR1489 (1 tbsp.)	5.00	0.00	0.00	0.00	0.00	140.00	1.50	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Italian Hoagie Nachos - SR1638 (1 serving) Contains Milk, Soy.	388.10	20.88	7.75	0.00	62.50	1112.68	33.22	2.97	0.55(M)	16.88	0.45	257.81	513.71	2.24	10.63(M)	0.06(M)
Italian Pizza Macaroni - SR1629 (9 1/4 oz.) Contains Milk. Processed in a facility that also processes Egg, Wheat, Gluten.	333.15	10.84	3.61	0.01	59.13	1242.07	40.01	7.09	7.23	21.16	3.19	85.35	480.06	23.09	75.03(M)	1.04(M)
Italian Salad - SR1973 (1/4 c.)	35.91	1.02	0.05	0.00	0.00	66.54	6.74	1.97	4.16	1.40	0.61	15.90	1272.35	29.34	156.64 (M)	0.79(M)
Italian Sausage Pizza - SR1474 (1 slice) Contains Milk. May contain Egg, Wheat, Soy, Gluten.	429.67	19.04	8.50	0.75	42.75	806.78	40.51	4.55	5.78(M)	27.66	2.29	430.01	586.58	1.59	(M)	(M)
Italian Sausage Pizza - SR1880 (1 slice) Contains Milk, Egg, Tree nuts, Wheat, Soy, Gluten.	411.51	19.62	8.57	0.75	42.92	806.24	35.79	4.12	5.38	26.55	2.09	429.60	728.81	8.76	6.94(M)	0.04(M)
Italian Seasoning - SR1552 (1/4 tsp.)	0.74	0.02	0.01	0.00	0.00	0.12	0.13	0.08	0.01	0.02	0.15	3.65	11.80	0.10	0.02	0.02
Italian Sub Sandwich - SR1087 (1 sandwich) Contains Milk. May contain Egg, Wheat, Soy, Gluten.	306.11	12.60	3.63	0.00	51.39	844.53	31.17	3.00	4.25	18.36	2.09	148.56	150.20	1.11	(M)	(M)
Italian Vegetables - SR1948 (1/4 c.)	27.05	0.92	0.04	0.00	0.00	64.08	4.83	1.38	2.86	0.97	0.47	10.98	862.19	22.59	110.09 (M)	0.54(M)
Italian Wrap - SR1102 (1 wrap) Contains Milk, Wheat, Gluten.	329.58	13.31	3.52	0.00	40.14	1208.18	41.12	3.92	5.26	16.88	3.09	251.53	3048.79	8.56	73.12(M)	0.40(M)

Menu Item Nutrient Report

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Item Name (Serving Size)	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Italian-style Combo Meat - SR1801 (1 portion)	68.61	4.35	1.25	0.00	32.64	412.03	1.17	0.00	0.25	6.36	0.48	25.19	25.00	0.80	(M)	(M)
Italian-style Deli Sandwich - SR1086 (1 sandwich)Contains Milk, Wheat, Gluten.	265.97	11.59	3.62	0.00	51.36	924.23	27.17	4.00	3.25	18.34	2.10	174.84	149.65	1.10	(M)	(M)
Jalapeno Cheese Submarine Roll - SR1286 (1 roll (small submarine, hoagie roll))Contains Milk. May contain Egg, Wheat, Soy, Gluten.	176.64	3.50	0.29	0.00	1.25	310.39	29.08	3.00	4.00	6.66	1.43	29.98	16.81	0.01	(M)	(M)
Jalapeno Lime Chicken - SR1858 (1/2 c.)Contains Milk.	101.73	3.52	1.00	0.00	70.04	678.89	1.52	0.04	0.11	16.03	0.74	21.10	118.12	0.56	-5.01(M)	0.03(M)
Jalapeno Lime Chicken Pizza - SR1876 (1 slice)Contains Milk, Egg, Wheat. May contain Soy, Gluten.	334.32	12.32	5.25	0.00(M)	47.90	750.82	35.51	4.05	5.66	22.96	2.06	261.07	528.97	8.71	9.56(M)	0.09(M)
Jalapeno Lime Chicken Salad - SR1877 (1 salad)Contains Milk.	182.95	7.78	3.38	0.00	69.82	740.34	10.44	3.53	3.92	18.99	2.35	164.15	15345.71	44.49	194.65(M)	1.54(M)
Jalapeno Lime Chicken Wrap - SR1859 (1 wrap)Contains Milk, Wheat, Gluten.	321.05	11.98	3.84	0.00	69.82	927.88	34.03	3.91	3.75	21.65	2.62	197.11	688.60	27.55	39.64(M)	0.29(M)
Jalapeno Lime Vegetables - SR1949 (1/4 c.)	5.89	0.05	0.01	0.00	0.00	16.07	1.29	0.40	0.77	0.24	0.10	2.25	260.89	11.46	20.00(M)	0.13(M)
Jalapeno Olive Relish - SR1850 (1/4 c.)	36.28	3.30	0.11	0.01	0.00(M)	354.96	2.38	0.20	0.33	0.13	0.59	4.61	18.50	1.27	31.19(M)	0.04(M)
Jalapeno Peppers - SR1074 (2 tbsp.)	0.00	0.00	0.00	0.00	0.00	348.83	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Jamaican Fusion Sauce - SR1761 (1 tbsp.)Contains Milk, Egg, Wheat, Soy, Gluten.	25.74	1.32	0.19	0.00	1.88	215.14	3.68	0.03	2.35	0.01	0.02	0.76	1.41	0.08	0.70(M)	0.01(M)
Jamaican Fusion Spread - SR1222 (1 #30 scoop)	13.56	0.03	0.00	0.00	0.00	0.46	3.52	0.24	3.15	0.12	0.07	3.37	62.20	5.19	1.22(M)	0.02(M)
Jamaican Jerk Chicken - SR1223 (1/4 c.)	101.31	2.63	0.75	0.00	60.03	397.54	0.88	0.00	0.75	18.76	0.81	15.01	75.04	2.63	-9.09(M)	(M)
Jamaican Jerk Chicken Quesadilla - SR1220 (1 each quesadilla)Contains Milk, Wheat, Gluten.	343.29	14.84	5.88	0.00	54.97	628.88	33.73	3.22	5.33	20.48	2.27	260.64	95.78	6.18	-3.39(M)	0.02(M)
Jerk Chicken Pizza - SR1873 (1 slice)Contains Milk, Egg, Wheat, Soy, Gluten.	326.99	10.80	4.75	0.00	41.70	666.88	36.53	3.95	6.95	24.53	2.07	272.32	423.91	5.66	1.25(M)	0.04(M)
Jerk Chicken Salad - SR1780 (1 salad)	178.36	3.39	0.86	0.00	59.94	488.10	17.35	5.12	10.54	23.02	3.00	107.96	12773.78	55.41	339.21(M)	2.28(M)
Jerk Chicken Wrap - SR1779 (1 wrap)Contains Wheat, Gluten.	290.77	7.26	1.27	0.00	59.94	682.29	35.54	3.82	6.31	24.18	2.82	129.56	427.50	13.14	19.50(M)	0.29(M)
Jersey Shore Grilled Cheese Sandwich - SR1229 (1 sandwich)Contains Milk, Wheat, Gluten.	315.00	14.00	7.00	0.00	30.00	754.99	33.00	5.00	3.00	22.50	1.62	439.99	549.99	1.80	(M)	(M)

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Jicama & Cucumber Salad - SR1302 (1/2 c.)	63.44	4.77	0.43	0.04	0.00	134.19	5.19	2.08	1.18	0.55	0.36	12.27	99.17	9.34	63.20(M)	0.51(M)
Jicama Sticks - SR1042 (1/2 cup strips or slices)	24.70	0.06	0.01	0.00	0.00	2.60	5.73	3.19	1.17	0.47	0.39	7.80	13.65	13.13	58.55	0.20
Just Peachy Parfait - SR1503 (1 parfait)Contains Milk, Wheat, Soy, Gluten.	241.28	3.79	0.83	0.00	2.50	121.10	47.40	2.71	32.52	5.66	0.72	107.90	1001.75	4.74	-4.25(M)	(M)
Just Peachy Parfait - SR1735 (1 parfait)Contains Milk, Wheat, Soy, Gluten.	424.61	7.54	1.67	0.00	5.00	236.94	79.57	3.71	51.52	10.50	1.08	207.90	1501.75	4.74	-4.25(M)	(M)
Ketchup - SR1004 (1 pump)	40.00	0.00	0.00	0.00	0.00	320.00	10.00	0.00	8.00	0.00	0.00	0.00	200.00	2.40	(M)	(M)
Kidney Beans - SR1036 (1/2 c.)	86.47	0.00	0.00	0.00	0.00	100.88	15.85	5.76	2.16	5.04	1.30	57.65	10.81	0.00	(M)	(M)
Kiwifruit - SR1582 (1/2 c.)	50.31	0.43	0.02	0.00	0.00	2.47	12.09	2.47	7.41	0.94	0.26	28.04	71.75	76.45	68.51	0.50
Korean BBQ Sauce - SR1783 (1 tbsp.)Contains Wheat, Soy, Gluten.	32.30	1.91	0.32	0.00	0.00	206.39	3.15	0.04	2.48	0.52	0.26	1.42	33.48	0.05	0.61(M)	0.02(M)
Large Greek Salad - SR1059 (1 salad)Contains Milk.	190.63	6.51	1.56	0.00	27.50	541.88	19.52	5.39	3.33	17.30	3.06	131.23	11025.46	22.25	216.15(M)	1.33(M)
Large Spinach Salad - SR1531 (1 salad)Contains Milk, Egg.	162.72	6.86	2.64	0.00	100.50	248.86	15.68	4.86	2.87	13.28	3.53	226.74	10738.14	31.31	138.36(M)	1.86(M)
Lasagna Rollup Cheese - SR1497 (1 roll.)Contains Milk, Egg, Wheat, Gluten.	288.06	7.00	4.00	0.00	35.00	903.19	38.61	4.90	12.74	15.94	2.13	319.35	790.30	11.81	(M)	(M)
Lemon Pepper Chicken - SR1902 (1/2 c.)Contains Milk.	101.33	3.51	1.00	0.00	70.04(M)	712.29	1.43	0.05	0.12	16.05	0.73	20.69	102.53	1.25	-7.87(M)	0.02(M)
Lemon Pepper Chicken Salad - SR1903 (1 salad)Contains Milk.	207.82	7.50	2.88	0.00	70.57(M)	830.01	16.59	5.10	7.71	22.63	2.79	210.01	16556.18	45.47	335.74(M)	2.29(M)
Lemon Pepper Chicken Sub - SR1904 (1 sandwich)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	351.11	10.24	2.85	0.00	70.57(M)	948.58	40.26	5.72	9.58(M)	26.52	2.95	161.97	1977.31	28.85	181.14(M)	1.11(M)
Lentils - SR1685 (1/2 c.)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Lift-Off's! Spinach Salad - SR1226 (1 salad)Contains Milk, Egg.	150.04	6.52	2.54	0.00	89.34	244.34	13.78	4.52	1.99	12.68	3.45	220.64	10722.14	29.83	120.54(M)	1.79(M)
Light Cream Cheese - SR1169 (1 Container)Contains Milk.	44.54	3.55	2.25	0.13	12.80	80.37	1.71	0.05	1.10	1.57	0.05	23.60	275.35	0.00	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)Contains Egg.	45.00	4.00	0.50	0.00	0.00	130.00	2.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Light Mayonnaise - SR1991 (1 pump)Contains Egg, Soy.	43.68	3.06	0.44	0.00	4.37	117.95	3.50	0.00	1.75	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Light Ranch Dressing - SR1003 (1 tbsp.)Contains Milk, Egg.	25.00	1.75	0.25	0.00	2.50	185.00	2.50	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Lime Wedges - SR1283 (2 slice or wedge)	2.51	0.02	0.00	0.00	0.00	0.17	0.88	0.24	0.14	0.06	0.05	2.76	4.19	2.44	7.39	0.03

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Item Name (Serving Size)	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Little Italy Meatball Sub - SR1201 (1 sandwich)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	408.12	17.34	6.61	0.00	35.85	826.48	41.58	6.02	10.71	22.81	3.39	160.51	402.33	5.41	(M)	(M)
Low Fat Tuna Salad Mix - SR1239 (1/3 c.)Contains Fish. May contain Soy.	94.29	0.72	0.01	0.00	42.08	546.77	2.10	0.18	1.75	18.33	1.04	2.59	24.24	2.83	8.48(M)	0.05(M)
Lowfat 1% White Milk - SR1001 (1 Half Pint)Contains Milk.	102.48	2.37	1.54	0.00	12.20	107.36	12.18	0.00	12.69	8.22	0.07	305.00	478.24	0.00	(M)	(M)
Mac BBQ - SR1389 (1 ea.)Contains Milk. Processed in a facility that also processes Egg, Wheat, Gluten.	487.49	23.91	11.16	0.02	94.87	1642.31	41.72	4.23	6.96	30.11	3.04	458.70	893.38	0.31	11.64(M)	0.98(M)
Mac Chicken Pomodoro - SR1417 (1 ea.)Contains Milk. Processed in a facility that also processes Egg, Wheat, Gluten.	356.06	12.78	4.94	0.02	48.85	870.45	43.31	5.85	9.00	21.14	2.61	239.55	1377.45	21.98	164.19(M)	1.65(M)
Mac Southwesterner - SR1436 (1 ea.)Contains Milk. Processed in a facility that also processes Egg, Wheat, Soy, Gluten.	449.03	21.81	10.72	0.02	70.16	1341.55	41.92	5.59	6.48	24.99	2.79	474.39	1214.14	9.28	65.88(M)	1.14(M)
Mac Tuscan Veggie - SR1449 (1 ea.)Contains Milk. Processed in a facility that also processes Egg, Wheat, Gluten.	318.50	8.98	3.51	0.02	19.38	869.76	48.56	8.00	6.54(M)	14.39	2.88	260.01	712.54	12.75	57.13(M)	1.32(M)
Macaroni & Cheese - SR1137 (2/3 c.)Contains Milk. Processed in a facility that also processes Egg, Wheat, Gluten.	375.50	19.17	10.04	0.01	59.19	1183.39	34.35	4.07	4.05	20.03	1.90	457.63	843.27	0.00	42.70(M)	0.97(M)
Macaroni Pasta - SR1199 (1/2 c.)Processed in a facility that also processes Egg. Contains Wheat, Gluten.	126.49	2.02	0.29	0.01	0.00	276.42	25.89	3.56	1.19	4.36	1.66	17.76	0.00	0.00	37.37(M)	0.85(M)
Mandarin Orange & Jicama Salad - SR1275 (1/2 c.)	85.77	4.77	0.42	0.04	0.00	5.75	11.29	1.99	7.81	0.56	0.42	10.93	426.88	16.71	37.68(M)	0.15(M)
Mandarin Oranges - SR1557 (1/2 c.)	55.91	0.09	0.01	0.00	0.00	5.50	14.84	0.64	14.20	0.41	0.34	6.42	769.91	18.15	(M)	(M)
Mango Pico de Gallo - SR1305 (1/8 c.)	10.28	0.01	0.00	0.00	0.00	37.38	2.38	0.50	1.32	0.27	0.20	1.09	105.55	2.07	4.01(M)	0.08(M)
Maple Mustard Chicken - SR1250 (3 strip)Contains Egg, Wheat, Soy, Gluten.	252.72	12.00	2.50	0.00	55.00	703.88	21.70	2.00	4.41	16.00	1.81	21.53	100.00	1.20	(M)	(M)
Maple Mustard Sauce - SR1245 (1 tbsp.)	11.36	0.00	0.00	0.00	0.00	136.94	2.85	0.00	2.20	0.00	0.01	0.77	0.00	0.00	(M)	(M)
Margherita Pizza - SR1793 (1 slice)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	378.19	13.97	7.03	0.00	30.00	623.45	43.55	5.49	8.07	25.53	2.27	427.37	1369.53	14.96	93.69(M)	0.50(M)
Matchstick Carrots - SR1435 (1/2 c.)	19.07	0.11	0.02	0.00	0.00	32.09	4.46	1.30	2.20	0.43	0.14	15.35	7768.29	2.74	41.05	0.45

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Item Name (Serving Size)	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Maui-style Hot Dog - SR2003 (1 serving (1 hot dog))Contains Wheat, Soy, Gluten.	267.20	11.02	2.50	0.00	60.00	579.17	29.86	3.39	7.93	14.15	2.55	146.79	37.43	9.49	13.92(M)	0.07(M)
Max Mex Beef Burger - SR1392 (1 burger)Contains Egg, Wheat, Gluten.	154.87	3.56	0.17	0.00(M)	1.72	342.28	27.84	4.39	4.50	6.24	1.59	41.06	50.73	1.73	3.71(M)	0.07(M)
Meatball Sauce - SR1136 (5 Meatballs)Contains Milk, Wheat, Soy, Gluten.	253.60	14.52	6.22	0.00	36.29	718.71	15.47	3.87	8.59	16.40	2.51	60.34	386.73	6.91	(M)	(M)
Meatball Sauce - SR1586 (4 Meatballs)Contains Milk, Wheat, Soy, Gluten.	198.12	11.34	4.86	0.00	28.35	561.49	12.09	3.02	6.71	12.81	1.96	47.14	302.13	5.39	(M)	(M)
Meatloaf - SR1618 (1 meatloaf)Contains Egg, Wheat, Soy, Gluten.	188.83	8.54	3.54	0.00	66.93	293.47	12.75	2.44	3.93	15.13	2.51	36.44	3264.18	4.30	34.30(M)	0.20(M)
Meatloaf Muffins - SR1928 (1 muffin)Contains Milk, Egg.	434.88	15.51	5.71	0.00	181.12	948.58	35.67	5.63	5.07(M)	39.59	3.25	101.28	5529.46	18.03	168.69(M)	0.76(M)
Meatlover's Pizza - SR1402 (1 slice)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	448.53	20.73	9.27	0.50	50.46	889.05	40.18	4.37	5.73	29.17	2.27	425.35	520.65	1.42	(M)	(M)
Meatlover's Stromboli - SR1573 (1 slice)May contain Milk, Egg. Contains Wheat, Soy, Gluten.	431.14	19.45	8.34	0.03	45.40	708.23	39.44	4.29	5.53(M)	23.97	2.71	338.13	335.76	1.39	0.02(M)	0.02(M)
Memphis Meltdown Sandwich - SR1632 (1 sandwich)Contains Milk, Egg, Wheat, Soy, Gluten.	409.14	18.58	6.48	0.00	70.32	1282.61	37.73	3.55	9.24	22.90	2.89	173.66	627.02	7.13	-15.77(M)	0.15(M)
Mexican Black Beans - SR1026 (1/2 c.)	63.83	0.30	0.01	0.00	0.00	77.65	12.43	3.24	1.08	3.58	1.02	34.28	50.81	8.18	34.98(M)	0.11(M)
Mexican Chicken - SR1072 (1/2 c.)Contains Wheat, Gluten.	124.68	2.83	0.81	0.00	64.04	254.45	4.61	1.06	1.91	20.72	1.25	18.84	267.15	3.62	10.43(M)	0.20(M)
Mexican Chicken Tinga Pizza - SR1871 (1 slice)Contains Milk, Egg, Wheat. May contain Soy, Gluten.	350.00	12.08	5.18	0.00	46.13	581.61	37.97	4.76	6.53	25.38	2.37	265.06	495.78	5.29	7.72(M)	0.17(M)
Mexican Chicken Tinga Salad - SR1872 (1 salad)Contains Milk.	203.97	7.12	3.18	0.00	62.28	358.76	14.44	4.61	5.25	22.39	2.86	163.49	14988.06	24.72	168.96(M)	1.57(M)
Mexican Chicken Tinga Sub - SR1868 (1 sandwich)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	348.71	10.31	3.43	0.00	63.53	606.69	37.12	4.99	7.09	26.71	2.76	126.42	347.76	7.80	13.96(M)	0.32(M)
Mexican Lime Vinaigrette - SR1765 (1 tbsp.)	48.16	4.16	0.36	0.03(M)	0.00(M)	24.05	3.11	0.06	2.71	0.05	0.02	1.07	2.56	1.27	8.88(M)	0.09(M)
Mexican Pickled Onions - SR1276 (1/4 c.)	35.48	0.14	0.03	0.00	0.00	157.38	9.02	0.88	4.35	0.57	0.19	16.49	7.40	12.74	22.63(M)	0.71(M)
Mexican Pollo Torta - SR1623 (1 sandwich)Contains Milk, Egg, Wheat. May contain Soy, Gluten.	511.74	22.93	11.91	0.00	100.87	866.34	44.46	6.50	8.78(M)	28.32	2.87	194.19	996.29	5.81	59.86(M)	0.32(M)
Mexican Slaw - SR1612 (1/2 c.)	47.66	0.11	0.03	0.00	0.00	14.81	12.10	1.71	9.45	0.89	0.36	28.48	104.78	25.00	60.08(M)	0.48(M)

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Mexican Tinga Chicken - SR1939 (1/2 c.)	127.63	2.87	0.81	0.00	64.04	209.66	5.32	1.41	2.66	20.89	1.36	21.71	310.36	5.72	4.76(M)	0.27(M)
Mexi-Chicken Nachos - SR1500 (1 nacho)Contains Milk, Wheat, Gluten.	358.13	18.15	6.74	0.00	53.65	685.07	31.69	3.16	1.78	17.88	0.45	257.65	522.91	1.29	3.73(M)	0.07(M)
Mini Cheese Raviloi - SR1335 (14 ea.)Contains Milk, Egg, Wheat, Gluten.	269.32	5.63	2.82	0.00	46.94	756.76	36.96	4.08	7.74	16.49	2.82	202.44	595.48	11.16	(M)	(M)
Mini Cinnis - SR1595 (1 pkg.)Contains Milk, Wheat, Gluten.	240.00	7.00	1.50	0.00	0.00	270.00	39.00	2.00	15.00	5.00	1.44	40.00	0.00	0.00	(M)	(M)
Mini Pancake Bites - SR1590 (1 pkg.)Contains Milk, Egg, Wheat, Soy, Gluten.	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	4.00	2.70	60.00	500.00	0.00	(M)	(M)
Mini Submarine Roll - SR1208 (1 roll (small submarine, hoagie roll))May contain Milk, Egg. Contains Wheat, Soy, Gluten.	170.00	3.00	0.00	0.00	0.00	180.00	29.00	3.00	4.00	6.00	1.43	13.37	0.20	0.01	(M)	(M)
Mini Submarine Roll - SR1995 (1 roll (small submarine, hoagie roll))May contain Milk, Egg. Contains Wheat, Soy, Gluten.	170.00	3.00	0.00	0.00	0.00	180.00	29.00	3.00	4.00	6.00	1.43	13.37	0.20	0.01	(M)	(M)
Mixed Fresh Vegetables - SR1954 (1/4 c.)	7.29	0.05	0.01	0.00	0.00	13.27	1.67	0.48	0.80	0.22	0.08	7.98	1981.02	1.16	19.89(M)	0.15(M)
Mixed Fresh Vegetables - SR1961 (1/4 c.)	23.50	0.25	0.04	0.00	0.00	5.72	5.04	1.61	3.34	1.08	0.35	11.77	1216.51	37.04	114.14	0.59
Mixed Fruit - SR1037 (1/2 c.)	49.99	0.01	0.00	0.00	0.00	4.35	12.89	1.09	11.80	0.50	0.23	8.70	331.49	2.93	-3.68(M)	(M)
Mixed Fruit - SR1209 (1/2 c.)	55.29	0.10	0.02	0.00	0.00	2.73	14.41	1.53	11.29	0.54	0.26	8.31	147.83	5.09	4.54(M)	0.02(M)
Mixed Garden Vegetables - SR1583 (1/2 c.)	51.85	0.43	0.08	0.00	0.00	90.78	11.05	3.09	3.16	2.23	0.74	24.62	4935.54	4.56	58.55(M)	0.61(M)
Mixed Salad Greens - SR1080 (1/2 c.)	5.57	0.06	0.01	0.00	0.00	11.56	1.04	0.49	0.27	0.53	0.36	14.79	2687.63	3.87	33.54	0.26
Mo' Burger - SR1124 (1 burger)Contains Milk, Egg, Wheat, Soy, Gluten.	390.00	20.00	6.50	0.00	42.50	825.00	31.00	4.00	6.00	20.50	3.04	144.30	151.00	0.50	(M)	(M)
Monte Cristo Melt - SR1127 (1 sandwich)Contains Milk, Egg, Wheat, Soy.	449.73	15.62	6.42	0.00	117.30 (M)	1071.84	60.63	4.82	25.58	19.35	3.13	234.89	410.65	18.07	1.17(M)	0.00(M)
Mozzarella Filled Breadsticks - SR1625 (2 breadstick)Contains Milk, Egg, Wheat, Soy, Gluten.	290.17	11.01	5.00	0.00	20.01	530.31	30.02	3.00	4.00	18.01	1.80	300.18	400.24	0.00	(M)	(M)
Mushroom Swiss Cheeseburger - SR1844 (1 burger)Contains Milk, Wheat, Soy, Gluten.	349.30	16.30	5.77	0.02	37.66	699.30	28.73	4.22	3.44	21.22	3.15	145.90	152.88	0.97	20.55(M)	0.19(M)
Nachos Chilaquiles - SR1613 (1 ea.)Contains Milk, Egg.	426.13	18.98	5.78	0.00	107.09	693.05	46.73	5.68	2.82	16.48	1.63	245.80	600.52	6.13	20.89(M)	0.28(M)
Nanaberry Smoothie - SR1741 (1 ea.)Contains Milk.	179.29	1.30	0.59	0.00	2.50	53.59	39.33	3.00	25.71	4.35	0.25	107.28	561.92	6.35	49.10(M)	0.10(M)

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Ninja Burger - SR1126 (1 burger)Contains Egg, Wheat, Soy, Gluten.	311.90	10.13	3.15	0.00	25.00	543.68	35.88	4.79	9.05(M)	18.55	3.23	83.20	286.26	10.74	27.64(M)	0.27(M)
Nuclear Meltdown Burrito - SR1634 (1 burrito)Contains Milk, Wheat, Gluten.	340.17	15.22	6.15	0.08	52.96	916.87	34.52	3.14	4.48	21.02	2.23	316.15	385.75	1.72	-0.99(M)	0.03(M)
Oatmeal Chocolate Chip Breakfast Round - SR1173 (1 pkg.)Contains Milk, Egg, Wheat, Soy, Gluten.	270.00	8.00	2.50	0.00	5.00	180.00	44.00	6.25	19.00	5.00	0.92	23.56	9.14	0.00	(M)	(M)
Old Fashioned Country Gravy - SR1468 (1/4 c.)Contains Milk, Wheat, Soy, Gluten.	48.60	3.40	1.46	0.00	0.00	205.74	4.86	0.00	0.00	0.00	0.00	1.62	0.00	0.00	54.07(M)	0.05(M)
Old Fashioned Sausage Gravy - SR1588 (1/4 c.)Contains Milk, Wheat, Soy, Gluten.	175.31	12.69	4.69	0.75	12.75	638.31	11.38	0.23	0.30	3.00	0.30	17.05	25.50	0.15	118.28 (M)	0.12(M)
Omelet Breakfast Burger - SR1834 (1 sandwich)Contains Milk, Egg, Wheat. May contain Soy, Gluten.	296.67	13.67	4.00	0.00	185.00	720.00	26.33	4.00	3.00	17.67	2.40	120.00	300.00	0.40	(M)	(M)
Open Faced Turkey Sandwich - SR1587 (1 sandwich)Contains Milk, Wheat, Soy, Gluten.	155.37	4.26	0.50	0.00	22.50	458.40	18.05	2.00	1.71	11.50	0.90	21.78	0.00	0.00	59.14(M)	0.06(M)
Orange Chicken - SR1147 (5 nugget)Contains Egg, Wheat, Soy, Gluten.	319.50	12.97	2.50	0.00	54.89	673.93	35.96	2.00	17.00	15.97	2.80	22.06	107.30	1.57	(M)	(M)
Orange Chicken - SR1835 (12 piece)Contains Wheat, Soy, Gluten.	345.65	17.30	2.74	0.02	25.33	537.73	34.91	4.19	16.64	15.85	2.13	13.22	276.63	33.78	33.90(M)	0.38(M)
Orange Sauce - SR2021 (1 tbsp.)Contains Wheat, Soy, Gluten.	35.00	0.00	0.00	0.00	0.00	67.50	9.00	0.00	8.50	0.00	0.05	1.05	3.75	0.19	(M)	(M)
Orange Smiles - SR1172 (6 slice or wedge)	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.90	0.10	38.40	216.00	51.07	83.28	0.42
Original French Toast Mini's - SR1205 (1 pkg.)Contains Milk, Egg, Wheat, Soy, Gluten.	210.00	5.00	1.50	0.00	0.00	240.00	37.00	3.00	13.00	4.00	2.70	100.00	500.00	0.00	(M)	(M)
Original Hot Dog - SR1117 (1 serving (1 hot dog))Contains Wheat, Gluten.	240.00	11.00	2.50	0.00	60.00	490.00	23.00	3.00	2.00	14.00	2.52	140.00	0.00	0.00	(M)	(M)
Oven Fired Flatbread - SR1534 (1 piece)Contains Milk, Wheat. May contain Soy, Gluten.	180.00	5.00	1.00	0.00	0.00	330.00	29.00	3.00	2.00	6.00	1.76	34.20	0.22	0.06	(M)	(M)
Oven Roasted Turkey Breast - SR1532 (1 portion)	36.67	1.50	0.33	0.00	15.00	123.33	0.00	0.00	0.00	5.67	0.12	0.00	0.00	0.00	(M)	(M)
Pancake & Waffle Syrup - SR1158 (1 tbsp.)	58.88	0.00	0.00	0.00	0.00	19.63	14.58	0.00	9.81	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Parmesan Chicken Burger - SR1125 (1 burger)Contains Milk, Egg, Wheat, Soy, Gluten.	373.61	14.50	3.38	0.00	58.75	790.44	38.97	5.68	4.81	24.45	3.48	114.54	218.04	2.56	(M)	(M)

Menu Item Nutrient Report

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Item Name (Serving Size)	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Parmesan Frico - SR1965 (2 tbsp.)Contains Milk.	56.70	4.25	2.84	0.00	14.18	340.20	0.00	0.00	0.00	5.67	0.00	113.40	0.00	0.00	(M)	(M)
Patty Melt - SR1636 (1 sandwich)Contains Milk, Egg, Wheat, Soy, Gluten.	406.59	20.73	6.57	0.01	42.50	826.03	33.42	4.44	7.10	20.79	3.09	150.25	151.52	2.42	23.06(M)	0.09(M)
Patty Melt Nachos - SR1639 (1 serving)Contains Milk, Egg, Soy.	581.23	30.32	9.14	0.02	46.28	912.13	57.98	6.02	8.30	19.02	1.08	302.74	527.10	9.41	102.86(M)	0.42(M)
Pavo Al Pastor - SR1259 (3 5/8 oz.)	149.94	6.72	1.89	0.00	65.47	760.14	6.14	0.51	2.60	17.12	1.80	12.34	320.41	8.59	26.16(M)	0.93(M)
PB&J Sandwich - SR1432 (1 sandwich)Processed in a facility that also processes Milk, Egg, Tree nuts. Contains Wheat, Peanuts, Soy, Gluten.	535.00	32.00	5.00	0.00	0.00	540.00	55.00	8.00	18.00	20.00	2.88	80.00	0.00	0.00	(M)	(M)
Peach Slaw - SR1782 (1/2 c.)	62.78	4.72	0.42	0.04	0.00	86.58	5.25	1.31	3.65	0.68	0.26	17.82	143.59	15.14	30.92(M)	0.39(M)
Peaches N' Cream Overnight Oats - SR1943 (10 Ounce serving)Contains Milk.	247.78	2.47	0.92	0.00	4.09	72.54	50.56	3.66	30.00	8.17	1.31	157.27	1083.99	4.93	-2.55(M)	0.37(M)
Penne Pasta - SR1198 (1 #8 scoop)Processed in a facility that also processes Egg. Contains Wheat, Gluten.	109.63	1.75	0.25	0.01	0.00	475.34	22.44	3.08	1.03	3.78	1.44	15.54	0.00	0.00	126.17(M)	1.34(M)
Pepperoni Calzone - SR1459 (1 slice)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	389.37	16.69	8.09	0.00	36.68	695.31	39.07	4.04	5.35	25.86	1.98	416.35	477.37	0.90	(M)	(M)
Pepperoni Pizza - SR1443 (1 slice)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	368.99	16.89	8.14	0.00	36.68	701.93	34.52	3.77	4.88	24.75	1.76	414.33	515.71	1.36	0.01(M)	0.01(M)
Pepperoni Pizza Square - SR1025 (1 slice)Contains Milk, Wheat, Soy, Gluten.	334.60	13.19	4.82	0.00	20.01	562.92	35.09	4.00	8.09	17.00	2.73	250.00	500.46	0.00	(M)	(M)
Pesto Chicken Pizza - SR1899 (1 slice)Contains Milk, Egg, Tree nuts, Wheat. May contain Soy, Gluten.	373.24	16.14	5.36	0.03	50.38	836.68	35.57	4.17	5.49	24.98	2.19	282.23	696.03	4.76	12.58(M)	0.31(M)
Pesto Chicken Salad - SR1900 (1 salad)Contains Milk, Tree nuts.	301.21	18.16	3.86	0.06	77.40	980.57	14.60	4.61	6.06	23.80	2.90	213.41	16237.78	37.15	273.43(M)	2.38(M)
Pesto Chicken Sub - SR1901 (1 sandwich)Contains Milk. May contain Egg, Tree nuts, Wheat, Soy, Gluten.	444.42	20.91	3.84	0.06	77.40	1099.12	38.26	5.22	7.93(M)	27.69	3.05	164.79	1641.37	20.46	118.52(M)	1.20(M)
Pesto Mayonnaise Sauce - SR1771 (1 tbsp.)Contains Milk, Egg, Tree nuts.	32.99	2.77	0.32	0.00	2.50	48.56	1.61	0.03	0.70	0.67	0.01	9.15	34.18	0.00	(M)	(M)
Pesto Ranch Sauce - SR1762 (1 tbsp.)Contains Milk, Egg, Tree nuts.	22.21	1.58	0.21	0.00	1.39	93.48	1.39	0.03	0.70	0.67	0.01	9.25	35.81	0.00	(M)	(M)
Pesto Roasted Chicken - SR1847 (1/2 c.)Contains Milk, Tree nuts.	197.80	14.01	2.05	0.06	70.67	775.42	1.49	0.22	0.01	16.33	0.81	31.57	257.88	0.00	-27.89(M)	0.40(M)

Menu Item Nutrient Report

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Item Name (Serving Size)	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Pesto Roasted Tuna - SR1846 (2 oz.) Contains Milk, Fish, Tree nuts. May contain Soy.	116.74	4.21	0.35	0.02	42.29	426.40	0.16	0.07	0.00	18.34	1.04	3.85	52.61	0.00	0.02(M)	0.13(M)
Picadillo Street Tacos - SR1269 (2 tacos) Contains Milk, Wheat, Soy, Gluten.	347.93	11.16	3.41	0.00	38.13	613.62	40.99	5.15	5.60(M)	20.24	3.63	175.28	812.22 (M)	10.80(M)	32.63(M)	0.19(M)
Pico Sauce - SR1757 (1 tbsp.) Contains Milk, Egg.	42.95	2.70	0.39	0.00	3.85	288.99	4.91	0.30	2.06	0.20	0.11	0.43	37.09	1.09	2.84(M)	0.01(M)
Pineapple & Cucumber Salad - SR1462 (1/2 c.)	45.76	0.10	0.02	0.00	0.00	141.68	11.83	0.80	9.95	0.54	0.28	15.48	78.96	7.63	28.59(M)	0.14(M)
Pineapple Roasted Vegetables - SR1944 (1/2 c.)	67.80	2.33	0.23	0.02	0.00	3.28	11.93	1.72	8.43	0.97	0.34	19.03	172.83	40.85	71.63(M)	0.32(M)
Pineapple Tidbits - SR1495 (1/2 c.)	75.84	0.10	0.01	0.00	0.00	1.26	19.84	1.01	18.27	0.53	0.35	17.70	48.03	12.01	-13.03 (M)	(M)
Pinto Beans - SR1032 (1 #8 scoop)	115.27	0.00	0.00	0.00	0.00	161.38	20.75	8.07	0.00	6.92	1.66	46.11	0.00	0.00	(M)	(M)
Pizza Sauce - SR1768 (6 fl. oz.)	76.98	0.05	0.02	0.00	0.00	541.65	17.32	5.47	9.53	3.65	2.28	9.70	548.32	15.86	0.09(M)	1.29(M)
Po' Boy Sub Sandwich - SR1709 (1 sandwich) Contains Milk, Fish, Wheat, Soy, Gluten.	322.86	11.57	2.50	0.00	53.00	829.95	35.37	4.10	2.14	19.70	2.20	156.77	185.58	0.20	(M)	(M)
Pollock Orange Bowl - SR1945 (1 bowl) Contains Fish, Wheat, Soy, Gluten.	644.67	10.46	0.23	0.02	54.00	736.33	116.49	5.83	42.43(M)	21.34	2.99	81.29	187.83	41.59	176.77 (M)	0.46(M)
Pomodoro Salad - SR1410 (1/2 c.)	38.31	0.32	0.06	0.00	0.00	148.89	8.52	2.33	5.06	1.61	0.47	21.36	1151.54	32.65	163.77 (M)	0.82(M)
Popcorn Chicken - SR1427 (12 pieces) Contains Egg, Wheat, Gluten.	175.06	6.81	0.97	0.00	29.18	525.17	15.56	0.97	0.00	11.67	1.05	0.00	0.00	1.17	(M)	(M)
Popcorn Chicken Bowl - SR1477 (1 ea.) Contains Milk, Wheat, Soy, Gluten.	334.51	16.39	2.85	0.00	24.43	550.85	31.93	4.22	2.73	15.97	1.99	11.73	98.35	4.83	118.45 (M)	0.21(M)
Potato Roasters - SR1401 (1/2 c.)	142.70	3.57	0.51	0.00	0.00	163.09	25.48	2.04	0.00	2.04	0.73	0.00	0.00	4.89	(M)	(M)
Pretzel, Soft w/Cheese Sauce - SR1568 (1 ea.) Contains Milk, Wheat, Gluten.	250.40	8.68	4.70	0.00	28.62	571.15	32.04	3.00	2.02	12.16	1.80	226.49	400.71	1.20	-1.13(M)	(M)
Pulled Barbecue Pork - SR1808 (3/8 c.) Contains Soy.	245.82	13.67	4.78	0.00	72.78	832.84	8.39	0.00	9.08	19.36	1.95	22.44	157.97	0.46	-33.27 (M)	(M)
Pulled Pork - SR1849 (1/3 c.) Contains Soy.	188.62	12.17	4.26	0.00	64.80	277.85	1.42	0.00	3.04	16.23	1.01	19.98	39.85	0.41	-12.47 (M)	(M)
Pulled Turkey - SR1213 (3/8 c.)	140.46	7.02	2.01	0.00	70.23	441.44	2.01	0.00	0.00	18.06	1.45	0.00	0.00	0.00	-21.00 (M)	(M)
Pumpkin Apple Spice Parfait - SR1664 (1 parfait) Contains Milk, Wheat, Soy, Gluten.	444.22	7.67	1.75	0.00	5.00	241.46	83.69	4.86	52.72	10.33	1.63	228.93	9826.06	2.41	0.07(M)	0.02(M)
Pumpkin Apple Spice Parfait - SR1736 (1 parfait) Contains Milk, Wheat, Soy, Gluten.	444.22	7.67	1.75	0.00	5.00	241.46	83.69	4.86	52.72	10.33	1.63	228.93	9826.06	2.41	0.07(M)	0.02(M)

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Purple Daze Smoothie - SR1398 (1 ea.)Contains Milk.	179.91	0.75	0.50	0.00	2.50	62.45	38.48	0.00	31.99	3.50	0.00	99.91	499.55	60.00	(M)	(M)
Queso Blanco Sauce - SR1068 (1/4 c.)Contains Milk, Soy.	118.00	9.00	5.20	0.00	30.00	414.99	2.00	0.00	0.00	7.00	0.00	203.00	399.99	0.00	(M)	(M)
Quick Pickle Cucumbers - SR1785 (1/4 c.)	6.97	0.04	0.01	0.00	0.00	109.81	1.72	0.16	1.10	0.21	0.09	5.14	36.19	0.89	30.04(M)	0.40(M)
Radish Wedges - SR1284 (1/4 c.)	4.64	0.03	0.01	0.00	0.00	11.31	0.99	0.46	0.54	0.20	0.10	7.25	2.03	4.29	27.63	0.16
Rainbow Chili - SR1922 (1 c.)	178.81	1.09	0.05	0.00	0.00	404.66	33.86	9.11	6.59	8.61	3.14	76.43	3822.37	46.94	189.74 (M)	0.50(M)
Rainbow Chili & Cheese Baked Potato - SR1332 (1 potato)Contains Milk.	316.06	11.30	5.78	0.00	30.71	728.79	36.17	9.60	7.06	16.60	3.28	279.80	3991.18	41.97	212.91 (M)	0.48(M)
Raisin Bran Cereal - SR1457 (1 bowl)Contains Wheat, Gluten.	110.00	0.50	0.00	0.00	0.00	125.00	27.00	4.00	10.00	3.00	2.70	0.00	300.00	0.00	(M)	(M)
Ranch Salad Dressing - SR1931 (1 pump)Contains Milk, Egg, Soy.	160.00	17.00	3.00	0.00	10.00	240.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Raspberry Rainbow Yogurt - SR1183 (1 4 oz container)Contains Milk.	80.00	0.50	0.00	0.00	5.00	65.00	15.00	0.00	9.00	4.00	0.00	100.00	500.00	0.00	(M)	(M)
Red Bell Peppers - SR1967 (2 tbsp.)	7.02	0.07	0.01	0.00	0.00	0.91	1.37	0.48	0.95	0.22	0.10	1.58	708.63	28.90	20.87	0.11
Red Onion - SR1447 (2 tbsp.)	8.58	0.02	0.01	0.00	0.00	0.86	2.00	0.37	0.91	0.24	0.05	4.94	0.43	1.59	19.12	0.08
Red Pepper Flakes - SR1554 (1/4 tsp.)	1.43	0.08	0.02	0.00	0.00	0.14	0.25	0.12	(M)	0.05	0.04	0.67	187.25	0.34	(M)	(M)
Red Pepper Strips - SR1011 (1/4 c.)	7.63	0.07	0.01	0.00	0.00	0.99	1.49	0.52	1.03	0.24	0.11	1.72	771.16	31.45	22.71	0.12
Red Seedless Grapes - SR1496 (1/2 c.)	62.60	0.14	0.05	0.00	0.00	1.81	16.42	0.82	14.04	0.65	0.33	9.07	59.87	2.90	73.06	0.44
Refried Beans - SR1070 (1/2 c.)	167.09	1.79	0.60	0.00	0.00	612.12	28.64	9.55	0.00	9.55	2.15	51.18	0.00	0.00	122.64 (M)	0.12(M)
Refried Black Beans - SR1526 (1/2 c.)	217.27	1.45	0.00	0.00	0.00	496.69	37.66	11.59	2.90	11.59	2.61	62.15	0.00	0.00	130.27 (M)	0.14(M)
Rib-BQ Sandwich - SR1104 (1 sandwich)Contains Wheat, Soy, Gluten.	302.89	12.00	3.50	0.10	30.00	847.59	35.58	5.00	10.15	18.43	2.83	80.00	142.96	1.20	(M)	(M)
Rib-BQ Sandwich - SR1649 (1 sandwich)Contains Wheat, Soy, Gluten.	297.18	13.15	4.56	0.00	35.48	845.17	31.08	4.01	8.55	17.65	2.90	60.27	151.36	1.22	(M)	(M)
Rib-BQ Sandwich - SR1925 (1 sandwich)Contains Wheat, Soy, Gluten.	305.06	13.15	4.56	0.00	35.48	842.76	33.66	5.01	9.20	17.58	3.21	60.27	144.32	1.22	(M)	(M)
Rib-BQ Sub Sandwich - SR1103 (1 sandwich)Contains Wheat, Soy, Gluten.	292.89	12.00	3.50	0.10	30.00	817.59	32.58	4.00	9.15	18.43	2.47	80.00	142.96	1.20	(M)	(M)
Rice Pilaf - SR1472 (2/3 c.)Contains Wheat, Soy, Gluten.	133.20	0.93	0.02	0.00	0.00	308.75	28.27	2.36	1.86(M)	3.47	0.61	17.97	2778.40	2.99	96.47(M)	0.30(M)

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Ripstick Breadstick - SR1044 (1 breadstick)May contain Milk, Egg. Contains Wheat, Soy, Gluten.	80.00	1.00	0.00	0.00	0.00	100.00	14.00	1.54	2.00	3.00	0.73	7.40	0.00	0.00	(M)	(M)
Roasted Broccoli - SR1852 (1/2 c.)	67.01	4.49	0.40	0.04	0.00(M)	72.06	5.40	2.89	1.40	3.00	0.61	31.82	955.71	37.90	85.76(M)	0.85(M)
Roasted Broccoli & Carrots - SR2023 (1/2 c.)	87.48	7.11	0.63	0.06	0.00(M)	14.84	4.95	2.53	1.56	2.43	0.49	28.07	2343.02	30.87	76.93(M)	0.63(M)
Roasted Broccoli & Red Peppers - SR2024 (1/2 c.)	87.97	6.65	0.58	0.05	0.00(M)	9.07	5.83	2.82	2.49	2.51	0.57	25.46	1795.72	72.45	95.42(M)	0.66(M)
Roasted Butternut Squash - SR1408 (1/2 c.)	60.35	0.36	0.05	0.00	0.00	31.71	14.89	1.80	4.64(M)	1.13	0.72	37.43	1625.80	14.57	0.01(M)	0.07(M)
Roasted California Vegetable Blend - SR2030 (1/2 c.)	80.03	4.20	0.42	0.03	0.00	6.02	10.20	2.41	4.01	1.67	0.53	21.33	297.71	66.09	59.87(M)	0.60(M)
Roasted Chickpeas - SR1047 (1 #8 scoop)	148.57	2.48	0.00	0.00	0.00	173.33	24.76	6.19	0.00	9.90	2.23	49.52	0.00	0.00	(M)	(M)
Roasted Chopped Garlic Sauce - SR1763 (1 tsp.)	19.28	0.63	0.06	0.01	0.00	1.61	3.12	0.20	0.10	0.60	0.16	17.11	0.85	2.95	5.54(M)	0.14(M)
Roasted Corn - SR1303 (1/2 c.)	66.83	0.55	0.09	0.00	0.00	0.83	15.92	1.98	2.53	2.10	0.34	3.30	2.48	5.20	61.88(M)	0.40(M)
Roasted Garlic & Herb Submarine Roll - SR1774 (1 roll (small submarine, hoagie roll))May contain Milk, Egg. Contains Wheat, Soy, Gluten.	170.00	3.00	0.00	0.00	0.00	180.00	29.00	3.00	4.00	6.00	1.43	13.37	0.20	0.01	(M)	(M)
Roasted Garlic Caesar Dressing - SR1764 (1 tbsp.)Contains Milk, Egg, Fish.	68.62	7.12	1.26	0.00	7.50	105.30	1.09	0.04	0.02	0.61	0.03	13.21	0.16	0.55	1.04(M)	0.03(M)
Roasted Greek Turkey Gryo - SR1855 (1 sandwich)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	487.24	21.84	2.83	0.10(M)	59.28(M)	672.81	51.52	4.04	22.47	23.69	3.09	48.66	385.62	8.86	28.58(M)	0.63(M)
Roasted Green Beans - SR1021 (1/2 c.)	22.18	0.13	0.04	0.00	0.00	43.09	5.11	2.34	1.45	1.18	0.52	32.85	323.45	3.17	4.24(M)	0.12(M)
Roasted Green Peppers & Onions - SR1952 (1/4 c.)	35.51	2.09	0.21	0.02	0.00	44.26	4.12	1.09	1.97	0.61	0.19	9.73	144.27	33.01	31.65(M)	0.36(M)
Roasted Mushrooms - SR1843 (3 1/2 oz.)	50.18	4.80	0.43	0.04	0.00	1.94	1.27	0.39	0.77	1.20	0.19	1.17	0.00	0.82	35.95(M)	0.33(M)
Roasted Pineapple Salsa - SR1280 (2 tbsp.)	17.39	0.02	0.00	0.00	0.00	40.18	4.32	0.52	3.43	0.34	0.20	3.60	56.96	2.51	3.26(M)	0.08(M)
Roasted Sesame Carrots - SR1787 (1/2 c.)Contains Wheat, Soy, Gluten.	131.73	9.59	1.35	0.02	0.00	357.51	10.85	3.40	6.43	1.32	0.80	52.51	16165.91	2.20	86.35(M)	1.07(M)
Roasted Southwest Vegetable Blend - SR1525 (1/2 c.)	66.72	4.15	0.40	0.03	0.00	3.74	7.23	1.86	3.47	1.05	0.31	16.89	236.87	54.66	100.61(M)	0.44(M)
Roasted Summer Squash - SR1523 (1/2 c.)	31.05	1.64	0.16	0.01	0.00	31.12	3.36	1.06	1.93(M)	0.83	0.31	13.65	1143.24	33.07	59.83(M)	0.40(M)
Roasted Tuscan Vegetables - SR1442 (1/2 c.)	55.37	0.11	0.02	0.00	0.00	113.58	10.49	3.93	0.47(M)	3.00	0.95	41.61	302.51	9.47	13.44(M)	0.24(M)

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Salsa Roja - SR1081 (2 tbsp.)	11.84	0.03	0.01	0.00	0.00	85.38	2.62	0.77	1.41	0.47	0.28	1.94	135.12	3.02	7.10(M)	0.14(M)
Salsa Verde - SR1282 (2 tbsp.)	15.95	0.97	0.12	0.00	0.00	265.77	1.99	0.64	0.72	0.35	0.11	6.10	45.84	1.91	12.05(M)	0.70(M)
Sausage Biscuit Sandwich - SR1348 (1 sandwich)Contains Milk, Wheat, Gluten.	260.00	13.50	8.50	0.00	35.00	520.00	27.00	2.00	2.00	10.00	1.44	170.00	0.00	0.00	(M)	(M)
Sausage Breakfast Burrito - SR1358 (1 burrito)Contains Milk, Egg, Wheat, Soy, Gluten.	236.24	10.15	3.73	0.00	64.23	318.50	26.99	3.97	0.70	11.10	2.57	123.60	231.00	0.20	(M)	(M)
Sausage Breakfast Pizza - SR1167 (1 slice)Contains Milk, Wheat, Soy, Gluten.	210.03	7.00	2.00	0.00	15.00	480.08	26.00	2.00	9.00	9.00	1.80	100.02	200.03	0.00	(M)	(M)
Sausage Breakfast Sandwich - SR1189 (1 sandwich)Contains Milk, Wheat, Soy, Gluten.	250.00	10.00	4.00	0.00	47.50	535.00	28.00	3.00	2.00	13.50	1.80	155.00	150.00	0.00	(M)	(M)
Sausage Calzone - SR1794 (1 slice)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	425.56	19.02	8.50	0.75	42.75	772.99	39.70	4.27	5.53	27.52	2.23	429.85	502.27	1.05	(M)	(M)
Sauteed Spinach - SR1694 (3/8 c.)	32.44	1.80	0.18	0.01	0.00	184.29	3.19	1.72	0.32	2.18	2.03	75.66	6840.27	20.78	70.40(M)	1.61(M)
Scrambled Eggs - SR1179 (1/4 c.)Contains Egg.	93.33	6.00	2.00	0.00	226.67	86.67	0.00	0.00	0.00	8.00	0.96	26.67	266.67	0.00	-15.90 (M)	(M)
Seasoned Carrot Coins - SR1017 (1/2 c.)	75.49	5.10	0.50	0.04	0.00	179.98	7.47	3.10	3.75	0.62	0.52	33.23	15520.86	2.11	89.14(M)	0.98(M)
Seasoned Roasted Cauliflower - SR1039 (1/2 c.)	51.34	3.72	0.40	0.03	0.00	72.01	4.03	1.55	1.45	1.51	0.34	17.14	0.26	36.44	69.63(M)	0.72(M)
Shredded Cheddar Cheese - SR1537 (1/2 oz.)Contains Milk.	55.00	4.50	2.50	0.00	12.50	90.00	0.00	0.00	0.00	3.00	0.00	75.00	0.00	0.00	(M)	(M)
Shredded Lettuce - SR1015 (1/4 cup shredded)	2.52	0.03	0.00	0.00	0.00	1.80	0.54	0.22	0.36	0.16	0.07	3.24	90.36	0.50	17.21	0.07
Shredded Mozzarella Cheese - SR1989 (1/2 oz.)Contains Milk.	40.00	3.00	1.75	0.00	7.50	85.00	0.50	0.00	0.00	4.00	0.00	100.00	100.00	0.00	(M)	(M)
Slaw Juice - SR1253 (1 tbsp.)	24.14	0.01	0.00	0.00	0.00	0.88	5.86	0.01	5.68	0.01	0.03	0.96	0.37	0.15	10.58(M)	0.02(M)
Sliced Bacon - SR1982 (1/4 oz.)	30.30	2.69	1.01	0.00	5.05	127.94	0.00	0.00	0.00	1.68	0.00	0.00	0.00	0.00	(M)	(M)
Sliced Black Olives - SR1390 (1/2 c.)	56.46	5.65	0.00	0.00	0.00	470.52	3.76	0.00	0.00	0.00	1.36	0.00	0.00	0.00	51.12(M)	(M)
Sliced Red Onions - SR1986 (2 tbsp.)	5.62	0.01	0.01	0.00	0.00	0.56	1.31	0.24	0.60	0.16	0.03	3.23	0.28	1.04	12.52	0.05
Sliced Red Tomatoes - SR1536 (2 tbsp.)	4.03	0.05	0.01	0.00	0.00	1.12	0.87	0.27	0.59	0.20	0.06	2.24	186.47	3.07	21.16	0.11
Sliced Turkey Salami - SR1975 (1 portion)	45.56	2.53	0.76	0.00	22.78	329.06	1.01	0.00	0.51	4.05	0.36	30.37	0.00	0.61	(M)	(M)
Sloppy Joe Filling - SR1576 (6 oz.)Contains Soy.	194.20	8.47	3.62	0.00	36.02	669.96	14.07	1.61	7.53(M)	14.92	2.79	34.19	1711.28	14.52	53.46(M)	0.15(M)

Menu Item Nutrient Report

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Item Name (Serving Size)	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Sloppy Joe Sandwich - SR1404 (1 sandwich)Contains Wheat, Soy, Gluten.	324.20	10.47	3.62	0.00	36.02	929.96	39.07	5.61	10.53(M)	20.92	4.23	74.19	1711.28	14.52	53.46(M)	0.15(M)
Small Greek Salad - SR1058 (1 salad)Contains Milk.	158.43	6.63	1.70	0.00	35.00	544.54	10.26	2.74	1.82	16.85	1.92	87.21	5663.26	12.78	136.16(M)	0.77(M)
Soft Beef Tacos - SR1079 (2 each taco)Contains Milk, Wheat, Soy, Gluten.	320.17	11.93	3.87	0.00	38.60	563.23	33.43	3.37	3.37	18.62	2.81	225.91	493.16	4.12	-0.65(M)	(M)
Soft Wheat Bagel - SR1168 (1 bagel)Processed in a facility that also processes Egg. Contains Wheat, Soy, Gluten.	180.00	1.00	0.00	0.00	0.00	200.00	35.00	4.00	3.00	7.00	1.80	20.00	0.00	2.40	(M)	(M)
Sour Cream - SR1659 (2 tbsp.)Contains Milk.	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	1.00	0.00	20.00	200.00	0.00	(M)	(M)
Southern BBQ Salad - SR1385 (1 salad)Contains Milk.	186.71	6.43	2.99	0.00	48.02	511.76	14.78	3.34	6.41	18.07	2.24	131.04	5948.97	29.97	124.74(M)	0.83(M)
Southern-Style Crispy Chicken Wrap - SR1960 (1 wrap)Contains Milk, Wheat, Soy, Gluten.	473.97	23.19	5.63	0.00	36.00	727.22	48.55	7.14	6.18	22.54	3.67	186.77	1300.95	37.04	114.14(M)	0.59(M)
Southwest Barbecue Chicken Salad - SR1958 (1 salad)Contains Milk.	277.05	9.78	3.55	0.02	74.07	836.91	21.73	4.88	12.88	27.28	3.70	176.79	15799.31	63.35	247.11(M)	2.10(M)
Southwest Barbecue Chicken Sub - SR1894 (1 sandwich)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	415.22	12.48	3.50	0.02	74.07	954.60	44.33	5.27	14.71	30.95	3.60	123.34	1164.83	46.51	92.41(M)	0.85(M)
Southwest Black Beans - SR1347 (1/2 c.)	225.32	1.50	0.00	0.00	0.00	515.08	39.05	12.02	3.00	12.02	2.70	64.45	0.00	0.00	135.09(M)	0.14(M)
Southwest Chicken Salad - SR1650 (1 salad)Contains Milk, Wheat, Gluten.	190.25	7.84	2.96	0.00	44.53	756.79	14.84	4.61	4.76	17.44	2.96	162.80	11704.46	30.78	245.25(M)	1.61(M)
Southwest Egg Burrito - SR1359 (1 burrito)Contains Milk, Egg, Wheat, Gluten.	388.91	21.22	7.88	0.01	261.67	584.70	27.41	2.95	3.66	20.85	2.68	285.63	345.73(M)	18.44(M)	33.56(M)	0.14(M)
Southwest Egg Omelet - SR1626 (1 ea.)Contains Egg.	120.58	7.38	2.13	0.01	226.67	124.70	3.24	0.95	1.66	8.52	1.12	35.63	345.73(M)	18.24(M)	33.56(M)	0.14(M)
Southwest Grilled Cheese - SR1394 (1 sandwich)Contains Milk, Wheat, Soy, Gluten.	456.73	20.82	10.01	0.00	50.00	1571.52	48.17	10.40	3.58	22.52	3.27	389.76	2261.48	4.98	83.74(M)	0.38(M)
Southwest Refried Beans - SR1225 (1/2 c.)	171.77	1.83	0.60	0.00	0.00	678.34	29.70	9.79	0.37(M)	9.72	2.21	53.96	161.95	15.06	136.59(M)	0.19(M)
Southwest Sloppy Joe Mix - SR1241 (1 #8 scoop)Contains Soy.	177.01	5.97	2.13	0.00	41.65	538.25	17.45	2.91	8.07	14.85	2.52	51.35	498.67	8.81	(M)	(M)
Southwest Sloppy Joe Sandwich - SR1207 (1 sandwich)Contains Wheat, Soy, Gluten.	279.24	7.04	1.80	0.00	35.12	713.80	39.71	6.45	9.81	18.52	3.56	83.29	420.43	7.43	(M)	(M)

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Item Name (Serving Size)	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Southwest Wrap - SR1151 (1 wrap)Contains Milk, Egg, Wheat, Gluten.	348.73	14.52	3.71	0.00(M)	41.87	662.59	40.06	5.53	7.65	18.35	3.36	220.69	3638.13	20.02	144.52 (M)	0.84(M)
Spaghetti & Meat Sauce - SR1370 (1 serving)Processed in a facility that also processes Egg. Contains Wheat, Soy, Gluten.	320.75	10.01	3.70	0.01	33.97	974.03	39.85	6.40	8.52	18.77	4.73	59.17	273.78	5.48	47.18(M)	0.87(M)
Spaghetti & Tomato Sauce - SR1660 (1 c.)Contains Milk. Processed in a facility that also processes Egg, Wheat, Gluten.	203.94	7.55	3.72	0.01	15.00	617.25	26.24	4.08	4.54	12.24	1.76	222.65	336.08	2.72	35.07(M)	0.65(M)
Spaghetti Pasta - SR1135 (1/2 c.)Processed in a facility that also processes Egg. Contains Wheat, Gluten.	96.73	1.55	0.22	0.01	0.00	211.38	19.80	2.72	0.91	3.34	1.27	13.58	0.00	0.00	35.07(M)	0.65(M)
Spanish Blend Seasoning - SR1579 (1/4 c.)	76.86	2.37	0.37	0.00	0.00	3778.69	15.00	6.07	1.05	3.44	5.98	141.34	2495.24	0.91	2.35	11.00
Spanish Ham and Cheese Pizza - SR1908 (1 slice)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	406.43	15.56	7.18	0.01	44.37	911.20	43.66	5.38	7.76(M)	27.71	2.43	383.18	1251.42	32.07	16.16(M)	0.50(M)
Spanish Ham and Cheese Salad - SR1907 (1 salad)Contains Milk.	242.79	11.42	4.56	0.01	74.17	987.47	13.82	4.71	6.25	23.34	2.74	196.31	16283.68	78.80	186.70 (M)	2.22(M)
Spanish Ham and Cheese Sub - SR1906 (1 sandwich)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	386.00	14.17	4.53	0.01	74.17	1106.03	37.49	5.33	8.12(M)	27.23	2.88	147.69	1687.09	62.12	31.79(M)	1.03(M)
Spanish Rice - SR1509 (2/3 c.)Contains Wheat, Gluten.	167.12	2.80	0.19	0.02	0.00	277.62	32.19	2.81	1.31(M)	4.12	0.91	17.49	93.20	2.50	87.44(M)	0.63(M)
Spanish Sofrito Relish - SR1905 (1/4 c.)	44.19	1.87	0.19	0.01	0.00	104.95	6.42	2.10	4.09	1.32	0.48	15.50	1631.29	60.70	31.69(M)	0.97(M)
Special Sauce - SR1640 (1 tbsp.)Contains Egg.	39.26	2.77	0.31	0.00	3.08	129.23	3.85	0.00	2.31	0.00	0.00	0.05	0.06	0.00	0.00(M)	0.00(M)
Spicy Asian Broccoli Salad - SR1252 (2/3 c.)Contains Wheat, Soy, Gluten.	26.79	0.19	0.03	0.00	0.00	32.78	5.82	0.06	2.80	1.63	0.52	29.25	247.63	50.64	11.16(M)	0.02(M)
Spicy Asian Cabbage & Carrot Salad - SR1932 (1/4 c.)	6.69	0.15	0.03	0.00	0.00	63.05	1.28	0.49	0.65	0.26	0.12	8.76	672.77	7.53	17.73(M)	0.14(M)
Spicy Asian Chicken - SR1772 (3/8 c.)Contains Milk, Wheat, Soy, Gluten.	111.33	3.55	1.01	0.00	70.06	864.71	3.27	0.21	1.11	16.48	0.85	22.28	237.17	0.32	2.37(M)	0.38(M)
Spicy Asian Chicken Pizza - SR1885 (1 slice)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	322.49	11.12	4.84	0.00	45.27	896.97	35.21	3.91	5.37	23.73	2.08	274.26	473.04	1.79	2.77(M)	0.18(M)
Spicy Asian Chicken Salad - SR1773 (1 salad)Contains Milk, Wheat, Soy, Gluten.	140.22	3.94	1.06	0.00	70.00	1205.89	8.71	2.66	2.81	18.84	2.42	90.17	11660.27	23.33	154.27 (M)	1.54(M)

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Item Name (Serving Size)	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Spicy Asian Chicken Wrap - SR1767 (1 wrap)Contains Milk, Wheat, Soy, Gluten.	287.93	8.20	1.53	0.00	70.00	1177.08	34.54	3.70	3.75	21.73	2.77	131.03	909.75	7.85	20.10(M)	0.52(M)
Spicy Banana Pepper Mayo - SR1237 (1 #30 scoop)Contains Egg.	48.00	4.27	0.53	0.00	0.00	266.76	2.13	0.00	0.00(M)	0.00	0.00	0.00	0.00	0.00	0.00(M)	0.00(M)
Spicy Chicken Burger - SR1240 (1 burger)Contains Wheat, Soy, Gluten.	400.00	17.00	3.00	0.00	25.00	660.00	42.00	7.00	4.00	21.00	4.14	80.00	100.00	0.00	(M)	(M)
Spicy Italian Herb Submarine Roll - SR1512 (1 roll (small submarine, hoagie roll))May contain Milk, Egg. Contains Wheat, Soy, Gluten.	175.11	3.05	0.01	0.00	0.00	180.87	30.07	3.23	4.03(M)	6.23	1.68	18.79	55.79	0.22	0.10(M)	0.07(M)
Spicy Italian Salad - SR1792 (1 salad)Contains Milk.	254.60	13.49	5.55	0.00	56.57	694.23	14.60	4.58	6.45	23.38	2.54	283.31	16125.37	46.63	311.64(M)	2.04(M)
Spicy Italian Sauce - SR1760 (1 tbsp.)Contains Milk.	14.78	0.08	0.05	0.00	0.31	149.34	3.38	0.01	0.93(M)	0.38	0.00	5.18	11.70	0.02	(M)	(M)
Spicy Italian Seasoning - SR1936 (1/2 tsp.)	5.12	0.05	0.01	0.00	0.00	0.88	1.07	0.23	0.03(M)	0.23	0.25	5.42	55.59	0.21	0.10(M)	0.07(M)
Spicy Italian Sub - SR1879 (1 sandwich)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	397.53	16.22	5.51	0.00	56.52	812.18	38.26	5.20	8.32(M)	27.24	2.69	233.98	1528.07	29.95	156.73(M)	0.85(M)
Spicy Jalapeno Cheese Sauce - SR1067 (1/4 c.)Contains Milk.	110.40	8.18	4.70	0.00	28.62	403.77	2.04	0.00	1.02	7.16	0.00	207.51	397.64	0.00	-1.13(M)	(M)
Spicy Korean Pork Roll - SR1786 (1 roll (small submarine, hoagie roll))May contain Milk, Egg. Contains Wheat, Soy, Gluten.	508.62	24.02	6.43	0.00	84.91	1185.40	40.70	3.25	15.49	28.81	3.53	47.86	178.16	1.48	-9.55(M)	0.40(M)
Spicy Korean Pulled Pork - SR1784 (3/8 c.)Contains Wheat, Soy, Gluten.	285.00	17.99	5.51	0.00	72.78	779.38	8.73	0.09	9.02	19.39	1.73	25.66	120.58	0.57	-30.78(M)	0.04(M)
Spicy Korean Pulled Turkey - SR1937 (3/8 c.)Contains Wheat, Soy, Gluten.	207.24	10.95	2.68	0.00	71.32	861.06	8.34	0.08	4.95	19.37	1.99	2.84	66.97	0.10	-60.35(M)	0.04(M)
Spicy Muffaletta Salad - SR1875 (1 salad)Contains Milk.	229.17	11.43	4.47	0.01	49.61(M)	684.12	14.50	4.48	6.46	22.20	2.67	282.65	12621.44	43.88	337.81(M)	2.04(M)
Spicy Muffaletta Sub - SR1874 (1 sandwich)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	340.47	13.76	4.37	0.01	49.55(M)	967.07	31.51	3.10	4.17	24.28	2.08	214.97	208.74	1.04	15.59(M)	0.02(M)
Spicy Pepperoni Slices - SR1800 (3 slice)	24.60	2.19	0.82	0.00	5.01	82.92	0.09	0.00	0.09	1.00	0.03	0.00	0.46	0.00	(M)	(M)
Spicy Pineapple Slaw - SR1236 (1/2 c.)	38.79	0.26	0.05	0.00	0.01	69.86	9.26	1.58	7.10	0.86	0.39	27.81	570.51	20.49	55.29(M)	0.54(M)
Spicy Sriracha Slaw - SR1324 (1/2 c.)	48.64	0.10	0.02	0.00	0.01	103.91	11.55	1.76	9.22	0.90	0.39	28.64	1791.18	20.55	73.84(M)	0.71(M)
Spicy Tandoori Chicken Pizza - SR1898 (1 slice)Contains Milk, Egg, Wheat, Soy, Gluten.	334.48	10.46	3.94	0.01	33.57(M)	733.21	41.42	4.74	6.72	21.71	2.34	233.12	618.17	11.35	10.04(M)	0.28(M)

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Item Name (Serving Size)	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Spicy Thai Side Vegetables - SR1983 (1/4 c.)	13.33	0.13	0.02	0.00	0.00	182.05	2.94	0.93	1.72	0.61	0.25	11.58	1466.19	8.36	57.62(M)	0.36(M)
Spinach & Chickpea Penne Salad - SR1695 (1 c.) Contains Milk. Processed in a facility that also processes Egg, Wheat, Gluten.	174.40	3.41	0.58	0.01	1.18	631.53	32.16	5.71	2.96	7.38	2.56	66.21	1689.17 (M)	7.65(M)	166.33 (M)	1.95(M)
Sriracha Mayonnaise - SR1788 (1 tbsp.) Contains Milk, Egg.	31.39	2.26	0.25	0.00	2.66	109.99	2.37	0.06	1.30	0.73	0.02	8.24	59.80	0.00	1.40(M)	0.17(M)
Sriracha Pineapple Filling - SR1635 (2 tbsp.) Contains Milk.	67.01	4.65	2.81	0.07	13.78	149.27	3.13	0.12	2.21	4.48	0.06	103.54	254.72	1.00	-0.88(M)	0.03(M)
Sriracha Ranch Chicken - SR1251 (3 strip) Contains Milk, Egg, Wheat, Soy, Gluten.	274.13	14.58	2.86	0.00	58.67	948.38	21.36	2.16	2.96	16.14	1.86	21.30	280.55	1.22	4.17(M)	0.49(M)
Sriracha Ranch Dressing - SR1246 (1 tbsp.) Contains Milk, Egg, Wheat, Soy, Gluten.	22.07	1.29	0.18	0.00	1.83	259.19	2.68	0.08	1.48	0.07	0.03	0.65	90.28	0.01	2.09(M)	0.25(M)
Sriracha Ranch Sauce - SR1867 (1 tbsp.) Contains Milk, Egg.	18.89	0.89	0.13	0.00	1.41	159.99	2.12	0.06	1.30	0.73	0.02	8.24	59.80	0.00	1.40(M)	0.17(M)
Steak Fingers - SR1510 (4 ea.) Contains Wheat.	307.07	20.15	5.76	0.00	47.98	489.39	14.39	1.92	0.00	15.35	1.73	19.19	0.00	0.00	(M)	(M)
Steamed Broccoli - SR1028 (1/2 c.)	26.46	0.11	0.02	0.00	0.00(M)	11.13	5.06	2.84	1.39	2.93	0.58	31.92	955.38	37.89	84.83	0.70
Steamed Brown Rice - SR1098 (1/2 c.)	117.19	0.69	0.00	0.00	0.00	2.03	25.51	1.38	0.00(M)	2.76	0.50	2.03	0.00	0.00	52.57(M)	0.07(M)
Steamed Corn - SR1034 (1/2 c.)	68.89	0.57	0.09	0.00	0.00	0.85	16.41	2.04	2.61	2.17	0.35	3.40	2.55	5.36	63.79	0.41
Stir Fry Chicken - SR1053 (5 nugget) Contains Egg, Fish, Wheat, Soy, Gluten.	284.50	14.47	2.50	0.00	54.89	978.93	21.96	2.00	2.00	16.97	3.42	19.96	99.80	1.20	(M)	(M)
Strawberry Banana Bash Yogurt - SR1145 (1 container refrigerated, 4 oz) Contains Milk.	100.00	0.50	0.50	0.00	5.00	50.00	20.00	0.00	14.00	3.00	0.00	100.00	500.00	0.00	(M)	(M)
Strawberry Banana Parfait - SR1737 (1 parfait) Contains Milk, Wheat, Soy, Gluten.	461.48	7.71	1.72	0.00	5.00	234.04	89.49	4.19	57.95	10.41	1.20	208.91	1039.36	29.76	(M)	(M)
Strawberry Banana Parfait, 9 oz - SR1504 (1 parfait) Contains Wheat, Soy, Gluten.	171.03	3.18	0.37	0.00	0.00	65.63	35.99	2.98	23.97	1.99	0.81	8.52	34.24	29.06	(M)	(M)
Strawberry Creamy Cheese Mini Bagels - SR1188 (1 pkg.) Contains Milk, Wheat, Gluten.	240.00	6.00	2.50	0.00	10.00	180.00	41.00	2.00	13.00	6.00	1.08	20.00	100.00	0.00	(M)	(M)
Strawberry Fields Parfait - SR1386 (1 parfait) Contains Milk, Wheat, Soy, Gluten.	306.21	3.92	0.85	0.00	2.50	119.84	65.34	3.43	49.73	5.51	1.12	114.08	530.72	52.99	(M)	(M)
Strawberry Fields Parfait - SR1738 (1 parfait) Contains Milk, Wheat, Soy, Gluten.	489.55	7.67	1.68	0.00	5.00	235.67	97.51	4.43	68.73	10.35	1.48	214.08	1030.72	52.99	(M)	(M)

Menu Item Nutrient Report

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Item Name (Serving Size)	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Strawberry Nutrigrain Breakfast Bar - SR1353 (1 Bar)Contains Milk, Wheat, Soy, Gluten.	160.00	4.00	0.50	0.00	0.00	150.00	29.00	3.00	14.00	2.00	1.80	200.00	750.00	0.00	(M)	(M)
String Cheese - SR1146 (1 stick.)Contains Milk.	80.00	6.00	3.50	0.00	15.00	150.00	1.00	0.00	0.00	7.00	0.00	200.00	200.00	0.00	(M)	(M)
Sunbutter & Jelly Sandwich - SR1062 (1 sandwich)Contains Wheat, Gluten.	585.02	34.84	4.11	0.00	0.00	526.27	51.26	12.21	16.06	20.37	4.39	81.05	0.00	0.00	(M)	(M)
Sunny Apple Wrap - SR1565 (1 ea.)Contains Milk. Processed in a facility that also processes Egg, Tree nuts, Wheat, Peanuts, Soy, Gluten.	701.15	37.41	5.25	0.00	0.00	532.88	78.48	12.90	35.99	18.07	4.95	168.32	114.84	0.37	-6.08(M)	0.30(M)
Super Side Salad - SR1257 (1 salad)	57.54	0.41	0.04	0.00	0.00	43.34	11.85	3.05	2.34	2.77	0.88	29.69	4651.45	5.63	74.37(M)	0.48(M)
Super Side Salad - SR1979 (1 c.)	62.15	0.53	0.07	0.00	0.00	36.02	13.09	3.50	4.29	2.89	0.93	32.72	5263.56	16.66	146.28(M)	0.87(M)
Supreme Pizza - SR1478 (1 slice)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	382.50	13.85	5.47	0.00	46.64	805.70	42.73	5.24	7.59	24.50	2.61	224.19	767.21	18.28	70.81(M)	0.36(M)
Sweet & Sour Chicken - SR1484 (5 nugget)Contains Egg, Wheat, Soy, Gluten.	319.50	12.97	2.50	0.00	54.89	613.93	35.96	2.00	15.00	15.97	2.69	19.96	849.80	10.20	(M)	(M)
Sweet & Sour Sauce - SR2022 (1 tbsp.)	35.00	0.00	0.00	0.00	0.00	37.50	9.00	0.00	7.50	0.00	0.00	0.00	375.00	4.50	(M)	(M)
Sweet and Sour Chicken - SR1821 (12 piece)Contains Wheat, Soy, Gluten.	370.50	17.84	2.83	0.01	25.33	447.73	39.98	4.54	19.34	16.25	2.34	31.82	831.12	37.84	53.80(M)	0.32(M)
Sweet Potato Bites - SR1043 (1/2 c.)May contain Soy.	163.86	5.12	1.02	0.00	0.00	143.38	26.63	4.10	13.31	2.05	0.74	40.97	5120.71	3.69	(M)	(M)
Sweet Thai Chili Chicken - SR1887 (12 piece)Contains Wheat, Soy, Gluten.	327.91	16.52	3.36	0.00	25.52	622.18	30.88	3.87	15.56	16.12	1.84	0.08	352.44	0.03	0.11(M)	0.00(M)
Sweet Thai Chili Chicken Salad - SR1888 (1 salad)Contains Wheat, Soy, Gluten.	358.30	16.63	3.36	0.00	25.11	840.55	37.50	6.70	18.09	18.59	3.52	70.81	12563.76	23.87	191.90(M)	1.38(M)
Sweet Thai Chili Pizza - SR1830 (1 slice)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	409.89	15.98	5.76	0.00	28.74	814.45	46.92	5.63	11.68	24.00	2.53	268.16	742.38	5.11	25.41(M)	0.16(M)
Sweet Thai Chili Wrap - SR1886 (1 wrap)Contains Wheat, Soy, Gluten.	506.01	20.89	3.82	0.00	25.11	1044.29	63.33	7.74	19.03	21.48	3.86	111.66	1813.00	8.39	57.72(M)	0.36(M)
Taco Joe Sandwich - SR1206 (1 sandwich)Contains Wheat, Soy, Gluten.	246.45	6.48	1.78	0.00	33.74	549.43	30.83	6.16	5.53	18.64	3.29	82.82	896.45	20.62	51.22(M)	0.09(M)
Taco Pizza - SR1334 (1 slice)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	422.95	13.66	5.86	0.00(M)	32.86	835.92	52.40	8.41	8.01(M)	23.87	3.53(M)	227.90(M)	744.22	12.14(M)	128.54(M)	1.59(M)

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Taco Quesadilla - SR1713 (1 each quesadilla)Contains Milk, Wheat, Soy, Gluten.	395.06	16.38	6.79	0.00	43.85	847.29	40.80	7.77	2.99	21.72	3.51	297.91	356.21	2.98	61.32(M)	0.06(M)
Taco Salad Bowl - SR1657 (1 bowl)Contains Wheat, Gluten.	170.00	4.50	0.50	0.00	0.00	250.00	30.00	3.00	2.00	5.00	1.80	100.00	0.00	0.00	(M)	(M)
Tandoori Vegetables - SR1950 (1/4 c.)	9.77	0.04	0.01	0.00	0.00	72.73	2.41	0.30	1.94	0.15	0.07	4.09	175.48	2.65	14.79(M)	0.27(M)
Tangy Orange Sauce - SR1542 (1 tbsp.)Contains Wheat, Soy, Gluten.	35.09	0.00	0.00	0.00	0.00	67.50	9.02	0.01	8.52	0.00	0.05	1.13	4.17	0.28	0.16(M)	0.00(M)
Tangy Turkey & Cheese Wrap - SR1154 (1 wrap)Contains Milk, Egg, Wheat, Soy, Gluten.	378.96	18.36	6.43	0.00	57.50	1211.51	34.53	3.92	3.55	22.30	2.65	275.51	5548.29	6.52	67.32(M)	0.44(M)
Tater Tot Burrito - SR1178 (1 burrito)Contains Egg, Wheat, Gluten.	298.22	12.99	3.00	0.00	226.67	441.39	31.99	3.00	2.00	13.00	2.40	126.67	266.67	1.80	-15.90(M)	(M)
Tater Tot Hash - SR1848 (1/2 c.)	145.98	7.33	1.12	0.01	0.00	346.85	17.02	2.29	0.50	2.16	0.05	2.55	42.17	13.09	15.41(M)	0.16(M)
Tater Tots - SR1450 (1/2 c.)	129.77	5.99	1.00	0.00	0.00	309.45	15.97	2.00	0.00	2.00	0.00	0.00	0.00	3.59	(M)	(M)
Teriyaki Beef Dippers - SR1714 (4 piece)Contains Wheat, Soy, Gluten.	150.00	8.00	3.50	0.00	35.00	419.99	6.00	1.00	4.00	12.00	1.80	20.00	100.00	0.00	(M)	(M)
Teriyaki Beef Stir Fry - SR1853 (4 piece)Contains Wheat, Soy, Gluten.	296.24	12.66	4.00	0.03	35.00	731.85	31.43	3.17	23.55	14.21	2.40	55.06	359.85	59.42	57.05(M)	0.73(M)
Teriyaki Chicken - SR1051 (5 nugget)Contains Egg, Wheat, Soy, Gluten.	339.50	12.97	2.50	0.00	54.89	828.93	39.96	2.00	20.00	16.97	2.69	19.96	99.80	1.20	(M)	(M)
Teriyaki Chicken - SR1515 (5 nugget)Contains Wheat, Soy, Gluten.	493.00	23.25	3.88	0.00	38.75	910.00	46.80	4.65	21.55	25.80	2.79	0.00	155.00	0.00	(M)	(M)
Teriyaki Chicken - SR1881 (1/2 c.)Contains Milk, Wheat, Soy, Gluten.	145.11	3.50	1.00	0.00	70.04	735.45	12.01	0.01	10.00	16.52	0.73	20.18	116.89	0.07	-19.60(M)	0.00(M)
Teriyaki Chicken Pizza - SR1884 (1 slice)Contains Milk, Egg, Wheat, Soy, Gluten.	338.52	11.37	4.86	0.00	45.64	757.02	38.87	3.89	8.80	23.67	2.02	272.85	510.57	6.29	-2.61(M)	0.04(M)
Teriyaki Chicken Salad - SR1883 (1 salad)Contains Milk, Wheat, Soy, Gluten.	183.34	3.87	1.05	0.00	70.11	800.81	19.79	2.82	13.62	19.09	2.38	88.97	11416.76	44.41	150.38(M)	1.27(M)
Teriyaki Chicken Sub - SR1882 (1 sandwich)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	331.72	6.63	1.02	0.00	70.11	1044.88	44.77	3.91	16.61	23.01	2.38	44.70	687.29	29.34	18.09(M)	0.27(M)
Teriyaki Mayonnaise Sauce - SR1235 (1 tbsp.)Contains Egg, Wheat, Soy, Gluten.	45.00	2.00	0.25	0.00	0.00	137.50	6.50	0.00	5.00(M)	0.25	0.00	0.00	0.00	0.00	(M)	(M)
Teriyaki Pork - SR1826 (5 piece)Contains Wheat, Soy, Gluten.	277.83	12.98	3.83	0.12	30.00	666.45	30.14	2.30	22.98	13.73	1.53	67.28	244.44	34.21	31.73(M)	0.44(M)

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Teriyaki Sauce - SR2025 (1 tbsp.) Contains Wheat, Soy, Gluten.	45.00	0.00	0.00	0.00	0.00	145.00	11.00	0.00	10.00	0.50	0.00	0.00	0.00	0.00	(M)	(M)
Teriyaki Vegetables - SR1934 (1/4 c.)	15.80	0.12	0.02	0.00	0.00	18.42	3.60	0.85	2.54	0.44	0.20	9.63	549.24	28.87	35.82(M)	0.25(M)
Texas Chili Mac - SR1498 (9 7/8 oz.) Contains Milk. Processed in a facility that also processes Egg, Wheat, Gluten.	332.49	6.48	2.37	0.01	9.93	656.73	56.28	13.14	4.70(M)	15.56	4.66	142.92	1987.05	23.45	149.91(M)	1.14(M)
Thai Chicken Nachos - SR1641 (1 serving) Contains Wheat, Gluten.	332.88	11.36	2.31	0.00	62.91	447.65	35.58	4.21	4.63	23.47	1.33	51.12	449.76	5.97	31.23(M)	0.31(M)
Thanksgiving Wrap - SR1726 (1 wrap) Contains Egg, Wheat, Gluten.	366.59	12.04	1.84	0.01(M)	47.35	712.04	43.97	5.24	6.85	24.44	3.46	143.00	3404.91	14.15	56.22(M)	0.77(M)
The Cubana Jalapeno Sandwich - SR1319 (1 portion) Contains Milk. May contain Egg, Wheat, Soy, Gluten.	274.29	11.94	4.89	0.00	81.66	751.59	19.44	3.59	10.00	23.59	2.11	143.99	1154.36	20.37	64.62(M)	0.76(M)
The Cubana Sandwich - SR1320 (1 portion) Contains Milk. May contain Egg, Wheat, Soy, Gluten.	445.00	14.97	4.91	0.00	82.06	934.73	48.45	6.59	14.00	29.69	3.54	157.36	1154.56	20.39	64.62(M)	0.76(M)
Three Cheese Caprese Grilled Cheese - SR1841 (1 sandwich) Contains Milk, Egg, Tree nuts, Wheat, Soy, Gluten.	389.82	22.63	9.17	0.00	45.16	1061.20	32.92	4.27	3.86	20.52	1.51	411.02	719.40	2.45	16.93(M)	0.09(M)
Three Cheese Flatbread Pizza - SR1567 (1 ea.) Contains Milk, Wheat. May contain Soy, Gluten.	385.20	19.75	9.84	0.00	41.67	1051.70	32.70	3.90	2.90	23.12	1.92	422.60	335.22	1.68	(M)	(M)
Toasted Waffle - SR1038 (1 waffle) Contains Milk, Wheat, Soy, Gluten.	105.00	3.50	0.50	0.00	0.00	175.00	16.50	2.50	3.50	2.00	0.00	20.00	0.00	0.00	(M)	(M)
Tomato & Cucumber Salad - SR1458 (1/2 c.)	48.66	1.12	0.21	0.00	0.00	45.54	9.29	2.37	5.52	1.93	0.65	26.05	1470.68	24.48	203.88(M)	1.05(M)
Tomato and Shredded Lettuce Salad - SR1997 (1/2 c.)	37.97	0.42	0.06	0.00	0.00	11.65	8.20	2.58	5.54	1.90	0.61	22.94	1730.99	27.49	186.16(M)	0.98(M)
Tomato, Carrot, Green Onion & Cilantro Salad - SR1970 (3 tbsp.)	13.33	0.13	0.02	0.00	0.00	7.63	2.95	0.93	1.72	0.61	0.25	11.58	1466.25	8.36	57.62	0.36
Tomato, Corn & Cilantro Salad - SR1678 (1/2 c.)	50.94	0.42	0.07	0.00	0.00	99.40	11.29	2.79	4.04	2.53	1.30	36.06	3138.26	20.52	110.67(M)	1.05(M)
Traditional Cheese Pizza - SR1441 (1 slice) Contains Milk. May contain Egg, Wheat, Soy, Gluten.	336.18	13.98	7.04	0.00	30.00	591.37	34.40	3.77	4.75	23.41	1.72	414.33	515.10	1.36	0.01(M)	0.01(M)
Traditional Hamburger - SR1107 (1 burger) Contains Wheat, Soy, Gluten.	270.00	9.00	3.00	0.00	25.00	440.00	28.00	4.00	3.00	18.00	3.04	69.30	1.00	0.50	(M)	(M)
Trattoria Burger - SR1609 (1 burger) Contains Milk, Egg, Wheat, Soy, Gluten.	289.05	10.18	3.16	0.00	26.48	510.36	29.57	4.14	3.89	18.54	3.16	77.68	28.21	8.02	0.01(M)	0.01(M)

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Trix Cereal - SR1184 (1 bowl)May contain Wheat, Gluten.	110.00	1.00	0.00	0.00	0.00	140.00	24.00	1.00	7.00	1.00	5.40	100.00	500.00	4.80	(M)	(M)
Trix Cereal Bar - SR1307 (1 Bar)Contains Wheat, Soy, Gluten.	150.00	3.50	0.50	0.00	0.00	100.00	30.00	2.00	9.00	2.00	1.80	200.00	100.00	1.20	(M)	(M)
Tuna Salad - SR1829 (1/2 c.)Contains Egg, Fish. May contain Soy.	112.50	5.02	0.51	0.00	35.37(M)	453.48	3.36	0.17	1.13	13.23	0.76	3.94	38.62	0.42	0.89(M)	0.26(M)
Tuna Salad Sandwich - SR1142 (1 sandwich)Contains Fish, Wheat. May contain Soy, Gluten.	198.46	2.52	0.00	0.00	30.55	656.98	26.52	4.13	4.27	19.31	2.20	41.88	17.60	2.05	6.16(M)	0.04(M)
Tuna Salad Sub Sandwich - SR1141 (1 sandwich)May contain Milk, Egg. Contains Fish, Wheat, Soy, Gluten.	238.46	3.52	0.00	0.00	30.55	576.98	30.52	3.13	5.27	19.31	2.19	15.25	17.80	2.06	6.16(M)	0.04(M)
Turkey & Cheese Sandwich - SR1061 (1 sandwich)Contains Milk, Wheat, Soy, Gluten.	303.33	14.00	5.67	0.00	55.00	1016.67	25.00	4.00	3.00	22.33	1.68	190.00	300.00	0.00	(M)	(M)
Turkey & Cheese Sub Sandwich - SR1060 (1 sandwich)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	343.33	15.00	5.67	0.00	55.00	936.66	29.00	3.00	4.00	22.33	1.67	163.37	300.20	0.01	(M)	(M)
Turkey & Cheese Wrap - SR1155 (1 wrap)Contains Milk, Egg, Wheat, Soy, Gluten.	348.96	17.86	6.43	0.00	57.50	1161.51	28.53	2.92	3.55	21.30	2.29	275.51	5548.29	6.52	67.32(M)	0.44(M)
Turkey Bacon Club Sub Sandwich - SR1092 (1 sandwich)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	373.33	17.67	6.67	0.00	60.00	1063.33	29.00	3.00	4.00	24.00	1.67	163.37	300.20	0.01	(M)	(M)
Turkey Banh Mi - SR1941 (1 sandwich)May contain Milk, Egg. Contains Wheat, Soy, Gluten.	340.05	10.08	2.02	0.00	69.74	698.80	38.38	4.09	9.22	24.61	3.17	33.73	979.55	11.82	50.56(M)	0.50(M)
Turkey Bolognese - SR1508 (2/3 c.)	143.54	4.69	1.56	0.00	41.73	670.28	9.93	2.48	6.62(M)	15.22	1.65	37.41	352.60	6.22	(M)	(M)
Turkey Carnitas - SR1262 (1/2 c.)	172.28	9.80	2.15	0.03	64.38	737.08	5.36	0.86	1.28	17.02	1.84	15.17	314.20	3.19	-16.89 (M)	1.01(M)
Turkey Chipotle - SR1321 (3 1/4 oz.)	136.45	6.50	1.85	0.00	64.38	431.69	3.54	0.30	0.66	16.78	1.51	6.42	49.07	2.09	11.79(M)	0.08(M)
Turkey Chorizo - SR1831 (1/4 c.)	60.20	3.38	0.87	0.01	20.59	119.23	0.97	0.19	0.29(M)	6.85	0.57	16.58	97.97	1.30	0.49(M)	0.06(M)
Turkey Gravy - SR1022 (3/8 c.)Contains Milk, Wheat, Soy, Gluten.	189.50	8.46	1.84	0.00	64.38	667.94	9.94	0.00	1.42	16.55	1.32	0.04	0.00	0.00	1.23(M)	0.00(M)
Turkey Sausage Breakfast Bagel - SR1180 (1 sandwich)Contains Milk, Wheat, Soy.	180.00	6.00	2.00	0.00	15.00	470.00	23.00	2.00	7.00	9.00	1.44	200.00	100.00	0.00	(M)	(M)
Turkey Taco Meat - SR1527 (2 1/2 oz.)Contains Wheat, Gluten.	103.45	4.62	1.54	0.00	41.04	434.81	2.28	0.11	0.17(M)	13.45	0.76	21.01	247.05	1.43	16.43(M)	0.02(M)
Tuscan Salad - SR1445 (1/2 c.)	49.12	1.65	0.05	0.00	0.00	332.15	8.79	1.92	4.41	1.35	0.71	20.60	847.49	16.76	61.25(M)	0.65(M)

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Item Name (Serving Size)	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Tuscan Turkey Biggie Sandwich - SR1202 (1 slice)Contains Milk, Egg, Wheat, Soy, Gluten.	360.04	11.83	3.44	0.00	47.50	900.39	40.23	4.51	6.88	24.13	2.60	103.63	1640.02	9.52	55.84(M)	0.29(M)
Tuscan Turkey Flatbread Melt - SR1093 (1 sandwich)Contains Milk, Wheat. May contain Soy, Gluten.	317.83	11.82	3.60	0.00	45.00	724.53	30.93	3.55	2.51	24.43	2.40	149.12	262.97	2.74	17.46(M)	0.16(M)
Twisted Dog - SR1119 (1 serving (1 hot dog))May contain Milk, Egg. Contains Wheat, Soy, Gluten.	271.25	10.42	2.50	0.00	60.00	401.80	29.36	2.84	3.78	14.62	2.92	113.08	1.42	0.00	(M)	(M)
Tzatziki Sauce - SR1820 (1 tbsp.)Contains Milk.	7.38	0.02	0.00	0.00	0.25	63.73	0.76	0.05	0.56	1.16	0.07	14.54	17.80	0.28	6.53(M)	0.18(M)
Variety of Fruits Available on Garden Bar - SR1978 (1 serving)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Variety of Milks Available on Garden Bar - SR2011 (1 serving)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Variety of Vegetables Available on Garden Bar - SR1977 (1 serving)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Lo Mein - SR1770 (2/3 c.)Processed in a facility that also processes Egg. Contains Wheat, Soy, Gluten.	142.21	1.58	0.23	0.01	0.00	564.14	30.26	3.03	9.39	4.30	1.33	19.09	1566.25	1.05	44.91(M)	0.76(M)
Vegetable Pizza - SR1795 (1 slice)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	377.96	14.25	7.02	0.00	30.00	651.01	42.99	5.11	7.31	25.33	2.24	423.87	924.64	8.98	63.34(M)	0.32(M)
Vegetarian Baked Beans - SR1336 (1/2 c.)	225.33	0.02	0.01	0.00	0.00	593.41	53.23	5.44	32.54	7.53	2.67	82.47	0.14	0.53	9.45(M)	0.49(M)
Vegetarian Baked Beans - SR2026 (1/2 c.)	132.68	0.00	0.00	0.00	0.00	561.33	29.60	5.10	10.21	7.14	1.84	40.82	0.00	0.00	(M)	(M)
Walking Nachos - SR1499 (1 nacho)Contains Milk, Soy.	283.03	12.98	4.38	0.00	38.60	578.64	26.27	4.28	2.70	15.32	2.15	115.07	2016.42	8.32	22.64(M)	0.25(M)
Warm Cinnamon Roll - SR1383 (1 roll.)May contain Milk. Contains Egg, Wheat, Soy, Gluten.	194.52	1.62	0.54	0.00	5.40	151.29	38.90	3.21	10.81	5.40	1.76	23.77	287.45	0.41	(M)	(M)
Warmed Kidney Beans - SR1035 (1/2 c.)	96.58	0.00	0.00	0.00	0.00	112.67	17.70	6.44	2.41	5.63	1.45	64.38	12.07	0.00	-19.56 (M)	(M)
Watermelon Cubes - SR1299 (1/2 c.)	27.67	0.14	0.02	0.00	0.00	0.92	6.96	0.37	5.72	0.56	0.22	6.46	524.79	7.47	84.34	0.23
Western Burger - SR1084 (1 burger)Contains Milk, Wheat, Soy, Gluten.	335.00	13.50	5.50	0.00	37.50	925.00	31.00	4.00	5.50	21.00	3.40	144.30	201.00	0.50	(M)	(M)
Whipped Potatoes - SR1112 (1/2 c.)Contains Milk.	85.25	1.16	0.78	0.00	0.00	91.83	16.27	1.55	0.78	1.55	0.28	18.21	0.00	6.97	86.72(M)	0.09(M)
White American Cheese Slice - SR1911 (1/2 oz.)Contains Milk, Soy.	50.63	4.56	2.53	0.00	12.66	258.19	0.00	0.00	0.00	2.53	0.00	75.94	151.88	0.00	(M)	(M)

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White Cannellini Beans - SR2016 (1/2 c.)	81.37	0.00	0.00	0.00	0.00	88.77	15.53	5.92	0.00	4.44	1.33	59.18	0.00	0.00	-2.55(M)	(M)
White Enchilada Sauce - SR1615 (1/4 c.)Contains Milk, Wheat, Soy, Gluten.	50.02	2.02	0.50	0.00	2.14	193.47	5.66	0.22	1.16	1.31	0.08	31.21	51.27	0.68	52.57(M)	0.10(M)
White Skim Milk - SR1002 (1 Half Pint)Contains Milk.	83.30	0.20	0.14	0.00	4.90	102.90	12.15	0.00	12.47	8.26	0.07	298.90	499.80	0.00	(M)	(M)
Whole Grain Tortilla - SR1176 (1 tortilla)Contains Wheat, Gluten.	140.00	4.00	0.50	0.00	0.00	200.00	24.00	2.00	2.00	4.00	1.44	100.00	0.00	0.00	(M)	(M)
Whole Grain Tortilla - SR1177 (1 tortilla)Contains Wheat, Gluten.	170.00	4.50	0.50	0.00	0.00	250.00	30.00	3.00	2.00	5.00	1.80	100.00	0.00	0.00	(M)	(M)
Whole Grain Tortillas - SR1066 (2 tortilla)Contains Wheat, Gluten.	180.00	4.00	0.00	0.00	0.00	250.00	30.00	2.00	2.00	6.00	1.44	120.00	0.00	0.00	(M)	(M)
Whole Wheat Hamburger Bun - SR1651 (1 roll (hamburger, frankfurter roll))Contains Wheat, Gluten.	130.00	2.00	0.00	0.00	0.00	260.00	25.00	4.00	3.00	6.00	1.44	40.00	0.00	0.00	(M)	(M)
Wild West Eggs - SR1175 (1 square)Contains Milk, Egg, Wheat, Gluten.	312.56	14.81	4.90	0.00	290.40	408.66	26.72	2.00	4.13	17.27	2.64	234.23	544.41	6.05	(M)	(M)
Wisconsin Grilled Cheese Sandwich - SR1231 (1 sandwich)Contains Milk, Wheat, Soy, Gluten.	421.25	21.26	10.51	0.00	50.00	1319.33	45.95	5.47	16.70	16.25	1.67	355.47	657.41	0.18	-3.04(M)	0.15(M)
Yellow Mustard - SR1006 (1 tbsp.)	0.00	0.00	0.00	0.00	0.00	165.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Yellow Mustard - SR1603 (1 pump)	0.00	0.00	0.00	0.00	0.00	180.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Yellow Onion - SR1264 (2 tbsp.)	8.58	0.02	0.01	0.00	0.00	0.86	2.00	0.37	0.91	0.24	0.05	4.94	0.43	1.59	19.12	0.08
Yellow Squash Coins - SR2018 (1/2 c.)	13.05	0.22	0.04	0.00	0.00	0.57	2.15	0.62	1.41	0.59	0.21	12.48	633.72	6.58	53.47	0.30
Zesty Italian Stromboli - SR1085 (1 slice)Contains Milk, Egg, Wheat. May contain Soy, Gluten.	282.75	10.52	4.04	0.00	38.10	641.15	30.35	2.84	4.11(M)	18.32	1.82	189.79	161.67	0.55	0.00(M)	0.00(M)
Zesty Italian Wrap - SR1101 (1 wrap)Contains Milk, Wheat, Gluten.	377.65	16.13	4.15	0.00	51.39	1262.24	44.66	5.41	4.53	20.41	4.00	276.32	5761.42	12.73	106.66(M)	0.65(M)
Zesty Lemon Pepper Submarine Roll - SR1776 (1 roll (small submarine, hoagie roll))May contain Milk, Egg. Contains Wheat, Soy, Gluten.	170.00	3.00	0.00	0.00	0.00	340.00	29.00	3.00	4.00	6.00	1.43	13.37	0.20	0.01	(M)	(M)
Zesty Orange Pollock - SR2007 (4 nugget)Contains Fish, Wheat, Soy, Gluten.	342.50	6.75	0.00	0.00	54.00	728.99	53.55	1.35	34.00	14.85	1.66	58.20	15.00	0.74	(M)	(M)
Zoe's Burrito Breakfast Bash - SR1929 (1 burrito)Contains Milk, Egg, Wheat, Soy, Gluten.	462.91	25.89	7.25	0.54	303.90	571.66	35.35	4.03	7.74	20.10	3.19	234.73	2405.52	18.27	8.87(M)	0.16(M)

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Zucchini Coins - SR2017 (1/2 c.)	11.09	0.21	0.05	0.00	0.00	5.22	2.03	0.65	(M)	0.79	0.24	10.44	130.50	11.68	(M)	(M)
Zucchini Sticks - SR1049 (3 stick.)	9.61	0.18	0.05	0.00	0.00	4.52	1.76	0.56	(M)	0.68	0.21	9.04	113.00	10.11	(M)	(M)

Legend

(M) Indicates missing nutrient values.

Report Selections

Meal Pattern: [USDA]Meal Pattern SY 2014+

Serving Group: K-12

Data Source: Sodexo Shared