



# Elementary Lunch

June, 2018

				01 <i>Entrée:</i> <i>A. Cheese Pizza</i> <i>B. Chicken Nuggets</i> <i>Sides:</i> <i>Steamed Broccoli</i> <i>Baby Carrots</i>
04 <i>Entrée:</i> <i>A. Chicken Patty Sandwich</i> <i>Sides:</i> <i>Sweet Golden Corn</i> <i>Fresh Baby Carrots</i> <i>Fresh Fruit</i>	05 <i>Entrée:</i> <i>A. Pizza Sticks</i> <i>Sides:</i> <i>Green Beans</i> <i>Jicama Sticks</i> <i>Fresh Fruit</i>	06 <i>Entrée:</i> <i>A. Chicken Nuggets</i> <i>Sides:</i> <i>Steamed Zucchini</i> <i>Celery Sticks</i> <i>Fresh Fruit</i>	07	08
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

A parent/guardian of any student with a food allergy  
Should feel free to contact the Food Service Director at:  
(708) 484-5773

To make a meal, student must select at least 1 serving of fruit or vegetable.  
**Grain Choice:**  
All Breads, Pastas, Rice and Breading are Whole Grain.  
**Condiment Selection:**  
Ranch Dressing, Ketchup, Italian Dressing, Mustard, BBQ Sauce  
**Milk Choice:** Skim or 1%



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**Entrada:**  
*A. Pizza de queso*  
*B. Nuggets de pollo*  
**Lados:**  
*Brocoli cocido al vapor*  
*Pepino fresco*  
*Fruta Fresca*

**Entrada:**  
*A. Chicken Patty Sandwich*  
**Lados:**  
*Maíz dorado dulce*  
*Zanahorias frescas*  
*Fruta Fresca*

**Entrada:**  
*A. Palitos de pizza*  
**Lados:**  
*Judías verdes*  
*Palitos Jicama*  
*Fruta Fresca*

**Entrada:**  
*A. Nuggets de pollo*  
**Lados:**  
*Calabacín al vapor*  
*Tallos de apio*  
*Fruta Fresca*

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# Almuerzo elemental

Juno, 2018

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